

English National Cross Country Championships at Parliament Hill Fields on Saturday 25th February 2006

U13 Boys — FINAL RESULTS

Distance = 3000m

Pos	Name	Club	Time				
1	R Letch	Aldershot Farnham & Dist AC	11:45	69	J Mann	Southend-On-Sea AC	13:09
2	B Connor	Amber Valley AC	11:48	70	S Stern	Leamington C & AC	13:09
3	A Taylor	Thurrock Harriers	11:58	71	A Watson	Chiltern Harriers AC	13:10
4	T Curr	Stroud & District AC	11:58	72	R Partridge	Aldershot Farnham & Dist AC	13:10
5	P Devaney	Bedford & County AC	12:02	73	J Jones	Nene Valley Harriers	13:10
6	M Jones	Havering Mayesbrook AC	12:05	74	A Kula	Westbury Harriers	13:11
7	J Burgess	Hercules Wimbledon AC	12:05	75	A Carpenter	Poole AC	13:11
8	DMills	Nuneaton Harriers	12:06	76	E Dorey	Jersey Spartan AC	13:11
9	M Shaw	New Marske Harriers	12:07	77	M Shallcross	City Of Stoke AC	13:12
10	J Partridge	Poole Runners	12:09	78	A Marteau	Liverpool H & AC	13:12
11	M Kaye	Holmfirth Harriers AC	12:11	79	MBergin	Bedford & County AC	13:13
12	DCollins	Scarborough AC	12:12	80	M Bosworth	Amber Valley AC	13:13
13	J Oguntayo	Sale Harriers Manchester	12:13	81	H Long	Stockport H & AC	13:14
14	NMaguire	Derby AC	12:14	82	H Lighton	Chichester R & AC	13:14
15	R Charles	Ealing Southall & Middlesex AC	12:15	83	J Norris	Ipswich Harriers	13:14
16	D McNiffe	Liverpool H & AC	12:18	84	NMcNaught	Herts Phoenix AC	13:15
17	JBentham	Tonbridge AC	12:21	85	W Massey	Westbury Harriers	13:15
18	NDitton	Aldershot Farnham & Dist AC	12:22	86	W Le-Marquand	Jersey Spartan AC	13:15
19	O Davey	Thurrock Harriers	12:23	87	MSpeight	Hillingdon AC	13:16
20	F Babbage	Westbury Harriers	12:29	88	J Murphy	Cambridge Harriers	13:16
21	J Goodwin	Bedford & County AC	12:30	89	R Yates	Blackheath & Bromley Harriers	13:17
22	F Roberts	Richmond & Zetland Harriers	12:30	90	SPulley	Wycombe Phoenix H & AC	13:17
23	C Grice	Phoenix AC	12:31	91	L Russo	Tonbridge AC	13:17
24	E Shepherd	Herts Phoenix AC	12:32	92	S Knuckey	Aldershot Farnham & Dist AC	13:18
25	BPinder	Skipton AC	12:32	93	D Wright	Mendip AC	13:18
26	J Puttock	Guildford & Godalming AC	12:33	94	BPhillips	Woodford Green AC/Essex Ladies	13:18
27	S Parkes	Tamworth AC	12:35	95	D Lewis	Reading AC	13:19
28	M Smith	Oldham & Royton H & AC	12:38	96	J Ewins	Ealing Southall & Middlesex AC	13:19
29	J BuckleyStanton	Havering Mayesbrook AC	12:38	97	S Harvey	Chiltern Harriers AC	13:19
30	T Jervis	Warrington AC	12:39	98	T Fearnley	Enfield & Haringey AC	13:20
31	G Atkins	Poole AC	12:39	99	T Rodgers	Nene Valley Harriers	13:20
32	A Orman	City Of Portsmouth AC	12:40	100	D Bowditch	Skipton AC	13:21
33	TPurnell	Stroud & District AC	12:41	101	W Andrew	Blackheath & Bromley Harriers	13:21
34	DNaismith	Aldershot Farnham & Dist AC	12:42	102	M Reynolds	Chelmsford AC	13:23
35	E Woolmer	Aldershot Farnham & Dist AC	12:42	103	L Kempson	Nene Valley Harriers	13:23
36	C Esdon	Leighton Buzzard AC	12:43	104	J Broom	City Of Stoke AC	13:23
37	M Bride	Liverpool Pembroke & Sefton H	12:44	105	G Brown	Aldershot Farnham & Dist AC	13:24
38	M Loweridge	Liverpool H & AC	12:44	106	J Nash	Leighton Buzzard AC	13:24
39	J Oxenham	Bedford & County AC	12:47	107	J Stanier	Shaftesbury Barnet Harriers	13:24
40	L Roughley	Tamworth AC	12:49	108	J Aldridge	Basingstoke & Mid Hants AC	13:25
41	S Risby	Bexley AC	12:51	109	D Loach	Chiltern Harriers AC	13:25
42	M Scott	Richmond & Zetland Harriers	12:52	110	R Aspinall	Bedford & County AC	13:25
43	Z Turay	Enfield & Haringey AC	12:52	111	M Robinson	West Suffolk AC	13:26
44	TRollins	Leeds City AC	12:52	112	O Church	Chiltern Harriers AC	13:26
45	SRiley	Stockport H & AC	12:53	113	J Gardner	Stroud & District AC	13:26
46	MCram	Morpeth H & AC	12:54	114	CRamsey	Nene Valley Harriers	13:27
47	B Yates	Sale Harriers Manchester	12:54	115	J Woollett	Morpeth H & AC	13:27
48	T Allen	Richmond & Zetland Harriers	12:55	116	G Miller	Radley AC	13:28
49	E Slaughter	Tonbridge AC	12:55	117	J Williams	Bedford & County AC	13:28
50	WMitham	Tonbridge AC	12:55	118	W Gray	Phoenix AC	13:29
51	T Brimecome	City Of Portsmouth AC	12:56	119	J Whitehead	Sale Harriers Manchester	13:29
52	J Tidd	Aldershot Farnham & Dist AC	12:57	120	R Horton	Poole AC	13:30
53	B Halliwell	Westbury Harriers	12:57	121	H Partridge	Mansfield H & AC	13:31
54	M Woods	Leeds City AC	12:57	122	D Wilson	Herts Phoenix AC	13:31
55	J Griffith	Skipton AC	12:58	123	C Vine	Aldershot Farnham & Dist AC	13:31
56	D Worbey	Thurrock Harriers	12:59	124	R Millar	Royal Sutton Coldfield AC	13:32
57	J McHugh	Trafford AC	12:59	125	F Harding	Tonbridge AC	13:32
58	J Grace	Aldershot Farnham & Dist AC	13:00	126	J Rainsford	Heanor RC	13:33
59	TEastman	Team Kennet AC	13:02	127	A Speake	Bristol & West AC	13:33
60	H Kurtyanek	Blackheath & Bromley Harriers	13:03	128	C Brown	City Of Norwich AC	13:34
61	L Keeble	Stevenage & North Herts AC	13:04	129	J Newton	Woodford Green AC/Essex Ladies	13:35
62	F Bailey	Shaftesbury Barnet Harriers	13:04	130	S Bedwell	Bristol & West AC	13:36
63	B Eastwell	City Of Norwich AC	13:04	131	J Winterbottom	Sale Harriers Manchester	13:36
64	RFarnham-Rose	Tonbridge AC	13:05	132	M Wilson	Ranelagh Harriers	13:37
65	D Hughes	St Helens Sutton AC	13:06	133	C Murphy	Stockport H & AC	13:37
66	D Murphy	Marshall Milton Keynes AC	13:07	134	S McCaw	Royal Sutton Coldfield AC	13:37
67	S Cochrane	Morpeth H & AC	13:08	135	C Thornley	Bedford & County AC	13:38
68	J Nixon	Stockport H & AC	13:09	136	S Still	Luton AC	13:38

137	P Southall	Tonbridge AC	13:39	212	S Campbell	Team Southampton	14:16
138	S Byrne	Watford Harriers	13:39	213	L Jackson	Warrington AC	14:16
139	J Edmunds	Shaftesbury Barnet Harriers	13:39	214	J Wales	Charnwood AC	14:17
140	G Gregory	Blackheath & Bromley Harriers	13:40	215	M Price	Tonbridge AC	14:17
141	B Stone	Vale Of Aylesbury AC	13:40	216	G Laing	Highgate Harriers	14:17
142	B Burgess	Lewes AC	13:40	217	R Smith	Chiltern Harriers AC	14:18
143	J Wisbey	Huntingdonshire AC	13:41	218	J Smith	Morpeth H & AC	14:18
144	J Moran	Ranelagh Harriers	13:41	219	G Wintle	Westbury Harriers	14:18
145	M Davies	Tipton Harriers	13:42	220	J Ashcroft	St Helens Sutton AC	14:19
146	G Burkett	Bedford & County AC	13:42	221	S Nutbrown	Aldershot Farnham & Dist AC	14:20
147	K Ingham-Neacy	Hillingdon AC	13:42	222	D Gurton	Vale Of Aylesbury AC	14:20
148	T Glen	Lewes AC	13:43	223	C Batten	Wells City Harriers	14:21
149	M Campbell	Team Southampton	13:43	224	J Bottomley	Charnwood AC	14:22
150	G Hurford	Bristol & West AC	13:44	225	W Phelps	Warrington AC	14:23
151	L Bush	Havering Mayesbrook AC	13:44	226	M Rice	Tipton Harriers	14:23
152	K Habbas	Bedford & County AC	13:45	227	T Newman	Cannock & Stafford AC	14:24
153	R Jacobs	Nene Valley Harriers	13:46	228	S Fanner	Croydon Harriers	14:24
154	D Maw	Scarborough AC	13:48	229	S Wilson	Tipton Harriers	14:25
155	P Hough	Phoenix AC	13:49	230	L Leddy	Ilford AC	14:25
156	A Cresswell	Harrow AC	13:49	231	J Thompson	Bristol & West AC	14:26
157	C Sullivan	Havering Mayesbrook AC	13:50	232	D Fernie	Watford Harriers	14:26
158	W Crisp	Skipton AC	13:50	233	G Proctor	Blackheath & Bromley Harriers	14:26
159	A Mason	Cannock & Stafford AC	13:51	234	R Stephenson	Shaftesbury Barnet Harriers	14:27
160	J Seekings	Havering Mayesbrook AC	13:51	235	J Waldron	Havering Mayesbrook AC	14:27
161	A Jones	White Horse Harriers AC	13:51	236	N Stone	Peterborough AC	14:28
162	J Tamplin	Harlow RC	13:52	237	J Higgins	Leeds City AC	14:28
163	C Daws	Amber Valley AC	13:52	238	M Bond	Reading AC	14:29
164	J Robertson	Derby AC	13:53	239	C Raffety	Wells City Harriers	14:30
165	W Marshall	Skipton AC	13:53	240	H Lindsley	Chiltern Harriers AC	14:30
166	T Brown	City Of Bath AC	13:57	241	L Pollastrone	City Of Bath AC	14:31
167	H Blanford	Cambridge Harriers	13:57	242	A Thomas	Tonbridge AC	14:32
168	T Nolan	Nene Valley Harriers	13:57	243	O Horrocks	Hercules Wimbledon AC	14:33
169	R White	Nuneaton Harriers	13:58	244	J Wood	Bexley AC	14:33
170	W Matthews	Southend-On-Sea AC	13:58	245	J Hunt	Tipton Harriers	14:34
171	W Mercer	Croydon Harriers	13:58	246	N Moghaddam-Pour	Thames Valley Harriers	14:34
172	J Nutbrown	Aldershot Farnham & Dist AC	13:59	247	H Beedell	Chiltern Harriers AC	14:34
173	M Barlett	City Of Bath AC	13:59	248	J Liddell	City Of Portsmouth AC	14:35
174	C Yates	Hillingdon AC	13:59	249	O Kemp	Ealing Southall & Middlesex AC	14:35
175	L Whitehouse	Tipton Harriers	14:00	250	I Bailey	Aldershot Farnham & Dist AC	14:35
176	R Torch	Leeds City AC	14:00	251	A Moore	Blackheath & Bromley Harriers	14:36
177	T Thick	Wells City Harriers	14:01	252	W Dennis	Amber Valley AC	14:36
178	J Brown	Mansfield H & AC	14:02	253	H Wignall	Hercules Wimbledon AC	14:36
179	P Brown	City Of Portsmouth AC	14:02	254	D Wynes-Deviin	Herne Hill Harriers	14:37
180	A Gordon	Orion Harriers	14:03	255	J Burton	Thanet RR AC	14:37
181	A Smith	Leamington C & AC	14:03	256	M Stainsby	Worthing & District Harriers	14:40
182	M Plackett	Croydon Harriers	14:04	257	E Ball	Orion Harriers	14:40
183	O Glyn	Dacorum & Tring AC	14:04	258	C Adams	Cheltenham & County Harriers	14:41
184	D Griffiths	St Helens Sutton AC	14:04	259	H Allingham	Ashford AC	14:42
185	C Smith	Herne Hill Harriers	14:05	260	A Jones	South Devon AC	14:42
186	A Howard	Liverpool H & AC	14:05	261	J Minton	Chelmsford AC	14:43
187	M Pickard	Phoenix AC	14:05	262	C Pope	Dacorum & Tring AC	14:44
188	R Wagstaff	Trent Park RC	14:05	263	M Edwards	Cannock & Stafford AC	14:45
189	L White	Hercules Wimbledon AC	14:06	264	Z Morgan	Medway & Maidstone AC	14:45
190	J Gibbon	Colchester & Tendring AC	14:06	265	J Bull	Leamington C & AC	14:45
191	J Carton	Hillingdon AC	14:07	266	A Crook	Chelmsford AC	14:46
192	K Smith	Royal Sutton Coldfield AC	14:07	267	R Surridge	Enfield & Haringey AC	14:46
193	A Minney	Bedford & County AC	14:08	268	M Prentice	Herne Hill Harriers	14:46
194	T Black	Orion Harriers	14:08	269	M Bull	Leamington C & AC	14:47
195	M Randall	Team Kennet AC	14:08	270	A Atkins	South London Harriers	14:47
196	P Sesemann	Blackheath & Bromley Harriers	14:09	271	L Goodlife	Lewes AC	14:48
197	A Richards	Ilford AC	14:10	272	L Bright	Dorking & Mole Valley AC	14:48
198	M Gilbey	Thurrock Harriers	14:10	273	J Castro	Hillingdon AC	14:48
199	A Hart	Leeds City AC	14:11	274	S Hiron	Hillingdon AC	14:49
200	J Gill	Newham & Essex Beagles AC	14:11	275	A Watkin	Medway & Maidstone AC	14:49
201	D Russell	Liverpool H & AC	14:11	276	G Anaspasi	Trent Park RC	14:49
202	E Bailey	Medway & Maidstone AC	14:12	277	I Rothman	Leamington C & AC	14:50
203	F Reynolds	Hallamshire Harriers-Sheffield	14:12	278	A Wilkinson	Lewes AC	14:51
204	Arron Garland	Harrow AC	14:13	279	T Starr	Poole AC	14:52
205	J Rafferty	Poole AC	14:13	280	C Withycombe	Ranelagh Harriers	14:52
206	L Dillon	Colchester & Tendring AC	14:13	281	P Duncan	Ashford AC	14:53
207	A Hall	Orion Harriers	14:14	282	J Tanner	Bexley AC	14:53
208	S Derry	Cannock & Stafford AC	14:14	283	D Kail	Newham & Essex Beagles AC	14:54
209	G Linaker	Newquay & Par AC	14:15	284	S Adebaniji	Herne Hill Harriers	14:55
210	J Hegarty	Southend-On-Sea AC	14:15	285	E Skinner	City Of Norwich AC	14:56
211	A Stapleton	Southend-On-Sea AC	14:16	286	T Nunn	Ranelagh Harriers	14:56

287	E Aperghis	Chiltern Harriers AC	14:57	323	A Yelland	Newquay & Par AC	15:43
288	S Bennett	Lewes AC	14:58	324	S Jacklin	Werrington Joggers	15:47
289	W Harvey	Newquay & Par AC	14:58	325	B Prosser	Saracens RC	15:53
290	J Buck	Ashford AC	14:58	326	L Michalakis	Cambridge Harriers	15:56
291	J Simmons	Cambridge Harriers	15:00	327	T Ogg	Chelmsford AC	15:57
292	J Larch	Hillingdon AC	15:02	328	G Eastwell	Hillingdon AC	15:59
293	M Havell	Werrington Joggers	15:03	329	A Bowman	Trent Park RC	16:00
294	S Taylor	Stratford-On-Avon AC	15:03	330	A Thorne	Wells City Harriers	16:01
295	T Clarke	City Of Portsmouth AC	15:05	331	A Jefferson	Warrington AC	16:04
296	J Catt	Liverpool H & AC	15:07	332	J Watts	Newham & Essex Beagles AC	16:14
297	H Foster-Carter	Southend-On-Sea AC	15:09	333	J Bennewith	Vale Of Aylesbury AC	16:21
298	J Bodin	Hercules Wimbledon AC	15:09	334	A Timothy	Saracens RC	16:23
299	T Penfold	Orion Harriers	15:10	335	D Thompson	Worthing & District Harriers	16:25
300	Y Adams	Cheltenham & County Harriers	15:10	336	A Economou	London Heathside AC	16:27
301	C Wheeley	Newquay & Par AC	15:14	337	F Razzano	Trent Park RC	16:28
302	C Cleave	Newquay & Par AC	15:15	338	J Nutt	Leicester Coritanian AC	16:30
303	L Calladine	Derby AC	15:16	339	L Curtis	Wells City Harriers	16:33
304	M Attoe	Medway & Maidstone AC	15:17	340	J Harper	Herts Phoenix AC	16:35
305	H Skinner	City Of Norwich AC	15:17	341	R James	Hillingdon AC	16:44
306	J Avery	London Heathside AC	15:17	342	S Martins	South London Harriers	16:45
307	J Barret	Chelmsford AC	15:18	343	H Finch	Herne Hill Harriers	16:47
308	A Nicholls	Team Kennet AC	15:18	344	J Morrey	Worthing & District Harriers	16:51
309	C Turvey	Blackheath & Bromley Harriers	15:18	345	D Jarvis	Medway & Maidstone AC	16:54
310	M Gimson	Royal Sutton Coldfield AC	15:19	346	A Anaspasi	Trent Park RC	16:57
311	R Crowther	Ranelagh Harriers	15:21	347	L Wilson	Ranelagh Harriers	16:59
312	S Park	Ealing Southall & Middlesex AC	15:23	348	A Akintokun	Thurrock Harriers	17:04
313	R Williams	Hillingdon AC	15:25	349	J Rajkumar	Harrow AC	17:06
314	J Bateman	Reading AC	15:25	350	B Ralph	City Of Portsmouth AC	17:24
315	J Frapwell	Stroud & District AC	15:26	351	H Teague-Smith	Worthing & District Harriers	19:19
316	P Benson	Harrow AC	15:27	352	J Latimer	Newham & Essex Beagles AC	20:25
317	P Godly	Peterborough AC	15:27	353	E Tanner	Bexley AC	20:41
318	M Burgess	Hercules Wimbledon AC	15:28	354	J O'Brien	Newham & Essex Beagles AC	21:11
319	Anthony Garland	Harrow AC	15:31	355	A Riste	Newham & Essex Beagles AC	21:22
320	R MacFarlane	Serpentine RC	15:34	356	A George	Saracens RC	22:27
321	J McDonald	South London Harriers	15:35	357	P Stables	Hercules Wimbledon AC	24:18
322	J Savage	Team Kennet AC	15:36				

U13 Boys — TEAM RESULTS

1 Aldershot Farnham & Dist AC	88	— 1 R Letch	18 N Dutton	34 D Naismith	35 E Woolmer
2 Bedford & County AC	144	— 5 P Devaney	21 J Goodwin	39 J Oxenham	79 M Bergin
3 Tonbridge AC	180	— 17 J Bentham	49 E Slaughter	50 W Mitham	64 R Farnham-Rose
4 Westbury Harriers	232	— 20 F Babbage	53 B Halliwell	74 A Kula	85 W Massey
5 Thurrock Harriers	276	— 3 A Taylor	19 O Davey	56 D Worbey	198 M Gilbey
6 Sale Harriers Manchester	310	— 13 J Oguntayo	47 B Yates	119 J Whitehead	131 J Winterbottom
7 Liverpool H & AC	318	— 16 D McNiffe	38 M Loweridge	78 A Marteau	186 A Howard
8 Stockport H & AC	327	— 45 S Riley	68 J Nixon	81 H Long	133 C Murphy
9 Skipton AC	338	— 25 B Pinder	55 J Griffith	100 D Bowditch	158 W Crisp
10 Havering Mayesbrook AC	343	— 6 M Jones	29 J BuckleyStanton	151 L Bush	157 C Sullivan
11 Chiltern Harriers AC	389	— 71 A Watson	97 S Harvey	109 D Loach	112 O Church
12 Nene Valley Harriers	389	— 73 J Jones	99 T Rodgers	103 L Kempson	114 C Ramsey
13 Blackheath & Bromley Harriers	390	— 60 H Kurtyanek	89 R Yates	101 W Andrew	140 G Gregory
14 Poole AC	431	— 31 G Atkins	75 A Carpenter	120 R Horton	205 J Rafferty
15 Morpeth H & AC	446	— 46 M Cram	75 S Cochrane	115 J Woollett	218 J Smith
16 Stroud & District AC	465	— 4 T Curr	33 T Purnell	113 J Gardner	315 J Frapwell
17 Leeds City AC	473	— 44 T Rollins	54 M Woods	176 R Torch	199 A Hart
18 Phoenix AC	483	— 23 C Grice	118 W Gray	155 P Hough	187 M Pickard
19 Amber Valley AC	497	— 2 B Connor	80 M Bosworth	163 C Daws	252 W Dennis
20 City Of Portsmouth AC	510	— 32 A Orman	51 T Brimecome	179 P Brown	248 J Liddell
21 Shaftesbury Barnet Harriers	542	— 62 F Bailey	107 J Stanier	139 J Edmunds	234 R Stephenson
22 Herts Phoenix AC	570	— 24 E Shepherd	84 N McNaught	122 D Wilson	340 J Harper
23 Hillingdon AC	599	— 87 M Speight	147 K Ingham-Neacy	174 C Yates	191 J Carton
24 Bristol & West AC	638	— 127 A Speake	130 S Bedwell	150 G Hurford	231 J Thompson
25 Southend-On-Sea AC	660	— 69 J Mann	170 W Matthews	210 J Hegarty	211 A Stapleton
26 Ealing Southall & Middlesex AC	672	— 15 R Charles	96 J Ewins	249 O Kemp	312 S Park
27 Hercules Wimbledon AC	692	— 7 J Burgess	189 L White	243 O Horrocks	253 H Wignall
28 Royal Sutton Coldfield AC	760	— 124 R Millar	134 S McCaw	192 K Smith	310 M Gimson
29 Tipton Harriers	775	— 145 M Davies	175 L Whitehouse	226 M Rice	229 S Wilson
30 City Of Norwich AC	781	— 63 B Eastwell	128 C Brown	285 E Skinner	305 H Skinner
31 Leamington C & AC	785	— 70 S Stern	181 A Smith	265 J Bull	269 M Bull
32 Warrington AC	799	— 30 T Jervis	213 L Jackson	225 W Phelps	331 A Jefferson
33 Orion Harriers	838	— 180 A Gordon	194 T Black	207 A Hall	257 E Ball
34 Lewes AC	839	— 142 B Burgess	148 T Glen	271 L Goodlife	278 A Wilkinson
35 Ranelagh Harriers	842	— 132 M Wilson	144 J Moran	280 C Withycombe	286 T Nunn
36 Cannock & Stafford AC	857	— 159 A Mason	208 S Derry	227 T Newman	263 M Edwards
37 Cambridge Harriers	872	— 88 J Murphy	167 H Blanford	291 J Simmons	326 L Michalakis
38 Team Kennet AC	884	— 59 T Eastman	195 M Randall	308 A Nicholls	322 J Savage
39 Bexley AC	920	— 41 S Risby	244 J Wood	282 J Tanner	353 E Tanner
40 Chelmsford AC	936	— 102 M Reynolds	261 J Minton	266 A Crook	307 J Barret
41 Wells City Harriers	969	— 177 T Thick	223 C Batten	239 C Raffety	330 A Thorne
42 Herne Hill Harriers	991	— 185 C Smith	254 D Wynes-Devlin	268 M Prentice	284 S Adebajji
43 Harrow AC	995	— 156 A Cresswell	204 Arron Garland	316 P Benson	319 Anthony Garland
44 Medway & Maidstone AC	1045	— 202 E Bailey	264 Z Morgan	275 A Watkin	304 M Attoe
45 Newquay & Par AC	1101	— 209 G Linaker	289 W Harvey	301 C Wheeley	302 C Cleave
46 Trent Park RC	1130	— 188 R Wagstaff	276 G Anaspasi	329 A Bowman	337 F Razzano
47 Newham & Essex Beagles AC	1167	— 200 J Gill	283 D Kail	332 J Watts	352 J Latimer
48 Worthing & District Harriers	1286	— 256 M Stainsby	335 D Thompsett	344 J Morrey	351 H Teague-Smith