

The ECCA English National Cross Country Championships at Temple Newsam, Leeds on Saturday 21st February 2004



Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Name	Time	Name	Time	
1	G Tromans	Coventry Godiva Harriers	41:24 109	S MacDonald	46:03 217	D Symons	Thames Hare & Hounds	48:21
2	W Farquharson	Mansfield H & AC	41:45 110	S Herring	46:03 218	P Sinton-Hewitt	The Stragglers	48:21
3	D Bannister	Shaftesbury Barnet Harriers	41:47 111	B Pamiani-F	46:08 219	M Hatch	Sale Harriers Manchester	48:22
4	\$R Birchall	Notts AC	42:14 112	J Heywood	46:09 220	I Cunningham	Ealing Southall & Middlesex AC	48:22
5	S Barden	Belgrave Harriers	42:26 113	C Leigh	46:10 221	P Nichol	Altrincham & District AC	48:24
6	Allen Graffin	Belgrave Harriers	42:29 114	A Barber	46:12 222	R Casey	Garden City Runners	48:26
7	SK Cullen	Highgate Harriers	42:31 115	J Heneghan	46:13 223	B Paviour	Serpentine RC	48:27
8	D Mitchinson	Newham & Essex Beagles	42:41 116	D O'Jera	46:14 224	M Wright	Tipton Harriers	48:27
9	A Jones	Salford H & AC	42:42 117	K Newton	46:15 225	P Doyle	Ranelagh Harriers	48:29
10	D Taylor	Blackheath & Bromley HAC	42:45 118	R James	46:16 226	S Burton	Notts AC	48:30
11	N Talbot	Notts AC	42:50 119	G Williams	46:17 227	T Woodthorpe	Notts AC	48:31
12	P Green	Sale Harriers Manchester	42:53 120	C Hughes	46:18 228	L Hurst	Altrincham & District AC	48:33
13	J Moorhouse	Birchfield Harriers	42:54 121	T Jackson	46:19 229	L Jones	Crawley AC	48:34
14	J Downes-F	London Irish AC	42:58 122	H Dodwell	46:21 230	I Salisbury	Trafford AC	48:35
15	G Raven	Sale Harriers Manchester	43:04 123	G Deacon	46:24 231	S Freeman	Liverpool Pembroke & Sefton H	48:35
16	P Freary	Belgrave Harriers	43:06 124	M Sanford	46:25 232	N Armitage	Pudsey Pacers	48:35
17	H Lobb	Bedford & County AC	43:09 125	S Shepley	46:29 233	J Robertson	Ealing Southall & Middlesex AC	48:36
18	D Robinson	Tipton Harriers	43:12 126	D Mason	46:33 234	J Jackson	Salford H & AC	48:37
19	M Shaw	Tipton Harriers	43:13 127	D Fewell	46:34 235	T McGaff	Wilmslow RC	48:38
20	I Hudspith	Morpeth H & AC	43:16 128	A Osbourne	46:34 236	M Stysz	Kirk Hallam AC	48:39
21	C Livesey	Preston Harriers	43:20 129	D Cowlishaw	46:35 237	C Smith	Thames Valley Harriers	48:40
22	K Nash	Belgrave Harriers	43:23 130	A Adams	46:35 238	J O'Neill	City Of Norwich AC	48:40
23	W Levett	Bedford & County AC	43:26 131	DMilliken	46:36 239	N Montague	Swindon Harriers	48:41
24	A Caine	Tynedale H & AC	43:29 132	A Bowden	46:37 240	A Gore	Cheltenham & County Harriers	48:42
25	I Fisher	Otley AC	43:31 133	B Murphy	46:38 241	D Regan	Basingstoke & Mid Hants AC	48:43
26	M Hillton	Leeds City AC	43:34 134	S Hazell	46:39 242	J Ward	Derby AC	48:44
27	D Norman	Altrincham & District AC	43:37 135	P Dobson	46:39 243	D Pearce	Leicester Coritanian AC	48:47
28	C Birchall	East Cheshire H & Tameside AC	43:40 136	M Lockett	46:40 244	L Hellawell	Keighley & Craven AC	48:47
29	P Hinch	Birchfield Harriers	43:44 137	D Swinburne	46:41 245	A Owen	London Heathside AC	48:49
30	D Deed	Bedford & County AC	43:46 138	J Hayden	46:41 246	R Forsbrook	Cheltenham & County Harriers	48:49
31	S Bailey	Sale Harriers Manchester	43:53 139	A Swearman	46:42 247	P Dable	Leamington C & AC	48:50
32	R Whittle	Basingstoke & Mid Hants AC	43:55 140	M Hammer	46:43 248	T Mason	Skipton AC	48:52
33	D Webb	Leeds City AC	43:57 141	G Miles	46:43 249	P Flewitt	Ealing Southall & Middlesex AC	48:53
34	J Mays	Kent AC	44:00 142	P Haarer	46:44 250	S Cotter	Leeds City AC	48:53
35	A Robinson	Newham & Essex Beagles	44:01 143	T Lowe	46:47 251	S Green	Pudsey & Bramley AC	48:54
36	N Wetheridge	Basildon AC	44:05 144	T Wall	46:48 252	S Boltomley	Pudsey & Bramley AC	48:54
37	K Kyereme	Shaftesbury Barnet Harriers	44:09 145	T Bracegirdle	46:50 253	M Bouldstridge	Birchfield Harriers	48:55
38	D Wardle	London Irish AC	44:12 146	W Crowther	46:53 254	G Peterson	Rugby & Northampton AC	48:56
39	B Reynolds	Thames Hare & Hounds	44:14 147	M Bristow	46:54 255	T Hadfield	Belgrave Harriers	48:56
40	T Dickinson	Blackheath & Bromley HAC	44:15 148	R Sales	46:56 256	S Pullan	St Albans Striders	48:56
41	S Aldridge	Reading AC	44:16 149	N Raltyn	46:57 257	J Wolf-F	Belgrave Harriers	48:57
42	M Janes	Bedford & County AC	44:18 150	K MCarthy	47:06 258	T Lawes	Nestle Rowntree AC York	48:58
43	SBrooks	Bingley H & AC	44:19 151	J Boardman	47:08 259	B Whitworth	City Of Norwich AC	48:59
44	JBrooks	London Irish AC	44:20 152	G Devine	47:10 260	A Bell	Bingley H & AC	49:01
45	DBilton	Leeds City AC	44:22 153	T Neill-F	47:13 261	A Clansley	Liverpool Pembroke & Sefton H	49:02
46	A Beevers	Leeds City AC	44:23 154	I Bailey	47:15 262	J Heart	Abbey Runners	49:03
47	D Augustus	Sale Harriers Manchester	44:23 155	J Connor	47:16 263	M Armstrong	Hartlepool Burn Road H & AC	49:03
48	H Raidi	Belgrave Harriers	44:24 156	P Goble	47:17 264	K Harker	Richmond & Zetland Harriers	49:03
49	G Riddell	Basildon AC	44:25 157	W Speake	47:19 265	J Danaway	City Of Stoke AC	49:05
50	J Gilby	Derby AC	44:25 158	S Marwood	47:20 266	J Smith	Ranelagh Harriers	49:07
51	SCotton	Tipton Harriers	44:31 159	A McGarva-F	47:21 267	M Blunden	Notts AC	49:08
52	R Denmark	Basildon AC	44:35 160	D MacLauchlan	47:21 268	J Cox	Hallamshire Harriers Sheffield	49:09
53	R Burney	Liverpool H & AC	44:36 161	S Carmichael	47:22 269	M Potter	London Heathside AC	49:11
54	A Toward	Morpeth H & AC	44:38 162	A Dyson	47:24 270	P Smith	Altrincham & District AC	49:11
55	A Peace	Bingley H & AC	44:40 163	J Pike	47:25 271	J Mason	Woodkirk Striders	49:13
56	S Deakin	Leeds City AC	44:41 164	K Chapman	47:26 272	C Pass	Wesham RR	49:15
57	A Donaldson	Newham & Essex Beagles	44:42 165	L Reilly	47:27 273	D Battersby	Bedford & County AC	49:16
58	J Claeys	Highgate Harriers	44:42 166	J Kovacs	47:28 274	T Johnson	Notts AC	49:17
59	A Thake	Hallamshire Harriers Sheffield	44:44 167	G Armitage	47:29 275	T Grant	Hillingdon AC	49:18
60	M Roscoe	Leeds City AC	44:45 168	M Gosling	47:30 276	P Leybourne	Salford H & AC	49:20
61	J Trapmore	Shaftesbury Barnet Harriers	44:47 169	R Maddams	47:31 277	M Cryer	Salford H & AC	49:21
62	M Barnes	Altrincham & District AC	44:47 170	T Kenderdine	47:33 278	J Hemsley	Pudsey & Bramley AC	49:21
63	S Newport	Blackheath & Bromley HAC	44:47 171	CBrookes	47:33 279	D Brennan	London Irish AC	49:22
64	J Walsh	Leamington C & AC	44:48 172	W Lincoln	47:34 280	M Blaco	Colchester Harriers AC	49:23
65	I Holmes	Bingley H & AC	44:49 173	M Hager	47:34 281	M Middleton	Middlesbrough AC (Mandale)	49:24
66	K Murphy	Woodford Green AC/Essex Ladies	44:51 174	S Neill	47:34 282	P Lemmon	London Heathside AC	49:24
67	C Sykes	Swindon Harriers	44:52 175	E Combstock	47:36 283	S Rennie	Kingston Upon Hull AC	49:25
68	S Bell	Chester-Le-Street & Dist AC	44:53 176	N Adams	47:37 284	C Blackburn	Serpentine RC	49:25
69	R Hope	Pudsey & Bramley AC	44:55 177	J Prowse	47:37 285	D Hilliar	Blackheath & Bromley HAC	49:25
70	S Platts	Morpeth H & AC	44:58 178	R Powell	47:40 286	S Penney	Chesterfield District AC	49:26
71	K Forster	Dundee University AC	44:59 179	J Noon	47:43 287	B Hanley	Valley Striders	49:26
72	C Sampson	Morpeth H & AC	45:03 180	W Nock	47:44 288	G Harris	Headington RR	49:26
73	S Sharpe	Belgrave Harriers	45:06 181	C Stead	47:45 289	M Farran	Leeds City AC	49:27
74	J Brown	Salford H & AC	45:09 182	J McMahon-F	47:46 290	J Roche	Clayton-Le-Moors Harriers	49:28
75	S Major	Newham & Essex Beagles	45:11 183	D Brame	47:47 291	W Lynch-F	Belgrave Harriers	49:29
76	D May	Basingstoke & Mid Hants AC	45:13 184	G Groves	47:50 292	T Kimber	Crawley AC	49:30
77	B Moreau	Aldershot Farnham & Dist AC	45:13 185	P McCartney	47:50 293	G McCourt	Aldershot Farnham & Dist AC	49:30
78	R Falkner	Oadby & Wigston Legionnaires	45:14 186	T Bedford	47:51 294	R Goose	City Of Norwich AC	49:31
79	M Norminton	Herne Hill Harriers	45:16 187	A Robertson	47:53 295	N Hodges	Dorking & Mole Valley AC	49:31
80	I Lockett	Herne Hill Harriers	45:18 188	P Edmondson	47:55 296	G Worral	Derby AC	49:32
81	J Wild	Sale Harriers Manchester	45:19 189	G Garner	47:58 297	P Douglas	Basingstoke & Mid Hants AC	49:36
82	P Tedd	Bingley H & AC	45:21 190	R Waters	47:59 298	M GambleThompson	Colchester Harriers AC	49:37
83	M Lole	Coventry Godiva Harriers	45:22 191	M Gilbertson	48:00 299	P Cuddihy	Hillingdon AC	49:38
84	G Comish	Sale Harriers Manchester	45:23 192	C Smale	48:01 300	G Briggs	Thames Valley Harriers	49:38
85	N Leigh	Altrincham & District AC	45:29 193	I Coupland	48:01 301	P Parry	Bristol AC	49:38
86	T Werrett	Birchfield Harriers	45:32 194	G Keight	48:01 302	C McCullenWright	Newquay & Par AC	49:39
87	N Mapp	Oadby & Wigston Legionnaires	45:33 195	G Clarkson	48:02 303	G Clifford	Blackheath & Bromley HAC	49:40
88	G Hull	Leeds City AC	45:34 196	J Hunt	48:03 304	D Williams	Bridlington RR	49:41
89	R Jebb	Bingley H & AC	45:35 197	A Kennis	48:04 305	N Armsworth	Morpeth H & AC	49:42
90	D Dalmedo	Bedford & County AC	45:36 199	P Samuels	48:05 306	G Deacon	Basildon AC	49:42
91	A Morgan-Lee	Salford H & AC	45:37 199	P Green	48:05 307	M Barlow	Kent AC	49:43
92	B Raeside	Notts AC	45:37 200	D Gray	48:06 308	D Talbot	Trafford AC	49:45
93	N Miller	Bedford & County AC	45:38 201	MBishop	48:07 309	P Briller	Boston & District AC	49:45
94	M Hutchinson	Trafford AC	45:38 202	R Gamble	48:07 310	C Braybrook	St Albans Striders	49:46
95	A VanZyl-F	Shaftesbury Barnet Harriers	45:39 203	T Bush	48:08 311	C Jackson	Sunderland Strollers	49:47
96	R Lee	Windsor Slough Eton & Hounslow	45:40 204	P Eust	48:09 312	T McKee	Kingston Upon Hull AC	49:47
97	S Snow	Highgate Harriers	45:41 205	R Prout	48:10 313	P Lovell	Birchfield Harriers	49:48
98	P Farmer	Luton AC	45:42 206	M Aspinall	48:11 314	P Wooddisse	Thames Valley Harriers	49:49
99	W Cockerell	Belgrave Harriers	45:46 207	J Muddeman	48:13 315	A Grant	Abbey Runners	49:49
100	A Dunwoody	Kent AC	45:48 208	J Hutchins	48:14 316	S Spence	Wirral AC	49:49
101	M Crossdale	Bingley H & AC	45:49 209	J Cordingley	48:15 317	M Lynas	Thames Hare & Hounds	49:50
102	A Rayner	Blackheath & Bromley HAC	45:51 210	A Cooke	48:16 318	A Green	Leamington C & AC	49:50
103	D Branfoot	Harrow AC	45:53 211	R Alsop	48:16 319	T Archer	Vale Royal AC	49:51
104	O Williams	Hallamshire Harriers Sheffield	45:56 212	A Farquharson	48:17 320	S Cascoyne	Chesterfield District AC	49:51
105	SA Woods	Wirral AC	45:57 213	S McKeivitt	48:19 321	SRashid	Liverpool Pembroke & Sefton H	49:51
106	S Wurr	Thames Hare & Hounds	45:58 214	J Creane	48:19 322	N Cayton	Otley AC	49:52
107	A Weir	Thames Hare & Hounds	46:00 215	J Rogers	48:20 323	S North	Boston & District AC	49:52
108	B Stopher	Aldershot Farnham & Dist AC	46:02 216	A Lister	48:20 324	S Wells	Chester-Le-Street & Dist AC	49:53

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Belgrave Harriers	160	—	4 S Barden	5 Allen Graffin	14 P Freary	20 K Nash	46 H Raidi	71 S Sharpe
2	Leeds City AC	254	—	24 M Hillton	31 D Webb	43 D Bilton	44 A Beevers	54 S Deakin	58 M Roscoe
3	Sale Harriers Manchester	258	—	10 P Green	13 G Raven	29 S Bailey	45 D Agustus	79 J Wild	82 G Comish
4	Bedford & County AC	283	—	15 H Lobb	21 W Levett	28 D Deed	40 M Janes	88 D Dalmedo	91 N Miller
5	Bingley H & AC	423	—	41 S Brooks	53 A Peace	63 I Holmes	80 P Tedd	87 R Jebb	99 M Croasdale
6	Newham & Essex Beagles	451	—	6 D Mitchinson	33 A Robinson	55 A Donaldson	73 S Major	111 A Barber	173 N Adams
7	Morpeth H & AC	483	—	18 I Hudspith	52 A Toward	68 S Platts	70 C Sampson	134 D Swinburne	141 T Wall
8	London Irish AC	495	—	12 J Downes-F	36 D Wardle	42 J Brooks	113 D O'Jera	126 D Cowlishaw	166 R Maddams
9	Salford H & AC	580	—	7 A Jones	72 J Brown	89 A Morgan-Lee	123 D Mason	128 D Milliken	161 K Chapman
10	Tipton Harriers	595	—	16 D Robinson	17 M Shaw	49 S Cotton	122 S Shepley	170 M Hager	221 M Wright
11	Altrincham & District AC	754	—	25 D Norman	60 M Barnes	83 N Leigh	143 W Crowther	218 P Nichol	225 L Hurst
12	Blackheath & Bromley HAC	789	—	8 D Taylor	38 T Dickinson	61 S Newport	100 A Rayner	282 D Hilliar	300 G Clifford
13	Birchfield Harriers	818	—	11 J Moorhouse	27 P Hinch	84 T Werrett	136 A Swearman	250 M Bouldstridge	310 P Lavell
14	Coventry Godiva Harriers	827	—	1 G Tromans	81 M Lole	120 G Deacon	131 S Hazell	172 E Combstock	322 V Clisham
15	Notts AC	835	—	9 N Talbot	90 B Raeside	135 J Hayden	154 W Speake	223 S Burton	224 T Woodthorpe
16	Thames Hare & Hounds	840	—	37 B Reynolds	103 S Wurr	104 A Weir	188 M Gilbertson	194 A Kennis	214 D Symons
17	Hallamshire Harriers Sheffield	903	—	57 A Thake	102 O Williams	159 A Dyson	191 G Keight	196 P Green	198 M Bishop
18	Pudsey & Bramley AC	923	—	67 R Hope	112 J Heneghan	149 G Devine	171 S Neill	176 J Noon	248 S Green
19	Kent AC	957	—	32 J Mays	98 A Dunwoody	152 J Connor	162 L Reilly	209 A Farquharson	304 M Barlow
20	Shaftesbury Barnet Harriers	999	—	3 D Bannister	35 K Kyereme	59 J Trapmore	93 A VanZyl-F	118 T Jackson	691 J Herries
21	Basildon AC	1063	—	34 N Wetheridge	47 G Riddell	50 R Denmark	121 M Sanford	303 G Deacon	508 P Haynes
22	Highgate Harriers	1123	—	56 J Claeys	95 S Snow	119 H Dodwell	146 N Martyr	340 D Burbidge	367 A Evans
23	City Of Norwich AC	1247	—	145 R Sales	151 I Bailey	169 W Lincoln	235 J O'Neill	256 B Whitworth	291 R Goose
24	Kingston Upon Hull AC	1278	—	150 T Neill-F	158 S Carmichael	189 C Smale	192 G Clarkson	280 S Rennie	309 T McKee
25	Herne Hill Harriers	1326	—	77 M Norminton	78 I Lockett	114 K Newton	324 J Atyeo	342 S Coombes	391 T Harran
26	Aldershot Farnham & Dist AC	1363	—	75 B Moreau	105 B Stopher	183 T Bedford	290 G McCourt	327 K Donkin	383 D Kennedy
27	Liverpool H & AC	1486	—	51 R Burney	130 B Murphy	181 G Groves	210 S McKeivitt	414 T Clarke	500 K Halton
28	Cheltenham & County Harriers	1510	—	117 C Hughes	140 T Lowe	237 A Gore	243 R Forsbrook	351 R Mullins	422 D Randall
29	Trafford AC	1553	—	92 M Hutchinson	110 C Leigh	227 I Salisbury	305 D Talbot	333 V Booth486D	KukalowiczBooth
30	Reading AC	1749	—	39 S Aldridge	142 T Bracegirdle	357 M Curson	381 D Fallon	395 T Munt	435 P Smart
31	London Heathside AC	1875	—	242 A Owen	266 M Potter	279 P Lemmon	338 A Welshman	360 R Ericksson	390 D Browne
32	Leamington C & AC	1926	—	62 J Walsh	204 J Muddeman	244 P Dable	315 A Green	418 S Riley	683 R Burrows
33	Thames Valley Harriers	1957	—	187 R Waters	234 C Smith	297 G Briggs	311 P Wooddisse	325 M DaSilva	603 P Welton
34	Derby AC	2029	—	48 J Gilby	239 J Ward	293 G Worrall	413 D Ridout	502 B Dyson	534 H Torry
35	Liverpool Pembroke & Sefton H	2040	—	148 J Boardman	228 S Freeman	258 A Clansey	318 S Rashid	528 L Sanders	560 J Mason
36	Ealing Southall & Middlesex AC	2083	—	156 A McGarva-F	217 I Cunningham	230 J Robertson	246 P Flewitt	602 S Pleased	632 A Dodd
37	Ranelagh Harriers	2116	—	139 P Haarer	222 P Doyle	263 J Smith	436 C Owens	480 C Vaughan	576 P Graham
38	Nestle Rowntree AC York	2243	—	153 P Goble	255 T Lawes	356 S Simpson	473 A Neesam	492 M Raynes	514 A Normandale
39	Preston Harriers	2370	—	19 C Livesey	412 S Hallas	443 K Hesketh	474 R Kenny	491 G Wilson	531 P Quibell
40	Blackpool & Fylde AC	2436	—	174 J Prowse	334 M Paddon	353 T Jenkins	379 C Essex-Crosby	542 B Hall	654 J Unsworth
41	Wirral AC	2506	—	193 J Hunt	313 S Spence	462 K Buxton	484 M Hulmston	522 G Wilson	532 M Baylis
42	Longwood HAC Huddersfield	2534	—	125 A Osbourne	164 G Armitage	410 M Lawson	568 A Norgate	607 T Wright	660 D Horner
43	Keighley & Craven AC	2581	—	180 D Brame	241 L Hellawell	371 D Scholes	536 L Spencer	609 M Ellis	644 J Wogden
44	East Cheshire H & Tameside AC	2588	—	26 C Birchall	326 G Matthews	428 S Heaton	578 G Piper	596 A Carroll	634 M Creighton
45	Serpentine RC	2701	—	220 B Paviour	281 C Blackburn	404 D McGregor-F	503 D O'Donoghue	604 O Barber	689 P Ashworth
46	Hillingdon AC	2751	—	272 T Grant	296 P Cuddihy	417 P Leppard	504 B Hutchinson	611 J Shipley	651 P Warburton
47	South London Harriers	2760	—	115 R James	420 A Collins	507 D Ogden	550 B Attwell	579 C Edgington	589 A Martins
48	Wesham RR	2959	—	269 C Pass	345 L Cornwall	465 G Pendlebury	537 B Norman	600 J Collier	743 P Cruse
49	Otley AC	2988	—	23 I Fisher	184 A Robertshaw	319 N Cayton	444 D Foster	897 R Hawksby	1121 H Jeffrey
50	Harrow AC	3022	—	101 D Branfoot	129 A Bowden	397 P Norris	451 S Hunt	582 M Rahim	1372 R Bloom
51	Garden City Runners	3160	—	219 R Casey	409 A Crosby	488 B Judge	494 S Livingstone	769 M Allen	781 M Green
52	Skipton AC	3173	—	245 T Mason	361 R Barrett	433 S Sayer	499 I Magee	778 D Oselton	857 D Brown
53	Holmfirth Harriers AC	3246	—	109 J Heywood	477 A Hauser	498 A Langron	605 R Kersey	751 J Croft	806 M Pennington
54	Knavesmire Harriers	3287	—	168 C Brookes	548 D Chippett	555 N Strange	621 B Atkinson	694 K Langan	701 K Batt
55	Northbrook AC	3408	—	384 D Clarke	416 J Guest	489 R Barry	626 M O'Shea	673 D Lee	820 R Ansell
56	Clayton-Le-Moors Harriers	3456	—	203 M Aspinall	287 J Roche	501 S Clare	674 A Stubbs	884 J Hickie	907 J Ruslius
57	East Hull Harriers	3457	—	212 J Rogers	483 C Hodgson	595 G Wilkinson	612 E Rex	686 S Watts	869 C Jensen
58	Chorley Harriers	3550	—	401 K Johnston	463 G Booth	464 M Ellithorn	647 M Christie	652 C Lane	923 R Bennett
59	Halesowen A & CC	3588	—	177 W Nock	479 N Hazelwood	569 P Cave	762 P Butler	794 B Thompson	807 S Millington
60	Kettering Town Harriers	3609	—	332 K Cameron	439 T Toseland	551 A Dyson	566 S Giles	670 M Winstone	1051 G Daniels
61	St Albans Striders	3753	—	253 S Pullan	307 C Braybrook	622 A Wassdell	761 A Robins	892 P Russell	918 M Crawshaw
62	Headington RR	3767	—	285 G Harris	472 D Gaughan	475 J Griffiths	710 L Hurman	735 I Meadowcroft	1090 W Atkinson
63	Bristol AC	3885	—	298 P Parry	411 T Kingnorth	448 G Cuthbert	521 M Collin	1049 G Crump	1158 D Austin
64	Rugby & Northampton AC	3930	—	251 G Peterson	471 B Summers	540 V Carroll	565 T Egan	926 C Perez	1177 S Harris
65	Macclesfield H & AC	3975	—	366 A Lamont	529 R Murray	563 T Stock	792 R Thomas	860 K Jackson	865 C Bentley
66	North Fylde AC	3981	—	343 N Hume	512 J Houghton	571 A Welsh	574 G Johnston	828 M Cronshaw	1153 D Wood
67	Kirk Hallam AC	4005	—	233 M Slys	506 K Straw	543 D Barker	727 A Marriott	851 R Piggott	1145 T Jolly
68	Saltwell Harriers	4063	—	468 F Smith	519 P Goode	564 K Wood	774 R Townsend	787 J Thompson	951 P Mullarkey
69	Oldham & Royton H & AC	4071	—	346 A Martin	396 N Wigmore	591 P Barratt	623 T Davies	862 B Schofield	1253 P Williams
70	Stockport H & AC	4135	—	415 J Dabbs	594 R Marllon	693 D Loxam	757 L Best	822 M Nixon	854 P Nixon
71	Watford Harriers	4148	—	352 S Bell	368 N Harris	434 S Tooke	910 G Mayoh	956 T Hedge	1128 M Grimsdale
72	Ripley RC	4152	—	447 J Bateman	661 B Swindell	662 M Bell	695 M Wareham	776 P Manning	911 P Shaw
73	Horsforth Harriers	4169	—	392 M Senior	397 K Kaiser	630 P Wright	759 R Sunley	852 M Wilkie	1139 A Charles
74	Wigan Phoenix	4196	—	402 J Worthington	641 V Robinson	723 C Wilson	770 P Carroll	818 A Clough	842 A Turnbull
75	Bridlington RR	4215	—	301 D Williams	580 A Nalton	659 J Potter	830 S Spooner	848 K Lewis	997 S Arnold
76	Darlington H & AC	4257	—	350 N Orr	561 S O'Neill	688 R Read	755 B Wilson	816 B Mason	1087 S Hutchinson
77	Rochdale H & AC	4262	—	426 K Robinson	478 P Scarr	581 C Leach	905 M Catherall	930 I Stainthorpe	942 N Shaw
78	The Stragglers	4280	—	215 P Sinton-Hewitt	457 E Bond	775 N Brown	906 S Brazil	931 S Daly	996 S Annett
79	Abbey Runners	4343	—	259 J Heart	312 A Grant	836 J Fortescue	873 P Harris	979 J Brooksbank	1084 D Beston
80	Spennorth & District AC	4385	—	515 D Stewart	656 D Lane	744 S Moss	797 J Hornby	803 F Reddington	870 M Dransfield
81	Harborough AC	4412	—	573 P Hancock	608 S Costall	709 M Gore	802 C Webb	827 B Devlin	893 P Mottram
82	Elswick Harriers	4417	—	182 P McCartney	372 M Kestley	863 S Bell	985 N Armstrong	1003 T Hanson	1012 R Wilson
83	Cleethorpes AC	4420	—	496 A Roach	525 G Coulam	663 C Groves	801 N Gregory	882 J Barker	1053 A Gristwood
84	Pudsey Pacers	4426	—	229 N Armitage	786 A Barret	796 G Tiffany	824 C Chown	826 J Wheldon	965 G Bailey
85	Ilkley Harriers AC	4488	—	526 J Ryder	698 N Pearce	706 J Hutchinson	722 T Lonergan	912 N Chapman	924 J Sage
86	Dorking & Mole Valley AC	4659	—	292 N Hodges	572 T Elsey	793 R Russell	904 P Martin	982 P Furlong	1116 M Gardner
87	Valley Striders	4761	—	284 B Hanley	432 S Webb	889 A Hutchinson	1025 A Cutts	1043 R Jackson	1088 A Haygarth
88	Stratford Upon Avon AC	4765	—	446 M Warner	640 K Hawkes	740 B Lively	847 P Hawkins	1027 A Sherrin	1065 T Jackson
89	Springfield Striders	4766	—	132 P Dobson	645 A Mason	908 P Tremain	929 J Catmull	1011 K Wright	1141 P Harris
90	City Of Bath AC	4773	—	437 M Coales	657 T Hutchinson	747 M Benham	922 R Bridgen	990 P Newman	1020 M Jillians
91	Blaydon H & AC	4822	—	376 P Utterson	427 P Walker	813 S Beryl	921 P Chaffer	1081 D Salmon	1204 L Friel
92	Asken District RC	4915	—	440 A Goodair	763 P Collingwood	789 D Winter	839 D O'Grady	970 A Shaw	1114 S Williams
93	Steel City Striders	5051	—	666 C Driskell	715 D Crossland	855 D Ansell	928 D Parry	932 M Wornes	955 D Birch

94	Rothwell & District Harriers	5172	—	562 J Westmorland	583 I Clayton	962 K Pailing	972 J Mace	1039 D Beecroft	1054 D Burke
95	Kirkstall Harriers	5213	—	438 G Evans	610 M Moore	875 N Shotter	1019 D Spink	1101 A Moran	1170 N Sykes
96	Kenilworth Runners	5240	—	349 W Oakes	445 S Simpson	466 R Smythe	1289 S Shillington	1318 R Greenhalf	1373 M Morris
97	Barnsley AC	5256	—	407 J Broom	728 D Wallace	946 M Crofts	974 J Chisholm	1042 D Bennett	1159 M Hurrell
98	Worksop H & AC	5267	—	650 N Russell	730 N Farrow	780 A Hooley	878 K Hopkinson	1109 J Harrison	1120 R Bestwick
99	Horwich RMI Harriers	5387	—	405 K Makin	625 T Hesketh	834 J Ashton	1099 C Waterworth	1136 P Ramsdale	1288 A Sweatman
100	Wreake Runners	5447	—	731 M Bush	809 M Whalley	825 N Dilkes	987 K Cope	1038 J Skevington	1057 A Steel
101	Middlesbrough & Cleveland H	5520	—	637 G Baird	690 G Short	734 S Martin	1026 C Jones	1119 G Pinder	1314 T Baker
102	Saracens RC	5584	—	618 G Lawson	766 A Adkin	858 I Gower	953 A O'Brien	1076 M George	1313 J Andrew
103	Sunderland Strollers	5681	—	308 C Jackson	777 P Dunlope	1062 G Clazey	1068 D Warnaby	1231 P Watson	1235 D Wake
104	Tattenhall Runners	5809	—	485 S Ellis	914 N Holmes	938 S Hammond	1123 M Smith	1162 D Ratcliffe	1187 G Berti
105	Charnwood AC	5976	—	697 R Salt	844 P Wharton	845 P Mensley	1193 N Scoggins	1198 J Morrison	1199 E Robinson
106	Manchester YMCA Harriers	6068	—	556 D Garner	811 R Carter	1023 G Jackson	1217 S Symons	1218 R Potter	1243 J Paramor
107	Stone Master Marathoners	6070	—	760 J Clemens	880 S Garside	903 B Clarke	954 J Howell	1276 L Badger	1297 F Shepley
108	Bourneville Harriers	6101	—	370 S Underwood	940 J Solly	1092 P Dakin	1115 S Hopkins	1251 A Croke	1333 T Doherty
109	Denby Dale Travellers	6107	—	493 S Boulby	843 J Bell	1021 H Thomas	1131 M Collinson	1239 M Horsfall	1380 P Andrews
110	Stopsley Striders	6110	—	810 C Lamont	959 G Busch	988 P Keech	1030 D Christopher	1050 J Dowsett	1273 L Richardson
111	Stafford Harriers	6144	—	692 A Haycock	894 K Palmer	1059 J Charter	1060 R Clay	1069 M Thompson	1370 M Bradbury
112	St Helens Sutton AC	6238	—	724 B Graney	868 R Vose	1013 I White	1113 An Davies	1156 R Bradshaw	1364 A Raffle
113	Kippax & Dist Harriers	6407	—	782 L Theobald	805 G Waterton	1134 D Seed	1202 A Blythe	1227 D Szelesi	1257 J Messenger
114	Wallasey AC	6494	—	832 A Wilson	859 J Johnson	896 A Barbat	1290 R Westrum	1307 A Johnson	1310 D Godwin
115	Leighton Buzzard AC	6629	—	575 A Inchley	1067 M Phillips	1220 R Inchley	1226 P Watkins	1242 D Crawley	1299 J Adam
116	Aurora Harriers	7268	—	741 I Hayden	1229 R Treglown	1279 N Kulinich	1321 P Coughlan	1344 R Laverick	1354 N Cook
117	Pitsea RC	7371	—	1058 D Dutton	1151 P McLaughlin	1228 M Rugg	1295 D Sinclair	1309 K Ruston	1330 G Hughes