

Ras Rhedeg Llyn Tegid Y Bala at Bala on Saturday 22nd March 2003

Senior Race — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time
1	Martin Farran	V40 1	Leeds City AC	1:03:52
2	Richard Jones	V40 2	North Wales Road Runners	1:06:20
3	Steve Smith	V40 3	Kidderminster & Stourport AC	1:06:50
4	Peter Deam		UWA Harriers	1:07:53
5	Darren Jones		Wrexham	1:08:17
6	Kevin Francis		Shrewsbury AC	1:09:19
7	Dewi Roberts		Bro Dysynni	1:09:31
8	Emyr Davies	V60 1	Eryri Harriers	1:09:33
9	Bill Fairclough	V45 1	Liverpool Running Club	1:09:38
10	Dave Rowley	V45 2	Wolverhampton & Bilston	1:09:54
11	Ed Reid	V40 4	Abergele Harriers	1:09:59
12	Mark Morris	V40 5	Wirral AC	1:10:05
13	Arwel Jones	V40 6	Prestatyn RC	1:10:11
14	Ian Carson	V50 1	Wrexham	1:10:24
15	Peter Weatherhead	V50 2	Wirral AC	1:11:01
16	Graham Jones	V45 3	Shrewsbury AC	1:11:05
17	John Amos	V45 4	Amazing Feet RC	1:11:06
18	Stephen Jones		Wrexham	1:11:14
19	Clifford Evans	V40 7	Aberystwyth University	1:11:22
20	Iwan Edgar	V45 5	Unattached	1:11:28
21	Jimmy Price	V50 3	Liverpool Running Club	1:12:20
22	Gwyn Roberts		Unattached	1:12:33
23	Derek Goss	V40 8	Unattached	1:12:55
24	Arthur Egan	V55 1	Wrexham	1:12:57
25	Eddie Sanders	V50 4	Amazing Feet RC	1:13:02
26	Shaun Hooson		Buckley Runners	1:13:25
27	Gordon Manson	V45 6	Oswestry Olympians	1:14:45
28	John Parry	V45 7	Wrexham	1:15:00
29	John Griffith	V50 5	Cybi Striders	1:15:28
30	Joseph Jones		Bro Dysynni	1:15:30
31	Alan Edwards		Unattached	1:15:33
32	David McGlinchey		Unattached	1:15:53
33	Peter Foale	V50 6	Aberystwyth AC	1:15:55
34	Paul Stinton		Buckley Runners	1:15:57
35	Peter Warner	V40 9	Napton Runners	1:15:59
36	S Walker		Chester Tri	1:16:12
37	Chris Bowen		Shrewsbury AC	1:16:20
38	Paul Hooson	V40 10	Wrexham Tri	1:16:25
39	Derek Owen	V50 7	Shrewsbury AC	1:16:50
40	Geoff Richards	V50 8	Wrexham	1:16:54
41	Chris Miles		Amazing Feet RC	1:17:14
42	Matthew Anske		UWA Harriers	1:17:26
43	Graham Parson		Shrewsbury AC	1:17:44
44	Paul Williakms		Unattached	1:17:45
45	Chris Wakeman	V40 11	Shrewsbury AC	1:18:21
46	Tony Hodgson	V50 9	Bro Dysynni	1:18:29
47	Andrew Birch		Oswestry Olympians	1:18:39
48	Stephen Jones		Wrexham	1:18:41
49	Peter Roberts	V60 2	Wrexham	1:18:56
50	Arwel Jones	V40 12	Unattached	1:18:59
51	Steve Hatfield	V55 2	Prestatyn RC	1:19:02
52	Michael Hodges	V45 8	Spa Tans	1:19:24
53	Dave Taylor	V50 10	Chester Tri	1:19:29
54	Jon Bell	V40 13	Unattached	1:19:30
55	Chris Hall		Unattached	1:20:10
56	James Thomas	V60 3	Wrexham Tri	1:20:15
57	Lyn Rees	V50 11	Sarn Helen Lampeter	1:20:24
58	Campbell Gillespie		Liverpool Running Club	1:20:32
59	Robert Alscroft	V50 12	Village Runners	1:20:36
60	Chris Baldwin	V45 9	Dunbigg Harriers	1:20:47
61	Maldwyn Evans	V40 14	Eryri Harriers	1:20:48
62	James Snowden	V50 13	Wrexham	1:20:50
63	Paul Johansen		Unattached	1:20:52
64	Karl Prothero		Unattached	1:20:59
65	Kirsty Stephenson	L35 1	Abergele Harriers	1:21:14
66	Derwyn Williams	V50 14	Eryri Harriers	1:21:23
67	Tudur Dylan Jones		Unattached	1:21:51
68	Tony Bothwell	V45 10	Shrewsbury AC	1:22:04
69	Kenneth Peers	V60 4	Unattached	1:22:07
70	Gabby Warring	L45 1	Prestatyn RC	1:22:09
71	Thomas Jones	JM 1	Prestatyn RC	1:22:11
72	P Burns	V55 3	Stafford Harriers	1:22:20
73	John Evans	V55 4	Aberystwyth AC	1:22:30
74	Aled Evans	V40 15	Unattached	1:22:34
75	Stephen Beech	V40 16	Village Runners	1:22:43
76	Gareth Evans Hughes	V40 17	Wrexham	1:22:46
77	Catriona Clarke	L 3	Telford Harriers	1:22:52
78	Aaron Letch		Unattached	1:22:53
79	Malcolm Taylor	V60 5	Bro Dysynni	1:23:04
80	Chris Smith		Wrexham Tri	1:23:07
81	Julian Hunter	V50 15	Wrexham Tri	1:23:12
82	Paul Conlon		Unattached	1:23:27
83	David Kirkham	V50 16	Cybi Striders	1:23:38
84	Alun Humphreys	V40 18	Unattached	1:23:57
85	J Taylor	V55 5	Leighton Road Runners	1:24:05
86	Ian Davies	V40 19	Shrewsbury AC	1:24:18
87	Paul Davies		Unattached	1:24:22
88	John Richards	V55 6	Unattached	1:24:47
89	Debbie Evans	L45 2	Bro Dysynni	1:25:12
90	Peter Norman	V65 1	Wrexham	1:25:18
91	Alex Anichkin	V45 11	Unattached	1:25:38
92	Llifon Foulkes		Unattached	1:25:41
93	Clive McAfee	V45 12	Trawden AC	1:25:51
94	Al Mansley	V65 2	Pensby RR	1:25:56
95	Barry Powel		WAAA	1:25:57
96	Aidan Wafer	V40 20	Wrexham	1:26:01
97	Martin Cotgreave	V40 21	Bala Kat Club	1:26:14
98	Jackie Jarkis	L40 1	Oswestry Olympians	1:26:26
99	Robbie Dilworth		Unattached	1:26:47
100	Jon Osler	V40 22	Unattached	1:26:50
101	Dave Machin	V55 7	Birkenhead AC	1:26:53
102	Mark Fraser		Unattached	1:27:02
103	Elaine Statham	L55 1	Stone Master Marathoners	1:27:18
104	John Ashley		North Wales Road Runners	1:27:19
105	J Evans	V40 23	Unattached	1:27:25
106	A Denby		Unattached	1:27:32
107	Iolo Hughes	V40 24	Unattached	1:27:36
108	Barry Stanley	V65 3	Unattached	1:27:37
109	B Langston	V60 6	Stafford Harriers	1:27:41
110	Paul Hitchen		Mersey Tri	1:27:42
111	Ian McNeill	V45 13	Penny Lane Striders	1:27:53
112	Russell Williams		Eryri Harriers	1:28:08
113	Huw Davies		Unattached	1:28:16
114	Colin Jackson	V40 25	Unattached	1:28:33
115	Colin Lucas	V55 8	Amazing Feet RC	1:29:15
116	Roy Jardine	V55 9	Eryri Harriers	1:29:22
117	Brian Banawich	V40 26	St Helens Striders	1:29:29
118	Andy Lewis	V45 14	Shrewsbury AC	1:29:36
119	Brian Limacher	V45 15	North Wales Road Runners	1:30:14
120	David Dickenson		Village Runners	1:30:24
121	Tony Rawlinson		Liverpool Running Club	1:30:36
122	Alun Powell	V55 10	Unattached	1:30:37
123	Christine Jones	L40 2	Prestatyn RC	1:30:45
124	Janet Taylor	L40 3	Chester Tri	1:30:55
125	Malcolm Hunt	V40 27	Unattached	1:30:59
126	Doug Morris	V70 1	Oswestry Olympians	1:31:00
127	Stephen Shakespear		Unattached	1:31:01
128	Sandra Evans	L40 4	Unattached	1:31:12
129	Deborah Cliff	L35 2	Abergele Harriers	1:31:26
130	D Roberts	V45 16	Unattached	1:31:50
131	Huw Edwards	V40 28	Unattached	1:31:59
132	Glenda Davies	L40 5	Prestatyn RC	1:32:12
133	Nick Bradley	V45 17	Unattached	1:32:13
134	Steve Smith	V50 17	Wrexham Tri	1:32:22
135	T Eynon	L 12	Unattached	1:32:28
136	Mike Jennings	V45 18	Unattached	1:32:52
137	Alan Spencer	V65 4	3M Gorseionon RRC	1:32:56
138	lowerth Roberts	V55 11	Eryri Harriers	1:32:58
139	Robert Chilton	V55 12	Unattached	1:33:02
140	Glyn Roberts	V50 18	Unattached	1:33:15
141	R Evans	V40 29	Unattached	1:33:22
142	Mike Storry	V55 13	Village Runners	1:33:24
143	Tim Worrall	V55 14	Unattached	1:33:28
144	Ian McConnell		Unattached	1:33:44
145	Suzanne Thomas	L 13	Pembroke Tri Club	1:33:47
146	Paul Harper	V45 19	Unattached	1:33:58
147	Don Gruettner	V50 19	Spa Striders	1:33:59
148	Chris Briffa	V45 20	Wrexham Tri	1:34:29
149	Angela Deacon	L45 3	Unattached	1:35:22
150	Gordon Trevor	V50 20	Shrewsbury AC	1:35:23
151	Craig Chadwick		Unattached	1:35:24
152	Carole Morrison	L40 6	Unattached	1:35:31
153	Kath Dootson	L 16	Pembroke Tri Club	1:35:40
154	Terry Stringer	V50 21	Unattached	1:35:44
155	Steve Roberts	V40 30	Unattached	1:35:50
156	Ian Kennerley	V55 15	Unattached	1:35:58
157	Ann Jones	L55 2	Wrexham	1:36:09
158	Rosemary Price	L50 1	BS Deestridders	1:36:34
159	Colin Roberts		Unattached	1:37:20
160	Sarah Swain	L 19	Unattached	1:37:21
161	Jonathan Swain		Unattached	1:37:21
162	Gordon Sims	V55 16	Amazing Feet RC	1:37:38
163	Ted Partridge	V70 2	Wrexham	1:37:50
164	Tony Scales	V50 22	Shrewsbury AC	1:37:53

165	Phil Youle	V40 31	Shrewsbury AC	1:38:05	201	Joan Minty	L35 8	Denbigh Harriers	1:45:46
166	Eddie Naisby	V70 3	Prestatyn RC	1:38:13	202	John Tipping	V60 9	Wrexham	1:45:55
167	Brenda Jones	L60 1	BroDysynni	1:38:15	203	Samantha Hatton	L 35	Amazing Feet RC	1:46:31
168	Louise Barron	L 21	Black Country Triathletes	1:38:22	204	Rob Edwards	V50 26	Amazing Feet RC	1:46:32
169	Paul Kingscott		Black Country Triathletes	1:38:23	205	Mark Thatcher	V40 34	Unattached	1:47:10
170	Gethin Evans		Unattached	1:38:40	206	Gary Thatcher	V40 35	Unattached	1:47:10
171	Mick Statham	V55 17	Stone Master Marathoners	1:39:30	207	Kim Bray	L45 6	Unattached	1:47:14
172	Roy Davies	V45 21	Unattached	1:39:35	208	Don Price	V60 10	Unattached	1:49:12
173	Eurwyn Evans	V45 22	Unattached	1:39:45	209	Graham Newall		Unattached	1:49:22
174	Bev Downes	L35 3	Stafford Harriers	1:39:56	210	Danial WynJones	JM 2	Unattached	1:49:57
175	Ian Bratby		Unattached	1:39:59	211	William Collinson	V65 5	Penny Lane Striders	1:50:00
176	Simon Richards		Wrexham Tri	1:40:12	212	Glyn Jones	V65 6	Penny Lane Striders	1:50:00
177	Max Morris	V60 7	3M Gorseionon RRC	1:40:18	213	Andy Unwin		Bro Dysynni	1:50:08
178	Zoe Griffiths	L40 7	Sunlight Runners	1:40:30	214	Steve Hulme		Unattached	1:50:37
179	Jane Walsh	L35 4	Sunlight Runners	1:40:32	215	Gwyn Davies	V60 11	Unattached	1:50:55
180	David Goodall	V50 23	Village Runners	1:40:47	216	Mary Radford	L55 4	West Cheshire AC	1:52:07
181	Danniel Williams		Village Runners	1:40:49	217	Gareth Davies		Unattached	1:52:29
182	Emyr Roberts		Unattached	1:41:02	218	D ArmstrongEsther	L40 9	Unattached	1:52:29
183	Sian Bramwell	L35 5	Unattached	1:41:14	219	Christine Stevens	L45 7	Bro Dysynni	1:53:15
184	Marilyn Brown	L50 2	Unattached	1:41:30	220	Mari Davies	L40 10	Unattached	1:53:20
185	Gareth Evans	V40 32	Unattached	1:42:00	221	Jane Roberts	L40 11	Unattached	1:53:40
186	Peter Estick	V60 8	Massey Ferguson RC	1:42:06	222	Victoria Collins	L 42	Unattached	1:53:45
187	Tony Barnes	V50 24	South Liverpool AC	1:42:32	223	Evansnia	L 43	Unattached	1:53:45
188	Joy Smith	L50 3	Stratford On Avon AC	1:42:37	224	Phil Kingston	V70 4	Spa Tans	1:54:50
189	Elspeth Horner	L35 6	Unattached	1:42:38	225	Paul Douglas	V40 36	Unattached	1:55:22
190	Daniel Davies		Unattached	1:42:48	226	Eirlys Douglas	L40 12	Unattached	1:55:22
191	Julie Green	L40 8	Unattached	1:43:00	227	Hilda Limacher	L40 13	North Wales Road Runners	2:01:16
192	Steve Calvert	V40 33	Unattached	1:43:00	228	Gareth Davies		Unattached	2:01:16
193	Robert AllenHarding	V50 25	Telford Harriers	1:43:06	229	Julie Dodd	L35 9	Unattached	2:03:30
194	Val Machin	L55 3	Birkenhead AC	1:43:22	230	Glenda Davies	L50 4	Unattached	2:05:00
195	Matthew Nicholson		Unattached	1:44:02	231	Alex Morton	V70 5	Bro Dysynni	2:07:30
196	Elizabeth Salisbury	L45 4	Shropshire Shufflers	1:44:33	232	Peter Johnston	V50 27	WAAA	2:08:14
197	Andy Barton	V45 23	Shropshire Shufflers	1:44:34	233	Andrew Stoll	V55 18	Unattached	2:08:50
198	Donna Jones	L35 7	North Wales Road Runners	1:44:37	234	Andrea McConnell	L35 10	Unattached	2:09:36
199	Jean Ashley	L45 5	North Wales Road Runners	1:44:38	235	Barbara Jones	L35 11	Unattached	2:18:47
200	Gareth Charles		Unattached	1:44:52					

Senior Race - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Wrexham	58	—	5	Darren Jones	14	Ian Carson	18	Stephen Jones	21	Arthur Egan
2	Shrewsbury AC	88	—	6	Kevin Francis	16	Graham Jones	32	Chris Bowen	34	Derek Owen
3	Bro Dysynni	133	—	7	Dewi Roberts	27	Joseph Jones	39	Tony Hodgson	60	Malcolm Taylor
4	Amazing Feet RC	153	—	17	John Amos	22	Eddie Sanders	36	Chris Miles	78	Colin Lucas
5	Liverpool Running Club	161	—	9	Bill Fairclough	20	Jimmy Price	48	Campbell Gillespie	84	Tony Rawlinson
6	Eryri Harriers	189	—	8	Emyr Davies	51	Maldwyn Evans	53	Derwyn Williams	77	Russell Williams
7	Wrexham Tri	202	—	33	Paul Hooson	46	James Thomas	61	Chris Smith	62	Julian Hunter
8	Prestatyn RC	208	—	13	Arwel Jones	43	Steve Hatfield	55	Thomas Jones	97	Eddie Naisby
9	Village Runners	279	—	49	Robert Alscroft	58	Stephen Beech	83	David Dickenson	89	Mike Storry

Senior Race - Ladies — TEAM RESULTS

No complete teams