

The Pulse Race

at Roundhay Park, Leeds on Sunday 11th July 2004

Pulse Race — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Anthony Hazell		Horsforth Harriers	29:13	91	Anthony Shortall	V40	12 Chapel Allerton	40:17
2	Matthew Clough	U17	1 Unattached	29:36	92	Darren Lennon		Unattached	40:18
3	Andrew Cartwright		Leeds City	29:59	93	Sandra Greaves	L35	3 Unattached	40:26
4	Howard Jeffrey	V45	1 Otley AC	30:22	94	Louise Burton	L35	4 Chapel Allerton	40:30
5	Richard Jones		Unattached	31:19	95	Steven Dawber		Unattached	40:31
6	Peter Johnson	V50	1 Unattached	31:47	96	Rachel Fowler	L	17 Unattached	40:37
7	David Bolton		Unattached	31:49	97	Eric Wainwright	V50	6 Unattached	40:45
8	Jon Dawson		Unattached	31:51	98	Junichiro Kubo		Unattached	40:47
9	Trevor Clough	V45	2 Unattached	32:15	99	Harmeet Notay	U17	3 Unattached	40:50
10	Patrick Trotter		Unattached	32:54	100	Jonathan Hirst		Unattached	40:56
11	Paul Sainsbury		Unattached	33:25	101	Quentin Cleal	V40	13 Unattached	41:10
12	Barry McDermott	V40	1 Abbey Runners	33:43	102	Sara Thompson	L35	5 Holmfirth Harriers	41:14
13	Roy Clay	V45	3 Stafford Harriers	33:50	103	Ian Armstrong	V40	14 Unattached	41:15
14	John Guthrie		Unattached	33:54	104	Catherine Lyden	L	19 Unattached	41:23
15	Iain Manfield		Abbey Runners	34:02	105	Graham Charnock		Unattached	41:26
16	Paul Hilton		Valley Striders	34:09	106	Jude Tarpey	L35	6 Unattached	41:27
17	Stephen Baldwin		Unattached	34:13	107	Graham Wood		Unattached	41:30
18	Julian Bhowmick		Unattached	34:17	108	Megan Owen	L	21 Unattached	41:35
19	Mark Nuttall		Unattached	34:26	109	Julia Geddes	L45	3 Unattached	41:37
20	John Purdy	V40	2 Rochdale Harriers	34:30	110	Paul McDonnell		Unattached	41:45
21	Nicholas Burgoyne		Unattached	34:34	111	Charlotte Hahnel	L	23 Unattached	41:57
22	Anita Sainsbury	L	1 Unattached	34:35	112	Sam Brereton		Unattached	42:04
23	Carl Heron	V40	3 Unattached	34:40	113	Breretoncaroline	L	24 Unattached	42:04
24	Paul Gregersen		York Acorn	34:51	114	Andrew Sinker		Unattached	42:05
25	Murray Wilson	U17	2 Unattached	34:59	115	Jonathan Smith		Unattached	42:10
26	Ian Stephen	V50	2 Northern Veterans	35:00	116	David Richmond		Unattached	42:12
27	Rodney Robinson		Unattached	35:03	117	Louise Brown	L	25 Unattached	42:14
28	Eric Green	V45	4 Valley Striders	35:05	118	Robin Moran		Unattached	42:16
29	Michael Flynn		Unattached	35:14	119	Ian Simpson	V40	15 Unattached	42:20
30	Patrick Jackson		Unattached	35:18	120	Shaun Dudgeon	V40	16 Unattached	42:21
31	Mike Etchells	V40	4 Unattached	35:30	121	Klaus White		Unattached	42:24
32	Alan Yates	V55	1 Dark Peak Fell Runners	35:38	122	Claire Southway	L	26 Unattached	42:27
33	Shaun Quinney		Unattached	35:46	123	Martin Bown		Unattached	42:33
34	Ron Tordoff	V60	1 Pudsey & Bramley AC	35:47	124	Roseleen Mazza	L40	3 Unattached	42:35
35	Paul Williams		Unattached	35:58	125	Nicholas Houlton		Unattached	42:41
36	David Barton	V50	3 Unattached	36:04	126	Tarcy Harrison	L	28 Unattached	42:42
37	Lee Greenhalgh		Unattached	36:06	127	Anna Brunt	L	29 Unattached	42:48
38	Stewart Regan	V40	5 Leeds City Athletic Club	36:09	128	Roy Armitage	V50	7 Unattached	42:50
39	Liz Ball	L50	1 Valley Striders	36:15	129	Daniel Chester	U17	4 Unattached	43:07
40	Maddie Geddes-Barton	L17	1 Unattached	36:32	130	Nadeem Salaam		Unattached	43:14
41	Andrew Corker		Unattached	36:35	131	Sakurako Sawada	L	30 Unattached	43:17
42	Gwen Viljoen	L	4 Unattached	36:40	132	David McKay		Unattached	43:20
43	Adrian Ballam		Unattached	36:43	133	Paul Walton		Unattached	43:20
44	Andrew Elliott	V40	6 Unattached	37:02	134	Eric Cserna		Unattached	43:21
45	Andrew Kerry		Unattached	37:12	135	Tony Rivers		Unattached	43:22
46	Jack Bretherick	V65	1 Dewsbury Road Runners	37:17	136	David Johnson	V65	2 Unattached	43:24
47	Paul McIntyre		Unattached	37:23	137	Christina Chatwin	L50	2 Unattached	43:30
48	Neal Stock	V45	5 Unattached	37:24	138	Mike Couttie	V45	8 Unattached	43:48
49	Christopher Pawson	V40	7 Unattached	37:25	139	Helen Felgate	L50	3 Unattached	43:49
50	Jamie Ramsden		Unattached	37:37	140	Nicola Sunderland	L17	2 Unattached	43:52
51	Robert Sparks		Henry's Heros	37:38	141	Graham Merrick	V45	9 Unattached	43:52
52	Sue Sunderland	L40	1 Unattached	37:42	142	Phil Parkinson		Unattached	44:00
53	Julie Storey	L35	1 Unattached	37:47	143	Rachel Cullen	L	34 Unattached	44:00
54	Brian Cooper	V70	1 Dewsbury Road Runners	37:51	144	Thomas Davidson		Dragons Sports	44:03
55	Richard Hodges		Unattached	37:52	145	Steven Dania		Henry's Heros	44:14
56	Ian Wilson		Ackworth Road Runners	37:58	146	Ian Bolderson	V55	4 Unattached	44:15
57	Peter Mitchell	V60	2 Keighley Craven AC	38:00	147	Paul Felgate	V50	8 Unattached	44:17
58	Paul Gibson	V40	8 Unattached	38:09	148	Joni Southall	L	35 Unattached	44:22
59	Stephen Cooper	V45	6 Unattached	38:12	149	Kate Hesford	L	36 Unattached	44:25
60	Sharron Smith	L	7 Bingley Harriers	38:18	150	David Rayson		Unattached	44:32
61	Edward Sutcliffe		Unattached	38:20	151	Eric Farr	V60	3 Unattached	44:37
62	Graham Neil		Henry's Heros	38:28	152	Karen Wood	L35	7 Unattached	44:43
63	Gerard Furness	V40	9 Unattached	38:29	153	Diane Parr	L35	8 Unattached	44:43
64	Stephen Holly		Unattached	38:35	154	Neil Bradley		Unattached	44:49
65	Philip Barwick		Unattached	38:45	155	Alison Wall	L45	4 Unattached	44:52
66	James Hahnel		Unattached	38:52	156	Ayodeji Soyinka		Unattached	44:59
67	Adam Brammer		Unattached	38:53	157	Brian Speck	V65	3 Unattached	45:15
68	Joanne Knowles	L	8 Pudsey Pacers	38:57	158	Jemma Keetley	L	40 Unattached	45:15
69	Stephen Ball	V55	2 Valley Striders	38:58	159	Jacqueline Egan	L	41 Unattached	45:21
70	Ian Whittle		Unattached	39:01	160	Heather Hughes	L50	4 Unattached	45:27
71	Catherine Foley	L	9 Unattached	39:02	161	Ian Hollis	V45	10 Unattached	45:34
72	Robin Dixon	V50	4 Unattached	39:03	162	Michael Jagger	V40	17 Unattached	45:34
73	Nick Dawson		Unattached	39:06	163	Lorraine Miller	L35	9 Unattached	45:40
74	Maria Williams	L	10 Unattached	39:08	164	Helen Webster	L35	10 Unattached	45:54
75	Iain Currie		Unattached	39:22	165	Michelle Jordan	L40	4 Unattached	45:54
76	Richard Cairns		Unattached	39:26	166	David Lockwood		Unattached	46:06
77	Jane Robinson	L35	2 Halifax Harriers	39:30	167	Joy Good	L50	5 Pudsey Pacers	46:41
78	Philip Bowker		Unattached	39:32	168	John Davidson	V45	11 Road Runners Club	47:09
79	Simon Robinson		Unattached	39:33	169	Julie Adams	L35	11 Unattached	47:45
80	Keith Joplin	V55	3 Unattached	39:35	170	Emma Chester	L35	12 Unattached	47:45
81	Jane Gill	L45	1 Unattached	39:37	171	Hilary Turley	L	49 Unattached	47:59
82	Caroline Clarke	L45	2 Henry's Heros	39:38	172	J. Shumba		Unattached	47:59
83	Lucas Bateman		Unattached	39:43	173	Philip Balham	V45	12 Unattached	47:59
84	Hilary Thompson	L40	2 Unattached	39:45	174	Carolyn Wade	L40	5 Unattached	48:01
85	Mike Roberts	JM	1 Unattached	39:47	175	Julie Brice	L35	13 Unattached	48:01
86	Philip Lynch	V50	5 Unattached	39:49	176	Tracie Holliday	L35	14 Unattached	48:02
87	Andrew Garrow		Unattached	39:57	177	Deborah Altman	L45	5 Unattached	48:07
88	Patrick Barrett	V45	7 Unattached	39:59	178	Tim Gadsby		Unattached	48:08
89	Alun Davies	V40	10 Unattached	40:05	179	Claire Gadsby	L35	15 Unattached	48:08
90	Liam Donohue	V40	11 Unattached	40:11	180	Lawrie Bryans	V50	9 Unattached	48:20

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

181 Elizabeth Bryans	LJ	1	Unattached	48:20	211 Pamela Ralph	L50	7	Unattached	50:51
182 P McQuillenstrom			Unattached	48:22	212 Ron Daggett	V65	5	Pudsey Pacers	51:24
183 Debbie Naylor	L35	16	Unattached	48:33	213 Alison Diggle	L45	6	Unattached	51:40
184 Karen Longfellow	L35	17	Unattached	48:33	214 Jean Proud	L40	8	Unattached	52:06
185 Joyce Armitage	L50	6	Unattached	48:38	215 Christine Turner	L45	7	Unattached	52:22
186 Kay Harker	L	59	Unattached	48:58	216 Catherine Grimes	L40	9	Unattached	52:29
187 Caron Ralph	L35	18	Unattached	48:58	217 Lyndsey Guest	L45	8	Unattached	52:30
188 Jemma Benson	L	61	Unattached	48:59	218 Antoinette Keylock	L	85	Unattached	53:04
189 Donna Woodman	L	62	Unattached	49:07	219 John Stephenson	V65	6	Unattached	53:07
190 Sarah Madden	L	63	Unattached	49:07	220 Anne Deery	L45	9	Unattached	53:34
191 Miles Zerny			Unattached	49:12	221 Caroline Feather	L	87	Unattached	53:56
192 Kathryn Munn	L	64	Horsforth Harriers	49:13	222 Beryl Darkins	L35	21	Newlodge	53:57
193 Keiith Moutter			Unattached	49:14	223 Sarah Fielding	L	89	Unattached	54:05
194 Louise Bland	L	65	Unattached	49:20	224 Jennifer Hill	L	90	Unattached	54:08
195 Cherielle Jarvis	L	66	Unattached	49:26	225 Jill Stocks	L	91	Unattached	54:15
196 Lisa Flanagan	L	67	Unattached	49:27	226 Fiona Brown	L45	10	Unattached	54:32
197 Simon Wilkinson			Unattached	49:28	227 Peter Diggle	V55	5	Unattached	55:02
198 Jennifer Siepen	L	68	Unattached	49:36	228 Steve Winfield			Unattached	55:30
199 Colin Speck	V65	4	Unattached	49:54	229 Susan Teggart	L50	8	Unattached	55:52
200 Philip Pipe	V50	10	Unattached	49:56	230 Michael Teggart	V50	11	Unattached	55:52
201 Josie Briggs	L35	19	Unattached	50:03	231 Wendy Goodall	L	94	Unattached	56:35
202 Joanne Drake	L	70	Unattached	50:03	232 Emily Browes	L	95	Unattached	56:44
203 Katherine Fenton	L35	20	Unattached	50:06	233 Nadia Martin	L	96	Unattached	56:49
204 Diane Cassidy	L	72	Unattached	50:24	234 Angela Kirk	L50	9	Unattached	57:52
205 Nina Banerjee	L	73	Unattached	50:27	235 Justine Doughty	L35	22	Unattached	57:52
206 Joanne Neil	L	74	Unattached	50:37	236 Rebecca Playford	L	99	Unattached	58:47
207 Julie Atkinson	L	75	Unattached	50:38	237 Amanda Firm	L35	23	Unattached	59:02
208 Dorothy Carr	L55	1	Unattached	50:39	238 Tina Newsome	L40	10	Unattached	59:24
209 Pat Bridle	L40	6	Unattached	50:40	239 Kathleen Fenton	L	102	Unattached	59:24
210 Susan Smith	L40	7	Unattached	50:41	240 Andrew Naish			Unattached	59:26

Pulse Race - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Valley Striders
2 Henry's Heros

39 — 7 Paul Hilton 11 Eric Green 21 Stephen Ball
60 — 16 Robert Sparks 20 Graham Neil 24 Steven Dania

Pulse Race - Ladies — TEAM RESULTS

No complete teams