

View From English National Cross Country Championships at Durham on Saturday 24 February 20001

Senior Men — FINAL RESULTS (\$=non-counter)



1	\$M Openshaw	Birchfield Harriers	36:52	107	J Trapmore	Shaftesbury Barnet Harriers	41:05	213	D Ricketts	City Of Hull AC	42:52
2	S Haughian	Borough Of Hounslow AC	36:54	108	S Wurr	Leamington C & AC	41:05	214	T Wilks	Leeds City AC	42:53
3	W Farquharson	Mansfield H & AC	37:30	109	M Crosby	Altrincham AC	41:06	215	D Carroll	Basildon AC	42:54
4	N Francis	Shaftesbury Barnet Harriers	37:37	110	M Sanford	Chelmsford AC	41:07	216	C Quine	Manx Harriers	42:54
5	P Green	Sale Harriers Manchester	37:38	111	G Harris	Headington RR	41:07	217	D Clarke	Massey Ferguson RC	42:55
6	W Levett	Vauxhall AC	37:40	112	R Morley	Bedford & County AC	41:08	218	J Cant	Thames Hare & Hounds	42:55
7	R Denmark	Basildon AC	37:52	113	S Carmichael	City Of Hull AC	41:08	219	N Orr	Darlington H AC	42:56
8	B Royden	Medway AC	37:53	114	J Lisiewicz	Morpeth H & AC	41:09	220	J Rodgers	Borough Of Hounslow AC	42:56
9	R Birchall	Birchfield Harriers	37:56	115	D Milliken	Salford H & AC	41:09	221	J Boal	Rolls-Royce Harriers	42:57
10	M Vaux-Harvey	Stourport AC	38:08	116	P Wilson	Ealing, Southall & Middlesex	41:10	222	D McCrossan	Oxford University CCC	42:57
11	M Croasdale	Bingley H & AC	38:09	117	J Kovacs	Salford H & AC	41:15	223	S Woolridge	Thames Hare & Hounds	42:58
12	E DeJonge	Shaftesbury Barnet Harriers	38:14	118	A Stimpson	New Marske Harriers	41:17	224	L Mathews	Stourport AC	43:00
13	T Wall	Morpeth H & AC	38:16	119	R Von-Grot	Highgate Harriers	41:18	225	R Minton	Notts AC	43:02
14	P Tulba	Basingstoke & Mid Hants AC	38:21	120	J Aspell	Aldershot Farnham & Dist AC	41:20	226	S Jennings	Todmorden Harriers	43:03
15	N Talbot	Notts AC	38:23	121	J Lawler	Bedford & County AC	41:21	227	R Branigan	Hallamshire Harriers-Sheffield	43:03
16	G Raven	East Cheshire H & Tameside AC	38:24	122	D Benton	Ranelagh Harriers	41:25	228	S Cameron	Low Fell RC	43:04
17	D Rowan	Tipton Harriers	38:30	123	P Harwood	Aldershot Farnham & Dist AC	41:25	229	M McDonald	York Acorn RC	43:06
18	M Hilton	Leeds City AC	38:36	124	R Smith	Blackheath Harriers	41:26	230	S Simpson	Puma TVH	43:09
19	C Moore	Bingley H & AC	38:39	125	I Munt	Herne Hill Harriers	41:26	231	G Briggs	Oxford University CCC	43:10
20	T Graham	Tipton Harriers	38:42	126	V Schmitt	Oadby & Wigston Legionnaires	41:27	232	S Thingpen	Morpeth H & AC	43:10
21	J Taylor	Bingley H & AC	38:43	127	L Hunt	Harrow AC	41:34	233	P Johnson	Tynedale H & AC	43:11
22	S Brooks	Bingley H & AC	38:44	128	J McMahon	Bedford & County AC	41:35	234	A Green	Woodford Green W Essex Ladies	43:11
23	M Coleman	Medway AC	38:45	129	C Smales	City Of Hull AC	41:36	235	C Bragan	London Heathside	43:12
24	M Yelling	Bedford & County AC	38:47	130	C Brown	Coventry Godiva Harriers	41:36	236	R Ricksson	Morpeth H & AC	43:13
25	D Mitchinson	Newham & Essex Beagles	38:54	131	D Rene	London Heathside	41:37	237	D Swinburne	Morpeth H & AC	43:14
26	A O'Brien	Morpeth H & AC	38:58	132	P McTigue	South London Harriers	41:37	238	\$B Harrison	Notts AC	43:15
27	\$M Morris	Morpeth H & AC	39:01	133	J Seamarks	Tipton Harriers	41:39	239	C Emery	Steel City Striders RC	43:15
28	S Hall	Tipton Harriers	39:02	134	J Smith	Ranelagh Harriers	41:40	240	J Kerr	Oadby & Wigston Legionnaires	43:15
29	M Jubb	Derby & County AC	39:03	135	C Bannon	Borough Of Hounslow AC	41:41	241	N Carter	White Horse Harriers AC	43:16
30	J Mooney	Morpeth H & AC	39:04	136	M Webster	Luton United AC	41:42	242	P McCourt	Halesowen A & CC	43:17
31	A Williams	Sale Harriers Manchester	39:07	137	M Quinn	Wirral AC	41:43	243	N Hazelwood	Boston & District AC	43:17
32	S Shepley	Tipton Harriers	39:07	138	A Ward	Wigan & District Harriers A C	41:44	244	S North	Warrington AC	43:18
33	N Bangs	Thurrock Harriers	39:09	139	L Chairom	Coventry Godiva Harriers	41:45	245	G Rawlinson	North Fylde AC	43:18
34	C Carriss	Bingley H & AC	39:09	140	V Wilson	Morpeth H & AC	41:46	246	M Eadie	Clayton-Le-Moors Harriers	43:19
35	S Cotton	Tipton Harriers	39:11	141	J Lennox	Ealing, Southall & Middlesex	41:46	247	P Hall	Knivesmire Harriers	43:19
36	P Coleman	Grantham AC	39:16	142	K Corpes	Aldershot Farnham & Dist AC	41:47	248	N Strange	Keighley & Craven AC	43:21
37	N Mapp	Oadby & Wigston Legionnaires	39:18	143	M Jenkins	Mansfield H & AC	41:51	249	J Callaghan	Tipton Harriers	43:22
38	J Fitzsimmons	Shaftesbury Barnet Harriers	39:20	144	A McCarra	Ealing, Southall & Middlesex	41:51	250	P Chance	Notts AC	43:22
39	E Crowther	Salford H & AC	39:22	145	W Smith	Keighley & Craven AC	41:52	251	I Muxlow	Stourport AC	43:22
40	R Gould	Trafford AC	39:26	146	S Rennie	City Of Hull AC	41:53	252	D Hall	Southport Waterloo AC	43:24
41	R Berry	Southport Waterloo AC	39:28	147	R McHarg	Belgrave Harriers	41:54	253	S Wilkinson	Altrincham AC	43:25
42	A Barber	Peterborough AC	39:30	148	M Farran	Leeds City AC	41:55	254	G Watson	Rochdale Harriers AC	43:26
43	M Roscoe	Leeds City AC	39:31	149	T Honnibal	Bourne AC	41:55	255	P Scarr	Leeds City AC	43:27
44	M Cox	Salford H & AC	39:32	150	\$M Aspinall	Clayton-Le-Moors Harriers	41:56	256	P Townsend	Preston H & AC	43:28
45	G Hull	Leeds City AC	39:34	151	B Walsh	Shaftesbury Barnet Harriers	41:58	257	S Hallas	Wirral AC	43:29
46	P Lowe	Mandale H & AC (Cleveland)	39:36	152	A Fox	Manx Harriers	41:58	258	P Peerless	St Albans Striders	43:29
47	S Platts	Morpeth H & AC	39:41	153	S Parr	Gateshead H & AC	41:59	259	M Yorwerth	Blackheath Harriers	43:30
48	J Bouldridge	Birchfield Harriers	39:42	154	D Rudd	Altrincham AC	42:00	260	R Daniels	Manx Harriers	43:30
49	L Hurst	Belgrave Harriers	39:43	155	R Batchelor	Aldershot Farnham & Dist AC	42:01	261	T Rowley	Herne Hill Harriers	43:30
50	D MacLachlan	Border H & AC	39:45	156	A Jones	Woodford Green W Essex Ladies	42:02	262	J Zaple	Liverpool H & AC	43:32
51	P Dobson	Leeds City AC	39:47	157	J Sear	Blackheath Harriers	42:03	263	J McCole	New Marske Harriers	43:32
52	P Farmer	Luton United AC	39:48	158	J Bradley	Victoria Park Harriers	42:04	265	P Welham	Thames Hare & Hounds	43:33
53	I Pierce	Tipton Harriers	39:50	159	J Roche	London Heathside	42:05	266	R Browne	Preston H & AC	43:34
54	P Hinch	Birchfield Harriers	39:50	160	P Lemmon	Bedford Harriers	42:05	267	C Shuttleworth	Clayton-Le-Moors Harriers	43:34
55	S Herring	Bedford & County AC	39:52	161	R Alsop	Bideford AC	42:06	268	IM Greenwood	Leeds City AC	43:35
56	A Stewart	Belgrave Harriers	39:55	162	M Spencer	Shaftesbury Barnet Harriers	42:10	269	A Adams	Ranelagh Harriers	43:36
57	D Mason	Salford H & AC	39:56	163	E Malloch	South London Harriers	42:10	270	P Haarer	Basildon AC	43:37
58	G Gerard	Bristol AC	39:58	164	B Attwell	Belgrave Harriers	42:10	271	G Deacon	Kingston AC & Polytechnic H	43:39
59	M Hager	Tipton Harriers	40:00	165	W Cockerell	Leeds City AC	42:11	272	R Allen	Coventry Godiva Harriers	43:40
60	C Sampson	Morpeth H & AC	40:02	166	K Ritchie	Highgate Harriers	42:11	273	D Batstone	Woodford Green W Essex Ladies	43:41
61	S Deakin	Leeds City AC	40:03	167	N Martyn	Liverpool H & AC	42:12	274	T Pamphilon	Bedford & County AC	43:42
62	N Miller	Bedford & County AC	40:03	168	R Burney	Keighley & Craven AC	42:12	275	Kizzard	Mansfield H & AC	43:42
63	S Green	Bingley H & AC	40:04	169	L Hellawell	Bromsgrove & Redditch AC	42:12	276	S Davies	London Heathside	43:43
64	P Freary	Belgrave Harriers	40:04	170	P Carbutt	London Heathside	42:13	277	A Mitchell	Chelmsford AC	43:44
65	N Stirk	Tipton Harriers	40:04	171	M Potter	Nestle Rowntree AC-York	42:13	278	R Malseed	Belgrave Harriers	43:47
66	R Falkner	Oadby & Wigston Legionnaires	40:05	172	P Goble	Ranelagh Harriers	42:14	279	P Carstairs	Lancaster & Morecambe AC	43:48
67	D Flint	Morpeth H & AC	40:06	173	D McDonald	Trentham RC	42:15	281	R Phillips	Notts AC	43:48
68	A Weir	Thames Hare & Hounds	40:08	174	S Bazell	Wesham RR & AC	42:17	282	C O'Neill	Oadby & Wigston Legionnaires	43:48
69	M Hill	Tipton Harriers	40:11	175	A Rowe	Birmingham Rowheath AC	42:17	283	B Roberts	Mandale H & AC (Cleveland)	43:49
70	S Major	South London Harriers	40:18	176	D Parkin	Morpeth H & AC	42:20	284	M Kirby	York Acorn RC	43:50
71	P Leybourne	Salford H & AC	40:23	177	C McBurney	Notts AC	42:20	285	C Lindsay	Wirral AC	43:51
72	D Norman	Altrincham AC	40:24	178	M Wakefield	City Of Norwich AC	42:21	286	I Crampton	Durham City H & AC	43:51
73	C Warren	Birchfield Harriers	40:25	179	B Gibson	Keighley & Craven AC	42:22	287	C Loftus	Keighley & Craven AC	43:52
74	J Burrell	Chelmsford AC	40:25	180	A Jones	Shaftesbury Barnet Harriers	42:22	288	M Lynas	Thames Hare & Hounds	43:52
75	D Gibbons	Tipton Harriers	40:29	181	P Simons	Morpeth H & AC	42:23	289	D Foster	Oteley AC	43:52
76	T Jackson	Shaftesbury Barnet Harriers	40:31	182	N Armsworth	Notts AC	42:25	290	J Joyce	Taunton AC	43:53
77	W Dashper	Telford AC	40:32	183	J Hayden	Charmwood AC	42:25	291	D Browne	London Heathside	43:54
78	G Comish	Sale Harriers Manchester	40:33	184	A King	Liverpool Pembroke & Sefton H	42:25	292	J Barlow	North Fylde AC	43:55
79	G Williams	Medway AC	40:34	185	J Eden	St Albans Striders	42:26	293	P Tallents	Retford AC	43:56
80	J Jackson	Salford H & AC	40:35	186	J Durant	Bedford & County AC	42:28	294	C Pedder	Newburgh Nomads	43:56
81	I Holmes	Bingley H & AC	40:38	187	K Patterson	Wigan Phoenix	42:30	295	T Munt	Reading AC	43:57
82	K Newton	Brighton & Hove AC	40:38	188	A Turnbull	Valley Striders	42:31	296	I Monkman	Newton Aycliffe AC	43:57
83	G Taylor	Trafford AC	40:39	189	P Darbyshire	Chelmsford AC	42:31	297	A Eccles	Wigan Phoenix	43:58
84	A Norman	Altrincham AC	40:40	190	P Briscoe	Oteley AC	42:33	298	S Rashid	Liverpool Pembroke & Sefton H	43:58
85	S Snow	Highgate Harriers	40:40	191	A Hucksion	St Albans Striders	42:33	299	N Cayton	Oteley AC	43:58
86	W Speake	Notts AC	40:41	192	A Robertshaw	Belgrave Harriers	42:33	300	R Walker	Peterborough AC	43:59
87	K Murphy	Woodford Green W Essex Ladies	40:41	193	M Hamer	Bedford & County AC	42:34	301	G Barrie	White Horse Harriers AC	43:59
88	B Yewer	Newbury AC	40:41	194	N Hliouat	Harborough AC	42:36	302	D Wright	Herne Hill Harriers	44:05
89	M Thompson	Gateshead H & AC	40:42	195	T Cook	Medway AC	42:37	303	P Steen	Birchfield Harriers	44:07
90	A Jones	East Cheshire H & Tameside AC	40:42	196	P Swaine	Leamington C & AC	42:40	305	A Murphy	Wirral AC	44:07
91	R Waters	Sale Harriers Manchester	40:43	197	R Hall	Trafford AC	42:42	306	A Leck	Lancaster & Morecambe AC	44:08
92	S Pullan	St Albans Striders	40:43	198	J Rogers	Belgrave Harriers	42:43	307	D McKenzie	Woodford Green W Essex Ladies	44:08
93	A Magall	Shaftesbury Barnet Harriers	40:44	199	S Kinson	Basildon AC	42:45	308	G Slater	City Of Hull AC	44:09
94	S Sterling	Basildon AC	40:49	200	M Murray	Liverpool H & AC	42:45	309	M Reed	Kingston AC & Polytechnic H	44:09
95	P Bradshaw	Newcastle (Staffs) AC	40:50	201	\$M Byansi	Morpeth H & AC	42:47	311	\$M Nance	Nestle Rowntree AC-York	44:10
96	A Beevers	Leeds City AC	40:50	202	N Hepple	White Horse Harriers AC	42:48	312	J Houghton	North Fylde AC	44:10
97	L Reilly	Kent AC	40:51	203	K Hatton	Longwood H & AC Huddersfield	42:49	313	V Booth	Trafford AC	44:11
98	D Hale	Salford H & AC	40:52	204	T Woodthorpe	City Of Norwich AC	42:50	314	G Robinson	Chester-Le-Street & Dist AC	44:11
99	K Sheppard	Tipton Harriers	40:52	205	M Cherrington	Low Fell RC	42:50	315	K Donkin	Aldershot Farnham & Dist AC	44:12
100	N Altman	Thames Hare & Hounds	40:53	206	G Felton	Altrincham AC	42:51	316	D Vaughan	East Cheshire H & Tameside AC	44:12
101	N Leigh	Altrincham AC	40:55	207	A Osbourne	Durham City H & AC	42:52	317	I Murray	City Of Norwich AC	44:13
102	S Patterson	Aldershot Farnham & Dist AC	40:57	208	A Kett	Boston & District AC	42:52	318	C Abbott	Epsom & Ewell Harriers	44:14
103	S North	Sale Harriers Manchester	40:59	209	J Archer						
104	M Fowler	Salford H & AC	41:00	210	P Nichol						
105	M Hutchinson	Trafford AC	41:02	211	R Hand						
106	H Lobb	Bedford & County AC	41:03	212	J Pike						

Event processing by G.J.Fecitt (SportSoft) Tel & Fax: 01204 884887 email: graham@race-results.co.uk

319	A Carroll	East Cheshire H & Tameside AC	44:16	440	S Parocki	Herne Hill Harriers	46:02	561	J Spencer	Hallamshire Harriers-Sheffield	47:39
320	T Plant	Derby & County AC	44:17	441	G Johnson	North Fylde AC	46:03	562	G Millican	Border H & AC	47:39
321	P Lazo	Kent AC	44:18	442	Livingstone	Verlea AC	46:03	563	P Carroll	Wigan Phoenix	47:40
322	S Poulton	Stourport AC	44:19	443	R Milne	St Albans Striders	46:04	564	A Evans	South London Harriers	47:41
323	A Bickerstaff	Ranelagh Harriers	44:20	444	S Coombes	Herne Hill Harriers	46:05	565	J Wallis	Woodford Green W Essex Ladies	47:41
324	P White	Leeds City AC	44:21	445	S Marshall	Durham City H & AC	46:05	566	M Gotts	Diss & District AC	47:42
325	M Hill	Sunderland H & AC	44:21	446	P Wakefield	Keighley & Craven AC	46:06	567	P Gale	Fairlands Valley Spartans	47:42
326	J Harbour	Clayton-Le-Moors Harriers	44:22	447	P York	Ealing, Southall & Middlesex	46:06	568	J Hudspeth	Serpentine RC	47:42
327	M O'Neill	Wigan & District Harriers A C	44:24	448	S Jackson	Horwich RMI H & AC	46:07	569	D Brock	Orion Harriers	47:43
328	A Hughes	City Of Hull AC	44:25	449	J Potter	Bridlington RR	46:08	570	G Patchett	Spenborough AC	47:43
329	P Clamp	Tamworth AC	44:26	450	F Smith	Saltwell Harriers	46:10	571	P Kenny	Royal Sutton Coldfield AC	47:46
330	D Nolan	Macclesfield H & AC	44:26	451	A Clague	West Cheshire AC	46:12	572	S Connolly	Newark AC	47:47
331	S Morton	Newark AC	44:27	452	A Lawrence	Kingston AC & Polytechnic H	46:14	573	I Stainthorpe	Rochdale Harriers AC	47:47
332	M Maranzano	Kingston AC & Polytechnic H	44:27	453	R French	Northbrook AC	46:15	574	K Hutchings	South London Harriers	47:48
333	P Gibson	Sunderland H & AC	44:28	454	R Disney	Reading AC	46:15	575	D Warren	Croydon Harriers	47:48
334	S Webb	Valley Striders	44:28	455	L Rudge	Harrow AC	46:16	576	T Jones	Hillingdon AC	47:49
335	D Keating	Corby AC	44:28	456	S Bulman	City Of Hull AC	46:16	577	A Tuttle	Newbury AC	47:50
336	F Barratt	Massey Ferguson RC	44:29	457	B Bosher	Sunderland H & AC	46:17	578	A Sarkar	Dulwich Runners AC	47:50
337	A Lashmar	Victoria Park Harriers	44:29	458	D Embleton	Wallsend H & AC	46:18	579	S Highway	Northampton Phoenix	47:51
338	A Millward	Stourport AC	44:30	459	M Leggett	Herne Hill Harriers	46:18	580	A Deane	Liverpool H & AC	47:51
339	R Sunley	Horsforth Harriers	44:30	460	M Middleton	Middlesbrough & Cleveland H	46:19	581	W Joel	Basildon AC	47:51
340	G Corbett	Stourport AC	44:32	461	S Parkes	Massey Ferguson RC	46:20	582	D Potter	Notts AC	47:52
341	I Yates	Trentham RC	44:33	462	M Morris	Wirral AC	46:21	583	M Rutherford	Mandale H & AC (Cleveland)	47:52
342	A Wieman	Hull Springhead Harriers	44:33	463	N Stringer	Sparkhill Harriers	46:22	584	P Chaffer	Blaydon H & AC	47:53
343	D Parkin	Loftus AC	44:33	464	P Davidson	Grantham AC	46:23	585	T Wigley	Boume AC	47:55
344	D Fallon	Reading AC	44:35	465	M Grainger	Darlington H & AC	46:24	586	A Clough	Wigan Phoenix	47:56
345	G Matthews	East Cheshire H & Tameside AC	44:37	466	D Bunn	Middlesbrough & Cleveland H	46:25	587	D Garner	Manchester YMCA Harriers	47:57
346	G Townsend	Puma TVH	44:38	467	S Robinson	Gateshead H & AC	46:26	588	C Stebbings	Luton United AC	47:58
347	N Eccles	Otley AC	44:38	468	S Doxey	Swinton RC	46:26	589	T Hall	Elswick Harriers	47:59
348	M Barlow	Kent AC	44:39	469	C Mayer	West Cheshire AC	46:27	590	Mitchell Smith T	Victoria Park Harriers	48:00
349	S Barlow	Horwich RMI H & AC	44:40	470	B Atkinson	Knivesmire Harriers	46:30	591	R McDonough	Kingston AC & Polytechnic H	48:01
350	P Webster	Valley Striders	44:41	471	T Wright	Longwood H & Chuddersfield	46:31	592	M Mann	Dulwich Runners AC	48:03
351	C Bailey	Highgate Harriers	44:41	472	J Dungan	City Of Norwich AC	46:32	593	C Taylor	Watford Joggers	48:03
352	T Burgin	East Hull H & AC	44:41	473	R Brown	Boume AC	46:32	594	M Dickinson	New Marske Harriers	48:04
353	P Keen	Hallamshire Harriers-Sheffield	44:42	474	B Drabner	Thorney RC	46:34	595	P Ashworth	Serpentine RC	48:04
354	J Blackett	Mandale H & AC (Cleveland)	44:43	475	L Heathcock	Halesowen A & CC	46:34	596	K Galbraith	Hartlepool Burn Road H & AC	48:05
355	D Gee	Manchester H & AC	44:44	476	T Sutte	Invicta East Kent	46:35	597	G Menzies	Preston H & AC	48:07
356	J Best	Darlington H & AC	44:45	477	T Broomfield	Harrogate H & AC	46:36	598	M Dransfield	Spenborough AC	48:07
357	J Knibb	Derby & County AC	44:45	478	A Bryant	Massey Ferguson RC	46:36	599	K Banks	Northbrook AC	48:08
358	N Humphreys	Northampton Phoenix	44:47	479	S Elliott	Notts AC	46:37	600	M Walker	Helsby RC	48:09
359	P Quine	Liverpool H & AC	44:48	480	T Egan	Northampton Phoenix	46:37	601	D Collier	Chelmsford AC	48:09
360	J Bell	Elswick Harriers	44:48	481	P Reilly	Shaftesbury Barnet Harriers	46:38	602	J Duston	York Acorn RC	48:10
361	J Cooke	White Horse Harriers AC	44:49	482	N Wilson	Nuneaton Harriers	46:39	603	G Shaw	Orion Harriers	48:11
362	B Murphy	Liverpool Pembroke & Sefton H	44:50	483	C D Laird	Lytham St Annes RR	46:39	604	I Stokes	Invicta East Kent	48:11
363	S Hilton	Serpentine RC	44:50	484	K Kemp	London Heathside	46:39	605	C Fincham	Blackheath Harriers	48:12
364	J McDermott	Houghton & Peterlee AC	44:52	485	D Aske	Harrogate H & AC	46:40	606	M Wornes	Steel City Striders RC	48:12
365	J Franklin	Oadby & Wigston Legionnaires	44:54	486	M Hall	Otley AC	46:40	607	R Hill	Wells City Harriers	48:14
366	M Creighton	East Cheshire H & Tameside AC	44:54	487	M Shaw	Mandale H & AC (Cleveland)	46:41	608	Anthony Davies	St Helens Sutton AC	48:15
367	J Beales	City Of Bath AC	44:55	488	A Fozzard	Bridlington RR	46:42	609	P Robinson	Manx Harriers	48:16
368	M Armstrong	Hartlepool Burn Road H & AC	44:56	489	G Baird	Middlesbrough & Cleveland H	46:43	610	P Bellamy	Barton & District AC	48:16
369	G Armitage	Longwood H & Chuddersfield	44:57	490	F Whitford	Houghton & Peterlee AC	46:44	611	K Stephenson	East Hull H & AC	48:17
370	P Walker	Blaydon H & AC	44:57	491	A Harland	Mandale H & AC (Cleveland)	46:46	612	N Shipley	Chesapeake RR	48:18
371	P Quibell	North Fylde AC	44:57	492	C Hawxby	York Acorn RC	46:47	613	N Irvine	Elswick Harriers	48:18
372	J Williams	Oadby & Wigston Legionnaires	44:58	493	H Spithiras	London Heathside	46:47	614	M Healey	Springfield Striders	48:19
373	C Curtis	Corby AC	44:58	494	J Flavie	London Heathside	46:48	615	J Bateman	Ripley RC	48:20
374	C Gerahy	St Helens Sutton AC	44:59	495	S Nesbitt	Durham City H & AC	46:48	616	M Bennett	Elvet Striders	48:21
375	M Lane	Ranelagh Harriers	44:59	496	N Burke	Altrincham AC	46:49	617	S Martin	Middlesbrough & Cleveland H	48:22
376	S Hunt	Harrow AC	45:00	497	G Wilkinson	East Hull H & AC	46:50	618	A Harries	Derby & County AC	48:22
377	R Byers	Trafford AC	45:01	498	A L Passco	Clayton-Le-Moors Harriers	46:51	619	M Springer	Horsforth Harriers	48:22
378	P Shipway	Sparkhill Harriers	45:02	499	D Ellis	Sunderland H & AC	46:52	620	H Todd	Steel City Striders RC	48:23
379	A Blair	Bedford & County AC	45:03	500	S Costall	Harborough AC	46:55	621	A Storey	Blaydon H & AC	48:23
380	S Pyke	Trentham RC	45:05	501	A Short	Grantham AC	46:55	622	S Mitchell	Gosforth H & AC	48:24
381	S Coxon	Tynedale H & AC	45:07	502	R Howells	Ealing, Southall & Middlesex	46:56	623	S Ruane	Stafford Harriers	48:24
382	S Hall	Fairlands Valley Spartans	45:07	503	I Scott	Richmond & Zetland Harriers	46:57	624	S Hardy	Loftus AC	48:25
383	I Crossdale	London Heathside	45:08	504	P Weall	Wigan & District Harriers A C	46:57	625	J Dennis	Crook & District AC	48:25
384	R Theford	Headington RR	45:09	505	L Morgan	South London Harriers	46:58	626	A Dodd	Teesdale AC	48:26
385	C Knight	Maidstone & Rochester AC	45:11	506	P Dunn	Elvet Striders	46:58	627	M Greaves	Harrogate H & AC	48:26
386	M Connelly	Elswick Harriers	45:12	507	P Gebbet	Notts AC	46:59	628	J Russell	Pitsea RC	48:27
387	A Coleman	Woodford Green W Essex Ladies	45:13	508	D Anderson	Wallsend H & AC	46:59	629	A Owen	London Heathside	48:28
388	D Sharman	Derby & County AC	45:14	509	P Foster	Houghton & Peterlee AC	46:59	630	B Courtney	Blaydon H & AC	48:29
389	G Bagnall	Victoria Park Harriers	45:15	510	I Aitchison	Rochdale Harriers AC	47:00	631	P Tompkinson	Trentham RC	48:29
390	J Emminees	The Stragglers	45:15	511	K Wood	Saltwell Harriers	47:00	632	T Hellings	North Fylde AC	48:30
391	C Owens	Ranelagh Harriers	45:16	512	D Hanna	Reading AC	47:01	633	S Helm	New Marske Harriers	48:31
392	T Collins	Spenborough AC	45:17	513	P Filler	Orion Harriers	47:01	634	P Wetton	Puma TVH	48:31
393	L Endean	North Fylde AC	45:18	514	J Kershaw	Macclesfield H & AC	47:02	635	T Collins	Havering Mayesbrook AC	48:32
394	A Smith	St Helens Sutton AC	45:18	515	S Plested	Ealing, Southall & Middlesex	47:02	636	M Cunningham	Manchester H & AC	48:32
395	A Nesom	City Of Norwich AC	45:19	516	C Toppass	Derby & County AC	47:03	637	D Wharton	St Helens Striders	48:34
396	B Corr	South London Harriers	45:19	517	A Carroll	Sparkhill Harriers	47:04	638	T Temminck	Highgate Harriers	48:34
397	B Summers	Northampton Phoenix	45:20	518	D Egan	Rochdale Harriers AC	47:04	639	C Murdoch	Hallamshire Harriers-Sheffield	48:36
398	S Claridge	St Albans Striders	45:20	519	F Stevens	Helsby RC	47:05	640	M Salmon	Blaydon H & AC	48:39
399	A Nixon	Preston H & AC	45:21	520	M Bailey	Newcastle (Staffs) AC	47:05	641	P Hawkins	Great Western Runners	48:39
400	M Wrench	Valley Striders	45:23	521	M Chandler	Spenborough AC	47:06	642	Q Broadbent	Orion Harriers	48:40
401	D Barker	Cambridge University H & H	45:25	522	P Noble	Serpentine RC	47:06	643	A Sellars	Kent AC	48:41
402	M Hulmston	Wirral AC	45:26	523	O Parkington	Preston H & AC	47:06	644	P Milburn	Newton Aycliffe AC	48:42
403	K Carter	Mandale H & AC (Cleveland)	45:26	524	J Andrew	Sphinx AC	47:07	645	C Gibson	Newton Aycliffe AC	48:43
404	C SSheard	Massey Ferguson RC	45:27	525	P Predman	Sunderland H & AC	47:07	646	P Graham	Ranelagh Harriers	48:45
405	C Webb	Harborough AC	45:29	526	P Wilkinson	Skelmersdale Boundary Harriers	47:08	647	N Langham	Kimberley & District Striders	48:45
406	R Hughes	Salford Metropolitan AC	45:30	527	C Whitworth	East Cheshire H & Tameside AC	47:08	648	N Dutton	Valley Striders	48:46
407	D Burgess	Otley AC	45:31	528	D Kent	South London Harriers	47:09	649	L Johns	St Albans Striders	48:46
408	K Brown	Mandale H & AC (Cleveland)	45:33	529	N Chester	Liverpool H & AC	47:09	650	K Sanderson	Teesdale AC	48:47
409	N Russell	Retford AC	45:34	530	B Graney	St Helens Sutton AC	47:10	651	I Mitchell	Longwood H & Chuddersfield	48:48
410	Plunkett-Cole	Hull Springhead Harriers	45:34	531	A Smith	Knivesmire Harriers	47:11	652	P Galpin	Leamington C & AC	48:49
411	D Sutton	Sale Harriers Manchester	45:35	532	I Brown	Morpeth H & AC	47:12	653	J Walter	Peterborough AC	48:49
412	L Maddock	London Heathside	45:36	533	B Horrocks	Clayton-Le-Moors Harriers	47:12	654	B Thompson	Halesowen A & CC	48:50
413	P Wilkin	Mandale H & AC (Cleveland)	45:37	534	F Reddington	Spenborough AC	47:13	655	G Davis	Durham City H & AC	48:50
414	L Spencer	Keighley & Craven AC	45:37	535	D Farrington	Southport Waterloo A C	47:14	656	P Dixon	Sunderland Strollers	48:51
415	D Ogden	South London Harriers	45:38	536	D Harrison	Derby & County AC	47:14	657	C Nightingale	Wigan Phoenix	48:53
416	P Cole	Medway AC	45:39	537	J Quaintance	South London Harriers	47:14	658	G Timmins	Birchfield Harriers	48:55
417	C Riley	Mansfield H & AC	45:40	538	P Downie	Newark AC	47:15	659	I Holland	North Shields Polytechnic	48:56
418	G Burnip	Mandale H & AC (Cleveland)	45:42	539	T Stock	Macclesfield H & AC	47:16	660	B Wilson	Darlington H & AC	48:56
419	C Hinks	Sparkhill Harriers	45:43	540	C Collier	Wesham RR & AC	47:16	661	E Baldwin	Durham City H & AC	48:57
420	M Wright	Tipton Harriers	45:45	541	A McDowell	Mandale H & AC (Cleveland)	47:16	662	T Pell	Corby AC	48:57
421	P Jegov	White Horse Harriers AC	45:46	542	P Boxshall	Kent AC	47:17	663	D Birch	Steel City Striders RC	48:58
422	G Collis	Coventry Godiva Harriers	45:47	543	G Jerwood	Herne Hill Harriers	47:17	664	D Lee	Massey Ferguson RC	48:58
423	D Colclough	Trentham RC	45:47	544	G Chatterton	Chelmsford AC	47:19	665	T Jordon	Northbrook AC	48:59
424	L O'Flaherty	Herne Hill Harriers	45:48	545	D Law	East Cheshire H & Tameside AC	47:21	666	A Walker	Halesowen A & CC	48:59
425	V Carroll	Northampton Phoenix	45:49	546	S Beck	Kimberley & District Striders	47:22	667	R Foster	City Of Bath AC	49:00
426	L Warburton	Spenborough AC	45:49	547	M Penman	Victoria Park Harriers	47:23	668	B Healey	Nidd Valley RR	49:00
427	T Clarke	Liverpool H & AC	45:50	548	A Wasdell	St Albans Striders	47:25	669	R Payne	Bedford & County AC	49:01
428	D Boyce	Ealing, Southall & Middlesex	45:51	549	J Barnes	York Acorn RC	47:27	670	K Wesson	Elvet Striders	49:02
429	M Plint	City Of Sheffield AC	45:53	550	R Kenny	Preston H & AC	47:29	671	P Garnett	Border H & AC	49:02
430	M Raynes	York Acorn RC	45:55	551	P Gittings	Reading AC	47:30	672	P Chapman	Oldham & Royton H & AC	49:03
431											

682	S Driscoll	Totton RC	49:13	803	M Proctor	Longwood HAC Huddersfield	50:56	924	A Austin	South London Harriers	52:51
683	D Dunn	Lytham St Annes RR	49:13	804	M Jones	Verlea AC	50:57	925	W Eldridge	East Hull H & AC	52:52
684	S Jackson	Eton Manor AC	49:14	805	S Saunders	Newark AC	50:57	926	P Radford	Tunbridge Wells Harriers	52:54
685	N Garnett	Spectrum Striders	49:15	806	D Mackay	Kent AC	50:57	927	R Clay	Stafford Harriers	52:55
686	C Berry	Eden Runners	49:18	807	M West	Boston & District AC	50:58	928	G Jackson	Manchester YMCA Harriers	52:55
687	V Robinson	Wigan Phoenix	49:18	808	K Payne	Wallsend H & AC	50:59	929	A Howard	Wesham RR & AC	52:55
688	I Waller	Nidd Valley RR	49:19	809	B Davies	Canterbury University H & H	51:00	930	M Clark	Low Fell RC	52:55
689	N Wasledge	Fairlands Valley Spartans	49:19	810	R Green	Woodford Green Wessex Ladies	51:00	931	R Dodgson	Heaton Harriers	52:56
690	G Newlands	Dulwich Runners AC	49:20	811	B MacFadyen	Macclesfield H & AC	51:02	932	J Pitt	Trent Park Trotters	52:56
691	S Murray	Woodford Green Wessex Ladies	49:20	812	N Dilks	Wreake Runners	51:04	933	A Davy	Horforth Harriers	52:57
692	M Collins	Swinton RC	49:21	813	G Astley	Siemens AC	51:06	934	G Thomas	Luton United AC	53:00
693	K Lewis	Bridlington RR	49:22	814	T O'Brien	Sphinx AC	51:06	935	B Chester	Chorley AC	53:01
694	W Fraser	Saltwell Harriers	49:22	815	H Burchard	City Of Bath AC	51:07	936	P Murray	Horwich RMI H & AC	53:03
695	G Short	Middlesbrough & Cleveland H	49:23	816	P Witcombe	Winchester & District AC	51:10	937	D Thornton	Shelton Striders	53:04
696	H Nickau	Headington RR	49:24	817	S Leonard	Houghton & Peterlee AC	51:12	938	R Hardcastle	Longwood HAC Huddersfield	53:05
697	R Solomons	Highgate Harriers	49:25	818	R Dalby	Rochdale Harriers AC	51:12	939	A Savage	Kent AC	53:09
698	S Forster	Preston H & AC	49:26	819	J Charter	Stafford Harriers	51:13	940	S Utting	Red Rose RR	53:09
699	P Leaf	Elswick Harriers	49:26	820	S Simpole	Orion Harriers	51:14	941	L Abbott	St Helens Striders	53:10
700	S Brazil	The Stragglers	49:27	821	I White	Corby AC	51:15	942	S Hindmarsh	Manchester YMCA Harriers	53:13
701	A Glasgow	Wesham RR & AC	49:28	822	D James	Kimberley & District Striders	51:15	943	P Smart	Reading AC	53:14
702	N Duffield	Loftus AC	49:29	823	T Alabaster	Witham RC	51:16	944	D Stephenson	Fairlands Valley Spartans	53:15
703	G McCara	Helsby RC	49:29	824	J Compton	Grimsby H & AC	51:17	945	J Husbands	Puma TVH	53:15
704	G Johnson	Boston & District AC	49:30	825	G Huggan	Knivesmire Harriers	51:19	946	I Clarke	Stourbridge RC	53:16
705	T Hanson	Elswick Harriers	49:31	826	S Dunn	Werrington Joggers	51:20	947	A Robson	Teesdale AC	53:16
706	S Gillespie	Blyth RC	49:36	827	P Lawlor	Northbrook AC	51:26	948	R Cave	Werrington Joggers	53:19
707	J Yule	Steel City Striders RC	49:36	828	M Kirk	Siemens AC	51:26	949	B Holmes	Massey Ferguson RC	53:21
708	B McShane	Blackheath Harriers	49:37	829	C Jones	White Horse Harriers AC	51:27	950	H Collins	City Of Norwich AC	53:22
709	A Hutchinsonson	Valley Striders	49:37	830	A Peers	Spectrum Striders	51:28	951	M Coleman	London Heathside	53:23
710	G Smith	Gateshead H & AC	49:37	831	J Lewy	Cambridge & Coleridge AC	51:29	952	A Davidson	Haslemere Border AC	53:24
711	N Chattaway	Massey Ferguson RC	49:38	832	D Anderson	Belgrave Harriers	51:30	953	D Batty	Bridlington RR	53:27
712	M Newitt	Peterborough AC	49:38	833	J Ellerby	Grantham AC	51:30	954	M McGann	East Cheshire H & Tameside AC	53:29
713	A Murray	Dulwich Runners AC	49:39	834	M Bradbury	Stafford Harriers	51:31	955	P Viveash	The Stragglers	53:30
714	R Bridgen	City Of Bath AC	49:41	835	K Rogers	Kimberley & District Striders	51:31	956	W A Dalton	Skelmersdale Boundary Harriers	53:32
715	J Ruisius	Clayton-Le-Moors Harriers	49:41	836	D Edwards	Garden City Joggers	51:33	957	A Brodie	Queens Park Harriers	53:33
716	A Mackenzie	Mandale H & AC (Cleveland)	49:42	837	J Headley	Kent AC	51:35	958	A Low	Halesowen A & CC	53:34
717	R Read	Darlington H & AC	49:45	838	K Davies	Trent Park Trotters	51:35	959	J Batty	Invicta East Kent	53:35
718	B Miller	Harrogate H & AC	49:46	839	D Robinson	Victoria Park Harriers	51:37	960	D Pallfrey	Tunbridge Wells Harriers	53:37
719	L Friel	Blaydon H & AC	49:47	840	B Ellis	Horforth Harriers	51:38	961	D McKenna	Red Rose RR	53:42
720	J Dawson	Orion Harriers	49:48	841	J Spencer-Wood	Kent AC	51:39	962	K Vickers	Chesapeake RR	53:44
721	S Heaton	East Cheshire H & Tameside AC	49:50	842	A Rowell	Durham City H & AC	51:41	963	R Harvey	Newton Aycliffe AC	53:47
722	E Knapp	Bridlington RR	49:51	843	R Carney	Birmingham Rowheath AC	51:42	964	T Gould	Serpentine RC	53:49
723	J Boyd	Reading AC	49:52	844	L Cunliffe	Houghton & Peterlee AC	51:42	965	P Melrose	Hallamshire Harriers-Sheffield	53:53
724	B Barnaby	St Albans Striders	49:52	845	A Pack	Boston & District AC	51:44	966	P Birch	Wreake Runners	53:54
725	I Thomas	Sparkhill Harriers	49:53	846	J McGinty	Chorley AC	51:45	967	J O'Donnell	Siemens AC	53:54
726	M Whally	Wreake Runners	49:54	847	A Pemberton	The Stragglers	51:46	968	K Daglish	Houghton & Peterlee AC	53:55
727	S Baguley	Retford AC	49:54	848	J Jackson	Bridlington RR	51:47	969	A Cheek	Tunbridge Wells Harriers	53:56
728	R Wilson	Elswick Harriers	49:55	849	R Bowman	Sunderland Strollers	51:47	970	P Dipple	Heme Hill Harriers	54:04
729	B Schofield	Oldham & Royton H & AC	49:56	850	B Hull	Claremont RR	51:48	971	M Shutt	Watford Joggers	54:05
730	D Croxall	Lancaster & Morecambe AC	49:58	851	M Wilcox	Great Western Runners	51:49	972	R Powell	Shaftesbury Barnet Harriers	54:06
731	S Moore	Shaftesbury Barnet Harriers	49:59	852	T Scott	Trent Park Trotters	51:52	973	G Wigley	Boume AC	54:10
732	R Attwood	Walthamstow AC	49:59	853	M Tattersall	East Cheshire H & Tameside AC	51:53	974	P Shaw	Horforth Harriers	54:11
733	D Kamis	Hull Springfield Harriers	50:02	854	S Broad	Diss & District AC	51:54	975	R Clapperton	Retford AC	54:12
734	P Mullarkey	Saltwell Harriers	50:02	855	G Westley	Southampton City AC	51:55	976	S Collett	Nestle Rowntree AC-York	54:12
735	M Lawn	York Acorn RC	50:03	856	M Jillians	City Of Bath AC	51:56	977	A Willerton	Watford Joggers	54:13
736	M Wilkie	Horforth Harriers	50:03	857	B Kent-Payne	City Of Bath AC	51:56	978	R Leeland	Red Rose RR	54:16
737	C Chown	Dulwich Runners AC	50:04	858	T Smith	Salford H & AC	51:57	979	D Atherton	Oldham & Royton H & AC	54:16
738	T Ware	East Hull H & AC	50:04	859	P Ellary	London Heathside	51:57	980	M Stacey	Low Fell RC	54:19
739	RO'Shea	Northbrook AC	50:05	860	M Baker	Northbrook AC	51:58	981	G Morris	Boume AC	54:21
740	W Atkinson	Headington RR	50:05	861	J Green	Cleethorpes & District AC	51:58	982	P Adams	Swinton RC	54:23
741	A Feakes	Diss & District AC	50:06	862	T Powell	Woodford Green Wessex Ladies	51:59	983	A Millbank	Heme Hill Harriers	54:26
742	P Hallam	Cleethorpes & District AC	50:06	863	G Holmes	Bedford & County AC	51:59	984	J Alymer	Massey Ferguson RC	54:28
743	J Popiolek	Leeds City AC	50:06	864	P Harris	Springfield Striders	52:00	985	S Adams	Eton Manor AC	54:28
744	A Hall	Harborough AC	50:08	865	D West	Dulwich Runners AC	52:01	986	J Fuller	Tunbridge Wells Harriers	54:28
745	S Purkiss-McEn	Richmond & Zetland Harriers	50:09	866	D Saunders	Claremont RR	52:02	987	T Allen	Garden City Joggers	54:33
746	D Salmon	Blaydon H & AC	50:10	867	M Henry	Alnwick Harriers	52:03	988	S Ramsden	Sunderland Strollers	54:35
747	R Britton	Staffordshire Moorlands AC	50:11	868	I Peel	Eye Community Runners	52:05	989	S Dobson	Helsby RC	54:36
748	F Howard	Headington RR	50:12	869	A Scaife	Elvet Striders	52:05	990	S McEntee	Heaton Harriers	54:37
749	A Neale	Knivesmire Harriers	50:13	870	B Cordes	Morpeth H & AC	52:06	991	A Scott	Werrington Joggers	54:40
750	M Rowlson	Siemens AC	50:13	871	A Matthews	Centurion RC	52:06	992	A Purdy	Eye Community Runners	54:40
751	W Arbury	Epsom & Ewell Harriers	50:16	872	N Harding	Poole AC	52:06	993	I Lloyd	Newark AC	54:41
752	S Bowman	Swinton RC	50:16	873	D Fairbrass	Kent AC	52:07	994	D Kear	Claremont RR	54:42
753	M Robinson	Mansfield H & AC	50:17	874	S Gerner	Wreake Runners	52:08	995	M Jones	Harlow RC	54:43
754	R Townsend	Saltwell Harriers	50:18	875	J Lindley	Steel City Striders RC	52:08	996	E Simmonds	Northbrook AC	54:44
755	K Adams	Eton Manor AC	50:19	876	D Turnbull	Aurora Harriers	52:09	997	G Walker	Hull Springfield Harriers	54:45
756	M Anderton	Todmorden Harriers	50:20	877	K Perry	Fairlands Valley Spartans	52:10	998	R Hardy	Luton United AC	54:46
757	S Donaghy	Heme Hill Harriers	50:21	878	P Zissler	Richmond & Zetland Harriers	52:12	999	R Glover	Todmorden Harriers	54:47
758	N Carter	Nuneaton Harriers	50:22	879	D Stimpson	New Marske Harriers	52:13	1000	M George	Sphinx AC	54:47
759	C Wright	Mandale H & AC (Cleveland)	50:22	880	P A Browning	Clayton-Le-Moors Harriers	52:13	1001	A Mitchelson	Crawley AC	54:49
760	A Adams	Elvet Striders	50:23	881	M Roberts	Blackburn RR	52:14	1002	B Middleton	St Helens Striders	54:50
761	M Chaplin	Cambridge & Coleridge AC	50:24	882	M Coles	Skyrac AC	52:15	1003	J Downey	Wirral AC	54:51
762	C Nelson	Claremont RR	50:25	883	A Lawrence	Newton Aycliffe AC	52:17	1004	R Bradshaw	St Helens Sutton AC	54:52
763	N Brown	The Stragglers	50:25	884	J Hargreaves	Great Western Runners	52:18	1005	P Deadman	Orion Harriers	54:53
764	SM Jackson	Middlesbrough & Cleveland H	50:26	885	D Tolson	Red Rose RR	52:19	1006	Singham	Manchester YMCA Harriers	54:54
765	K Jellyman	Stafford Harriers	50:28	886	P MacLaughlin	Pitsea RC	52:20	1007	C McMurray	Retford AC	54:56
766	D Smith	Boume AC	50:28	887	J Warrington	Verlea AC	52:20	1008	CRathbone	Vale Royal AC	54:57
767	A Gristwood	Cleethorpes & District AC	50:29	888	T Forster	Saltwell Harriers	52:21	1009	I Sesan	Dulwich Runners AC	54:57
768	K Wood	Dulwich Runners AC	50:30	889	M Martin	Eye Community Runners	52:21	1010	W Southgate	Rolls-Royce Harriers	54:58
769	G McLane	Blyth RC	50:31	890	D Horness	Loftus AC	52:21	1011	P Wright	Victoria Park Harriers	55:00
770	A Gray	Audley RC	50:33	891	P Loftus	Elvet Striders	52:22	1012	A Haygarth	Valley Striders	55:01
771	J Burnett	Southport Waterloo AC	50:33	892	D Mitchell	Epsom & Ewell Harriers	52:23	1013	J Turnbull	Wallsend H & AC	55:03
772	J Goulding	Sparkhill Harriers	50:34	893	G Knight	Northbrook AC	52:24	1014	G Kelley	Newark AC	55:05
773	C Chadwick	Nuneaton Harriers	50:34	894	P Simpson	Vegetarian C & AC	52:24	1015	J Greysty	Skelmersdale Boundary Harriers	55:05
774	M Morley	Dulwich Runners AC	50:35	895	P Metcalfe	Wesham RR & AC	52:25	1016	P Watson	Sunderland Strollers	55:07
775	R Adams	Northbrook AC	50:35	896	R Brown	Harborough AC	52:25	1017	D Farthing	Fairlands Valley Spartans	55:10
776	D Beck	Totton RC	50:36	897	R Davies	Queens Park Harriers	52:25	1018	C Everson	Crook & District AC	55:11
777	J Hattersley	St Albans Striders	50:37	898	J Skevington	Wreake Runners	52:26	1019	D Sill	St Albans Striders	55:13
778	R Robber	Shaftesbury Barnet Harriers	50:38	899	T Gray	Eye Community Runners	52:26	1020	C Ryan	Retford AC	55:14
779	R Weston	London Heathside	50:39	900	I Hayden	Aurora Harriers	52:27	1021	J Carrier	Siemens AC	55:17
780	T Gibson	Lytham St Annes RR	50:39	901	J Ranford	Trentham RC	52:28	1022	M Rosbrook	Orion Harriers	55:18
781	D Parry	Steel City Striders RC	50:40	902	D Hooton	Red Rose RR	52:30	1023	G Young	Blyth RC	55:19
782	L Burton	York Acorn RC	50:41	903	I Povey	New Marske Harriers	52:32	1024	P Bellamy	Saltwell Harriers	55:20
783	D Pilbeam	Totton RC	50:42	904	D Bennett	Barnsley AC	52:33	1025	A Wilson-Craw	Claremont RR	55:20
784	D Smith	Stockport H & AC	50:42	905	P Smith	Darlington H & AC	52:33	1026	H Minorczyk	Claremont RR	55:23
785	K Haliday	Stourbridge RC	50:44	906	R Dally	Puma TVH	52:34	1027	T Hannah	Otley AC	55:24
786	J Lowe	Highgate Harriers	50:44	907	T Dable	Sphinx AC	52:35	1028	R Macdonald	Bourton RR	55:24
787	K Jackson	Macclesfield H & AC	50:45	908	R Rodie	Springfield Striders	52:35	1029	P Leach	Harborough AC	55:25
788	P Maddison	Wallsend H & AC	50:45	909	H Shields	Serpentine RC	52:36	1030	F McCalman	Wesham RR & AC	55:25
789	M Daly	The Stragglers	50:46	910	C Griffith	Shildon R & AC	52:37	1031	C Gale	Hull Springfield Harriers	55:26
790	W Hadfield	Stourbridge RC	50:47	911	M Brooks	Richmond & Zetland Harriers	52:38	1032	P O'Hare	East Cheshire H & Tameside AC	55:31
791	R Deakin	Staffordshire Moorlands AC	50:48	912	B Bird	Elvet Striders	52:38	1033	R Dickinson	Blyth RC	55:33
792	J Abel	City Of Hull AC	50:48	913	M Wheeler	Victoria Park Harriers	52:39	1034	G Webster	Valley Striders	55:34
793	G Stevens	Hartlepool Burn Road H & AC	50:49	914	J Jarvis	Serpentine RC	52:40	1035	P Hoxby	Springfield Striders	55:36
794	SG Cramp	Northbrook AC	50:49	915	B Bannawich	St Helens Striders	52:44	1036	J Devlin	Todmorden Harriers	55:38
795	P O'Hara	Elvet Striders	50:50	91							

1045	JBudd	Hillingdon AC	55:57	1107	I Munro	Newton Aycliffe AC	57:27	1169	B Brown	Durham City H & AC	1:00:36
1046	M Sullivan	Knivesmire Harriers	55:58	1108	K Turner	Barnet & District AC	57:30	1170	J Brant	Darlington H AC	1:00:38
1047	G Hicketts	Stockport H & AC	56:01	1109	L Vials	Victoria Park Harriers	57:31	1171	D Rose	Red Rose RR	1:00:39
1048	J Paramor	Manchester YMCA Harriers	56:02	1110	J Mitchell	Blackburn RR	57:35	1172	G Bagguley	Newark AC	1:00:41
1049	M Wheelton	Macclesfield H & AC	56:04	1111	P Flannigan	Pitsea RC	57:36	1173	A Charles	Horsforth Harriers	1:00:46
1050	JBrooks	St Albans Striders	56:05	1112	M Lamb	West Cheshire AC	57:38	1174	D Emmens	Wesham RR & AC	1:01:04
1051	C Watson	Hull Springhead Harriers	56:06	1113	K Booth	Todmorden Harriers	57:42	1175	P Roberts	Rochdale Harriers AC	1:01:25
1052	M Cortvriend	Macclesfield H & AC	56:06	1114	P Ley	Trent Park Trotters	57:43	1176	T Woollard	Grantham AC	1:01:27
1053	D Shoesmith	Macclesfield H & AC	56:08	1115	A Keeler	Ealing, Southall & Middlesex	57:44	1177	P Baker	Macclesfield H & AC	1:01:37
1054	R Treglown	Aurora Harriers	56:09	1116	D Baker	Coventry Godiva Harriers	57:45	1178	R Allan	Wreake Runners	1:01:41
1055	J Davis	Verlea AC	56:10	1117	P McKinley	Victoria Park Harriers	57:46	1179	K Marsh	Harlow RC	1:01:44
1056	D Stewart	Alnwick Harriers	56:11	1118	K Richardson	Bridlington RR	57:47	1180	K McCormick	Claremont RR	1:01:53
1057	G Lawson	Manchester H & AC	56:12	1119	P Leaver	Wesham RR & AC	57:53	1181	A Purvis	Elvet Striders	1:01:53
1058	M Armstrong	Swinton RC	56:12	1120	P Johnson	Hartlepool Burn Road H & AC	57:54	1182	P Stevens	Cleethorpes & District AC	1:02:01
1059	D Paver	Nestle Rowntree AC-York	56:13	1121	I Wilcock	Nestle Rowntree AC-York	57:54	1183	H Thompson	Stockport H & AC	1:02:13
1060	J Hudson	Cleethorpes & District AC	56:14	1122	C Penn	The Stragglers	57:58	1184	P Cox	Valley Striders	1:02:14
1061	B Thompson	Bedford & County AC	56:15	1123	G Sayer	Eton Manor AC	58:01	1185	P Concannon	Sparkhill Harriers	1:02:15
1062	G Howell	Liverpool H & AC	56:16	1124	I Thomas	Swinton RC	58:01	1186	D Young	Wesham RR & AC	1:02:19
1063	D Sinclair	Pitsea RC	56:17	1125	M Freestone	Wreake Runners	58:02	1187	J Shipman	Elvet Striders	1:02:24
1064	M Warren	London Heathside	56:19	1126	C Williams	Kimberley & District Striders	58:02	1188	R Johnson	Kimberley & District Striders	1:02:25
1065	D Burt	Aurora Harriers	56:20	1127	P Newman	Poole AC	58:02	1189	A Harris	Eye Community Runners	1:02:27
1066	P Read	Headington RR	56:23	1128	G Freeman	St Helens Sutton AC	58:03	1190	E Airson	Sunderland Strollers	1:02:30
1067	D Matthews	Shildon H & AC	56:25	1129	D Mason	Thorney RC	58:04	1191	R Laverick	Chester-Le-Street & Dist AC	1:02:33
1068	D Stewart	Harlow RC	56:26	1130	R Dear	Spectrum Striders	58:05	1192	D Stodart	Victoria Park Harriers	1:02:55
1069	R Orgill	Newark AC	56:27	1131	D Winter	Sparkhill Harriers	58:08	1193	S Woolf	London Heathside	1:03:02
1070	J Greaves	The Stragglers	56:27	1132	M O'Brien	Low Fell RC	58:11	1194	J Whitehouse	Audley RC	1:03:14
1071	D Richmond	Eye Community Runners	56:28	1133	J Moore	Hedlington RR	58:14	1195	H C Manning	Clayton-Le-Moors Harriers	1:03:18
1072	J Hewitson	Shildon H & AC	56:29	1134	J Harker	Durham City H & AC	58:15	1196	D Brunt	Staffordshire Moorlands AC	1:03:27
1073	R Devitt	Shaftesbury Barnet Harriers	56:30	1135	D Middleton	Newton Aycliffe AC	58:16	1197	K Hewitt	Ilkerton RC	1:03:30
1074	G Lomas	Croydon Harriers	56:31	1136	B Higginson	Preston H & AC	58:18	1198	A Batson	Blackburn RR	1:03:31
1075	J Wallace	Woodford Green WEssex Ladies	56:33	1137	T Fawcett	Elvet Striders	58:22	1199	M Cartwright	Chiltern Harriers AC	1:03:47
1076	K F Makin	Horwich RMI H & AC	56:33	1138	A Farley	East Cheshire H & Tameside AC	58:31	1200	P Keogan	Westbury Harriers	1:03:52
1077	H Bamber	East Cheshire H & Tameside AC	56:34	1139	B Williams	Retford AC	58:34	1201	A Dwight	Eye Community Runners	1:04:00
1078	L Roberts	Red Rose RR	56:35	1140	S Green	Bourne AC	58:35	1202	D Thorley	Audley RC	1:04:07
1079	R Stevens	Bourne AC	56:37	1141	J Davis	Garden City Joggers	58:36	1203	E Lown	Birtley AC	1:04:16
1080	D Rawlinson	Todmorden Harriers	56:40	1142	K Kaiser	Horsforth Harriers	58:50	1204	N Cook	Aurora Harriers	1:04:42
1081	SHutchinson	Darlington H AC	56:41	1143	G Platt	Chorley AC	58:55	1205	P Bates	Pitsea RC	1:04:43
1082	D Ainsley	Middlesbrough & Cleveland H	56:42	1144	A Thompson	Aurora Harriers	58:57	1206	F Grant	Stafford Harriers	1:04:45
1083	MO'Sullivan	Newton Aycliffe AC	56:42	1145	M Roberts	Invicta East Kent	59:06	1207	T Murphy	Werrington Joggers	1:04:47
1084	T French	Northbrook AC	56:43	1146	B Laud	Boston & District AC	59:09	1208	B Loughton	Werrington Joggers	1:04:48
1085	R Maxwell	Watford Joggers	56:44	1147	M Mallen	Crook & District AC	59:11	1209	P Margett	Chesapeake RR	1:04:57
1086	M French	Serpentine RC	56:46	1148	R Garrington	Sunderland Strollers	59:12	1210	G Sankey	Tunbridge Wells Harriers	1:05:03
1087	CR Lawson	Clayton-Le-Moors Harriers	56:47	1149	A Wilson	Ealing, Southall & Middlesex	59:17	1211	M Knight	Derby & County AC	1:05:21
1088	C Rathbone	Harborough AC	56:49	1150	B Allman	Spectrum Striders	59:23	1212	A Rowbottom	Chesapeake RR	1:05:30
1089	K Wright	Springfield Striders	56:50	1151	J Woodward	Sunderland Strollers	59:27	1213	J Irwin	St Helens Sutton AC	1:05:42
1090	C Waites	East Hull H & AC	56:51	1152	J Davies	Pitsea RC	59:30	1214	B Lock	Lytham St Annes RR	1:06:28
1091	R Blair	Sunderland Strollers	56:54	1153	K Shannon	Audley RC	59:34	1215	M Dilks	Chesapeake RR	1:06:32
1092	DJ Edwards	Cleethorpes & District AC	56:58	1154	A Elders	Low Fell RC	59:41	1216	B Gaskill	Swinton RC	1:07:03
1093	J Dowsett	Luton United AC	57:00	1155	T O'Neill	Victoria Park Harriers	59:45	1217	Alan Davies	St Helens Sutton AC	1:07:15
1094	N Allen	Harlow RC	57:02	1156	P Spray	Newark AC	59:58	1218	J Sambrook	Pitsea RC	1:07:30
1095	D Wood	North Fylde AC	57:04	1157	P Johnston	Victoria Park Harriers	1:00:01	1219	K Crooke	Croydon Harriers	1:07:39
1096	K Black	Spectrum Striders	57:07	1158	G Hughes	Pitsea RC	1:00:03	1220	P Hart	Leamington C & AC	1:07:50
1097	M Ludford	Birmingham Rowheath AC	57:10	1159	M Chimejuck	Blackburn RR	1:00:04	1221	K Carey	Pitsea RC	1:08:27
1098	P Cawood	Spectrum Striders	57:11	1160	AKnight	Great Western Runners	1:00:07	1222	G Woods	Garden City Joggers	1:08:36
1099	VanAlderwegen	Newark AC	57:12	1161	M Hall	Elvet Striders	1:00:10	1223	R Packer	Red Rose RR	1:08:52
1100	P Carter	Preston H & AC	57:14	1162	J Mitchell	Kimberley & District Striders	1:00:13	1224	J Edmondson	Wreake Runners	1:09:39
1101	J Rickards	Tunbridge Wells Harriers	57:18	1163	S Myerscough	Lytham St Annes RR	1:00:15	1225	G Routledge	Heaton Harriers	1:09:41
1102	L Greaves	Aurora Harriers	57:19	1164	S Coey	Red Rose RR	1:00:19	1226	A Lea-Gerrard	Herne Hill Harriers	1:10:26
1103	B Hutchinson	Kent AC	57:22	1165	R MacLennan	Orion Harriers	1:00:24	1227	D Holt	Cleethorpes & District AC	1:19:52
1104	R Heslop	Blaydon H & AC	57:23	1166	C Timpon	East Cheshire H & Tameside AC	1:00:27	1228	D Joss	Blackburn RR	1:21:29
1105	A Harker	Boston & District AC	57:24	1167	NGroombridge	Trent Park Trotters	1:00:29				
1106	B Imber	Dulwich Runners AC	57:25	1168	P Goldfinch	Trent Park Trotters	1:00:33				

Senior Men — TEAM RESULTS

NOTE: Non-counters are DELETED before teams are calculated

1	Bingley H & AC	162	—	10 M Croasdale	18 C Moore	20 J Taylor	21 S Brooks	32 C Cariss	61 S Green
2	Tipton Harriers	175	—	16 D Rowan	19 T Graham	26 S Hall	30 S Shepley	33 S Cotton	51 I Pierce
3	Morpeth H & AC	233	—	12 T Wall	25 A O'Brien	28 J Mooney	45 S Platts	58 C Sampson	65 D Flint
4	Leeds City AC	303	—	17 M Hilton	41 M Roscoe	43 G Hull	49 P Dobson	59 S Deakin	94 A Beevers
5	Shaftesbury Barnet Harriers	320	—	3 N Francis	11 E DeJonge	36 J Fitzsimmons	74 T Jackson	91 A Magnall	105 J Trapmore
6	Salford H & AC	377	—	37 E Crowther	42 M Cox	55 D Mason	69 P Leybourne	78 J Jackson	96 D Hale
7	Bedford & County AC	469	—	23 M Yelling	53 S Herring	60 N Miller	104 H Lobb	110 R Morley	119 J Lawler
8	Belgrave Harriers	628	—	47 L Hurst	54 A Stewart	62 P Freary	145 R McHarg	158 R Alsop	162 W Cockerell
9	Sale Harriers Manchester	704	—	4 P Green	29 A Williams	76 G Comish	89 R Waters	101 S North	405 D Sutton
10	Altrincham AC	715	—	70 D Norman	82 A Norman	99 N Leigh	107 M Crosby	151 D Rudd	206 P Nichol
11	Notts AC	875	—	14 N Talbot	84 W Speake	175 M Wakefield	180 J Hayden	200 T Woodthorpe	222 S Jennings
12	Aldershot Farnham & Dist AC	940	—	100 S Patterson	118 J Aspell	121 P Harwood	140 K Corpes	152 R Batchelor	309 K Donkin
13	Oadby & Wigston Legionnaires	1095	—	35 N Mapp	64 R Falkner	124 V Schmidt	236 N Carter	277 C O'Neill	359 J Franklin
14	Trafford AC	1097	—	38 R Gould	81 G Taylor	103 M Hutchinson	197 M Murray	307 V Booth	371 R Byers
15	Birchfield Harriers	1127	—	8 R Birchall	46 J Bouldstridge	52 P Hinch	71 C Warren	299 P Lavell	651 G Timmins
16	Thames Hare & Hounds	1141	—	66 A Weir	98 N Altman	214 J Cant	220 L Mathews	260 J Watson	283 M Lynas
17	City Of Hull AC	1216	—	111 S Carmichael	127 C Smales	144 S Rennie	209 D Ricketts	303 G Slater	322 A Hughes
18	London Heathside	1219	—	129 D Rene	157 P Lemmon	168 M Potter	232 R Eriksson	261 R Browne	272 A Mitchell
19	Basildon AC	1347	—	6 R Denmark	92 S Sterling	198 N Hepple	211 D Carroll	266 G Deacon	574 W Joel
20	Ranelagh Harriers	1373	—	120 D Benton	132 J Smith	170 D McDonald	265 P Haarer	317 A Bickerstaff	369 M Lane
21	Keighley & Craven AC	1420	—	143 W Smith	166 L Hellawell	177 A Jones	244 J Callaghan	282 C Loftus	408 L Spencer
22	Woodford Green W Essex Ladies	1422	—	85 K Murphy	154 J Sear	231 C Brugan	269 T Pamphilon	302 D McKenzie	381 A Coleman
23	East Cheshire H & Tameside AC	1425	—	15 G Raven	88 A Jones	310 D Vaughan	313 A Carroll	339 G Matthews	360 M Creighton
24	Stourport AC	1459	—	9 M Vaux-Harvey	221 R Minton	247 D Hall	316 S Poulton	332 A Millward	334 G Corbett
25	St Albans Striders	1546	—	90 S Pullan	183 J Durant	190 M Hamer	254 M Yorwerth	392 S Claridge	437 R Milne
26	White Horse Harriers AC	1620	—	114 P Wilson	202 G Felton	237 P McCourt	297 D Wright	355 J Cooke	415 P Jegov
27	South London Harriers	1656	—	68 S Major	130 P McTigue	161 B Attwell	390 B Corr	409 D Ogden	498 L Morgan
28	Chelmsford AC	1772	—	72 J Burrell	108 M Sanford	188 A Hucksom	273 R Malseed	537 G Chatterton	594 D Collier
29	Ealing, Southall & Middlesex	1787	—	139 J Lennox	142 A McGarva	218 D McCrossan	422 D Boyce	425 D Moneyn	441 P York
30	Wirral AC	1820	—	135 M Quinn	253 P Peerless	280 C Lindesay	300 A Murphy	396 M Hulmston	456 M Morris
31	Mandale H & AC (Cleveland)	1876	—	44 P Lowe	278 B Roberts	348 J Blackett	397 K Carter	402 K Brown	407 P Wilkin
32	Liverpool H & AC	1918	—	165 R Burney	199 K Hatton	258 J McCole	353 P Quine	421 T Clarke	522 N Chester
33	Herne Hill Harriers	1968	—	123 I Munt	257 J Zaple	298 P Steen	418 L O'Flaherty	434 S Parocki	438 S Coombes
34	Otley AC	1988	—	189 A Robertshaw	284 D Foster	294 N Cayton	341 N Eccles	401 D Burgess	479 M Hall
35	North Fylde AC	2021	—	241 M Eadie	287 J Barlow	306 J Houghton	365 P Quibell	387 L Endean	435 G Johnson

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email: graham@race-results.co.uk

36	Highgate Harriers	2030	—	83 S	Snow	117 R	Von-Grot	164 N	Martyn	345 C	Bailey	631 T	Temmink	690 R	Solomons
37	City Of Norwich AC	2095	—	176 B	Gibson	204 A	Kett	311 I	Murray	389 A	Nesom	465 J	Dungar	550 H	Knowles
38	Derby & County AC	2112	—	27 M	Jubb	314 T	Plant	351 J	Knibb	382 D	Sharman	509 C	Toplass	529 D	Harrison
39	Blackheath Harriers	2257	—	122 R	Smith	155 J	Bradley	255 R	Daniels	426 P	Calnan	598 C	Fincham	701 B	McShane
40	Clayton-Le-Moors Harriers	2388	—	242 P	Hall	263 I	M Greenwood	320 J	Harbour	491 A	L Passco	526 B	Horrocks	546 ND	Worswick
41	Massey Ferguson RC	2524	—	213 D	Clarke	330 F	Barratt	398 S	Sheard	455 S	Parke	471 A	Bryant	657 D	Lee
42	York Acorn RC	2551	—	226 S	Simpson	279 M	Kirby	424 M	Raynes	485 C	Hawxby	542 J	Barnes	595 J	Duston
43	Preston H & AC	2556	—	252 S	Hallas	262 C	Shuttleworth	393 A	Nixon	516 O	Parkington	543 R	Kenny	590 G	Menzies
44	Valley Striders	2596	—	187 P	Briscoe	328 S	Webb	344 P	Webster	394 M	Wrench	641 N	Dutton	702 A	Hutchinson
45	Sunderland H & AC	2655	—	319 M	Hill	327 P	Gibson	451 B	Bosher	492 D	Ellis	518 P	Redman	548 V	Tindle
46	Durham City H & AC	2717	—	207 R	Hand	281 I	Crampton	439 S	Marshall	488 S	Nesbitt	648 G	Davis	654 E	Baldwin
47	Kent AC	2720	—	95 L	Reilly	315 P	Lazo	342 M	Barlow	535 P	Boxshall	636 A	Sellers	797 D	Mackay
48	Trentham RC	2813	—	171 S	Bazell	335 I	Yates	374 S	Pyke	417 D	Colclough	624 P	Tompkinson	892 J	Ranford
49	Victoria Park Harriers	2823	—	156 J	Roche	331 A	Lashmar	383 G	Bagnall	540 M	Penman	583	Mitchell	Smith	T830
					D Robinson										
50	Reading AC	2841	—	290 T	Munt	338 D	Fallon	448 R	Disney	505 D	Hanna	544 P	Gitings	716 J	Boyd
51	Wigan Phoenix	2943	—	186 P	Darbyshire	292 A	Eccles	556 P	Carroll	579 A	Clough	650 C	Nightingale	680 V	Robinson
52	Kingston AC & Polytechnic H	2957	—	267 R	Allen	304 M	Reed	326 M	Maranzano	446 A	Lawrence	584 R	McDonough	1030 G	Horstead
53	Spenborough AC	3001	—	386 T	Collins	420 L	Warburton	514 M	Chandler	527 F	Reddington	563 G	Patchett	591 M	Dransfield
54	Headington RR	3082	—	109 G	Harris	378 R	Thetford	432 J	Thorn	689 H	Nickau	733 W	Atkinson	741 F	Howard
55	Hallamshire Harriers-Sheffield	3144	—	224 S	Cameron	347 P	Keen	431 A	Raynes	554 J	Spencer	632 C	Murdoch	956 P	Melrose
56	Sparkhill Harriers	3234	—	372 P	Shipway	413 C	Hinks	457 N	Stringer	510 A	Carroll	718 I	Thomas	764 J	Goulding
57	East Hull H & AC	3282	—	195 J	Rogers	346 T	Burgin	490 G	Wilkinson	604 K	Stephenson	731 T	Ware	916 W	Eldridge
58	Darlington H AC	3283	—	215 N	Orr	350 J	Best	459 M	Grainger	653 B	Wilson	710 R	Read	896 P	Smith
59	Elswick Harriers	3312	—	354 J	Bell	380 M	Connelly	582 T	Hall	606 N	Irvine	692 P	Leaf	698 T	Hanson
60	New Marske Harriers	3352	—	116 A	Stimpson	259 P	Welham	587 M	Dickinson	626 S	Helm	870 D	Stimpson	894 I	Povey
61	Longwood HAC Huddersfield	3397	—	203 A	Osbourne	363 G	Armitage	464 T	Wright	644 I	Mitchell	794 M	Proctor	929 R	Hardcastle
62	Blaydon H & AC	3484	—	364 P	Walker	577 P	Chaffer	614 A	Storey	623 B	Courtney	633 M	Salmon	673 B	Robinson
63	Houghton & Peterlee AC	3533	—	358 J	McDermott	483 F	Whitford	502 P	Foster	547 T	Hall	808 S	Leonard	835 L	Cunliffe
64	Steel City Striders RC	3576	—	235 J	Kerr	599 M	Wornes	613 H	Todd	656 D	Birch	700 J	Yule	773 D	Parry
65	Macclesfield H & AC	3603	—	324 D	Nolan	507 J	Kershaw	532 T	Stock	668 P	Nolan	779 K	Jackson	793 A	Webster
66	Harborough AC	3729	—	193 P	Swaine	399 C	Webb	493 S	Costall	737 A	Hall	887 R	Brown	1020 P	Leach
67	Loftus AC	3745	—	184 K	Patterson	337 D	Parkin	617 S	Hardy	695 N	Duffield	881 D	Horness	1031 M	Peggs
68	Luton United AC	3763	—	50 P	Farmer	134 M	Webster	581 C	Stebbins	925 G	Thomas	989 R	Hardy	1084 J	Dowsett
69	Middlesbrough & Cleveland H	3767	—	454 M	Middleton	460 D	Bunn	482 G	Baird	610 S	Martin	688 G	Short	1073 D	Ainsley
70	Rochdale Harriers AC	3805	—	250 P	Scarr	503 I	Aitchison	511 D	Egan	566 I	Stainthorpe	809 R	Dalby	1166 P	Roberts
71	Orion Harriers	3823	—	506 P	Filler	562 D	Brock	596 G	Shaw	635 Q	Broadbent	713 J	Dawson	811 S	Simpole
72	Knavesmire Harriers	3825	—	243 N	Strange	463 B	Atkinson	524 A	Smith	742 A	Neale	816 G	Huggan	1037 M	Sullivan
73	Serpentine RC	3826	—	357 S	Hilton	515 P	Noble	561 J	Hudspeth	588 P	Ashworth	900 H	Shields	905 J	Jarvis
74	Boston & District AC	3874	—	208 J	Pike	239 S	North	697 G	Johnson	798 M	West	836 A	Pack	1096 A	Harker
75	Bourne AC	3885	—	147 T	Honniball	466 R	Brown	578 T	Wigley	758 D	Smith	964 G	Wigley	972 G	Morris
76	Northbrook AC	3988	—	447 R	French	592 K	Banks	658 T	Jordon	732 R	O'Shea	767 R	Adams	792 A	Marshall
77	Saltwell Harriers	3988	—	444 F	Smith	504 K	Wood	687 W	Fraser	727 P	Mullarkey	747 R	Townsend	879 T	Forster
78	St Helens Sutton AC	3994	—	368 C	Gerahty	388 A	Smith	523 B	Graney	601	Anthony Davies	995 R	Bradshaw	1119 G	Freeman
79	Dulwich Runners AC	4035	—	571 A	Sarkar	585 M	Mann	683 G	Newlands	706 A	Murray	730 C	Chown	760 K	Wood
80	Bridlington RR	4108	—	443 J	Potter	481 A	Fozzard	686 K	Lewis	715 E	Knapp	839 J	Jackson	944 D	Batty
81	Elvet Striders	4170	—	499 P	Dunn	609 M	Bennett	663 K	Wesson	753 A	Adams	786 P	O'Hara	860 A	Scaife
82	Newark AC	4206	—	325 S	Morton	531 P	Downie	565 S	Connolly	796 S	Saunders	984 I	Lloyd	1005 G	Kelley
83	Wesham RR & AC	4226	—	172 A	Rowe	533 C	Collier	694 A	Glasgow	886 P	Metcalfe	920 A	Howard	1021 F	McCalman
84	City Of Bath AC	4229	—	361 J	Beales	660 R	Foster	707 R	Brigden	806 H	Burchard	847 M	Jillians	848 B	Kent-Payne
85	Wallsend H & AC	4326	—	452 D	Embleton	501 D	Anderson	780 P	Maddison	790 R	Murray	799 K	Payne	1004 J	Turnbull
86	The Stragglers	4366	—	384 J	Emmines	693 S	Brazil	756 N	Brown	781 M	Daly	838 A	Pemberton	914 S	Daly
87	Retford AC	4386	—	288 P	Tallents	403 N	Russell	720 S	Baguley	966 R	Clapperton	998 C	McMurray	1011 C	Ryan
88	Horsforth Harriers	4394	—	333 R	Sunley	612 M	Springer	729 M	Wilkie	831 B	Ellis	924 A	Davy	965 P	Shaw
89	Fairlands Valley Spartans	4429	—	376 S	Hall	560 P	Gale	682 N	Waslidge	868 K	Perry	935 D	Stephenson	1008 D	Farthing
90	Newton Aycliffe AC	4468	—	291 I	Monkman	637 P	Milburn	638 C	Gibson	874 A	Lawrence	954 R	Harvey	1074 M	O'Sullivan
91	Hull Springhead Harriers	4518	—	336 A	Wileman	404	Plunkett-Cole	726 D	Kamis	988 G	Walker	1022 C	Gale	1042 C	Watson
92	Low Fell RC	4590	—	205 J	Archer	225 M	McDonald	921 M	Clark	971 M	Stacey	1123 M	O'Brien	1145 A	Elders
93	Wreake Runners	4785	—	552 T	Parker	719 M	Whally	803 N	Dilks	865 S	Garner	889 J	Skevington	957 P	Birch
94	Swinton RC	4823	—	461 S	Doxey	685 M	Collins	745 S	Bowman	910 S	Whittle	973 P	Adams	1049 M	Armstrong
95	Stafford Harriers	4955	—	616 S	Ruane	757 K	Jellyman	810 J	Charter	825 M	Whitbury	918 R	Clay	1029 W	Chidlow
96	Springfield Striders	5018	—	551 V	Spain	607 M	Healey	855 P	Harris	899 R	Rodie	1026 P	Hoxby	1080 K	Wright
97	Kimberley & District Striders	5088	—	539 S	Beck	640 N	Langham	813 D	James	826 K	Rogers	1117 C	Williams	1153 J	Mitchell
98	Todmorden Harriers	5164	—	223 R	Branigan	749 M	Anderton	990 R	Glover	1027 J	Devlin	1071 D	Rawlinson	1104 K	Booth
99	Eye Community Runners	5346	—	672 E	O'Rielly	859 I	Peel	880 M	Martin	890 T	Gray	983 A	Purdy	1062 D	Richmond
100	Claremont RR	5625	—	755 C	Nelson	841 B	Hull	857 D	Saunders	985 D	Kear	1016 A	Wilson-Craw	1171 K	McCormick
101	Cleethorpes & District AC	5653	—	735 P	Hallam	759 A	Gristwood	852 J	Green	1051 J	Hudson	1083 D	J Edwards	1173 P	Stevens
102	Red Rose RR	5690	—	876 D	Tolson	893 D	Hooton	931 S	Utting	952 D	McKenna	969 R	Leeland	1069 L	Roberts
103	Sunderland Strollers	5696	—	649 P	Dixon	840 R	Bowman	979 S	Ramsden	1007 P	Watson	1082 R	Blair	1139 R	Garrington
104	Pitsea RC	5705	—	621 J	Russell	877 P	MacLaughlin	908 S	Bird	1054 D	Sinclair	1102 P	Flannigan	1143 J	Davies
105	Spectrum Striders	5937	—	678 N	Garnett	821 A	Peers	1087 K	Black	1089 P	Cawood	1121 R	Dear	1141 B	Allman
106	Trent Park Trotters	6017	—	829 K	Davies	843 T	Scott	923 J	Pitt	1105 P	Ley	1158 N	Groombridge	1159 P	Goldfinch
107	Aurora Harriers	6087	—	867 D	Turnbull	891 I	Hayden	1045 R	Treglown	1056 D	Burt	1093 L	Greaves	1135 A	Thompson
108	Tunbridge Wells Harriers	6098	—	917 P	Radford	951 D	Palfrey	960 A	Cheek	977 J	Fuller	1092 J	Rickards	1201 G	Sankey