

WIGAN PHOENIX  
present  
**THE STANDISH HALL TRAIL RACES**  
**AUTUMN/WINTER 2006/7**

(UNDER UKA RULES. NoEAA PERMIT APPLIED FOR)

'It's a belter'

**SATURDAY 14<sup>th</sup> OCTOBER /SATURDAY 24<sup>th</sup> FEBRUARY**

**2.30PM**

DISTANCE - VERY APPROX 10K

Course records:

Paul Cadwallader, Liverpool Pembroke, 34.35

Anne Powell, Leigh Harriers, 38.44

REGISTRATION: HESKETH ARMS, SHEVINGTON MOOR (200yds from M6 J27)

Bar and free results on the day. Limited changing/shower facilities.  
The course is completely off road on bridle paths and woodland trails

\*\*\*\*\*PRIZES\*\*\*\*\*

1<sup>st</sup> 5 MEN, 1<sup>st</sup> 3 WOMEN plus JUNIOR, VET, TEAM (4M/ 3W),  
SPOT PRIZES/UNATTACHED TEAM PRIZE

Kindly sponsored by SWEATSHOP

PRE-ENTRIES (INC SAE FOR MAP/NUMBER) BY 09.10.06/19.02.07 TO

Paul Carroll, 21 Pilgrims Way, Standish, Wigan, WN6 0AJ

ENTRY FEES (PAYABLE TO WIGAN PHOENIX):

PER RACE £4 (£6 UNATTACHED) or

PRE-ENTER BOTH RACES BY 10.10.05 FOR £6 (£10 UNATTACHED)

ENTRIES ON THE DAY WELCOME - £5 (£7 UNATTACHED)

(Min age 16)

Email enquiries to [paul.carroll@wiganphoenix.org.uk](mailto:paul.carroll@wiganphoenix.org.uk) or phone

01257 426166 - weekday evenings and weekends only please.

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Standish Hall Trail Race Oct/Feb/Both (please circle):

Name\_\_\_\_\_Club\_\_\_\_\_

DOB\_\_\_\_\_ Vet category\_\_\_\_\_ M/ F \_\_\_ NoEAA No\_\_\_\_\_

Address\_\_\_\_\_

Postcode\_\_\_\_\_ Signed\_\_\_\_\_ Date\_\_\_\_\_

I am an amateur as defined by UKA laws and rules. I agree to participate entirely at my own risk. I declare that I am medically fit to run & agree to be bound by the NoEAA rules.

From [www.race-results.co.uk](http://www.race-results.co.uk)