

The Formby 10k Road Race at Formby on Sunday 5th September 2004

Formby 10k — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Richad Shearer		Liverpool Harriers & AC	35:17	84	Howard Martin		Unattached	50:39
2	Graeme Mutch		Wellingborough And District AC	38:03	85	Alison Formby	L 13	Unattached	50:40
3	Steph Ricketts		Liverpool Running Club	39:05	86	Timothy Martin	V40 18	Unattached	50:40
4	Gary Kenny		Unattached	40:01	87	?Andrew Wright	V40 19	Formby Runners	50:57
5	Martin Hirrell		Penny Lane Striders	40:08	88	Nich Sinclair	V55 11	Southport Waterloo AC	50:59
6	Thomas Ginn	U15 1	Unattached	40:21	89	H Greenwood	V55 12	Picton Sports Centre RC	51:08
7	Alan Barton	V40 1	Liverpool Running Club	40:25	90	Phillip Barker		Unattached	51:08
8	Mat Harrington		Unattached	40:40	91	Phillip Savage	V45 7	Unattached	51:18
9	Peter Walsh		Unattached	40:49	92	Tony Smith	V60 1	Unattached	51:21
10	John Hosie		Unattached	41:02	93	Nicky Foat	L35 2	Unattached	51:23
11	S Howard	L 1	Unattached	41:24	94	Cec Fitzsimons	L55 1	St Helens Sutton AC	51:29
12	J Littlefair	V40 2	Unattached	41:32	95	Steve Maclure		Unattached	51:35
13	Bil Hargreaves	V55 1	Liverpool Harriers & AC	41:43	96	Chris Purdy	U15 4	Unattached	51:42
14	Ian Dodds	V40 3	Southport Waterloo AC	42:03	97	Graham Bentley	V40 20	Unattached	51:44
15	Emma Wilson	L 2	Helesburgh AAC	42:14	98	Pete Baker		Unattached	51:54
16	S Bennett	V40 4	Unattached	42:28	99	C Hall		Unattached	51:54
17	Sarah Jackson	L 3	Liverpool Harriers & AC	42:40	100	Bob Warrior		Unattached	52:04
18	Chris Maher	JM 1	Unattached	42:54	101	Peter Barton	V45 8	Unattached	52:06
19	Geoff Kenyon		Vil	42:57	102	John Bond	V55 13	Red Rose Road Runners	52:18
20	Michael Doyle	V55 2	Formby Harriers	43:16	103	Michl McCarthy		Unattached	52:29
21	Claude Aussage	V45 1	Club Olympique Sud Essonne	43:24	104	Mich Zelderman	V50 4	Unattached	52:34
22	Andrew Barnes		Unattached	43:25	105	Alan Appleton	V45 9	Unattached	52:36
23	Helen Dale	L40 1	Club Olympique Sud Essonne	43:28	106	Mark Povey		West Cheshire Athletic Club	52:44
24	Robert Mahen		Unattached	43:30	107	Tony Waugh	V40 21	Unattached	52:49
25	Stephen Cray		Unattached	43:43	108	Sam Campbell	U15 5	Unattached	52:53
26	Paul Halstead	V40 5	Pine Tops Running Club	43:53	109	Mark Wilson	V45 10	Wesham Road Runners & AC	52:57
27	Laurie Lyall	V40 6	Unattached	43:58	110	Philip Dowd		Unattached	52:58
28	Steph Williams	V50 1	Southport Waterloo AC	44:04	111	Graham Bell	V50 5	Unattached	52:59
29	G Chadderton	V40 7	Unattached	44:12	112	David Douglas		Unattached	53:06
30	David Colley	V45 2	Formby Runners	44:14	113	Richard Jordan		Unattached	53:12
31	Adam Harris	U15 2	Unattached	44:16	114	M Carrigan		Unattached	53:13
32	Daniel Hains		Southport Waterloo AC	44:20	115	Adam Hutt	U17 1	Formby Runners	53:18
33	Vickie Smith	L 5	Pine Tops Running Club	44:32	116	Neil Rhymes		Wigan & District H & AC	53:20
34	Boyd Park		Unattached	44:33	117	Allan Howard	V45 11	Red Rose Road Runners	53:37
35	Chris Whelan		Unattached	44:34	118	Daniel O'Brien	V40 22	Cheshire Hash House Harriers	53:40
36	Graham Howell	V55 3	Liverpool Harriers & AC	44:39	119	Mark Wood		Unattached	54:02
37	?Daniel Rees		Unattached	44:44	120	David Kirk	V45 12	Unattached	54:03
38	David Williams	V55 4	Unattached	44:54	121	Alan Unsworth	V50 6	Unattached	54:05
39	Brigit Cooke	L 6	Manchester University AC	44:59	122	S Molyneux	V55 14	Picton Sports Centre RC	54:08
40	Dave Bramhall	V40 8	Unattached	45:01	123	David Hopkins	V50 7	Unattached	54:18
41	Rich Horrocks		Unattached	45:11	124	Sandra Nelson	L35 3	Unattached	54:36
42	M Fazakerley	V40 9	Formby Runners	45:20	125	Graham O'Neill	V50 8	Unattached	54:45
43	Malcolm Brown	V55 5	Unattached	45:24	126	Tom Campbell	U13 2	Formby Runners	54:54
44	Lee Harrison		Vil	45:28	127	Ian Hope	L35 4	Pine Tops Running Club	55:26
45	Matthew Riggsby		Unattached	45:45	128	Chris McKeown	L 18	Unattached	55:38
46	Ian O'Donnell	V45 3	Shorrock Hill	45:56	129	Gill Tomkins	L40 2	Southport Strollers	55:41
47	Rod Simpson	V55 6	Unattached	46:04	130	J Thomas	V40 23	Unattached	55:52
48	Peter Morgan	V45 4	Pine Tops Running Club	46:20	131	D McDonald		Unattached	56:07
49	M Thornborough		Unattached	46:26	132	Robert Ellis		Unattached	56:07
50	Stev Pemberton	V45 5	Penny Lane Striders	46:28	133	Michael Clow		Unattached	56:21
51	M Darwell		Unattached	46:30	134	Dick Bustin		Unattached	56:40
52	Tim Multon	V40 10	Unattached	46:32	135	Carl Hignett	V40 24	Formby Runners	56:42
53	?Brenda Livesey	L 7	Womens Running Network	46:38	136	Diane Hignett	L 20	Unattached	56:42
54	D Mackenzie		Unattached	46:39	137	?Andrew Wright	V40 25	Formby Runners	56:45
55	David Capener	V40 11	Unattached	46:39	138	Craig King	U13 3	Unattached	56:47
56	Michael Tarpey		Unattached	46:41	139	Suzi Byrne	L 21	Unattached	56:50
57	Andy Sparks		Unattached	47:01	140	C McKeating	V40 26	Unattached	56:52
58	Neil McIntosh		Formby Runners	47:02	141	Melani Warwick	L35 5	Unattached	56:56
59	Patrick Henley	V55 7	Liverpool Harriers & AC	47:03	142	Sue Stewart	L55 2	Southport Strollers	57:05
60	Bernard Riley	V55 8	Liverpool Harriers & AC	47:03	143	Patrick Cuffe	V55 15	Unattached	57:35
61	Emma Andrew	L 8	Unattached	47:15	144	Rosalind Cray	L35 6	Unattached	57:55
62	M Chowdhury	V40 12	Horwich R M I Harriers	47:35	145	Andrew Wylie	V45 13	Unattached	58:15
63	Philip Turner		Unattached	47:41	146	John Gibson		Unattached	58:24
64	Rich Bradshaw	V55 9	St Helens Sutton AC	47:47	147	Julie Milburn	L35 7	Pine Tops Running Club	58:28
65	Chris Walkden		Unattached	47:51	148	Paula Murphy	L35 8	Pine Tops Running Club	58:28
66	Mary Doyle	L50 1	Liverpool Running Club	47:59	149	Michelle Nino	L 27	Unattached	58:32
67	Joanne Cowley	L35 1	Formby Runners	48:03	150	Ad Aljarmouzi		Unattached	58:32
68	Wayne Harrison	V45 6	Unattached	48:17	151	Ken Williams	V50 9	Southport Waterloo AC	58:33
69	Steve Murton	V40 13	Unattached	48:43	152	Carole James	L 28	Southport Waterloo AC	58:53
70	Mark Piert	V40 14	Formby Runners	48:45	153	A Hutchinson	L35 9	Unattached	58:57
71	Kirsty Wright	L 11	Unattached	48:46	154	Vince Charnley	V40 27	Unattached	58:59
72	Nick Waddelove	U15 3	Unattached	49:03	155	E Williams	L45 1	Unattached	59:04
73	Anthony Fowler	V40 15	Unattached	49:22	156	Sean Lowe	U13 4	Unattached	59:07
74	John Power		Unattached	49:46	157	Greg Lowe	V40 28	Formby Runners	59:07
75	Andy Drummond	V40 16	Formby Runners	49:48	158	C Stone		Unattached	59:18
76	S Littlefair	U13 1	Unattached	49:51	159	Lucy Fenner	L 31	Unattached	59:21
77	(No. 469)		Unattached	49:56	160	Joanne Burke	L 32	Unattached	59:21
78	Terence Long	V50 2	Penny Lane Striders	50:01	161	Sim Barnfathom		Unattached	59:28
79	John Hughes	V40 17	Formby Runners	50:08	162	Jeanette Hayes	L40 3	Unattached	59:34
80	Ian McLachlan	V50 3	Formby Harriers	50:12	163	Simon Herzberg	U15 6	Unattached	59:35
81	Rachel Yates	L 12	Unattached	50:18	164	K Monaghan	L35 10	Pine Tops Running Club	59:55
82	Paul Turner		Unattached	50:18	165	J Chowdhury	L40 4	Unattached	1:00:18
83	Roger Aindow	V55 10	Unattached	50:22	166	Frank Hough	V60 2	Unattached	1:00:20

167	Robert Wilkes	V40 29	Unattached	1:00:31	193	Alison Webster	L 48	Unattached	1:05:31
168	Martin Giblin	V45 14	Unattached	1:00:40	194	Alison O'Brien	L35 13	Unattached	1:05:51
169	Janet Jameson	L45 2	Unattached	1:00:52	195	Sarah Warwick	L35 14	Unattached	1:06:13
170	Elizab Scanlan	L 37	Unattached	1:00:54	196	Paul Steele		Unattached	1:06:16
171	Andrew Ball	V45 15	Formby Runners	1:00:54	197	Sarah Reynolds	L35 15	Southport Waterloo AC	1:06:37
172	Julie Hurst	L40 5	Unattached	1:00:59	198	Sarah Breton	L 52	Formby Runners	1:07:25
173	Debra Dutton	L40 6	Wigan Phoenix	1:01:01	199	Andrea Shaw	L40 10	La Fitness Formby	1:07:25
174	Paul Jones		Unattached	1:01:13	200	Janet Thomas	L40 11	Unattached	1:07:26
175	David Fleming	V45 16	Unattached	1:01:22	201	Suzanne Dykes	L 55	Formby Puffins	1:07:32
176	Kathryn Hutt	L40 7	Formby Runners	1:01:22	202	Car Gillions	L35 16	Unattached	1:07:40
177	Wayne Barr	V40 30	Unattached	1:01:42	203	Vince Cummins	V55 16	Unattached	1:07:46
178	Ian Clarke	V40 31	Unattached	1:01:48	204	Kath Murton	L40 12	Unattached	1:07:57
179	Lucie Gough	L45 3	Unattached	1:01:48	205	David Hughes	V60 3	Unattached	1:07:59
180	Mary Hannigan	L35 11	Unattached	1:02:16	206	Martha Irwin	L50 2	Unattached	1:08:10
181	Daniel Wright		Steve Cray Personal Fitness	1:02:55	207	Rachel Cook	L17 1	Unattached	1:08:40
182	Jayne Dore	L 43	Unattached	1:02:58	208	Gillian Fox	L35 17	Unattached	1:08:47
183	?Daniel Rees		Unattached	1:03:12	209	Alex Hunter		Unattached	1:08:48
184	Paul Spooner		Unattached	1:03:12	210	Sue Littlefair	L40 13	Unattached	1:10:00
185	???		???	1:03:19	211	Roy Gunnott	V55 17	Unattached	1:10:40
186	C Jones	L35 12	Pine Tops Running Club	1:03:26	212	C Dyson	L35 18	Unattached	1:12:34
187	Pam Kumari	L40 8	Unattached	1:03:28	213	Wendy Sanders	L40 14	Unattached	1:13:03
188	R Lavecchia		Unattached	1:04:01	214	Di Butler	L40 15	Unattached	1:13:37
189	S Littlefair	L40 9	Unattached	1:04:01	215	Claire Cropper	L 65	Unattached	1:13:37
190	?Brenda Livesey	L 47	Womens Running Network	1:05:07	216	M Sanders	V40 33	Unattached	1:14:36
191	David Hurst	V40 32	Unattached	1:05:11	217	K Dickinson	L 66	Unattached	1:15:37
192	Warr Middleton		Unattached	1:05:17	218	C Hardman	L40 16	Unattached	1:16:20

Formby 10k - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool Harriers & AC	22	—	1	Richad Shearer	6	Bil Hargreaves	15	Graham Howell
2	Southport Waterloo AC	33	—	7	Ian Dodds	12	Steph Williams	14	Daniel Hains
3	Formby Runners	50	—	13	David Colley	16	M Fazakerley	21	Neil McIntosh
4	Penny Lane Striders	52	—	4	Martin Hirrell	20	Stev Pemberton	28	Terence Long

Formby 10k - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Pine Tops Running Club	25	—	4	Vickie Smith	9	Ian Hope	12	Julie Milburn
2	Formby Runners	44	—	7	Joanne Cowley	17	Kathryn Hutt	20	Sarah Breton