Accrington Road Runners Present: 20th Accrington 10k Anniversary

T-Shirts to ALL Finishers

Fast Accurately Measured Course

Under UKA Rules - Permit Applied

Prizes :

1st 6 Men 1st 6 Ladies 1st Vet Male 40/45/50/55/60/ + 1st Vet Lady 35/40/45/50/55/ + 1st Team M/F 1st Junior (under 19 yrs) M/F Spot prizes

Entry Fees

£6 Members of UKA Clubs £8 Un-attached £1.50 Extra on the day

Cheques payable to 'Accrington Road Runners'

Please include a large SAE

Sunday 29th October 2006

Start 10am, Burnley rd outside Whittakers
Arms pub. Registration from 8.30am at race HQ, Highams Playing Fields,
Thorneyholme Rd, Accrington (Off Queens Rd, Near to Accrington Victoria Hospital)



Please detach along dotted line

Entries to: Gerry Bunn, 12 Singleton Ave, Read, Lancs BB12 7PJ Tel: 01282 771502

| Address | | | Leave Blank |
|---|---------------------------|--|-------------|
| | | | |
| | Postcode | Tel | |
| Age on day of race Minimum age on day of race - 17 years | Date of Birth | Male / Female (Please delete) | |
| Athletic Club | | | |
| Declaration | | | |
| I understand that I am entering entirely a | at my own risk and will n | ot hold the organisers responsible for any | |
| injury or loss suffered as a result of my pa | articipation. | | |
| Signed | Date | | |