SAUCONY

English Cross Country Association National Relays

Saturday 12th November 2005, Berry Hill Park, Mansfield, Nottinghamshire

MEN'S/WOMEN'S ENTRY FORM

Name of Club..... Club Colours.....

Under 13	*Under 15*	*Under 17*	*Junior*	*Senior*
No. of teams.....	No. of teams.....	No. of teams.....	No. of teams.....	No. of teams.....

Please enter team members names above. You can nominate 12 names per Senior Men's team entered and 9 for all other teams. **No additions or changes may be made on day.**

Return to Mrs V Duerdin, 10 Anderton Close, Bury, Lancashire BL8 2HQ

(pin on extra sheet of white paper should there not be enough spaces on form)