

The Haigh Hall Relays

at Haigh Hall, Wigan on Saturday 20th March 2004

Haigh Hall - Men Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Ken Chapman	SalfordH	18:03	17	Billy Martin	BoltonUH&B	21:07
2	Steve Henshaw	DeesideA	18:33	18	Pete Cruse	WeshamRR&A	21:09
3	Keith Johnston	ChorleyH	18:36	19	Gary Johnston	NorthFAC B	21:26
4	P Darbyshire	WiganP	18:53	20	Alastar Murray	HorwichRMB	21:29
5	Phil Foster	LeighH	19:10	21	Denis Mason	HorwichRMI	21:39
6	Robert Hughes	SalfordMAC	19:15	22	Dave Wall	ChorleyH B	21:40
7	Steve Wrigley	SalfordH B	19:28	23	Robin Gardiner	WoodstockB	21:46
8	B Daley	BingleyH&A	19:42	24	Sam Cooke	LeighH B	22:21
9	Neil Coe	BuryAC	19:48	25	D Pendlebury	BoltonUH&C	22:25
10	Chris Wilson	WiganP B	19:55	26	Terry Hellings	LythamSARC	22:45
11	Gary Munslow	WestCAC	20:21	27	Ray Dalby	RochdaleH&	23:12
12	Simon Unsworth	NorthFAC V	20:27	28	Tommy Danials	SalfordH C	23:41
13	Dominic Croft	Woodstock	20:30	29	Clive Conway	RochdaleHB	24:07
14	Denis Duret	Ellesmere	20:41	30	Gordon Parr	RochdaleHC	24:45
15	Bill Eadie	NorthFAC	21:02	31	John McDonald	ChorleyH V	24:53
16	Matt Lane	BoltonUH&A	21:04				

Haigh Hall - Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Mike Shackloth	SalfordH	19:10	37:13		11	Graham McNeil	WestCAC	19:55	40:16	
0						0					
2	Andy Ward	WiganP	18:51	37:44	+	12	Chris Iddon	BoltonUH&A	19:25	40:29	+
2						4					
3	Gareth Booth	ChorleyH	19:51	38:27		13	Phl Derbyshire	WiganP B	20:37	40:32	-
0						3					
4	A Johnson	BingleyH&A	19:14	38:56	+	14	Dave Archer	BuryAC	21:32	41:20	-
4						5					
5	Phil West	SalfordH B	19:52	39:20	+	15	Adrian Tartari	NorthFAC	20:49	41:51	
2						0					
6	Martin Connoy	LeighH	20:17	39:27	-	16	Phil Reid	BoltonUH&B	20:55	42:02	+
1						1					
7	Steve Littler	WeshamRR&A	18:25	39:34	+	17	Simon Jeffs	Ellesmere	21:35	42:16	-
11						3					
8	Paul Roberts	DeesideA	21:16	39:49	-	18	Dave Massey	HorwichRMI	20:40	42:19	+
6						3					
9	Simon Lund	Woodstock	19:23	39:53	+	19	Stuart Mairs	SalfordMAC	23:06	42:21	-
4						13					
10	Graham Davies	NorthFAC V	19:35	40:02	+	20	Steve Leonard	ChorleyH B	21:24	43:04	+
2						2					
						21	Kris Robinson	RochdaleH&	20:25	43:37	+
						6					
						22	Roy Pickles	NorthFAC B	22:20	43:46	-
						23	Barry Allman	HorwichRMB	24:06	45:35	-
						11	Pete George	Woodstock	20:50	1:00:43	-
						24	James Leach	RochdaleHB	21:39	45:46	+
						2					
						5	Jason Barlow	NorthFAC	19:11	1:01:02	+
						3	Alan Fielding	BoltonUH&C	23:25	45:50	+
						0					
						3	George Kennedy	WeshamRR&A	21:38	1:01:12	-
						26	Jamie O'Shea	WoodstockB	24:40	46:26	-
						9					
						14	Jeff Seddon	WiganP B	21:17	1:01:49	-
						27	Paul McNamara	SalfordH C	22:47	46:28	+
						1					
						15	Brendn Bolland	HorwichRMI	20:10	1:02:29	+
						38	G Stephenson	ChorleyH V	21:37	46:30	+
						6					
						16	Steven Crowe	Ellesmere	20:23	1:02:39	+
						29	Ian Leach	RochdaleHC	26:27	51:12	+
						7					
						17	Karl Ward	BoltonUH&B	20:48	1:02:50	-
						30	Bill Lock	LythamSARC	29:59	52:44	-
						4					
						18	Pete Bates	BuryAC	22:11	1:03:31	-
						4					
						19	Russell Baron	ChorleyH B	21:00	1:04:04	+
						1					
						20	Steve Littler	WeshamRR&A	18:25		
						20	Chris Leach	WiganP	18:51		
						3	Mike Shackloth	SalfordH	19:10		
						4	A Johnson	BingleyH&A	19:14		
						21	Phil Williams	NorthFAC B	19:23		
						1	Simon Lund	Woodstock	19:23		
						6	Chris Iddon	BoltonUH&A	19:25		
						22	Andrew Taylor	NorthFAC	19:35		
						8	Gareth Booth	ChorleyH	19:51		
						23	Phil West	SalfordH B	19:52		
						10	Graham McNeil	WestCAC	19:55		
						24	J Christopher	WoodstockB			
						2					
						25	Mark Walker	RochdaleHB			
						1					
						26	Paul Sefton	SalfordH C			
						1					
						27	Ken Mayor	BoltonUH&C			
						2					
						28	Steve Thomas	ChorleyH V			
						0					

Haigh Hall - Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Nick Jones	SalfordH	18:08	55:21		23	Barry Allman	HorwichRMB	24:06	45:35	-
0						11	Pete George	Woodstock	20:50	1:00:43	-
2	C Cariss	BingleyH&A	17:16	56:12	+	24	James Leach	RochdaleHB	21:39	45:46	+
2						5					
3	Rod Hart	WiganP	19:28	57:12	-	2					
1						3					
4	Alex Urmston	LeighH	19:54	59:21	+	3	Jason Barlow	NorthFAC	19:11	1:01:02	+
5						3	Alan Fielding	BoltonUH&C	23:25	45:50	+
2	Chris Lane	ChorleyH	20:57	59:24	-	0					
2						3	George Kennedy	WeshamRR&A	21:38	1:01:12	-
6	Jason King	DeesideA	19:47	59:36	+	26	Jamie O'Shea	WoodstockB	24:40	46:26	-
2						9					
7	Ken Begley	WestCAC	19:24	59:40	+	14	Jeff Seddon	WiganP B	21:17	1:01:49	-
4						27	Paul McNamara	SalfordH C	22:47	46:28	+
8	Dave Shaw	SalfordH B	20:48	1:00:08	-	1					
3						15	Brendn Bolland	HorwichRMI	20:10	1:02:29	+
9	Tim Ellis	BoltonUH&A	20:01	1:00:30	+	38	G Stephenson	ChorleyH V	21:37	46:30	+
3						6					
10	John Houghton	NorthFAC V	20:33	1:00:35		16	Steven Crowe	Ellesmere	20:23	1:02:39	+
0						29	Ian Leach	RochdaleHC	26:27	51:12	+
						7					
						17	Karl Ward	BoltonUH&B	20:48	1:02:50	-
						30	Bill Lock	LythamSARC	29:59	52:44	-
						4					
						18	Pete Bates	BuryAC	22:11	1:03:31	-
						4					
						19	Russell Baron	ChorleyH B	21:00	1:04:04	+
						1					
						20	Steve Littler	WeshamRR&A	18:25		
						20	Chris Leach	WiganP	18:51		
						3	Mike Shackloth	SalfordH	19:10		
						4	A Johnson	BingleyH&A	19:14		
						21	Phil Williams	NorthFAC B	19:23		
						1	Simon Lund	Woodstock	19:23		
						6	Chris Iddon	BoltonUH&A	19:25		
						22	Andrew Taylor	NorthFAC	19:35		
						8	Gareth Booth	ChorleyH	19:51		
						23	Phil West	SalfordH B	19:52		
						10	Graham McNeil	WestCAC	19:55		
						24	J Christopher	WoodstockB			
						2					
						25	Mark Walker	RochdaleHB			
						1					
						26	Paul Sefton	SalfordH C			
						1					
						27	Ken Mayor	BoltonUH&C			
						2					
						28	Steve Thomas	ChorleyH V			
						0					

29 David Dunn LythamSARC

22:33 1:15:17 +

1

30 Owen Malkin RochdaleHC
1

28:33 1:19:45 -

Haigh Hall - Men Stage 4 — Final Results

Fastest runners over stage 3:

1	C Cariss	BingleyH&A	17:16
2	Nick Jones	SalfordH	18:08
3	Jason Barlow	NorthFAC	19:11
4	Ken Begley	WestCAC	19:24
5	Rod Hart	WiganP	19:28
6	Jason King	DeesideA	19:47
7	Alex Urmston	LeighH	19:54
8	Tim Ellis	BoltonUH&A	20:01
9	Brendn Bolland	HorwichRMI	20:10
10	Steven Crowe	Ellesmere	20:23

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Duncan Mason	SalfordH	18:03	1:13:24	
0					
2	G Johnson	BingleyH&A	19:36	1:15:48	
0					
3	Mark Lynch	WiganP	19:45	1:16:57	
0					
4	Paul Frodsham	WestCAC	19:53	1:19:33 +	
3					
5	Steve Williams	SalfordH B	19:36	1:19:44 +	
3					
6	John Chaplin	ChorleyH	20:34	1:19:58 -	
1					
7	Ian Selby	BoltonUH&A	19:32	1:20:02 +	
2					
8	Malc Eadie	NorthFAC	19:17	1:20:19 +	
4					
9	Les Endean	NorthFAC V	20:07	1:20:42 +	
10	N Pendlebury	LeighH	21:43	1:21:04 -	
6					

Haigh Hall — Team Results — Final (nn) is team position after the appropriate stage.

1 Salford Harriers	1:13:24	
1 Ken Chapman (1) 18:03	2 Mike Shackloth (1) 19:10	3 Nick Jones (1) 18:08
4 Duncan Mason (1) 18:03		
2 Bingley Harriers & AC	1:15:48	
1 B Daley (8) 19:42	2 A Johnson (4) 19:14	3 C Cariss (2) 17:16
4 G Johnson (2) 19:36		
3 Wigan Phoenix	1:16:57	
1 P Darbyshire (4) 18:53	2 Andy Ward (2) 18:51	3 Rod Hart (3) 19:28
4 Mark Lynch (3) 19:45		
4 West Cheshire Athletic Club	1:19:33	
1 Gary Munslow (11) 20:21	2 Graham McNeil (11) 19:55	3 Ken Begley (7) 19:24
4 Paul Frodsham (4) 19:53		
5 Salford Harriers 'B'	1:19:44	
1 Steve Wrigley (7) 19:28	2 Phil West (5) 19:52	3 Dave Shaw (8) 20:48
4 Steve Williams (5) 19:36		
6 Chorley Harriers	1:19:58	
1 Keith Johnston (3) 18:36	2 Gareth Booth (3) 19:51	3 Chris Lane (5) 20:57
4 John Chaplin (6) 20:34		
7 Bolton United Harriers & AC	1:20:02	
1 Matt Lane (16) 21:04	2 Chris Iddon (12) 19:25	3 Tim Ellis (9) 20:01
4 Ian Selby (7) 19:32		
8 North Fylde AC	1:20:19	
1 Bill Eadie (15) 21:02	2 Adrian Tartari (15) 20:49	3 Jason Barlow (12) 19:11
4 Malc Eadie (8) 19:17		
9 North Fylde Ac Vets	1:20:42	
1 Simon Unsworth (12) 20:27	2 Graham Davies (10) 19:35	3 John Houghton(10) 20:33
4 Les Endean (9) 20:07		
10 Leigh Harriers	1:21:04	
1 Phil Foster (5) 19:10	2 Martin Connoy (6) 20:17	3 Alex Urmston (4) 19:54
4 N Pendlebury (10) 21:43		
11 Wesham Road Runners & AC	1:22:08	
1 Pete Cruse (18) 21:09	2 Steve Littler (7) 18:25	3 George Kennedy(13) 21:38
4 Paul Dunkerley (11) 20:56		
12 Deeside Aac	1:22:12	
1 Steve Henshaw (2) 18:33	2 Paul Roberts (8) 21:16	3 Jason King (6) 19:47
4 Dave Roderick (12) 22:36		
13 Woodstock Harriers	1:22:55	
1 Dominic Croft (13) 20:30	2 Simon Lund (9) 19:23	3 Pete George (11) 20:50
4 Tom Glare (13) 22:12		
14 Ellesmere Port RC	1:23:03	
1 Denis Duret (14) 20:41	2 Simon Jeffs (17) 21:35	3 Steven Crowe (16) 20:23
4 Ian Cooper (14) 20:24		
15 Chorley Harriers 'B'	1:23:07	
1 Dave Wall (22) 21:40	2 Steve Leonard (20) 21:24	3 Russell Baron(19) 21:00
4 Ian Williams (15) 19:03		
16 Horwich RMI Harriers	1:24:04	
1 Denis Mason (21) 21:39	2 Dave Massey (18) 20:40	3 Brendn Bolland(15) 20:10
4 Brian Gore (16) 21:35		
17 Wigan Phoenix 'B'	1:24:16	
1 Chris Wilson (10) 19:55	2 Phil Derbyshire (13) 20:37	3 Jeff Seddon (14) 21:17
4 C Nightingale (17) 22:27		

18 Bolton United Harriers & AC	1:24:47	
12 Billy Martin (17) 21:07	2 Phil Reid (16) 20:55	3 Karl Ward (17) 20:48
4 John Ward (18) 21:57		
19 Bury Athletic Club	1:24:50	
1 Neil Coe (9) 19:48	2 Dave Archer (14) 21:32	3 Pete Bates (18) 22:11
4 Dave Cole (9) 21:19		22:12 1:22:55 -
20 Rochdale Harriers & AC	1:26:12	
1 Ray Cooney (27) 23:12	2 Kris Robinson (21) 20:25	3 Chris Leach (24) 23:03
42 Mark Catherall (20) 21:44		
21 North Williams 'B'	1:28:22	
14 Gary Johnston (19) 21:26	2 Roy Pickles (22) 22:20	3 Stu Williams (21) 23:14
41 Mick Spashy (21) 21:22		21:35 1:24:04 -
22 Salford Metropolitan AC	1:29:22	
1 Robert Hughes (6) 19:15	2 Stuart Mairs (19) 23:06	3 Andrew Taylor (22) 26:06
4 Gordon Johnson (22) 20:55		22:27 1:24:16 -
23 Bolton United Harriers & AC 'C'	1:33:09	
1 B Pelebury (25) 22:25	2 Alan Fielding (25) 23:25	3 Ken Mayor (27) 24:47
41 Doug Corwell (23) 21:20		21:19 1:24:50 -
24 Woodstock Harriers 'B'	1:33:36	
11 Robin Gardiner (23) 21:46	2 Jamie O'Shea (26) 24:40	3 J Christopher (24) 24:19
42 Gary James Catherall (22) 21:51		21:44 1:26:12 -
25 Rochdale Harriers & Ac 'B'	1:35:50	
12 Clive Conway (23) 24:07	2 James Leach (24) 21:39	3 Mark Walker (25) 25:09
41 John Purdy (25) 24:55		21:22 1:28:22 -
26 Lytham St Annes RR Club	1:36:27	
127 Terry Henning (28) 22:45	2 Bill Lock (30) 29:59	3 David Dunn (29) 22:33
40 Graham Webster (26) 21:10		20:55 (29) 22:33
27 Chorley Harriers Vets	1:38:50	
14 John McDonald (31) 24:53	2 G Stephenson (28) 21:37	3 Steve Thomas (28) 27:41
42 Peter Gillham (27) 24:39		22:51 1:33:36
28 Rochdale Harriers & Ac 'C'	1:46:30	
12 Gordon Parr (30) 24:45	2 Ian Leach (29) 26:27	3 Owen Malkin (30) 28:33
40 Jim Fox (28) 26:45		24:55 1:35:50

Incomplete Teams:	LythamSARC	21:10	1:36:27 +
3			
27 Peter Gillham	ChorleyH V	1:10:02	
1 Alastair Murray (20) 21:29	2 Barry Altman (23) 24:06	3 Pete Bland (23) 24:27	
1 Salford Harriers 'C'		1:11:39	
12 Tom Hines (28) 23:41	2 Paul Worsahara (27) 22:47	3 Paul Sear (26) 24:46	
2 Leigh Harriers 'B'		22:21	
1 Sam Cooke (24) 22:21			

Fastest runners over stage 4:

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Duncan Mason	SalfordH	18:03		
2	Ken Begley	BingleyH&A	17:16		
3	Steve Williams	ChorleyH B	19:03		
4	Duncan Mason	SalfordH	18:03		
5	Malc Eadie	NorthFAC	19:17		
6	Ken Chapman	SalfordH	18:03		
7	Ian Selby	BoltonUH&A	18:03		
8	Steve Williams	SalfordH B	18:08		
9	Steve Littler	WeshamRR&A	18:25		
10	G Johnson	BingleyH&A	18:25		
11	Steve Henshaw	DeesideA	18:33		
12	Mark Lynch	WiganP	18:33		
13	Keith Johnston	ChorleyH	18:36		
14	Paul Frodsham	WestCAC	19:53		
15	Andy Ward	WiganP	18:51		
16	P D Derbyshire	NorthFAC V	18:51		
17	P Darbyshire	NorthFAC V	18:51		
18	Ian Cooper	Ellesmere	20:24		
19	Ian Williams	ChorleyH B	19:03		

Haigh Hall — Team Results — Final (nn) is team position after the appropriate stage.

1 West Cheshire Athletic Club	1:19:33	
1 Gary Munslow (1) 20:21	2 Graham McNeil (2) 19:55	3 Ken Begley (1) 19:24
4 Paul Frodsham (1) 19:53		
2 North Fylde Ac Vets	1:20:42	
1 Simon Unsworth (2) 20:27	2 Graham Davies (1) 19:35	3 John Houghton (2) 20:33
4 Les Endean (2) 20:07		
3 Chorley Harriers Vets	1:38:50	
1 John McDonald (3) 24:53	2 G Stephenson (3) 21:37	3 Steve Thomas (3) 27:41
4 Peter Gillham (3) 24:39		

Fastest of all legs			
1	Ken Begley	WestCAC	19:24
2	Graham Davies	NorthFAC V	19:35
3	Paul Frodsham	WestCAC	19:53
4	Graham McNeil	WestCAC	19:55
5	Les Endean	NorthFAC V	20:07
6	Gary Munslow	WestCAC	20:21
7	Simon Unsworth	NorthFAC V	20:27
8	John Houghton	NorthFAC V	20:33
9	G Stephenson	ChorleyH V	21:37
10	Peter Gillham	ChorleyH V	24:39



The Haigh Hall Relays

at Haigh Hall, Wigan on Saturday 20th March 2004

Haigh Hall - Ladies Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Anne Powell	LeighH L	20:07	4	Dennise Broom	CheadleRLV	27:06
2	Jane Raffell	WiganPL	21:08	5	A Fearnley	LeighH L B	27:43
3	Sue Waterson	WiganPL B	24:49	6	Dawn Lock	LythamSARB	34:13

Haigh Hall - Ladies Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Adele Swanton	LeighH L	22:35	42:42	0	3	Carole Hesketh	WiganPL B	26:48	51:37	
0											
2	Lynne Clough	WiganPL	22:00	43:08	0						

Haigh Hall - Ladies Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Rachael Moore	WiganPL	22:43	1:05:51	+ 1	3	Kath Culshaw	WiganPL B	24:57	1:16:34	
1											
2	Rebecc Howarth	LeighH L	23:59	1:06:41	- 0						

Haigh Hall - Ladies Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Yvonne Wyke	WiganPL	22:55	1:28:46	0	3	Chris Hart	WiganPL B	27:10	1:43:44	
0											
2	Joanne Wood	LeighH L	25:35	1:32:16	0						

Haigh Hall — Team Results — Final

(nn) is team position after the appropriate stage.

Pos	Team	Leg Time	Cum Time	Gain	Pos	Team	Leg Time	Cum Time	Gain			
1	Wigan Phoenix Ladies	1:28:46				Incomplete Teams:						
1	Jane Raffell (2) 21:08	2	Lynne Clough	(2) 22:00	3	Rachael Moore(1)	22:43					
4	Yvonne Wyke (1) 22:55					Leigh Harriers & Ac Ladies 'B'	1:25:52					
2	Leigh Harriers & Ac Ladies	1:32:16			1	A Fearnley (5) 27:43	2	Sarah Cain	(5) 28:42	3	E Castledine	(5) 29:27
1	Anne Powell (1) 20:07	2	Adele Swanton	(1) 22:35	3	Rebecc Howarth(2)	23:59					
4	Joanne Wood (2) 25:35					Lytham St Annes Ladies	34:13					
3	Wigan Phoenix Ladies 'B'	1:43:44			1	Dawn Lock (6) 34:13						
1	Sue Waterson (3) 24:49	2	Carole Hesketh	(3) 26:48	3	Kath Culshaw (3)	24:57					
4	Chris Hart (3) 27:10					Fastest of all legs						
4	Cheadle Rc Lady Vets	1:57:16			1	Anne Powell	LeighHL	20:07				
1	Dennise Broom (4) 27:06	2	Liz Clutton	(4) 25:08	3	Sue Taylor	(4)	30:29				
4	Jane Bullock (4) 34:33				2	Jane Raffell	WiganPL	21:08				
					3	Lynne Clough	WiganPL	22:00				
					4	Adele Swanton	LeighHL	22:35				
					5	Rachael Moore	WiganPL	22:43				
					6	Yvonne Wyke	WiganPL	22:55				
					7	Rebecc Howarth	LeighHL	23:59				
					8	Sue Waterson	WiganPL B	24:49				
					9	Kath Culshaw	WiganPL B	24:57				
					10	Liz Clutton	CheadleRLV	25:08				

Haigh Hall - Mixed Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	David Shaw	BoltonUH M	18:51
2	Martin Quinn	ChorleyH C	21:33
3	Dave Wood	NorthFAC M	24:39

Haigh Hall - Mixed Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Liz Proctor	BoltonUH M	21:39	40:30	
0					
2	Karl Pitt	ChorleyH C	22:03	43:36	

Haigh Hall - Mixed Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Jo Edwards	BoltonUH M	26:07	1:06:37	

Haigh Hall - Mixed Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Dominic Raby	ChorleyH C	20:52	1:29:16	+ 1
1					
2	K Obertelli	BoltonUH M	26:54	1:33:31	-
1					
3	Tony Croft	NorthFAC M	24:27	1:42:23	

Haigh Hall — Team Results — Final

(nn) is team position after the appropriate stage.

Pos	Team	Leg Time	Cum Time	Gain	Pos	Team	Leg Time	Cum Time	Gain
1	Chorley Harriers 'C'	1:29:16				Fastest of all legs			
1	Martin Quinn (2) 21:33	2	Karl Pitt	(2) 22:03	3	Carline Scholes(2)	24:48		
4	Dominic Raby (1) 20:52					1	David Shaw	BoltonUH M	18:51
2	Bolton United Harriers & Ac'M'	1:33:31			2	Dominic Raby	ChorleyH C	20:52	
1	David Shaw (1) 18:51	2	Liz Proctor	(1) 21:39	3	Jo Edwards	(1)	26:07	
4	K Obertelli (2) 26:54				3	Martin Quinn	ChorleyH C	21:33	
3	North Fylde Ac Mixed	1:42:23			4	Liz Proctor	BoltonUH M	21:39	
1	Dave Wood (3) 24:39	2	Julie Cruse	(3) 25:53	3	Malc Sherwood(3)	27:24		
4	Tony Croft (3) 24:27				5	Karl Pitt	ChorleyH C	22:03	
					6	Tony Croft	NorthFAC M	24:27	
					7	Dave Wood	NorthFAC M	24:39	
					8	Carline Scholes	ChorleyH C	24:48	
					9	Julie Cruse	NorthFAC M	25:53	
					10	Jo Edwards	BoltonUH M	26:07	