

# The National Cross Country Championships at Cofton Park, Birmingham on Saturday 19th February 2005

## Under 17Women — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time	Pos	Name	Club	Time
1	S Edwards		Kettering Town Harriers	19:10	64	N Peters	Bedford & County AC	22:06	127	A Wilde	Bedford & County AC	24:01
2	S Twell		Aldershot Farnham & District	19:20	65	R Howarth	Leigh H & AC	22:07	128	C McGuigan	Ealing Southall & Middlesex AC	24:01
3	D Sale		Orion Harriers	19:24	66	E Goodall	Crawley AC	22:08	129	D Shearing	Blackheath & Bromley Harriers	24:05
4	J Sparke		Woodford Green W Essex Ladies	19:34	67	D Puzinowski	Sale Harriers Manchester	22:09	130	L Draper	Bridgnorth AC	24:06
5	V Briggs		Halesowen A & CC	19:45	68	L Howard	Ashford AC	22:10	131	A Foreman	Birtley AC	24:08
6	D Christmas		Crawley AC	19:47	69	L Clarke	Rotherham Harriers & AC	22:10	132	V Smith	Havering Mayesbrook AC	24:10
7	K Hamilton		North Devon AC	20:05	70	S Smith	City Of Norwich AC	22:13	133	R McGuinness	Tonbridge AC	24:12
8	K Richardson		Havering Mayesbrook AC	20:09	71	R Fallows	Stockport H & AC	22:14	134	A Bell	Chester-Le-Street & Dist AC	24:14
9	D Walker		Royal Sutton Coldfield AC	20:11	72	Sullivamnc	Bury AC	22:17	135	K Alcock	Shaftesbury Barnet Harriers	24:14
10	O Kenny		Royal Sutton Coldfield AC	20:14	73	R Dunn	Chelmsford AC	22:24	136	A Rose	Bristol & West AC	24:16
11	R Senior		City Of Norwich AC	20:20	74	K Morris	Blackburn H & AC	22:26	137	S Coombs	Blackheath & Bromley Harriers	24:18
12	S Bloor		Kingston Upon Hull AC	20:24	75	A Jukes	Ashford AC	22:26	138	C Bening	Team Southampton	24:20
13	L Mayho		Bingley H & AC	20:28	76	E Gibbs	Bedford & County AC	22:29	139	E Smith	Royal Sutton Coldfield AC	24:25
14	L McHale		Halesowen A & CC	20:30	77	G Mills	Nuneaton Harriers	22:29	140	H Watt	Reading AC	24:28
15	A Wilks		Hallamshire Harriers Sheffield	20:34	78	V Mudd	Dacorum & Tring AC	22:30	141	S Burton	Derby AC	24:32
16	J Callaway		Royal Sutton Coldfield AC	20:37	79	H Clarke	Hallamshire Harriers Sheffield	22:32	142	R Gregory	Hallamshire Harriers Sheffield	24:33
17	S Waldron		Shaftesbury Barnet Harriers	20:38	80	K Lomas	Charnwood AC	22:33	143	L Moore	Lincoln Wellington AC	24:34
18	M Foley		Havering Mayesbrook AC	20:41	81	R Clews	Vale Royal AC	22:35	144	M Nitto	Ealing Southall & Middlesex AC	24:35
19	E Langdell		Royal Sutton Coldfield AC	20:41	82	L Bowers	Team Southampton	22:35	145	S Capewell	Birchfield Harriers	24:36
20	R Edwards		Halifax Harriers & AC	20:42	83	R Turnbull	Morpeth H & AC	22:36	146	J Prier	Aldershot Farnham & District	24:38
21	S Tedd		IIF Group	20:43	84	S Chalkley	Bexley AC	22:40	147	R Saunders	Wolverhampton & Bilston AC	24:41
22	E Jackson		City Of Stoke AC	20:43	85	M Harris	Hull Achilles AC	22:40	148	E Holt	Bolton United H & AC	24:47
23	K Walker		Tipton Harriers	20:45	86	A Williamson	Newquay & Par AC	22:41	149	H Macgregor	Lancaster & Morecambe AC	24:48
24	J Stockton		Sale Harriers Manchester	20:52	87	E Heighway	Sale Harriers Manchester	22:42	150	B Parker	Scarborough AC	25:04
25	T Muir		Bedford & County AC	20:54	88	K Solder	Woodford Green W Essex Ladies	22:43	151	K Hawkins	Wells City Harriers	25:06
26	N McHale		Halesowen A & CC	20:55	89	S Whitley	Leeds City AC	22:46	152	S Cray	Liverpool H & AC	25:07
27	B Davies		Bristol & West AC	20:58	90	S Barnes	Rotherham Harriers & AC	22:50	153	A DaSilva	Thames Valley Harriers	25:09
28	D James		Morpeth H & AC	21:00	91	L Dowling	Ipswich Harriers	22:51	154	E Craven	Peterborough AC	25:11
29	R Harrison		Colchester Harriers AC	21:03	92	J Bailey	City Of Bath AC	22:52	155	E Kearsley	Hallamshire Harriers Sheffield	25:11
30	A Starling		Solihull & Small Heath AC	21:05	93	C Macted	Nestle Rowntree York AC	22:55	156	L Walsh	Leamington C & AC	25:15
31	C Mensley		Charnwood AC	21:10	94	Z Wray	Barnet & District AC	22:58	157	E Hall	Salford Metropolitan AC	25:17
32	E Pallant		Aldershot Farnham & District	21:14	95	B Blair	Solihull & Small Heath AC	22:59	158	L Wood	Sale Harriers Manchester	25:24
33	S Stockton		Vale Royal AC	21:16	96	A Bailey	Shaftesbury Barnet Harriers	23:00	159	Z Dunning	Dacorum & Tring AC	25:25
34	S Preston		Aldershot Farnham & District	21:18	97	A Gibson	Nuneaton Harriers	23:03	160	K French	Ealing Southall & Middlesex AC	25:30
35	H Brooks		Crawley AC	21:22	98	L Timms	Vale Royal AC	23:03	161	L Allen	Birchfield Harriers	25:31
36	E Clarke		City Of Norwich AC	21:23	99	E Willits	Nestle Rowntree York AC	23:04	162	A Hayman	Medway & Maidstone AC	25:33
37	R Hall		Kettering Town Harriers	21:24	100	A Northern	Telford AC	23:07	163	V Crook	Bristol & West AC	25:36
38	K Milner		Trafford AC	21:25	101	S Billington	Halifax Harriers & AC	23:11	164	A McCabe	Nestle Rowntree York AC	25:39
39	C Tarplee		Solihull & Small Heath AC	21:26	102	L Waddington	Rotherham Harriers & AC	23:12	165	L Cobb	Ashford AC	25:47
40	C Conway		Bristol & West AC	21:28	103	D Mucci	Team Southampton	23:13	166	K Snowden	Tamworth AC	25:55
41	I Lee		Aldershot Farnham & District	21:29	104	N Kipps	Orion Harriers	23:14	167	E Garwood	Huntingdon AC	25:59
42	M Ronan		Liverpool H & AC	21:30	105	C Wilson	Luton AC	23:20	168	J Kennedy	Orion Harriers	26:05
43	A Wadsworth		Derby AC	21:31	106	A Whelan	Derby AC	23:21	169	J Rockwood	Liverpool H & AC	26:08
44	K Bassick		Chelmsford AC	21:32	107	S Hunter	Ashford AC	23:22	170	L Hunter	Nestle Rowntree York AC	26:11
45	C Gaspar		Milton Keynes AC	21:39	108	B Proctor	Blackheath & Bromley Harriers	23:23	171	M Harvey	Leamington C & AC	26:15
46	K Murray		Blackheath & Bromley Harriers	21:40	109	K Gilbert	Lincoln Wellington AC	23:25	172	R Moorhouse	Chiltern Harriers AC	26:23
47	R Matson		Havering Mayesbrook AC	21:45	110	R Barnes	Chester-Le-Street & Dist AC	23:27	173	S McClellan	Vale Royal AC	26:26
48	R Mitchell		Bristol & West AC	21:47	111	L Best	Crawley AC	23:30	174	R Stubbs	Hallamshire Harriers Sheffield	26:26
49	L Bestwick		Derby AC	21:48	112	E Wright	Bedford & County AC	23:33	175	L Jones	Bolton United H & AC	26:29
50	S Bailey		Stevenage & North Herts AC	21:49	113	V Wheatman	Scarborough AC	23:34	176	L Kempster	Dacorum & Tring AC	26:35
51	S Mucci		Team Southampton	21:52	114	B English	Sale Harriers Manchester	23:35	177	R Pettigill	Charnwood AC	26:38
52	C Rose		City Of Norwich AC	21:53	115	N Yates	Mansfield H & AC	23:40	178	K Phipps	Derby AC	26:43
53	V France		Rotherham Harriers & AC	21:53	116	J Simons	Bury AC	23:40	179	H Pearce	Reading AC	26:56
54	E Sprake		Ipswich Harriers	21:54	117	B Martin	City Of Bath AC	23:41	180	L Knight	Vale Royal AC	26:59
55	R Brown		City Of Norwich AC	21:55	118	S Roberts	Leamington C & AC	23:43	181	L Richardson	Orion Harriers	27:11
56	J Cawley		Aldershot Farnham & District	21:56	119	B Newstead	Stevenage & North Herts AC	23:45	182	S Armough	Amber Valley AC	27:16
57	R Cave		Bedford & County AC	21:57	120	N Couldwell	Hallamshire Harriers Sheffield	23:47	183	L Jenner	Bexley AC	27:29
58	R McGivern		Holmfirth Harriers AC	21:58	121	C Thompson	Team Southampton	23:49	184	K Fish	Bristol & West AC	27:50
59	E Clayton		Scunthorpe & District AC	21:59	122	K Cooper	Stevenage & North Herts AC	23:51	185	R Herring	Amber Valley AC	28:12
60	R Wilks		Hallamshire Harriers Sheffield	22:00	123	K Deacon	Nuneaton Harriers	23:55	186	E Flitney	Dacorum & Tring AC	28:27
61	A Anderson		Pendle AC	22:02	124	K Shram	Crawley AC	23:59	187	C Phillips	Reading AC	28:28
62	L Smith		Louth AC	22:03	125	M Birbeck	Lancaster & Morecambe AC	24:00	188	J Ward	Ealing Southall & Middlesex AC	28:29
63	C Taylor		Colchester & Tendring AC	22:04	126	A Gordon	Blackpool & Fylde AC	24:00				

## Under 17Women — TEAM RESULTS

1	Royal Sutton Coldfield AC	54	—	9	D Walker	10	O Kenny	16	J Callaway	19	E Langdell
2	Aldershot Farnham & District	109	—	2	S Twell	32	E Pallant	34	S Preston	41	I Lee
3	City Of Norwich AC	154	—	11	R Senior	36	E Clarke	52	C Rose	55	R Brown
4	Havering Mayesbrook AC	205	—	8	K Richardson	18	M Foley	47	R Matson	132	V Smith
5	Crawley AC	218	—	6	D Christmas	35	H Brooks	66	E Goodall	111	L Best
6	Bedford & County AC	222	—	25	T Muir	57	R Cave	64	N Peters	76	E Gibbs
7	Bristol & West AC	251	—	27	B Davies	40	C Conway	48	R Mitchell	136	A Rose
8	Hallamshire Harriers Sheffield	274	—	15	A Wilks	60	R Wilks	79	H Clarke	120	N Couldwell
9	Sale Harriers Manchester	292	—	24	J Stockton	67	D Puzinowski	87	E Heighway	114	B English
10	Rotherham Harriers & AC	314	—	53	V France	69	L Clarke	90	S Barnes	102	L Waddington
11	Derby AC	339	—	43	A Wadsworth	49	L Bestwick	106	A Whelan	141	S Burton
12	Team Southampton	357	—	51	S Mucci	82	L Bowers	103	D Mucci	121	C Thompson
13	Vale Royal AC	385	—	33	S Stockton	81	R Clews	98	L Timms	173	S McClellan
14	Ashford AC	415	—	68	L Howard	75	A Jukes	107	S Hunter	165	L Cobb
15	Blackheath & Bromley Harriers	420	—	46	K Murray	108	B Proctor	129	D Shearing	137	S Coombs
16	Orion Harriers	456	—	3	D Sale	104	N Kipps	168	J Kennedy	181	L Richardson
17	Nestle Rowntree York AC	526	—	93	C Macted	99	E Willits	164	A McCabe	170	L Hunter
18	Dacorum & Tring AC	599	—	78	V Mudd	159	Z Dunning	176	L Kempster	186	E Flitney
19	Ealing Southall & Middlesex AC	620	—	128	C McGuigan	144	M Nitto	160	K French	188	J Ward