

ALTRINCHAM AND DISTRICT ATHLETIC CLUB

DUNHAM MASSEY RACE 1

5k RESULTS

Friday 26th May 2006

| Pos | Number | Name | Cat. | Club | Time | Pos | Number | Name | Cat. | Club | Time |
|-----|--------|--------------------|------|--------------------------|-------|-----|--------|-----------------------|------|--------------------------|-------|
| 1 | 71 | Carl Hardman | M | Salford Harriers | 15.08 | 81 | 32 | Geoff Shaw | M50 | Helsby R.C. | 20.37 |
| 2 | 150 | Rick Hayman | M | Sale Harriers Manchester | 15.17 | 82 | 2029 | Vicky McKinnon | F | Manchester Harriers | 20.39 |
| 3 | 42 | Simon Mills | M | Sale Harriers Manchester | 15.21 | 83 | 97 | Malcolm Lingard | M40 | Spectrum Striders | 20.40 |
| 4 | 99 | Dave Norman | M | Altrincham | 15.23 | 84 | 155 | Brandon Taylor | M | Helsby R.C. | 20.41 |
| 5 | 157 | Nick Leigh | M | Altrincham | 15.54 | 85 | 133 | Sue Wilson | F | Dragons Running Club | 20.42 |
| 6 | 2042 | Ciaran Fitzpatrick | M | Manchester Harriers | 15.57 | 86 | 181 | Mark Earle | M50 | Unattached | 20.43 |
| 7 | 107 | Phillip Winskill | M | Dark Peak Fell Runners | 15.59 | 87 | 86 | Terry Brannan | M60 | Wymondham | 20.45 |
| 8 | 64 | David Thornton | M | Pendle A.C. | 16.00 | 88 | 56 | Kieren Kinvig | M | Vale Royal | 20.45 |
| 9 | 95 | Rob Hughes | M | Salford Harriers | 16.15 | 89 | 54 | Barry Chambers | M50 | Vale Royal | 20.47 |
| 10 | 103 | Tom Bush | M | Altrincham | 16.25 | 90 | 2037 | Michael Charman | M55 | Helsby R.C. | 20.49 |
| 11 | 130 | Peter Speake | M | Bildeston Bounders | 16.30 | 91 | 52 | Vicky Barrett | F40 | Stockport | 20.50 |
| 12 | 143 | Graham McNeil | M40 | West Cheshire A.C. | 16.39 | 92 | 192 | Salmon | M | Spectrum Striders | 20.51 |
| 13 | 39 | Paul Birkett | M40 | Salford Harriers | 16.41 | 93 | 45 | John Malone | M50 | Unattached | 20.55 |
| 14 | 49 | Bernie Jones | M45 | Wrexham | 16.45 | 94 | 120 | Stuart Burthem | M | Unattached | 20.57 |
| 15 | 92 | Lester McCabe | M | Styal | 17.01 | 95 | 176 | Rob McHarry | M40 | Spectrum Striders | 20.59 |
| 16 | 2027 | David Gee | M50 | Manchester Harriers | 17.05 | 96 | 43 | Paul Steane | M45 | Unattached | 21.06 |
| 17 | 147 | Dave Carrington | M50 | Altrincham | 17.10 | 97 | 63 | Geoffrey Beattie | M50 | Esporta | 21.10 |
| 18 | 196 | Neil Crompton | M60 | Warrington A.C. | 17.18 | 98 | 175 | Wayne Roberts | M40 | Unattached | 21.12 |
| 19 | 105 | Andrew Yates | M45 | Sale Harriers Manchester | 17.25 | 99 | 188 | Gregory Barton | M | Unattached | 21.16 |
| 20 | 2041 | Andy Fitzpatrick | M50 | Manchester Harriers | 17.33 | 100 | 69 | John Coffey | M55 | Altrincham | 21.20 |
| 21 | 151 | Andrew Penney | M | Wilmslow R.C. | 17.35 | 101 | 2034 | Fechin McCormick | M55 | Sale Harriers Manchester | 21.21 |
| 22 | 166 | Andrew Whittingham | M | Stockport | 17.36 | 102 | 2043 | Alan Peers | M60 | Spectrum Striders | 21.24 |
| 23 | 73 | Karl Ward | M | Horwich | 17.46 | 103 | 74 | Ian Ashcroft | M60 | Wilmslow R.C. | 21.27 |
| 24 | 142 | Gary Munslow | M40 | West Cheshire A.C. | 17.50 | 104 | 29 | Davy Ford | M | Unattached | 21.30 |
| 25 | 72 | Adrian Fuller | M | Altrincham | 17.53 | 105 | 187 | Mike Cutler | M45 | South Cheshire Harriers | 21.30 |
| 26 | 153 | Dave Walmsley | M40 | Unattached | 17.55 | 106 | 179 | Sarah Cassie | F | Penny Lane Striders | 21.32 |
| 27 | 137 | David Livingstone | M | Altrincham | 17.57 | 107 | 26 | Tom Mayell | M | Sandbach Striders | 21.34 |
| 28 | 2022 | Peter Maher | M50 | Vale Royal | 17.58 | 108 | 83 | Jane Bilton | F | Salford Harriers | 21.35 |
| 29 | 88 | David Shaw | M40 | Salford Harriers | 17.59 | 109 | 48 | Barrie Ainscow | M | Unattached | 21.52 |
| 30 | 194 | Steve Burthem | M45 | Warrington A.C. | 18.00 | 110 | 144 | Manfred Keune | M45 | Helsby R.C. | 21.56 |
| 31 | 60 | Richard Haggett | M | Unattached | 18.01 | 111 | 2026 | Clare Hawkes | F45 | Wirral A.C. | 21.58 |
| 32 | 67 | Colin Martin | M45 | Spectrum Striders | 18.02 | 112 | 193 | John Anketell-Jones | M | Spectrum Striders | 22.07 |
| 33 | 190 | Kevin Brydon | M | Manchester University | 18.02 | 113 | 182 | Helen Armishaw | F | Unattached | 22.12 |
| 34 | 38 | Chris Marshall | M | Ellesmere Port R.C. | 18.06 | 114 | 55 | Corinne Kinvig | F | Vale Royal | 22.13 |
| 35 | 50 | John Chaplin | M50 | Chorley Harriers | 18.07 | 115 | 40 | Timothy Rainey | M40 | Sale Harriers Manchester | 22.20 |
| 36 | 98 | Gary Cassidy | M | Altrincham | 18.20 | 116 | 27 | Carol Shaw | F40 | Helsby R.C. | 22.20 |
| 37 | 139 | Mark Norton | M | Altrincham | 18.21 | 117 | 167 | David McArthur | M | Unattached | 22.20 |
| 38 | 148 | Dave Telford | M55 | Altrincham | 18.23 | 118 | 34 | Sarah Ashworth | M | Unattached | 22.21 |
| 39 | 2031 | Mark Gyves | M40 | Sale Harriers Manchester | 18.25 | 119 | 2014 | Pauline Welsby | F | Spectrum Striders | 22.26 |
| 40 | 145 | Simon Birtles | M40 | Liverpool Harriers | 18.27 | 120 | 174 | Nick Evans | M40 | Unattached | 22.34 |
| 41 | 191 | Ravi Hensman | M | Manchester University | 18.32 | 121 | 168 | Neil McArthur | M50 | Unattached | 22.44 |
| 42 | 51 | Jonathan Britton | M | Unattached | 18.38 | 122 | 41 | Richard Hallion | M | Unattached | 22.45 |
| 43 | 2001 | Julian Spencer | M45 | Spectrum Striders | 18.40 | 123 | 2020 | Lynda Rowlinson | F40 | Sale Harriers Manchester | 22.54 |
| 44 | 118 | Kelvin Dickinson | M | Unattached | 18.45 | 124 | 122 | Graham Marsh | M40 | Unattached | 22.55 |
| 45 | 119 | Matthew Rimmington | M | Spectrum Striders | 18.46 | 125 | 104 | Tracey Chew | F35 | Unattached | 22.56 |
| 46 | 79 | Mike Jones | M50 | Altrincham | 18.46 | 126 | 2002 | Geoffrey Wilson | M55 | Spectrum Striders | 22.57 |
| 47 | 58 | Jenny Knass | F | Stockport | 18.48 | 127 | 96 | Steven Yates | M | Unattached | 22.58 |
| 48 | 129 | Rob Jones | M | Unattached | 18.48 | 128 | 84 | Alison Roper | F40 | Altrincham | 22.58 |
| 49 | 2003 | Mike Cunningham | M60 | Manchester Harriers | 18.52 | 129 | 141 | Jonathan Muir | M | Helsby R.C. | 22.58 |
| 50 | 65 | Sergey Ryabov | M50 | Vale Royal | 18.54 | 130 | 90 | Michelle Devine | M | Chorley Harriers | 23.00 |
| 51 | 2016 | Stuart Andrew | M | Spectrum Striders | 18.54 | 131 | 46 | Ernesto Paiva | M | Unattached | 23.00 |
| 52 | 123 | Keith Hatton | M45 | Liverpool Harriers | 18.56 | 132 | 59 | Nick Davies | M | Unattached | 23.07 |
| 53 | 13 | Marcus Crompton | M | Vale Royal | 19.03 | 133 | 146 | Vanessa Griffiths | F40 | Helsby R.C. | 23.09 |
| 54 | 156 | Phil Vesey | M40 | Altrincham | 19.03 | 134 | 2009 | Michelle Kelly | F45 | Penny Lane Striders | 23.09 |
| 55 | 85 | Ian Ridgway | M | Unattached | 19.04 | 135 | 77 | Sally Howarth | F40 | Trafford | 23.10 |
| 56 | 75 | Peter Weatherhead | M50 | Wirral A.C. | 19.13 | 136 | 80 | Maggie Jones | F45 | Altrincham | 23.13 |
| 57 | 66 | John Clarke | M50 | Vale Royal | 19.15 | 137 | 171 | Heather Senley | F | Unattached | 23.21 |
| 58 | 82 | Richard Mitchell | M50 | Helsby R.C. | 19.19 | 138 | 169 | Graham Dalton | M40 | Unattached | 23.21 |
| 59 | 110 | Steve Pemberton | M45 | Penny Lane Striders | 19.20 | 139 | 178 | Thomas Atherton | M50 | Styal | 23.23 |
| 60 | 2032 | Jacky Thorn | F45 | Vale Royal | 19.22 | 140 | 140 | Jason Coyne | M | Trail Running | 23.24 |
| 61 | 35 | David Newman | M | Unattached | 19.24 | 141 | 81 | Neil Sankey | M | Unattached | 23.26 |
| 62 | 2036 | Rob McGall | M55 | Altrincham | 19.29 | 142 | 164 | Andrew Parker | M50 | Unattached | 23.28 |
| 63 | 78 | Anne Pugh | F50 | Altrincham | 19.32 | 143 | 36 | Clare Hindley | F35 | Unattached | 23.28 |
| 64 | 2023 | Ken Burgess | M60 | Altrincham | 19.38 | 144 | 112 | Michael Valentine | M | Unattached | 23.29 |
| 65 | 117 | Richard Eyre | M | Unattached | 19.40 | 145 | 184 | Emily Porter | F | Unattached | 23.30 |
| 66 | 37 | Derek Walton | M60 | Altrincham | 19.41 | 146 | 2 | Martin Hall | M | Unattached | 23.32 |
| 67 | 14 | Kathryn Roberts | F35 | Helsby R.C. | 19.42 | 147 | 159 | Stephen Lohan | M | Unattached | 23.34 |
| 68 | 124 | Paul Kay | M50 | Spectrum Striders | 19.46 | 148 | 2017 | Elizabeth Chamberlain | F | Spectrum Striders | 23.35 |
| 69 | 2030 | Mark Walker | M | Unattached | 19.54 | 149 | 4 | Ben Smith | M | Unattached | 23.38 |
| 70 | 2010 | John Kelly | M40 | Penny Lane Striders | 19.57 | 150 | 91 | Rachael Charlton | F | Styal | 23.39 |
| 71 | 2025 | Alison Pye | F | Sale Harriers Manchester | 20.00 | 151 | 10 | Aileen Lysons | F | Warrington Road Runners | 23.40 |
| 72 | 76 | Jane Ashbrook | M | Helsby R.C. | 20.04 | 152 | 183 | Sinead McCarthy | F | Unattached | 23.45 |
| 73 | 68 | Marian Martin | F45 | Spectrum Striders | 20.06 | 153 | 114 | Anne Kemp | F | Unattached | 23.49 |
| 74 | 173 | Thomas Russell | M | Unattached | 20.15 | 154 | 165 | Robert Parker | M | Unattached | 23.49 |
| 75 | 100 | Barry Carmichael | M | Royal Navy | 20.18 | 155 | 106 | Lynne Yates | M45 | Sale Harriers Manchester | 23.53 |
| 76 | 163 | Nigel D'Arcy | M | Unattached | 20.19 | 156 | 149 | Alan Fern | M45 | Unattached | 23.54 |
| 77 | 28 | Brian Wager | M | Unattached | 20.21 | 157 | 121 | John Wilson | M60 | Sale Harriers Manchester | 23.57 |
| 78 | 93 | Victor Peoples | M | Wigan Harriers | 20.25 | 158 | 89 | Stuart Swann | M55 | Chorley Harriers | 23.58 |
| 79 | 2033 | Keith Brown | M40 | Warrington Road Runners | 20.26 | 159 | 135 | Beverly Roberts | F35 | Helsby R.C. | 24.02 |
| 80 | 152 | Simon Woodward | M45 | Chester Triathlon | 20.34 | 160 | 2039 | Thomas Brereton | UNA | Spectrum Striders | 24.04 |

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| Pos | Number | Name | Cat. | Club | Time | Pos | Number | Name | Cat. | Club | Time |
|-----|--------|--------------------|------|--------------------------|-------|-----|--------|------|------|------|------|
| 161 | 44 | Andrew Durant | M | Unattached | 24.09 | | | | | | |
| 162 | 70 | Roy Pownall | M55 | Wilmslow R.C. | 24.10 | | | | | | |
| 163 | 57 | Val Kinvig | F40 | Vale Royal | 24.12 | | | | | | |
| 164 | 2011 | Keith Lunt | M | Littlewoods Leggers | 24.20 | | | | | | |
| 165 | 177 | Sue Blake | F40 | Macclesfield Harriers | 24.24 | | | | | | |
| 166 | 2035 | Stephanie Charman | F50 | Helsby R.C. | 24.30 | | | | | | |
| 167 | 172 | Bridget Hunt | F | Unattached | 24.35 | | | | | | |
| 168 | 30 | Eoin Martin | M | Unattached | 24.43 | | | | | | |
| 169 | 12 | David Ritson | M | Unattached | 24.45 | | | | | | |
| 170 | 125 | John Codling | M50 | Unattached | 24.47 | | | | | | |
| 171 | 189 | Carolyn Jennings | F | Unattached | 24.48 | | | | | | |
| 172 | 61 | Steven Martin | M | Unattached | 24.49 | | | | | | |
| 173 | 2024 | Ian Dunbar | M50 | Spectrum Striders | 24.54 | | | | | | |
| 174 | 180 | Margaret Cass | F45 | Penny Lane Striders | 24.57 | | | | | | |
| 175 | 186 | John Latham | M55 | South Cheshire Harriers | 24.59 | | | | | | |
| 176 | 87 | Joe Beswick | M60 | Helsby R.C. | 25.18 | | | | | | |
| 177 | 33 | Ron Spensley | M60 | Rotherham Harriers | 25.20 | | | | | | |
| 178 | 136 | Steve Cin | M | Altrincham | 25.27 | | | | | | |
| 179 | 162 | Ian Printy | M | Unattached | 25.28 | | | | | | |
| 180 | 113 | Karen Sheen | F45 | Sale Harriers Manchester | 25.35 | | | | | | |
| 181 | 62 | Will Buchan | M | Unattached | 25.42 | | | | | | |
| 182 | 94 | Dan Wood | M | Unattached | 25.52 | | | | | | |
| 183 | 3 | Rich Buchanan | M | Unattached | 25.59 | | | | | | |
| 184 | 53 | Phillip McCann | M50 | Stockport | 26.02 | | | | | | |
| 185 | 31 | Janet Shaw | F50 | Helsby R.C. | 26.20 | | | | | | |
| 186 | 17 | Tricia Doohan | F40 | Unattached | 26.21 | | | | | | |
| 187 | 132 | Anthony McCloskey | M | Unattached | 26.31 | | | | | | |
| 188 | 102 | Charles Pearson | F50 | Styal | 26.34 | | | | | | |
| 189 | 1 | James Harper | M | Unattached | 27.04 | | | | | | |
| 190 | 111 | Sally Watson | F | Unattached | 27.15 | | | | | | |
| 191 | 128 | Dave Denton | M40 | Unattached | 27.23 | | | | | | |
| 192 | 138 | Frances Coughlan | F | Unattached | 27.28 | | | | | | |
| 193 | 16 | Faik Kordemir | M | Unattached | 27.30 | | | | | | |
| 194 | 15 | Phil Heath | M | Unattached | 27.30 | | | | | | |
| 195 | 126 | Catherine Sanders | F35 | Unattached | 27.37 | | | | | | |
| 196 | 2006 | Mandy Buckley | F35 | Spectrum Striders | 27.39 | | | | | | |
| 197 | 11 | Katie Whitby | 0 | Unattached | 27.41 | | | | | | |
| 198 | 127 | Parv Dutta | M40 | Unattached | 27.42 | | | | | | |
| 199 | 2008 | David Cresswell | M | Unattached | 27.44 | | | | | | |
| 200 | 154 | Jenny Silverthorne | F | Unattached | 28.04 | | | | | | |
| 201 | 24 | Arthur Kelly | M40 | Unattached | 28.39 | | | | | | |
| 202 | 101 | Anne Hewitt | F50 | Spectrum Striders | 28.50 | | | | | | |
| 203 | 185 | Liz Spensley | F50 | Unattached | 29.13 | | | | | | |
| 204 | 116 | Sarah Yeoman | F | Dragons Running Club | 29.50 | | | | | | |
| 205 | 115 | Catherine O'Connor | F | Unattached | 29.55 | | | | | | |
| 206 | 170 | Claire McWhirter | F | Unattached | 30.11 | | | | | | |
| 207 | 109 | Kathryn Shaw | F | Unattached | 30.47 | | | | | | |
| 208 | 108 | David Shaw | M45 | Unattached | 30.48 | | | | | | |
| 209 | 158 | Donna Hazeldine | F | Unattached | 31.07 | | | | | | |
| 210 | 134 | Michelle Hayes | F | Unattached | 31.08 | | | | | | |
| 211 | 22 | Stephanie Harris | F | Unattached | 32.09 | | | | | | |
| 212 | 2040 | Les Hewitt | M50 | Spectrum Striders | 32.26 | | | | | | |
| 213 | 2015 | Lisa Scobbie | F35 | Unattached | 32.29 | | | | | | |
| 214 | 2038 | Sole Nasi | M | Unattached | 33.12 | | | | | | |
| 215 | 2007 | Lisa Cresswell | F35 | Unattached | 33.16 | | | | | | |
| 216 | 195 | Dennis Yarwood | M40 | Unattached | 33.30 | | | | | | |
| 217 | 25 | Amy Mayell | F | Sandbach Striders | 33.47 | | | | | | |
| 218 | 5 | Clare Bielecki | F | Unattached | 33.56 | | | | | | |
| 219 | 47 | Mark Garcia-Oliver | M | Unattached | 34.07 | | | | | | |
| 220 | 161 | Wendy Taylor | F | Unattached | 34.20 | | | | | | |
| 221 | 160 | Carmel Taylor | F | Unattached | 34.32 | | | | | | |
| 222 | 20 | Bev Cameron | F40 | Unattached | 36.08 | | | | | | |
| 223 | 19 | Rupa Sharma | F35 | Unattached | 36.08 | | | | | | |
| 224 | 18 | Pat Britten | F40 | Unattached | 36.52 | | | | | | |
| 225 | 21 | Laura Eaton | F | Unattached | 39.35 | | | | | | |
| 226 | 2012 | Emma Metcalfe | F35 | Unattached | 40.22 | | | | | | |
| 227 | 131 | Helen Beedon | F | Unattached | 41.49 | | | | | | |