

# The Nick Beer 10K Road Race

## at Llandudno on Sunday 13th November 2005

### Nick Beer — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Nick Jones		Salford Harriers	34:13	86	Mark Higgs	V40 18	Stourbridge RC	43:28
2	Andrew Green	V40 1	Last Inn Runners	34:42	87	Kathleen Upton	L 5	Liverpool Harriers	43:29
3	Nick Ratcliffe		Derby AC	35:56	88	Rob Samuel	JM 6	Unattached	43:34
4	Neil Crompton		Warrington Road Runners	36:07	89	Christopher Williams	V45 7	Colwyn Bay AC	43:35
5	Matt Cullen		Warrington Road Runners	36:51	90	Kevin Woods	V40 19	Unattached	43:36
6	John Earlston	V40 2	Abergele Harriers	37:08	91	Richard Eccles		Nwrrc	43:39
7	Gary Williams		Unattached	37:14	92	Peris Roberts		Unattached	43:44
8	Philip Wood		Belle Vue Racers	37:26	93	Steven Tideswell	V45 8	Buckley Runners	43:46
9	Stephen Gilliland	V40 3	Bro Dysynni AC	37:48	94	Richard Borne		Unattached	43:51
10	Richard Jones	V45 1	Nwrrc	37:54	95	Gareth Woolmington	V40 20	Unattached	44:06
11	Sean McCormack	V40 4	Abergele Harriers	37:58	96	Paul Tys	V40 21	Congleton Harriers	44:09
12	James McQueen		Eryri Harriers	38:02	97	John Ashley		Unattached	44:10
13	Michael Stanley	V40 5	Wallasey Athletic Club	38:12	98	Les Fleetwood	V45 9	Ellesmere Port Runners	44:13
14	Brendon Rothery		Cybi Striders	38:20	99	Paul Conlon		Unattached	44:14
15	Darren Blazier		Abergele Harriers	38:37	100	Maurice Parry	V60 2	Abergele Harriers	44:14
16	John Garmson	V40 6	Newport RC	38:40	101	Ian Dickson		Red Herrings Rr	44:15
17	Darren Vernon		Unattached	38:47	102	Andrea Roberts	L 6	Unattached	44:20
18	Arwel Lewis	V45 2	Eryri Harriers	39:09	103	Andrew McShane		Village RR	44:22
19	Eric Ranicar	V55 1	Bolton U Harriers	39:16	104	Graham Davies	V40 22	Unattached	44:24
20	Harry Jones	JM 1	Colwyn Bay AC	39:23	105	Peter Breen		Village RR	44:25
21	Tim Woodyatt		Unattached	39:28	106	Clare Page	L 7	Wrexham Tri	44:27
22	Richard Lee		Abergele Harriers	39:31	107	David Kirkham	V50 9	Cybi Striders	44:32
23	Ricky Challinor	JM 2	Deeside AC	39:34	108	Ian Rothery	V50 10	Cybi Striders	44:43
24	Martin Cortvriend	V50 1	Denbigh Harriers	39:41	109	Charles Enston		Unattached	44:46
25	Carl Byrne		Belle Vue Racers	39:54	110	?Chris White	V40 23	Unattached	44:49
26	John Griffith	V50 2	Cybi Striders	40:05	111	Sally Walker	L 8	Unattached	44:51
27	Thomas Prytherch		Unattached	40:13	112	Paul Johansen	V40 24	Unattached	44:54
28	Alasdair Colquhoun		Unattached	40:14	113	Peter Carpenter	V40 25	Unattached	44:59
29	Richard Roberts		Eryri Harriers	40:15	114	Paul Ross		Abergele Harriers	45:00
30	Ben Owen	JM 3	Colwyn Bay AC	40:16	115	Michael Couling		Unattached	45:02
31	Philip Cuthbert		Red Herrings Rr	40:17	116	Peter Mingay	V55 5	Unattached	45:03
32	Ashley Wager	V40 7	Eryri Harriers	40:22	117	Ian Moore	V40 26	Unattached	45:07
33	Mark Farnell	V40 8	Tipton Harriers	40:36	118	Alan Johnson	V50 11	Red Herrings Rr	45:10
34	Peter Jones	V45 3	Unattached	40:47	119	Paul Wathan	JM 7	Cybi Striders	45:13
35	Alan Ashton		Unattached	40:48	120	Eric Fogherty	V60 3	Si Helens Striders	45:15
36	David Bewley	V50 3	Unattached	40:49	121	Jonathan Sargeant	V40 27	Belle Vue Racers	45:21
37	Barry Wilson	V50 4	Ludlow Runners	40:50	122	Thomas Mulligan		Stockport Harriers & AC	45:23
38	Mark Smith	V40 9	Manchester Harriers	40:54	123	Alison Tickner	L35 1	Oswestry Olympians	45:24
39	Adam Irving	JM 4	Colwyn Bay AC	40:56	124	Paul Daly		Unattached	45:26
40	Ron Elliot	V60 1	Unattached	41:01	125	Simon Mercer	V40 28	Unattached	45:28
41	Graham McAra	V50 5	Northern Vets AC	41:02	126	Tim Adcock		Unattached	45:29
42	Simon Jeffs		Ellesmere Port Runners	41:04	127	Philip Kendall		Unattached	45:30
43	Stephen Jones		Wrexham	41:06	128	Anthony Jones		Unattached	45:36
44	Charles Ashley	V45 4	Wrexham	41:08	129	Edward Hughes		Denbigh Harriers	45:42
45	Simon Roxburgh		Colwyn Bay AC	41:10	130	David McGrath	V45 10	South Cheshire Harriers	45:47
46	Barry Green	V40 10	Stourbridge RC	41:11	131	Steven Roberts	V40 29	Unattached	45:48
47	Tony Hodgson	V55 2	Bro Dysynni AC	41:12	132	Graham Howell	V55 6	Liverpool Harriers	45:49
48	Carmen Anthony	L 1	Belle Vue Racers	41:15	133	Martin Williams	V55 7	Eryri Harriers	45:50
49	Joe Johnson		Wallasey Athletic Club	41:21	134	Rhys Thomas	V40 30	Unattached	45:52
50	Steve Broadfoot	V40 11	Northern Vets AC	41:28	135	Mike Cutler	V45 11	South Cheshire Harriers	45:55
51	Joseph Jones		Bro Dysynni AC	41:42	136	Robert Bonson		South Cheshire Harriers	45:55
52	?Chris White	V40 12	Unattached	41:46	137	Shane Yates		Unattached	45:56
53	Arfon Owen		Cybi Striders	41:46	138	Simon Glanville		Unattached	45:58
54	Stephen O'Neill	V50 6	Unattached	41:48	139	David Stretton	V45 12	Menai Track & Field	46:07
55	Tim Cahill	V40 13	Abergele Harriers	41:53	140	Daniel Oliver		Unattached	46:10
56	Kerry Blinston		Unattached	41:54	141	Robery Chilton	V55 8	Bro Dysynni AC	46:12
57	Peter Streatfield		Unattached	42:00	142	Stephen Symons		Manchester YMCA Harriers	46:13
58	Nigel Sedman		Belle Vue Racers	42:06	143	?David Owen		Unattached	46:14
59	Scott Roberts	JM 5	Colwyn Bay AC	42:07	144	Roy Evans		Abergele Harriers	46:20
60	Alan Cawley	V40 14	Unattached	42:10	145	Malcolm Taylor	V60 4	Bro Dysynni AC	46:22
61	Simon Edwards		Unattached	42:12	146	Stephen Williams		West Cheshire Athletic Club	46:23
62	Isabel Redfern	L 2	Colwyn Bay AC	42:13	147	Sheila Bickerton	L50 1	South Cheshire Harriers	46:25
63	Christopher Shaw	V40 15	Red Herrings Rr	42:15	148	Rhion Jones		Cybi Striders	46:27
64	Anthony Homer	V40 16	Stourbridge RC	42:15	149	Paul Stanfield		Unattached	46:29
65	Elfyn Lloyd		Unattached	42:18	150	Barry Powell	V40 31	Unattached	46:31
66	Keith Hatton	V45 5	Liverpool Harriers	42:18	151	Stuart Ogden		Unattached	46:46
67	James Hooton		Cybi Striders	42:22	152	Philip Turner		Halifax Harriers & AC	46:48
68	Mark Craster		Unattached	42:23	153	Jeremy Bright		Abergele Harriers	46:51
69	David Nolan		Unattached	42:35	154	John Houghton	V45 13	Unattached	46:52
70	John Higham	V50 7	Royal Navy AC	42:39	155	?David Owen		Unattached	46:53
71	Paul Donoghue		Buckley Runners	42:41	156	Barry Pierce	V50 12	Unattached	46:54
72	Guy Andrews		Unattached	42:43	157	Iorwerth Roberts	V60 5	Eryri Harriers	46:56
73	Steven Walker		Unattached	42:44	158	Jack Thomas	V60 6	Buckley Runners	46:59
74	Philip Brooks	V50 8	Colwyn Bay AC	42:45	159	Clive Boyden	V45 14	Unattached	47:03
75	Bill Ward	V55 3	Colwyn Bay AC	42:47	160	Gary Jenkinson		Village RR	47:06
76	Neil Elias		Unattached	42:51	161	Jason Williams		Unattached	47:07
77	Alison Sedman	L40 1	Belle Vue Racers	42:54	162	James Platt	V40 32	Unattached	47:09
78	David Crawford	V45 6	West Cheshire Athletic Club	42:57	163	Dewi Sinclair	V55 9	Nwrrc	47:11
79	Keith Brown	V40 17	Warrington Road Runners	42:59	164	Gareth Jones		Unattached	47:12
80	Peter Nolan	V55 4	Macclesfield Harriers & AC	43:09	165	Gwynfor Owen	V50 13	Unattached	47:13
81	Des Rothery		Unattached	43:14	166	Alec White	V50 14	Oswestry Olympians	47:14
82	Joseph McKernon		Unattached	43:15	167	Storm Bate		Unattached	47:19
83	Rachael Moore	L 4	Unattached	43:19	168	Simon Taylor		Unattached	47:24
84	Iain Goudus		Unattached	43:24	169	Stephen Salt	V50 15	Abergele Harriers	47:27
85	Dave Haden		Stourbridge RC	43:26	170	Tony Thomas	V45 15	Liverpool Harriers	47:31

171	Stephen Loftus	V40 33	Northern Veterans AC	47:42	262	Ellen Ashton	L35 6	Unattached	51:26
172	Ian Blakemore	V45 16	Unattached	47:46	263	John Lyon	V55 17	Cybi Striders	51:27
173	David Jones	V50 16	Denbigh Harriers	47:48	264	Malcolm Haines	V45 29	Unattached	51:28
174	Paul Foley	V45 17	Unattached	47:50	265	Phil Dale	V40 45	Boalloy Running Club	51:32
175	Ian McConnell		Village RR	47:54	266	Rob Davies	V45 30	Unattached	51:34
176	Konrad Roberts		Unattached	47:55	267	Paul Byron		Unattached	51:37
177	Matthew Gilman		Unattached	47:59	268	Elizabeth Winston	L 26	Unattached	51:38
178	Stephen Beech	V40 34	Village RR	48:02	269	David Edwards	V55 18	Unattached	51:45
179	Kevin Hughes		Unattached	48:03	270	Stephen Jeffery	V55 19	Abergele Harriers	51:46
180	Martyn Rosser	V55 10	Red Herrings Rr	48:05	271	Keith Tewkesbury	V60 7	Unattached	51:54
181	Mike Garbutt	V45 18	Red Herrings Rr	48:06	272	William Murphy	V65 2	Ford (halewood) AC	51:56
182	Phillip Roberts		Unattached	48:07	273	Rolf Westrum	V50 26	Wallasey Athletic Club	52:01
183	Jonathan Hughes	V40 35	Unattached	48:10	274	Barrie Jackson	V65 3	Bro Dysynni AC	52:04
184	Austin Bowers		Unattached	48:13	275	Ron Hill	V65 4	Clayton Le Moors	52:07
185	Alec Steele	V50 17	Radcliffe AC	48:14	276	Ita Kirwan	L 27	Unattached	52:11
186	Helen Macarthur	L35 2	Cowlyn Bay AC	48:17	277	Maurice Weller	V70 1	Unattached	52:14
187	Tony Proctor		Audley RC	48:19	278	Paul Saunderson		Unattached	52:15
188	Hilary Jaques	L45 1	Abergele Harriers	48:20	279	Stuart Fowlie	V40 46	Stafford Harriers	52:27
189	Kevin Higgins	V40 36	Unattached	48:23	280	Liam Tyrrell		Unattached	52:32
190	Philip Howarth	V50 18	Unattached	48:25	281	Edward Hockaday		Unattached	52:42
191	Christopher Lynch	V40 37	Unattached	48:26	282	Robin Hamer	V50 27	Unattached	52:46
192	Michael Owens		Liverpool RC	48:28	283	Sam Barnes	L40 4	Last Inn Runners	52:49
193	Chris Sutton		Unattached	48:32	284	Tracey Green	L35 7	Last Inn Runners	52:59
194	Martin Stirna	V50 19	South Cheshire Harriers	48:34	285	Noel Cheseldine		Unattached	53:00
195	Richard Jones	JM 8	Audley RC	48:35	286	(No. 4)		Unattached	53:12
196	Chris Stillo	V50 20	Unattached	48:36	287	Ken Richards	V55 20	Newcastle (staffs) AC	53:15
197	Erika Schmid	L 13	Unattached	48:37	288	Jenni Newell	L 30	Village RR	53:19
198	Anthony Denby		Unattached	48:38	289	Idris Jones	V45 31	Unattached	53:25
199	Andrew Huxley		Unattached	48:42	290	Joseph McArdle		Unattached	53:26
200	Jason Nodwell		Unattached	48:45	291	Rosemary Price	L55 2	BS Deestriders	53:42
201	Brett Sadler		Unattached	48:45	292	Jane Fedrick	L40 5	Unattached	53:45
202	Derwyn Williams		Unattached	48:47	293	Jonathon Aveyard		Unattached	53:47
203	?Gary Martin		Unattached	48:53	294	Richard Evans		Unattached	53:50
204	Peter Evans	JM 9	Unattached	49:00	295	Colin Earp	V55 21	South Cheshire Harriers	53:54
205	Phil Jones	V55 11	Unattached	49:05	296	Linda Hughes	L40 6	Unattached	53:55
206	Roy Jardine	V55 12	Eryri Harriers	49:09	297	Liz Stillo	L50 2	Unattached	53:59
207	Deborah Clift	L35 3	Abergele Harriers	49:09	298	Robert Mason	V45 32	Unattached	54:11
208	Nick Butler	V45 19	Unattached	49:10	299	Vincent Roddy	V40 47	Unattached	54:20
209	David Beard	V50 21	Eryri Harriers	49:12	300	Susan Bond	L45 3	Buckley Runners	54:22
210	Liz Thornton	L40 2	Liverpool RC	49:13	301	Annemarie Allen	L40 7	Unattached	54:29
211	Paul Gallagher	V40 38	Newcastle (staffs) AC	49:14	302	Phil Entwistle	V50 28	Unattached	54:32
212	Peter Moore	V45 20	Village RR	49:15	303	Dennis Smith	V60 8	Unattached	54:37
213	Clive Sykes	V40 39	Village RR	49:17	304	Daniel Wilde		Unattached	54:41
214	Sue Stafford	L55 1	Goyt Valley Striders	49:20	305	Martin Nash		Unattached	54:43
215	Joe Park	V65 1	Cheshire Tally Ho	49:23	306	Francon Williams		Unattached	54:50
216	Joanne McDonough	L 17	Prestatyn RC	49:24	307	Rhian Owen	L 37	Unattached	55:00
217	Tim Ford	V40 40	Unattached	49:26	308	Gael Earp	L40 8	South Cheshire Harriers	55:03
218	Alan Owen		Unattached	49:27	309	Simon Hooton		Unattached	55:07
219	Nick Such		Unattached	49:28	310	Deborah Holt	L40 9	Unattached	55:11
220	?Gary Martin		Unattached	49:28	311	Amanda Walker	L40 10	Unattached	55:26
221	Catherine O'Brien	L 18	Unattached	49:35	312	Carl Evans		Unattached	55:30
222	Gordon Reeve	V45 21	Village RR	49:37	313	Alan Daniel	V50 29	Unattached	55:40
223	Nicholas Mackarel		Unattached	49:38	314	Glyn Roberts	V50 30	Unattached	55:45
224	David Walker		Unattached	49:40	315	Tessa Beech	L 41	Village RR	55:54
225	David Jones	V45 22	Unattached	49:41	316	Paul Dix	V55 22	Unattached	55:59
226	Robert Evans	V45 23	Unattached	49:48	317	Liz Masters	L40 11	Unattached	56:10
227	Allan Stott	V40 41	Unattached	49:57	318	Meinik Huws	L45 4	Unattached	56:13
228	Gareth Williams	V45 24	Unattached	49:59	319	Jennifer Blakemore	L35 8	Unattached	56:18
229	Mike O'Brien	V50 22	Unattached	50:02	320	Danny McLaughlin	V45 33	Sandbach Striders & Strollers	56:26
230	Ruth Harvey	L35 4	Cybi Striders	50:04	321	Terry Pillar	L50 3	Unattached	56:28
231	Peter Potter	V45 25	Unattached	50:07	322	Kevin Caselton	V40 48	Unattached	56:28
232	Philip Davies	V55 13	Unattached	50:09	323	Stephanie Smart	L45 5	Centurion RC	56:36
233	Roger Owen-Jones		Aa Cheltenham	50:12	324	Gwenllian Owen	L35 9	Unattached	56:38
234	John Walker		Nwrrc	50:12	325	Susan Tonecci	L50 4	Village RR	56:39
235	Peter Herbert		Unattached	50:12	326	Alison Guillemin	L35 10	Abergele Harriers	56:48
236	Peter Jones	V45 26	Unattached	50:14	327	Robin Jarrett		Unattached	56:49
237	Gillian Humphreys	L45 2	Unattached	50:14	328	Linda Drayton	L45 6	Buckley Runners	56:55
238	Jayne Lomax	L35 5	Vale Royal AC	50:16	329	Patrick Henley	V55 23	Liverpool Harriers	57:17
239	Robert Warranger	V45 27	Unattached	50:17	330	Sid Bailey	V45 34	BS Deestriders	57:20
240	Peter Macmillan	V40 42	Unattached	50:18	331	Gareth Jones		Unattached	57:23
241	Trevor Abbott	V40 43	Unattached	50:19	332	Michael Griffiths	V40 49	Unattached	57:25
242	Jason Richards		Tipton Harriers	50:28	333	Peter Doyle		Unattached	57:27
243	Gavin Reeves		Unattached	50:34	334	Gareth Ward		Unattached	57:28
244	Jeffrey Slater	V50 23	Unattached	50:39	335	Bridget Jones	L40 12	Unattached	57:41
245	Andrew Pearce		Unattached	50:39	336	Peter Lewis	V40 50	Unattached	57:47
246	David Buckley		Unattached	50:44	337	Harry Rice	V55 24	Unattached	57:51
247	Peter McArdle		Unattached	50:50	338	Austin Bell	V50 31	Unattached	57:56
248	David Eckersley	V55 14	Unattached	50:51	339	Melanie Williams	L40 13	Unattached	57:57
249	Martin Breese	V50 24	Unattached	50:55	340	Donna Cross	L 53	Unattached	58:00
250	Stephen McCarten	V45 28	Abergele Harriers	50:56	341	Alex Cotton	L 54	Unattached	58:05
251	O Williams	V40 44	Eryri Harriers	51:01	342	Liz Simpson	L55 3	Village RR	58:13
252	Sue Day	L40 3	Unattached	51:02	343	Shirley Morley	L45 7	Nwrrc	58:18
253	?Rhys Davies		Unattached	51:04	344	Donna Jones	L40 14	Nwrrc	58:21
254	Geoffrey Manney	V55 15	West Cheshire Athletic Club	51:05	345	Marie Bugler	L 58	Unattached	58:21
255	Anthony Rees	V50 25	Unattached	51:07	346	Catherine Ellis	L45 8	Unattached	58:25
256	?Rhys Davies		Unattached	51:08	347	Kerry Sanders	L 60	Unattached	58:27
257	Joanne Matthews	L 23	Unattached	51:09	348	Robert Harding	V50 32	Telford Harriers	58:39
258	Michael Staines	V55 16	Castle Point Joggers	51:10	349	Morwenna Spear	L 61	Unattached	58:49
259	Sarah Hawiter	L 24	Unattached	51:12	350	Charles Davies	V55 25	Unattached	58:51
260	Lee Pownall		Unattached	51:16	351	Michael Waters		Unattached	59:01
261	Charles Larsson		Newcastle (staffs) AC	51:17	352	Daniel Heafey	V40 51	Unattached	59:13

353	Jenny Smith	L45	9	Unattached	59:17	384	Frank Tonge	V60	10	Unattached	1:02:43
354	Jack Bradley	V40	52	Unattached	59:19	385	Bruce Smith	V45	36	Unattached	1:02:50
355	Daniel O'Brien	V40	53	Cheshire Hash Harriers	59:20	386	Cindy Monnissette	L45	11	South Cheshire Harriers	1:03:07
356	Mary Bate	L35	11	Unattached	59:21	387	Daniel Stewart			Unattached	1:03:24
357	Patricia Rooney	L40	15	Unattached	59:22	388	Maureen Singleton	L60	1	Northern Vets AC	1:03:27
358	Jane Kay	L45	10	Unattached	59:29	389	Robert Thomas	JM	10	Bro Dysynni AC	1:04:02
359	Derek Beesley	V50	33	Village RR	59:35	390	Gwynedd Jones	L55	5	Sandbach Striders & Strollers	1:04:10
360	Jeffrey Harris	V40	54	Unattached	59:37	391	Kathryn Davies	L35	14	Sandbach Striders & Strollers	1:04:16
361	Iolo Roberts			Eryri Harriers	59:49	392	Howard Davies	V60	11	Sandbach Striders & Strollers	1:04:42
362	Jane Jefferies	L35	12	Unattached	59:51	393	Maureen Bartley	L	81	Unattached	1:04:48
363	Paul Priem			Unattached	59:52	394	Fiona Ginty	L	82	Unattached	1:04:50
364	Caroline Hill	L	67	Unattached	59:54	395	Carol Harding	L45	12	Unattached	1:04:57
365	Robert Gray	V45	35	Unattached	59:57	396	Colin Wickens	V40	58	Unattached	1:05:01
366	Pamela Gray	L40	16	Unattached	59:57	397	Anna Matthews	L	84	Unattached	1:05:39
367	Ian Branthwaite	V40	55	Unattached	1:00:03	398	Paul Mayers	V40	59	Unattached	1:05:49
368	Chris Edson			Unattached	1:00:04	399	Beryl Owen	L50	6	Unattached	1:05:52
369	Sandra Mayers	L40	17	Unattached	1:00:08	400	Keith Tubman	V55	29	Unattached	1:06:12
370	Martin Page	V60	9	Unattached	1:00:13	401	Christine Stevens	V45	37	Bro Dysynni AC	1:06:14
371	Raymond Williams	V55	26	Unattached	1:00:22	402	Dave Evans	V55	30	Maldwyn Harriers	1:06:44
372	Gareth Hughes	V40	56	Unattached	1:00:31	403	Peter Moore			Unattached	1:07:27
373	Kathryn Woolford	L35	13	Unattached	1:00:31	404	Graham Laurence	V60	12	Penny Lane Striders	1:08:34
374	William Jones	V55	27	Unattached	1:00:41	405	Ellen Williams	L35	15	Unattached	1:08:43
375	Katie Davis	L	71	Unattached	1:00:54	406	Shirley Davies	L55	6	Unattached	1:08:49
376	David Barton	V55	28	Ford (halewood) AC	1:00:57	407	Tanis Wooler	L40	19	Unattached	1:09:09
377	Caroline O'Keefe	L40	18	Unattached	1:01:07	408	Wendy Inglis	L40	20	Unattached	1:09:56
378	Graham Newall	V40	57	Unattached	1:01:13	409	Jim Aveyard	V55	31	Unattached	1:10:36
379	Ann Ablett	L50	5	Buckley Runners	1:01:24	410	Elaine Mitchell	L55	7	Castle Point Joggers	1:13:13
380	Andrea Pardon	L	74	Unattached	1:01:39	411	Beverley Hendricks	L40	21	Unattached	1:15:17
381	David Robertson	V50	34	Unattached	1:01:46	412	Margaret Brayshay	V55	32	Abergele Harriers	1:16:26
382	Alison O'Brien	L	75	Unattached	1:01:55	413	Deborah Haywood	L45	13	Unattached	1:18:23
383	Barbara Leedham	L55	4	Winston Runners	1:02:24						

### Nick Beer - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Abergele Harriers	30	—	6	John Earlston	10	Sean McCormack	14	Darren Blazier
2	Eryri Harriers	51	—	11	James McQueen	16	Arwel Lewis	24	Richard Roberts
3	Warrington Road Runners	64	—	4	Neil Crompton	5	Matt Cullen	55	Keith Brown
4	Belle Vue Racers	73	—	7	Philip Wood	22	Carl Byrne	44	Nigel Sedman
5	Colwyn Bay AC	74	—	18	Harry Jones	25	Ben Owen	31	Adam Irving
6	Cybi Striders	78	—	13	Brendon Rothery	23	John Griffith	42	Arfon Owen
7	Bro Dysynni AC	87	—	8	Stephen Gilliland	38	Tony Hodgson	41	Joseph Jones
8	Red Herrings Rr	137	—	26	Philip Cuthbert	46	Christopher Shaw	65	Ian Dickson
9	Stourbridge RC	141	—	37	Barry Green	47	Anthony Homer	57	Dave Haden
10	Nwrrc	163	—	9	Richard Jones	60	Richard Eccles	94	Dewi Sinclair
11	Wallasey Athletic Club	179	—	12	Michael Stanley	39	Joe Johnson	128	Rolf Westrum
12	Denbigh Harriers	196	—	21	Martin Cortvriend	76	Edward Hughes	99	David Jones
13	Buckley Runners	204	—	51	Paul Donoghue	61	Steven Tideswell	92	Jack Thomas
14	Liverpool Harriers	223	—	48	Keith Hatton	78	Graham Howell	97	Tony Thomas
15	Village RR	226	—	66	Andrew McShane	67	Peter Breen	93	Gary Jenkinson
16	South Cheshire Harriers	238	—	77	David McGrath	80	Mike Cutler	81	Robert Bonson
17	West Cheshire Athletic Club	262	—	54	David Crawford	87	Stephen Williams	121	Geoffrey Manney
18	Newcastle (staffs) AC	366	—	111	Paul Gallager	123	Charles Larsson	132	Ken Richards

### Nick Beer - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Abergele Harriers	44	—	9	Hilary Jaques	10	Deborah Clift	25	Alison Guillemain
2	South Cheshire Harriers	60	—	7	Sheila Bickerton	21	Gael Earp	32	Cindy Monnissette
3	Village RR	64	—	18	Jenni Newell	22	Tessa Beech	24	Susan Tonecci
4	Buckley Runners	76	—	20	Susan Bond	26	Linda Drayton	30	Ann Ablett