

North West Womens Cross Country League at Heaton Park on Saturday 29th October 2005

Under 13 — FINAL RESULTS

| Pos | Name | Club | Time | Pos | Name | Club | Time |
|-----|-------------------|--------------------------------|-------|-----|-------------------|--------------------------------|-------|
| 1 | Tyra WATSON | Sale Harriers Manchester | 12:50 | 22 | Chloe DARROCH | Manchester Harriers & AC | 15:16 |
| 2 | Katie REYNOLDS | East Cheshire Harriers & Tames | 12:54 | 23 | HDRILLINGCOURT | St. Helens Sutton AC | 15:19 |
| 3 | Sarah SIMEEN | Sale Harriers Manchester | 13:33 | 24 | Victoria HAMILTON | Warrington AC | 15:20 |
| 4 | Lucy SMITH | Altrincham & District AC | 13:41 | 25 | Samara MOHTASHAM | Sale Harriers Manchester | 15:22 |
| 5 | Lucy MCDERMOTT | Manchester Harriers & AC | 13:48 | 26 | Ellie FARROW | East Cheshire Harriers & Tames | 15:23 |
| 6 | Freya NARAYAN | Sale Harriers Manchester | 14:05 | 27 | Rosemary HARNEY | Sale Harriers Manchester | 15:33 |
| 7 | Lauren GRANTMYRE | Sale Harriers Manchester | 14:09 | 28 | Elin PYKE | Macclesfield Harriers & AC | 15:37 |
| 8 | Jemma SHAW | St. Helens Sutton AC | 14:12 | 29 | Tamsin MILBURN | Macclesfield Harriers & AC | 16:04 |
| 9 | Amy LAWSON | Stockport Harriers & AC | 14:17 | 30 | Lucy SIGSWORTH | Altrincham & District AC | 16:10 |
| 10 | Cody PENDLEBURY | Stockport Harriers & AC | 14:19 | 31 | Louise HAYES | St. Helens Sutton AC | 16:23 |
| 11 | RHERTHERINGTON | Stockport Harriers & AC | 14:24 | 32 | SKEASHAW-MOORE | Warrington AC | 16:32 |
| 12 | Jemma NEVIN | Sale Harriers Manchester | 14:28 | 33 | Jessica MACDONALD | Trafford AC | 16:44 |
| 13 | Rachael JEFFERSON | Warrington AC | 14:30 | 34 | Chloe GLEWIS | Salford Metropolitan AC | 16:46 |
| 14 | Jordanna DENTON | Sale Harriers Manchester | 14:34 | 35 | Camilla ASHWORTH | Macclesfield Harriers & AC | 16:59 |
| 15 | Shaunie WILKINSON | Warrington AC | 14:37 | 36 | Jade FRIEL | Stockport Harriers & AC | 17:19 |
| 16 | Eleanor TITLEY | Sale Harriers Manchester | 14:40 | 37 | Amy MCGUIGAN | Macclesfield Harriers & AC | 17:21 |
| 17 | Lauren BRADSHAW | St. Helens Sutton AC | 14:49 | 38 | Alice HERON | Macclesfield Harriers & AC | 17:42 |
| 18 | Kathryn MELLOR | Manchester Harriers & AC | 14:55 | 39 | Abigail FIELD | Salford Metropolitan AC | 17:52 |
| 19 | Emma THOMAS | Salford Metropolitan AC | 15:01 | 40 | Ellena WILLIAMS | Macclesfield Harriers & AC | 17:57 |
| 20 | Lucy JEFFRIES | East Cheshire Harriers & Tames | 15:07 | 41 | Emma OBRIEN | Sale Harriers Manchester | 18:40 |
| 21 | Heather LEYLAND | St. Helens Sutton AC | 15:11 | 42 | Emily DICKENSON | St. Helens Sutton AC | 19:34 |

Under 13 — TEAM RESULTS

| | | | | | |
|------------------------------|-------|----------------------|----------------------|----------------------|--------------------|
| 1 Sale Harriers Manchester | 17 — | 1 Tyra WATSON | 3 Sarah SIMEEN | 6 Freya NARAYAN | 7 Lauren GRANTMYRE |
| 2 Stockport Harriers & AC | 66 — | 9 Amy LAWSON | 10 Cody PENDLEBURY | 11 RHERTHERINGTON | 36 Jade FRIEL |
| 3 St. Helens Sutton AC | 69 — | 8 Jemma SHAW | 17 Lauren BRADSHAW | 21 Heather LEYLAND | 23 HDRILLINGCOURT |
| 4 Warrington AC | 84 — | 13 Rachael JEFFERSON | 15 Shaunie WILKINSON | 24 Victoria HAMILTON | 32 SKEASHAW-MOORE |
| 5 Macclesfield Harriers & AC | 129 — | 28 Elin PYKE | 29 Tamsin MILBURN | 35 Camilla ASHWORTH | 37 Amy MCGUIGAN |

Under 15 — FINAL RESULTS

| Pos | Name | Club | Time | Pos | Name | Club | Time |
|-----|------------------|--------------------------------|-------|-----|-----------------|----------------------------|-------|
| 1 | Leah KAY | Stockport Harriers & AC | 16:39 | 16 | Lucy MCLOUGHLIN | Stockport Harriers & AC | 19:46 |
| 2 | Rebecca CRAIGIE | Macclesfield Harriers & AC | 16:48 | 17 | Holly BENNETT | Warrington AC | 20:00 |
| 3 | Michelle WIBLIN | Stockport Harriers & AC | 17:26 | 18 | Sara MCLOUGHLIN | St. Helens Sutton AC | 20:12 |
| 4 | Lauren WOODCOCK | Sale Harriers Manchester | 18:07 | 19 | Jenifer BERTON | Warrington AC | 20:27 |
| 5 | Chloe RADCLIFFE | Sale Harriers Manchester | 18:15 | 20 | Ellie FREER | Sale Harriers Manchester | 20:33 |
| 6 | Sarah KAY | Stockport Harriers & AC | 18:17 | 21 | Faye SHAW | Sale Harriers Manchester | 20:39 |
| 7 | Sarah GALES | Macclesfield Harriers & AC | 18:32 | 22 | Emma Jane JONES | Warrington AC | 21:01 |
| 8 | Faye KENNEDY | East Cheshire Harriers & Tames | 18:39 | 23 | Katy MILNER | Trafford AC | 21:09 |
| 9 | Charlotte BARBER | Stockport Harriers & AC | 18:44 | 24 | Amy PILKINGTON | St. Helens Sutton AC | 21:11 |
| 10 | Katie HERON | Macclesfield Harriers & AC | 18:50 | 25 | Vicky JONES | Sale Harriers Manchester | 21:19 |
| 11 | Amy REGAN | Sale Harriers Manchester | 18:53 | 26 | Jane HAYES | Salford Metropolitan AC | 22:10 |
| 12 | Katie VANDEWALLE | Warrington AC | 18:56 | 27 | Jennifer BAUR | Stockport Harriers & AC | 22:12 |
| 13 | Hannah PETHO | Macclesfield Harriers & AC | 19:01 | 28 | Sarah GRIFFITHS | Warrington AC | 23:25 |
| 14 | Bryony PEARCE | Stockport Harriers & AC | 19:10 | 29 | Ceri WILLIAMS | Macclesfield Harriers & AC | 23:28 |
| 15 | Rebecca VANDEN | Salford Metropolitan AC | 19:31 | | | | |

Under 15 — TEAM RESULTS

| | | | | | |
|------------------------------|------|---------------------|-------------------|-------------------|--------------------|
| 1 Stockport Harriers & AC | 19 — | 1 Leah KAY | 3 Michelle WIBLIN | 6 Sarah KAY | 9 Charlotte BARBER |
| 2 Macclesfield Harriers & AC | 32 — | 2 Rebecca CRAIGIE | 7 Sarah GALES | 10 Katie HERON | 13 Hannah PETHO |
| 3 Sale Harriers Manchester | 40 — | 4 Lauren WOODCOCK | 5 Chloe RADCLIFFE | 11 Amy REGAN | 20 Ellie FREER |
| 4 Warrington AC | 70 — | 12 Katie VANDEWALLE | 17 Holly BENNETT | 19 Jenifer BERTON | 22 Emma Jane JONES |

Junior Women - Under 17 — FINAL RESULTS

| Pos | Name | Club | Time | Pos | Name | Club | Time |
|-----|----------------------|--------------------------|-------|-----|--------------------|--------------------------------|-------|
| 1 | Kirsty MILNER | Trafford AC | 19:10 | 10 | Amy GORTON | East Cheshire Harriers & Tames | 21:51 |
| 2 | Jacqueline FAIRCHILD | Salford Metropolitan AC | 19:36 | 11 | Brooke LITTLEWOOD | East Cheshire Harriers & Tames | 22:01 |
| 3 | Charlotte WOODS | Sale Harriers Manchester | 19:44 | 12 | Rhea FALLOW | Stockport Harriers & AC | 22:09 |
| 4 | Kirsty DRABBLE | Sale Harriers Manchester | 20:05 | 13 | Emma HARWARD | Macclesfield Harriers & AC | 22:52 |
| 5 | Bethany ENGLISH | Sale Harriers Manchester | 20:39 | 14 | Kirsty YOUNG | Warrington AC | 23:12 |
| 6 | Ruth JENYON | Stockport Harriers & AC | 20:51 | 15 | Emma HALL | Salford Metropolitan AC | 23:58 |
| 7 | Rebecca STANT | Sale Harriers Manchester | 21:02 | 16 | Daisy WILLIAMS | Macclesfield Harriers & AC | 24:13 |
| 8 | Jourdan COTTER | St. Helens Sutton AC | 21:24 | 17 | Jenny CARSON | Salford Metropolitan AC | 24:48 |
| 9 | Ashling CONWAY | Trafford AC | 21:36 | 18 | Melissa MCLOUGHLIN | St. Helens Sutton AC | 31:32 |

Junior Women - Under 17 — TEAM RESULTS

| | | | | | |
|----------------------------|------|-------------------|------------------|-------------------|-----------------|
| 1 Sale Harriers Manchester | 19 — | 3 Charlotte WOODS | 4 Kirsty DRABBLE | 5 Bethany ENGLISH | 7 Rebecca STANT |
|----------------------------|------|-------------------|------------------|-------------------|-----------------|

Junior Women - Under 20 — FINAL RESULTS

| Pos | Name | Club | Time | Pos | Name | Club | Time |
|-----|--------------------|--------------------------------|-------|-----|--------------------|--------------------------------|-------|
| 1 | KSHUTTLEWORTH | East Cheshire Harriers & Tames | 18:56 | 5 | Helen HUDSON | Stockport Harriers & AC | 20:41 |
| 2 | Victoria O'DONNELL | Trafford AC | 19:04 | 6 | Danika PUZINOWSKI | Sale Harriers Manchester | 21:44 |
| 3 | Sarah WIBLIN | Trafford AC | 20:18 | 7 | Joanne DUXBURY | Trafford AC | 22:48 |
| 4 | Claire MCMUROCK | Stockport Harriers & AC | 20:31 | 8 | Charlotte WILLIAMS | East Cheshire Harriers & Tames | 23:28 |

Junior Women - Under 20 — TEAM RESULTS

No complete teams

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

 SportSoft

North West Womens Cross Country League at Heaton Park on Saturday 29th October 2005

Senior Women — FINAL RESULTS

| Pos | Name | Cat/Pos | Club | Time |
|-----|---------------------|---------|-----------------------------------|-------|
| 1 | JayneKNOWLES | L35 | 1 Altrincham & District AC | 24:13 |
| 2 | BeverleyJENKINS | L35 | 2 SALFORDHARRIERS | 25:12 |
| 3 | EmmaMCINTYRE | | Sale Harriers Manchester | 25:31 |
| 4 | DanielleWOODS | | Sale Harriers Manchester | 25:45 |
| 5 | Karen HILL | | Trafford AC | 26:44 |
| 6 | KarenSMOUT | | Horwich Rmi Harriers | 27:11 |
| 7 | AlisonSEDMAN | L40 | 1 Belle Vue Racers | 27:14 |
| 8 | AlisonHARTOP | L35 | 3 Macclesfield Harriers & AC | 27:16 |
| 9 | Jenny KNASS | | Stockport Harriers & AC | 27:59 |
| 10 | MargaretBOLEMAN | L40 | 2 Sale Harriers Manchester | 28:04 |
| 11 | NicolaPUGH | | Trafford AC | 28:39 |
| 12 | VickiMCKINNON | | Manchester Harriers & AC | 28:53 |
| 13 | Sharon CAILE | | Macclesfield Harriers & AC | 28:59 |
| 14 | ErinLAFFERTY | | Sale Harriers Manchester | 29:06 |
| 15 | RosDUNNINGTON | L50 | 1 East Cheshire Harriers & Tames | 29:20 |
| 16 | EmmaJONES | | Belle Vue Racers | 29:26 |
| 17 | HelenARMITAGE | | Sale Harriers Manchester | 29:28 |
| 18 | Alison PYE | | Sale Harriers Manchester | 29:28 |
| 19 | RachelPLEEETH | L35 | 4 Macclesfield Harriers & AC | 29:44 |
| 20 | JoanHOWE | L50 | 2 Trafford AC | 29:48 |
| 21 | JuliaECCLESTON | | St. Helens Sutton AC | 29:52 |
| 22 | EmmaDARTNEL | | Warrington AC | 30:11 |
| 23 | SallyAnnPATTERSON | L40 | 3 Macclesfield Harriers & AC | 30:14 |
| 24 | JoannaROBERTSON | | Stockport Harriers & AC | 30:18 |
| 25 | EmmaMAKIN | | Warrington AC | 30:21 |
| 26 | JackieCORDINGLEY | L45 | 1 Sale Harriers Manchester | 30:28 |
| 27 | JulieKENNEDY | L35 | 5 Middleton Harriers | 30:53 |
| 28 | Jeanette FOX | L40 | 4 Wirral AC | 31:06 |
| 29 | Sarah HARDY | | Warrington AC | 31:25 |
| 30 | LucyHICKEY | L45 | 2 Altrincham & District AC | 31:32 |
| 31 | AnneROSBOTTOM | | Wirral AC | 31:38 |
| 32 | SueO'HANLON | L45 | 3 St. Helens Sutton AC | 31:50 |
| 33 | CarolineBOND | L40 | 5 Manchester Ymca | 31:58 |
| 34 | LindaROWLINSON | L40 | 6 Sale Harriers Manchester | 32:14 |
| 35 | AlisonHOLMES | L45 | 4 Middleton Harriers | 32:19 |
| 36 | JosephineCONNOLLY | | Trafford AC | 32:22 |
| 37 | Ginny WILLEY | | Middleton Harriers | 32:27 |
| 38 | JillBARRETT | L55 | 1 Middleton Harriers | 32:34 |
| 39 | DeniseWAKEFIELD | L50 | 3 Horwich Rmi Harriers | 32:42 |
| 40 | HelenWALCH | L40 | 7 Stockport Harriers & AC | 32:44 |
| 41 | PipFITZPATRICK | | Manchester Ymca | 32:56 |
| 42 | SuzanneANDREWS | | Warrington AC | 32:57 |
| 43 | MaggieMCCLELLAND | L45 | 5 Swinton Running Club | 32:59 |
| 44 | SusanCREHAM | L45 | 6 Sale Harriers Manchester | 33:02 |
| 45 | Barbara MURRAY | L45 | 7 Macclesfield Harriers & AC | 33:05 |
| 46 | CarlaOUSEY | | Sale Harriers Manchester | 33:14 |
| 47 | TeresaHOLLINS | L50 | 4 Middleton Harriers | 33:16 |
| 48 | ChristineDEMPSEY | L45 | 8 St. Helens Sutton AC | 33:19 |
| 49 | SueEXON | L50 | 5 Trafford AC | 33:22 |
| 50 | DebbieBERESFORD | L40 | 8 Manchester Harriers & AC | 33:40 |
| 51 | ClaireIRONS | | Warrington AC | 33:46 |
| 52 | MaryteMOORE | L35 | 6 Stockport Harriers & AC | 33:49 |
| 53 | MaggieJONES | L45 | 9 Altrincham & District AC | 33:56 |
| 54 | Afroditi KALAMBOUKA | L35 | 7 Belle Vue Racers | 33:59 |
| 55 | JulieGIBSON | L45 | 10 Wirral AC | 34:01 |
| 56 | LindaGABRIEL | L40 | 9 Trafford AC | 34:08 |
| 57 | AlexisDINSMOR | L55 | 2 Stockport Harriers & AC | 34:16 |
| 58 | PetraPEARCE | L40 | 10 Stockport Harriers & AC | 34:26 |
| 59 | CeciliaFITZSIMONS | L55 | 3 St. Helens Sutton AC | 34:31 |
| 60 | Karen JARVIS | L45 | 11 St. Helens Sutton AC | 34:37 |
| 61 | Clare BRADY | L35 | 8 Belle Vue Racers | 34:38 |
| 62 | LisaARMITAGE | | Sale Harriers Manchester | 34:55 |
| 63 | LynneNICHOL | L35 | 9 Altrincham & District AC | 34:56 |
| 64 | MarieCOSGROVE | | Stockport Harriers & AC | 34:58 |
| 65 | JulieFLETCHER | | Macclesfield Harriers & AC | 35:00 |
| 66 | DebraMCCANN | L35 | 10 Stockport Harriers & AC | 35:04 |
| 67 | AnnMcLAUGHLIN | L40 | 11 Manchester Ymca | 35:05 |
| 68 | ChristineDICKINSON | L40 | 12 St. Helens Sutton AC | 35:07 |
| 69 | JennyCLINK | | Sale Harriers Manchester | 35:10 |
| 70 | Faye TOZER | | Manchester Ymca | 35:16 |
| 71 | Barbara BAYLISS | L50 | 6 Swinton Running Club | 35:18 |
| 72 | JaneCOCKS | | Stockport Harriers & AC | 35:30 |
| 73 | PHILIPPARWLING | | Swinton Running Club | 35:31 |
| 74 | EmmaPOULTER | | Manchester Harriers & AC | 35:32 |
| 75 | DeniseLAKNER | L40 | 13 Belle Vue Racers | 35:45 |
| 76 | LyndaCHEETHAM | L50 | 7 Belle Vue Racers | 36:04 |
| 77 | Rebecca HEALEY | | Belle Vue Racers | 36:05 |
| 78 | Tracy LAWLESS | | Middleton Harriers | 36:16 |
| 79 | Andrea WORRALL | | Middleton Harriers | 36:37 |
| 80 | JaneANTROBUS | L45 | 12 Bury Athletic Club | 36:47 |
| 81 | AdeleSMITH | L40 | 14 Middleton Harriers | 36:53 |
| 82 | ChristineBARBER | L50 | 8 Belle Vue Racers | 37:12 |
| 83 | Fiona LAMB | L45 | 13 Middleton Harriers | 37:22 |
| 84 | MandyWEBBER | L40 | 15 Salford Metropolitan AC | 38:26 |
| 85 | ShirleyPENNELLS | | Middleton Harriers | 39:30 |
| 86 | SandraHUTCHINSON | L40 | 16 Middleton Harriers | 40:33 |
| 87 | Chris WILD | L45 | 14 East Cheshire Harriers & Tames | 41:14 |
| 88 | ChrisECKERSLEY | L55 | 4 Middleton Harriers | 41:24 |
| 89 | HelenBEARD | L40 | 17 Stockport Harriers & AC | 41:39 |
| 90 | MaxineGRIMSHAW | L40 | 18 Belle Vue Racers | 42:55 |
| 91 | MargaretCARTLEDGE | L55 | 5 Middleton Harriers | 43:27 |
| 92 | Alyson LAMB | L50 | 9 Middleton Harriers | 44:10 |
| 93 | Sue TAYLOR | L45 | 15 Middleton Harriers | 45:31 |
| 94 | CindyNORGROVE | L55 | 6 East Cheshire Harriers & Tames | 47:22 |

Senior Women — TEAM RESULTS

| | | | | | |
|------------------------------|-------|-------------------|--------------------|------------------------|----------------------|
| 1 Sale Harriers Manchester | 31 — | 3 EmmaMCINTYRE | 4 DanielleWOODS | 10 MargaretBOLEMAN | 14 ErinLAFFERTY |
| 2 Macclesfield Harriers & AC | 63 — | 8 AlisonHARTOP | 13 Sharon CAILE | 19 RachelPLEEETH | 23 SallyAnnPATTERSON |
| 3 Trafford AC | 72 — | 5 Karen HILL | 11 NicolaPUGH | 20 JoanHOWE | 36 JosephineCONNOLLY |
| 4 Warrington AC | 118 — | 22 EmmaDARTNEL | 25 EmmaMAKIN | 29 Sarah HARDY | 42 SuzanneANDREWS |
| 5 Stockport Harriers & AC | 125 — | 9 Jenny KNASS | 24 JoannaROBERTSON | 40 HelenWALCH | 52 MaryteMOORE |
| 6 Middleton Harriers | 137 — | 27 JulieKENNEDY | 35 AlisonHOLMES | 37 GinnyWILLEY | 38 JillBARRETT |
| 7 Belle Vue Racers | 138 — | 7 AlisonSEDMAN | 16 EmmaJONES | 54 Afroditi KALAMBOUKA | 61 Clare BRADY |
| 8 Altrincham & District AC | 147 — | 1 JayneKNOWLES | 30 LucyHICKEY | 53 MaggieJONES | 63 LynneNICHOL |
| 9 St. Helens Sutton AC | 160 — | 21 JuliaECCLESTON | 32 SueO'HANLON | 48 ChristineDEMPSEY | 59 CeciliaFITZSIMONS |

Senior Women (Vets) — FINAL RESULTS

| Pos | Name | Cat/Pos | Club | Time | Pos | Name | Cat/Pos | Club | Time |
|-----|---------------------|---------|----------------------------------|-------|-----|--------------------|---------|-----------------------------------|-------|
| 1 | JayneKNOWLES | L35 | 1 Altrincham & District AC | 24:13 | 31 | JulieGIBSON | L45 | 10 Wirral AC | 34:01 |
| 2 | BeverleyJENKINS | L35 | 2 SALFORDHARRIERS | 25:12 | 32 | LindaGABRIEL | L40 | 9 Trafford AC | 34:08 |
| 3 | AlisonSEDMAN | L40 | 1 Belle Vue Racers | 27:14 | 33 | AlexisDINSMOR | L55 | 2 Stockport Harriers & AC | 34:16 |
| 4 | AlisonHARTOP | L35 | 3 Macclesfield Harriers & AC | 27:16 | 34 | PetraPEARCE | L40 | 10 Stockport Harriers & AC | 34:26 |
| 5 | MargaretBOLEMAN | L40 | 2 Sale Harriers Manchester | 28:04 | 35 | CeciliaFITZSIMONS | L55 | 3 St. Helens Sutton AC | 34:31 |
| 6 | RosDUNNINGTON | L50 | 1 East Cheshire Harriers & Tames | 29:20 | 36 | Karen JARVIS | L45 | 11 St. Helens Sutton AC | 34:37 |
| 7 | RachelPLEETH | L35 | 4 Macclesfield Harriers & AC | 29:44 | 37 | Clare BRADY | L35 | 8 Belle Vue Racers | 34:38 |
| 8 | JoanHOWE | L50 | 2 Trafford AC | 29:48 | 38 | LynneNICHOL | L35 | 9 Altrincham & District AC | 34:56 |
| 9 | SallyAnnPATTERSON | L40 | 3 Macclesfield Harriers & AC | 30:14 | 39 | DebraMCCANN | L35 | 10 Stockport Harriers & AC | 35:04 |
| 10 | JackieCORDINGLEY | L45 | 1 Sale Harriers Manchester | 30:28 | 40 | AnnMcLAUGHLIN | L40 | 11 Manchester Ymca | 35:05 |
| 11 | JulieKENNEDY | L35 | 5 Middleton Harriers | 30:53 | 41 | ChristineDICKINSON | L40 | 12 St. Helens Sutton AC | 35:07 |
| 12 | Jeanette FOX | L40 | 4 Wirral AC | 31:06 | 42 | Barbara BAYLISS | L50 | 6 Swinton Running Club | 35:18 |
| 13 | LucyHICKEY | L45 | 2 Altrincham & District AC | 31:32 | 43 | DeniseLAKNER | L40 | 13 Belle Vue Racers | 35:45 |
| 14 | SueO'HANLON | L45 | 3 St. Helens Sutton AC | 31:50 | 44 | LyndaCHEETHAM | L50 | 7 Belle Vue Racers | 36:04 |
| 15 | CarolineBOND | L40 | 5 Manchester Ymca | 31:58 | 45 | JaneANTROBUS | L45 | 12 Bury Athletic Club | 36:47 |
| 16 | LindaROWLINSON | L40 | 6 Sale Harriers Manchester | 32:14 | 46 | AdeleSMITH | L40 | 14 Middleton Harriers | 36:53 |
| 17 | AlisonHOLMES | L45 | 4 Middleton Harriers | 32:19 | 47 | ChristineBARBER | L50 | 8 Belle Vue Racers | 37:12 |
| 18 | JillBARRETT | L55 | 1 Middleton Harriers | 32:34 | 48 | Fiona LAMB | L45 | 13 Middleton Harriers | 37:22 |
| 19 | DeniseWAKEFIELD | L50 | 3 Horwich Rmi Harriers | 32:42 | 49 | MandyWEBBER | L40 | 15 Salford Metropolitan AC | 38:26 |
| 20 | Helen WALCH | L40 | 7 Stockport Harriers & AC | 32:44 | 50 | SandraHUTCHINSON | L40 | 16 Middleton Harriers | 40:33 |
| 21 | MaggieMCCLELLAND | L45 | 5 Swinton Running Club | 32:59 | 51 | Chris WILD | L45 | 14 East Cheshire Harriers & Tames | 41:14 |
| 22 | SusanCREHAM | L45 | 6 Sale Harriers Manchester | 33:02 | 52 | ChrisECKERSLEY | L55 | 4 Middleton Harriers | 41:24 |
| 23 | Barbara MURRAY | L45 | 7 Macclesfield Harriers & AC | 33:05 | 53 | HelenBEARD | L40 | 17 Stockport Harriers & AC | 41:39 |
| 24 | TeresaHOLLINS | L50 | 4 Middleton Harriers | 33:16 | 54 | MaxineGRIMSHAW | L40 | 18 Belle Vue Racers | 42:55 |
| 25 | ChristineDEMPSEY | L45 | 8 St. Helens Sutton AC | 33:19 | 55 | MargaretCARTLEDGE | L55 | 5 Middleton Harriers | 43:27 |
| 26 | SueEXON | L50 | 5 Trafford AC | 33:22 | 56 | Alyson LAMB | L50 | 9 Middleton Harriers | 44:10 |
| 27 | DebbieBERESFORD | L40 | 8 Manchester Harriers & AC | 33:40 | 57 | Sue TAYLOR | L45 | 15 Middleton Harriers | 45:31 |
| 28 | MaryteMOORE | L35 | 6 Stockport Harriers & AC | 33:49 | 58 | CindyNORGROVE | L55 | 6 East Cheshire Harriers & Tames | 47:22 |
| 29 | MaggieJONES | L45 | 9 Altrincham & District AC | 33:56 | | | | | |
| 30 | Afroditi KALAMBOUKA | L35 | 7Belle Vue Racers | 33:59 | | | | | |

Senior Women (Vets) — TEAM RESULTS

| | | | | | |
|------------------------------|-------|-------------------|------------------------|----------------------|------------------|
| 1 Macclesfield Harriers & AC | 43 — | 4 AlisonHARTOP | 7 RachelPLEETH | 9 SallyAnnPATTERSON | 23Barbara MURRAY |
| 2 Sale Harriers Manchester | 53 — | 5 MargaretBOLEMAN | 10 JackieCORDINGLEY | 16LindaROWLINSON | 22 SusanCREHAM |
| 3 Middleton Harriers | 70 — | 11 JulieKENNEDY | 17 AlisonHOLMES | 18 JillBARRETT | 24 TeresaHOLLINS |
| 4 Altrincham & District AC | 81 — | 1 JayneKNOWLES | 13 LucyHICKEY | 29 MaggieJONES | 38 LynneNICHOL |
| 5 St. Helens Sutton AC | 110 — | 14 SueO'HANLON | 25 ChristineDEMPSEY | 35 CeciliaFITZSIMONS | 36 Karen JARVIS |
| 6 Belle Vue Racers | 113 — | 3 AlisonSEDMAN | 30 Afroditi KALAMBOUKA | 37Clare BRADY | 43 DeniseLAKNER |
| 7 Stockport Harriers & AC | 115 — | 20 HelenWALCH | 28 MaryteMOORE | 33 AlexisDINSMOR | 34 PetraPEARCE |