

AAA Nike Young Athletes Relays at Sutton Park on Sunday 4th April 2005

Under 15 Girls Stage 1 - Final Results

Pos	Name	Club	Leg Time			
1	B Haywood	Lincoln We	14:09	41	O Pell	Amber Vall
2	R Gough	Team South	14:22	42	R Malbon	StockportB
3	L AlexanderHigh	Aldershot	14:26	43	H Garcia	Blackheath
4	O Larcombe	Royal Sutt	14:34	44	E Layton	Shaftesbur
5	*Not Declared*	Leigh H &	14:36	45	Z Lamb	Poole Runn
6	R Chard	Nuneaton H	14:41	46	H Thompson	AldershotB
7	L Lattimore	Harrow Ac	14:43	47	H Cooper	City Of No
8	H Weetall	Vale Royal	14:49	48	R Jenyon	Stockport
9	L Day	Kingston U	14:51	49	H Brown	Enfield &
10	H Timmins	Warrington	14:51	50	M Rothman	Leamington
11	V Needham	York Acorn	14:52	51	L Shipley	Derby Ac
12	K Knowles	Bristol &	14:54	52	M Jacobs	Tamworth A
13	C Read	Cannock &	14:56	53	Rachel Devney	Leeds CitB
14	B Rowlands	Spenboroug	14:59	54	R Russell	Birchfield
15	R Kitchen	Scarboroug	15:02	55	F Norman	North Devo
16	Eleanor Hall	Leeds City	15:06	56	H Nelson	LiverpoolB
17	C Woods	Sale Harri	15:11	57	R Wood	Blackburn
18	J Allen	Rotherham	15:11	58	R Knell	New Forest
19	E Wignall	Lancaster	15:11	59	A Rai	Ealing Sou
20	N McLeod	Giffnock N	15:23	60	J Berg	Solihull &
21	B Krych	Charnwood	15:28	61	EOvery	Royal SutB
22	V Green	Leigh H &B	15:29	62	L Rayfield	Windsor SI
23	N Morgan	WestSAC	15:29	63	S Harrison	MansfieldB
24	L Murphy	Liverpool	15:30	64	E Hunt	Cannock &B
25	H Munn	Kettering	15:35	65	C Hodgson	Royal SutC
26	D Jupp	Bedford &B	15:41	66	R Hall	Leeds CitC
27	N Young	Morpeth H	15:43	67	E Von-Benzon	Worcester
28	L Baker	Hastings A	15:47	68	E Deaman	Vale RoyaB
29	L Hollinshead	Giffnock B	15:48	69	N Appleby	Vale OfayB
30	R Fordham	Bolton Uni	15:49	70	K Arundale	CharnwoodC
31	K Hewitson	Hallamshir	15:53	71	L Barnes	RotherhamB
32	R Scott	Halifax H	16:01	72	L Denny	Havant Ac
33	E Milodowski	CharnwoodB	16:02	73	H Denham	Ealing SoB
34	L Card	Vale Ofayl	16:03	74	E Phipps	Derby Ac B
35	A Regan	Sale HarrB	16:06	75	L Bulldock	Stoke&SM
36	S Boast	Bedford &	16:09	76	AMcSweeney	ShaftesbuB
37	L Wilson	Nene Valle	16:10	77	R Cheney	Poole RunB
38	C Wilson	Windsor SB	16:12	78	C Brunton	Windsor SC
39	N Pembleton	Mansfield	16:25	79	L Colet	ShaftesbuC
40	E Hibbs	Tipton Har	16:30	80	A Dean	StokeSM B
						20:23

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Under 15 Girls Stage 2 - Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain							
1	L Webb	Team South		14:18	28:40	+	1	46	R Stedman	Windsor SI	16:13	33:21	+ 16	
2	L Howarth	Leigh H &		14:43	29:19	+	3	47	*Not Declared*	Tipton Har	16:59	33:29	- 7	
3	C Patchett	Spenboroug		14:22	29:21	+	11	48	R Charles	Ealing Sou	16:33	33:30	+ 11	
4	S Cartwright	Warrington		14:41	29:32	+	6	49	S Proffitt	Shaftesbur	17:01	33:34	- 5	
5	S Burgin	Aldershot		15:11	29:37	-	2	50	K Wallis	MansfieldB	16:18	33:34	+ 13	
6	S Davis	Royal Sutt		15:11	29:45	-	2	51	J Ferrett	Windsor SB	17:22	33:34	- 13	
7	H Seddon	Leeds City		14:42	29:48	+	9	52	H Wood	Halifax H	17:40	33:41	- 20	
8	L Frenneaux	Kingston U		15:02	29:53	+	1	53	L Kastoryano	Blackheath	17:12	33:45	- 10	
9	A Magee	Charnwood		14:33	30:01	+	12	54	C McCluskey	Giffnock B	18:02	33:50	- 25	
10	H Teat	Sale Harri		15:02	30:13	+	7	55	M Taylor	Blackburn	17:04	34:00	+	2
11	S Gray	Scarboroug		15:18	30:20	+	4	56	J Bauer	StockportB	17:32	34:04	- 14	
12	D Allen	Leigh H &B		14:56	30:25	+	10	57	C Ingham	Poole Runn	17:32	34:07	- 12	
13	L Baginskis	Nuneaton H		15:58	30:39	-	7	58	E Wagstaffe	Cannock &B	16:48	34:13	+	6
14	L Spence	Rotherham		15:45	30:56	+	4	59	E Penney	Worcester	16:28	34:16	+	8
15	A Concannon	Harrow Ac		16:17	31:00	-	8	60	K Stevens	Leamington	17:39	34:24	- 10	
16	R McDowall	Giffnock N		15:43	31:06	+	4	61	C Wood	Solihull &	17:27	34:28	- 1	
17	S Arms	Cannock &		16:15	31:11	-	4	62	V Bryce	Royal SutC	17:03	34:29	+	3
18	A McGurk	Bedford &		15:04	31:13	+	18	63	E Radcliffe	Leeds CitC	17:28	34:55	+	3
19	L Kay	Stockport		14:36	31:18	+	29	64	K North	CharnwoodC	16:58	35:02	+	6
20	O Desborough	Liverpool		15:51	31:21	+	4	65	K Howard	Vale RoyaB	17:44	35:33	+	3
21	L Dixon	Morpeth H		15:52	31:35	+	6	66	K Rayment	Birchfield	18:59	35:47	- 12	
22	C Brown	City Of No		14:58	31:39	+	25	67	P Bailey	Ealing SoB	17:41	36:02	+	6
23	Z Hawkins	CharnwoodB		15:41	31:43	+	10	68	E Blankenstein	ShaftesbuB	17:33	36:07	+	8
24	Z Gibson	Lancaster		16:35	31:46	-	5	69	S Sheldon	Stoke&SM	17:49	36:11	+	6
25	S Underhill	Bedford &B		16:07	31:48	+	1	70	K Barker	Tamworth A	19:25	36:12	- 18	
26	N McArthur	Sale HarrB		15:42	31:48	+	9	71	N Wells	New Forest	19:19	36:15	- 13	
27	J Chart	Bristol &		16:55	31:49	-	15	72	R Hewkin	Derby Ac B	18:33	36:54	+	2
28	H Waters	WestSAC		16:23	31:52	-	5	73	S Liddiard	Vale OfayB	19:39	37:30	- 4	
29	S Hunter	York Acorn		17:05	31:57	-	18	74	V Binns	Windsor SC	18:35	37:35	+	4
30	H Kemp	Derby Ac		15:16	32:02	+	21	75	A Davis	ShaftesbuC	18:06	38:03	+	4
31	A Jones	Kettering		16:35	32:10	-	6	76	N Hobbs	Havant Ac	20:28	38:39	- 4	
32	B Wycherley	Nene Valle		16:00	32:10	+	5	77	P Young	Poole RunB	20:10	39:01	0	
33	H Darby	Bolton Uni		16:30	32:19	-	3	Fastest runners over stage 2:						
34	E Grant	North Devo		15:37	32:26	+	21	1	L Webb	Team South	14:18			
35	C Kinvig	Vale Royal		17:38	32:27	-	27	2	C Patchett	Spenboroug	14:22			
36	K Clusker	Hastings A		16:42	32:29	-	8	3	A Magee	Charnwood	14:33			
37	R Card	Vale Ofayl		16:28	32:31	-	3	4	L Kay	Stockport	14:36			
38	S Prier	AldershotB		15:59	32:35	+	8	5	S Cartwright	Warrington	14:41			
39	L Armoush	Amber Vall		16:06	32:37	+	2	6	H Seddon	Leeds City	14:42			
40	H Arredondo	Enfield &		16:01	32:46	+	9	7	L Howarth	Leigh H &	14:43			
41	J Bestwick	Mansfield		16:23	32:48	-	2	8	D Allen	Leigh H &B	14:56			
42	N Powell	Royal SutB		15:52	32:56	+	19	9	C Brown	City Of No	14:58			
43	Elizabeth Hall	Leeds CitB		16:17	33:05	+	10	10	H Teat	Sale Harri	15:02			
44	M Lynch	LiverpoolB		16:19	33:12	+	12	11	L Frenneaux	Kingston U	15:02			
45	A Stubbs	Hallamshir		17:26	33:19	-	14							

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Under 15 Girls Stage 3 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	D Allen	Leigh H &	13:56	43:15	+	1	42	M Parkin	Windsor SI	16:44	50:05	+	4
2	C Purdue	Aldershot	14:04	43:41	+	3	43	Rebecca Devney	Leeds CitB	17:08	50:13		0
3	M Stone	Kingston U	14:31	44:24	+	5	44	K McTominay	Lancaster	18:32	50:18	-	20
4	A Wheatman	Scarboroug	14:23	44:43	+	7	45	A Wall	Ealing Sou	16:53	50:23	+	3
5	JGregorczyk	Leeds City	15:04	44:52	+	2	46	S Kay	StockportB	16:21	50:25	+	10
6	J Gurney	Charnwood	15:06	45:07	+	3	47	T Holmes	Shaftesbur	16:55	50:29	+	2
7	N Grant	Rotherham	14:14	45:10	+	7	48	H McManus	LiverpoolB	17:20	50:32	-	4
8	L Gemmell	Warrington	15:56	45:28	-	4	49	K Gorman	Windsor SB	16:59	50:33	+	2
9	K Wilson	Spensoroug	16:13	45:34	-	6	50	K Noonan	Amber Vall	18:00	50:37	-	11
10	A Guest	Royal Sutt	16:02	45:47	-	4	51	H Page	Halifax H	16:58	50:39	+	1
11	K Stafford	Team South	17:15	45:55	-	10	52	*Not Declared*	Tipton Har	17:39	51:08	-	5
12	E Gore	Cannock &	15:05	46:16	+	5	53	A Bissland	Giffnock B	17:30	51:20	+	1
13	L Taylor	Giffnock N	15:12	46:18	+	3	54	J Best	Leeds CitC	16:33	51:28	+	9
14	K Drabble	Sale Harri	16:12	46:25	-	4	55	H Wildman	Cannock &B	18:12	52:25	+	3
15	C Murphy	Liverpool	15:11	46:32	+	5	56	E Betty	Royal SutC	18:13	52:42	+	6
16	L McLoughlin	Stockport	15:35	46:53	+	3	57	E Partridge	Poole Runn	18:49	52:56		0
17	A Kay	Leigh H &B	17:08	47:33	-	5	58	K Stair	Stoke&SM	17:04	53:15	+	11
18	Z McLoone	WestSAC	15:42	47:34	+	10	59	S Dixon	Leamington	19:04	53:28	+	1
19	K Plant	Mansfield	14:51	47:39	+	22	60	E Richards	CharnwoodC	19:34	54:36	+	4
20	L Dack	City Of No	16:04	47:43	+	2	61	L Vine	New Forest	18:39	54:54	+	10
21	N Pell	Kettering	15:53	48:03	+	10	62	C Graham	Ealing SoB	19:19	55:21	+	5
22	H Hamilton	Harrow Ac	17:15	48:15	-	7	63	C Lambert	Birchfield	19:37	55:24	+	3
23	T Barnes	Bedford &	17:04	48:17	-	5	64	V Duffy	ShaftesbuB	19:20	55:27	+	4
24	I Dunmore	CharnwoodB	16:40	48:23	-	1	65	J Passey	Tamworth A	19:53	56:05	+	5
25	L Bosson	Vale Royal	15:56	48:23	+	10	66	K McBeth	Vale OfayB	19:08	56:38	+	7
26	S Kelley	Hastings A	15:57	48:26	+	10	67	K Parks	Havant Ac	18:02	56:41	+	9
27	J Christie	Enfield &	15:42	48:28	+	13	68	B Ferenczy	Poole RunB	18:28	57:29	+	9
28	S Merry	Nuneaton H	18:01	48:40	-	15	69	S O'Sullivan	ShaftesbuC	19:45	57:48	+	6
29	K Granger	Hallamshir	15:22	48:41	+	16	Fastest runners over stage 3:						
30	R Taylor	Blackheath	14:57	48:42	+	23	1	D Allen	Leigh H &		13:56		
31	R Pounds	Bolton Uni	16:25	48:44	+	2	2	C Purdue	Aldershot		14:04		
32	S Caunt	Bedford &B	17:02	48:50	-	7	3	N Grant	Rotherham		14:14		
33	E Ley	North Devo	16:27	48:53	+	1	4	A Wheatman	Scarboroug		14:23		
34	J Satchell	AldershotB	16:20	48:55	+	4	5	M Stone	Kingston U		14:31		
35	L Taylor	Bristol &	17:10	48:59	-	8	6	K Plant	Mansfield		14:51		
36	L MacDonald	Morpeth H	17:46	49:21	-	15	7	R Taylor	Blackheath		14:57		
37	A Ball	Derby Ac	17:24	49:26	-	7	8	JGregorczyk	Leeds City		15:04		
38	C Hunt	Vale Ofayl	16:56	49:27	-	1	9	E Gore	Cannock &		15:05		
39	S Wycherley	Nene Valle	17:27	49:37	-	7	10	J Gurney	Charnwood		15:06		
40	C Robathan	Royal SutB	16:48	49:44	+	2							
41	K Hunter	York Acorn	18:07	50:04	-	12							

AAA Nike Young Athletes Relays at Sutton Park on Sunday 4th April 2005

Under 15 Girls — Team Results — Final
(nn) is team position after the appropriate stage.

1 Leigh H & Ac	43:15	24 Charnwood Ac 'B'	48:23
1 Undeclared (5) 14:36	(2) 14:43	1 E Milodowski (33)16:02	(23)15:41
3 D Allen (1) 13:56		3 I Dunmore (24)16:40	
2 Aldershot Farnham & District	43:41	25 Vale Royal	48:23
1 L Alexander High (3) 14:26	(5) 15:11	1 H Weetall (8) 14:49	(35)17:38
3 C Purdue (2) 14:04		3 L Bosson (25)15:56	
3 Kingston Upon Hull Ac	44:24	26 Hastings Ac	48:26
1 L Day (9) 14:51	(8) 15:02	1 L Baker (28)15:47	(36)16:42
3 M Stone (3) 14:31		3 S Kelley (26)15:57	
4 Scarborough Ac	44:43	27 Enfield & Haringey Ac	48:28
1 R Kitchen (15)15:02	(11)15:18	1 H Brown (49)16:45	(40)16:01
3 A Wheatman (4) 14:23		3 J Christie (27)15:42	
5 Leeds City Ac	44:52	28 Nuneaton Harriers	48:40
1 Eleanor Hall (16)15:06	(7) 14:42	1 R Chard (6) 14:41	(13)15:58
3 J Gregorczyk (5) 15:04		3 S Merry (28)18:01	
6 Charnwood Ac	45:07	29 Hallamshire Harriers	48:41
1 B Krych (21)15:28	(9) 14:33	1 K Hewitson (31)15:53	(45)17:26
3 J Gurney (6) 15:06		3 K Granger (29)15:22	
7 Rotherham Harriers & Ac	45:10	30 Blackheath & Bromley Harriers	48:42
1 J Allen (18)15:11	(14)15:45	1 H Garcia (43)16:33	(53)17:12
3 N Grant (7) 14:14		3 R Taylor (30)14:57	
8 Warrington Ac	45:28	31 Bolton United Harriers	48:44
1 H Timmins (10)14:51	(4) 14:41	1 R Fordham (30)15:49	(33)16:30
3 L Gemmell (8) 15:56		3 R Pounds (31)16:25	
9 Spenborough & District Ac	45:34	32 Bedford & County Ac 'B'	48:50
1 B Rowlands (14)14:59	(3) 14:22	1 D Jupp (26)15:41	(25)16:07
3 K Wilson (9) 16:13		3 S Caunt (32)17:02	
10 Royal Sutton Coldfield Ac	45:47	33 North Devon Ac	48:53
1 O Larcombe (4) 14:34	(6) 15:11	1 F Norman (55)16:49	(34)15:37
3 A Guest (10)16:02		3 E Ley (33)16:27	
11 Team Southampton	45:55	34 Aldershot Farnham & Distric 'B'	48:55
1 R Gough (2) 14:22	(1) 14:18	1 H Thompson (46)16:36	(38)15:59
3 K Stafford (11)17:15		3 J Satchell (34)16:20	
12 Cannock & Stafford Ac	46:16	35 Bristol & West Ac	48:59
1 C Read (13)14:56	(17)16:15	1 K Knowles (12)14:54	(27)16:55
3 E Gore (12)15:05		3 L Taylor (35)17:10	
13 Giffnock North Aac	46:18	36 Morpeth H & Ac	49:21
1 N McLeod (20)15:23	(16)15:43	1 N Young (27)15:43	(21)15:52
3 L Taylor (13)15:12		3 L MacDonald (36)17:46	
14 Sale Harriers	46:25	37 Derby Ac	49:26
1 C Woods (17)15:11	(10)15:02	1 L Shipley (51)16:46	(30)15:16
3 K Drabble (14)16:12		3 A Ball (37)17:24	
15 Liverpool Harriers & Ac	46:32	38 Vale Ofaylesbury Ac	49:27
1 L Murphy (24)15:30	(20)15:51	1 L Card (34)16:03	(37)16:28
3 C Murphy (15)15:11		3 C Hunt (38)16:56	
16 Stockport Harriers & Ac	46:53	39 Nene Valley Harriers	49:37
1 R Jenyon (48)16:42	(19)14:36	1 L Wilson (37)16:10	(32)16:00
3 L McLoughlin (16)15:35		3 S Wycherley (39)17:27	
17 Leigh H & Ac 'B'	47:33	40 Royal Sutton Coldfield Ac 'B'	49:44
1 V Green (22)15:29	(12)14:56	1 E Overy (61)17:04	(42)15:52
3 A Kay (17)17:08		3 C Robathan (40)16:48	
18 West Suffolk AC	47:34	41 York Acorn Running Club	50:04
1 N Morgan (23)15:29	(28)16:23	1 V Needham (11)14:52	(29)17:05
3 Z McLoone (18)15:42		3 K Hunter (41)18:07	
19 Mansfield Harriers & Ac	47:39	42 Windsor Slough Eton & Hounslow	50:05
1 N Pemberton (39)16:25	(41)16:23	1 L Rayfield (62)17:08	(46)16:13
3 K Plant (19)14:51		3 M Parkin (42)16:44	
20 City Of Norwich AC	47:43	43 Leeds City Ac 'B'	50:13
1 H Cooper (47)16:41	(22)14:58	1 Rachel Devney (53)16:48	(43) 16:17
3 L Dack (20)16:04		3 Rebecca Devney (43)17:08	
21 Kettering Town Harriers	48:03	44 Lancaster & Morecambe Ac	50:18
1 H Munn (25)15:35	(31)16:35	1 E Wignall (19)15:11	(24)16:35
3 N Pell (21)15:53		3 K McTominay (44)18:32	
22 Harrow Ac	48:15	45 Ealing Southall & Middx Ac	50:23
1 L Lattimore (7) 14:43	(15)16:17	1 A Rai (59)16:57	(48)16:33
3 H Hamilton (22)17:15		3 A Wall (45)16:53	
23 Bedford & County Ac	48:17	46 Stockport Harriers & Ac 'B'	50:25
1 S Boast (36)16:09	(18)15:04	1 R Malbon (42)16:32	(56)17:32
3 T Barnes (23)17:04		3 S Kay (46)16:21	

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47 Shaftesbury Barnet Harriers	50:29	67 Havant Ac	56:41
1 E Layton (44)16:33 2 S Proffitt (49)17:01		1 L Denny (72)18:11 2 N Hobbs (76)20:28	
3 T Holmes (47)16:55		3 K Parks (67)18:02	
48 Liverpool Harriers & Ac 'B'	50:32	68 Poole Runners 'B'	57:29
1 H Nelson (56)16:53 2 M Lynch (44)16:19		1 R Cheney (77)18:51 2 P Young (77)20:10	
3 H McManus (48)17:20		3 B Ferenczy (68)18:28	
49 Windsor Slough Eton & Houns 'B'	50:33	69 Shaftesbury Barnet Harriers 'C'	57:48
1 C Wilson (38)16:12 2 J Ferrett (51)17:22		1 L Colet (79)19:57 2 A Davis (75)18:06	
3 K Gorman (49)16:59		3 S O'Sullivan (69)19:45	
50 Amber Valley Ac	50:37	Incomplete Teams:	
1 O Pell (41)16:31 2 L Armoush (39)16:06		Sale Harriers 'B'	31:48
3 K Noonan (50)18:00		1 A Regan (35)16:06 2 N McArthur (26)15:42	
51 Halifax Harriers Ac	50:39	Mansfield Harriers & Ac 'B'	33:34
1 R Scott (32)16:01 2 H Wood (52)17:40		1 S Harrison (63)17:16 2 K Wallis (50)16:18	
3 H Page (51)16:58			
52 Tipton Harriers	51:08	Blackburn Harriers	34:00
1 E Hibbs (40)16:30 2 Undeclared (47) 16:59		1 R Wood (57)16:56 2 M Taylor (55)17:04	
3 Undeclared (52) 17:39			
53 Giffnock North Ac 'B'	51:20	Worcester Ac	34:16
1 L Hollinshead (29)15:48 2 C McCluskey (54)18:02		1 E Von-Benzon (67)17:48 2 E Penney (59)16:28	
3 A Bissland (53)17:30			
54 Leeds City Ac 'C'	51:28	Solihull & Small Heath Ac	34:28
1 R Hall (66)17:27 2 E Radcliffe (63)17:28		1 J Berg (60)17:01 2 C Wood (61)17:27	
3 J Best (54)16:33			
55 Cannock & Stafford Ac 'B'	52:25	Vale Royal 'B'	35:33
1 E Hunt (64)17:25 2 E Wagstaffe (58)16:48		1 E Deaman (68)17:49 2 K Howard (65)17:44	
3 H Wildman (55)18:12			
56 Royal Sutton Coldfield Ac 'C'	52:42	Derby Ac 'B'	36:54
1 C Hodgson (65)17:26 2 V Bryce (62)17:03		1 E Phipps (74)18:21 2 R Hewkin (72)18:33	
3 E Betty (56)18:13			
57 Poole Runners	52:56	Windsor Slough Eton & Houns 'C'	37:35
1 Z Lamb (45)16:35 2 C Ingham (57)17:32		1 C Brunton (78)19:00 2 V Binns (74)18:35	
3 E Partridge (57)18:49			
58 Stoke & Staffs Moorlands	53:15	Lincoln Wellington Ac	14:09
1 L Bulldock (75)18:22 2 S Sheldon (69)17:49		1 B Haywood (1) 14:09	
3 K Stair (58)17:04		Rotherham Harriers & Ac 'B'	18:08
59 Leamington C & Ac	53:28	1 L Barnes (71)18:08	
1 M Rothman (50)16:45 2 K Stevens (60)17:39		Stoke & Staffs Moorlands 'B'	20:23
3 S Dixon (59)19:04		1 A Dean (80)20:23	
60 Charnwood Ac 'C'	54:36	Fastest of all legs — Final	
1 K Arundale (70)18:04 2 K North (64)16:58		1 D Allen Leigh H & 13:56	
3 E Richards (60)19:34		2 C Purdue Aldershot 14:04	
61 New Forest Junior Ac	54:54	3 B Haywood Lincoln We 14:09	
1 R Knell (58)16:56 2 N Wells (71)19:19		4 N Grant Rotherham 14:14	
3 L Vine (61)18:39		5 L Webb Team South 14:18	
62 Ealing Southall & Middx Ac 'B'	55:21	6 R Gough Team South 14:22	
1 H Denham (73)18:21 2 P Bailey (67)17:41		= C Patchett Spensboroug 14:22	
3 C Graham (62)19:19		8 A Wheatman Scarborough 14:23	
63 Birchfield Harriers	55:24	9 L Alexander High Aldershot 14:26	
1 R Russell (54)16:48 2 K Rayment (66)18:59		10 M Stone Kingston U 14:31	
3 C Lambert (63)19:37			
64 Shaftesbury Barnet Harriers 'B'	55:27		
1 A McSweeney (76)18:34 2 E Blankenstein (68) 17:33			
3 V Duffy (64)19:20			
65 Tamworth Ac	56:05		
1 M Jacobs (52)16:47 2 K Barker (70)19:25			
3 J Passey (65)19:53			
66 Vale Of aylesbury Ac 'B'	56:38		
1 N Appleby (69)17:51 2 S Liddiard (73)19:39			
3 K McBeth (66)19:08			