

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 15 Boys Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	S Mills	Sale Har A	6:42	31	A Bates	Aldershot C	7:23
2	S Morland	Liv'pl Har A	6:46	32	R Grithifs	Altrincham	7:23
3	D Barker	CityOStoke A	6:47	33	C Evison	Hull Sprng	7:25
4	S Birzgalis	Trafford A	6:49	34	L Austin	Doncaster B	7:27
5	P Austin	Dacorum&T	6:51	35	L Harreld	BuryAC	7:27
6	R Parry	Halesowen A	6:51	36	G Wilcox	MiltonKAC	7:28
7	S Dunn	Lincoln W	6:54	37	M Leicester	Southport	7:29
8	A Donaldson	Liv'pl P&S A	6:55	38	R Bough	Mansfield B	7:30
9	M Leslie	Aldershot A	6:56	39	M Hall	Derby&CAC B	7:32
10	R Walker	Mansfield A	6:57	40	J Wilson	Bingley B	7:33
11	J Anderson	Sunderland	6:57	41	S Boothby	Stockport	7:35
12	L Collis	CityOStoke B	6:58	42	B Stimson	NeneValley B	7:37
13	D Morton	Halesowen B	6:59	43	R Mead	Newham&EB A	7:40
14	C Lewin	Notts A	7:01	44	R Bevan	Oldham & R	7:40
15	J Fraslina	Bromsgrove	7:03	45	R Hill	Notts B	7:41
16	M Dickinson	Bristol A	7:04	46	M Naylor	C. Norwich	7:42
17	K Harber	Medway	7:06	47	C Mitchell	Suttn Ashf	7:43
18	H Robertson	Grantham	7:07	48	R Marriott	StaffsMoor	7:46
19	R Stocks	Liv'pl P&S B	7:08	49	D Jones	Lancaster	7:46
20	A Harrold	Liv'pl P&S C	7:09	50	R Holbrow	Bristol B	7:46
21	M Butler	Leamington	7:09	51	D Nolan	Salford H	7:47
22	J Horsman	Bedford	7:12	52	T Whitmore	Oadby & W.	7:48
23	A Birch	NeneValley A	7:14	53	C Aynsley	Morpeth B	7:49
24	A Hedley	Morpeth A	7:15	54	D Barber	Aylsbury A	7:50
25	P Bridgman	Aldershot B	7:16	55	A Henderson	Doncaster A	7:52
26	D Marsh	Sale Har B	7:17	56	S Mitchell	Bingley A	7:54
27	D Malone	Liv'pl Har B	7:18	57	E Johnson	Charnwood	8:02
28	R Keeling	Derby&CAC A	7:18	58	L Johnson	Rotherham	8:03
29	M Linton	Trafford B	7:19	59	D Scott	Chesterfld	8:12
30	J Davis	CityOStoke C	7:22	60	N Hill	HolmfirthH	8:44

## Under 15 Boys Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	M Rimmer	Liv'pl P&S A	6:31	13:26	+ 7	35	D Bowker	Mansfield B	7:45 15:15 + 3
2	R Sheeran	Sale Har A	6:52	13:34	- 1	36	J Dicker	Bristol B	7:32 15:18 + 14
3	J Holt	Trafford A	6:47	13:36	+ 1	37	L Rothwell	BuryAC	7:52 15:19 - 2
4	K Wilson	Morpeth A	6:32	13:47	+ 20	38	P Morrison	Morpeth B	7:30 15:19 + 15
5	D Marteau	Liv'pl Har A	7:01	13:47	- 3	39	S Smith	C. Norwich	7:43 15:25 + 7
6	D Awde	Bristol A	6:48	13:52	+ 10	40	G Worrall	Rotherham	7:24 15:27 + 18
7	C Shubotham	CityOStoke A	7:05	13:52	- 4	41	D Toms	NeneValley B	7:53 15:30 + 1
8	W Knott	CityOStoke B	7:00	13:58	+ 4	42	A Raftery	Oldham & R	7:53 15:33 + 2
9	L Harper	Aldershot A	7:03	13:59	0	43	M Fallaize	Aylsbury A	7:47 15:37 + 11
10	D Burton	Lincoln W	7:07	14:01	- 3	44	M Brindley	StaffsMoor	7:53 15:39 + 4
11	S Liso	Mansfield A	7:05	14:02	- 1	45	O Smith	Newham&EB A	8:00 15:40 - 2
12	J Ashton	Grantham	6:57	14:04	+ 6	46	O Williams	Hull Sprng	8:16 15:41 - 13
13	M Clay	Halesowen A	7:14	14:05	- 7	47	L Sears	Southport	8:16 15:45 - 10
14	D Mabbett	Halesowen B	7:12	14:11	- 1	48	M Hallinan	Stockport	8:11 15:46 - 7
15	C Peach	Derby&CAC A	6:59	14:17	+ 13	49	L Padget	Lancaster	8:02 15:48 0
16	M Dolman	Liv'pl P&S B	7:11	14:19	+ 3	50	P Kennedy	Salford H	8:04 15:51 + 1
17	K Tombleson	NeneValley A	7:14	14:28	+ 6	51	A Stevens	Suttn Ashf	8:11 15:54 - 4
18	R White	Bromsgrove	7:26	14:29	- 3	52	B Ambler	Bingley A	8:08 16:02 + 4
19	P Deurkin	Doncaster B	7:05	14:32	+ 15	53	S Beresford	Doncaster A	8:14 16:06 + 2
20	P Gillespie	Sunderland	7:35	14:32	- 9	54	A Bell	Bingley B	8:45 16:18 - 14
21	D Quinn	Dacorum&T	7:42	14:33	- 16	55	P Brownsword	CityOStoke C	9:17 16:39 - 25
22	S Blackhurst	Liv'pl P&S C	7:24	14:33	- 2	56	A Darnell	Chesterfld	8:37 16:49 + 3
23	B Andrews	Sale Har B	7:18	14:35	+ 3				
24	J Ayers	Leamington	7:26	14:35	- 3				
25	P Tudhope	Trafford B	7:17	14:36	+ 4				
26	T Sommerfelt	Aldershot B	7:21	14:37	- 1				
27	A Bostock	Notts A	7:44	14:45	- 13				
28	C Whyte	Altrincham	7:26	14:49	+ 4				
29	L Bone	Aldershot C	7:26	14:49	+ 2				
30	J Mannion	Liv'pl Har B	7:34	14:52	- 3				
31	B Webster	Bedford	7:41	14:53	- 9				
32	J Tuttle	MiltonKAC	7:29	14:57	+ 4				
33	R Warburton	Notts B	7:24	15:05	+ 12				
34	S Dixon	Medway	8:02	15:08	- 17				

### Fastest runners over stage 2:

1	M Rimmer	Liv'pl P&S A	6:31
2	K Wilson	Morpeth A	6:32
3	J Holt	Trafford A	6:47
4	D Awde	Bristol A	6:48
5	R Sheeran	Sale Har A	6:52
6	J Ashton	Grantham	6:57
7	C Peach	Derby&CAC A	6:59
8	W Knott	CityOStoke B	7:00
9	D Marteau	Liv'pl Har A	7:01
10	L Harper	Aldershot A	7:03

## Under 15 Boys Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	A Moran	Trafford A	6:25	20:01	+ 2	35	D Mann	C. Norwich	7:19	22:44	+ 4		
2	D Phillips	Liv'pl P&S A	6:53	20:19	- 1	36	M Burke	Rotherham	7:22	22:49	+ 4		
3	T Michaelson	Liv'pl Har A	6:37	20:24	+ 2	37	M Johnson	Grantham	8:46	22:50	- 25		
4	L Bartlett	Bristol A	6:40	20:32	+ 2	38	M Tanner	Hull Sprng	7:15	22:56	+ 8		
5	J Buckley	Sale Har A	7:09	20:43	- 3	39	M Paterson	StaffsMoor	7:23	23:02	+ 5		
6	O Holden	Halesowen A	6:39	20:44	+ 7	40	M Wooley	Mansfield B	7:53	23:08	- 5		
7	A Friend	Aldershot A	6:58	20:57	+ 2	41	G Bristow	Salford H	7:17	23:08	+ 9		
8	D Johnson	CityOStoke A	7:07	20:59	- 1	42	R Crotty	Bristol B	8:02	23:20	- 6		
9	G Driscoll	Morpeth A	7:19	21:06	- 5	43	E Melin	Newham&EB A	7:44	23:24	+ 2		
10	E Brown	CityOStoke B	7:15	21:13	- 2	44	L Johnson	Bingley A	7:26	23:28	+ 8		
11	R Walmsley	Liv'pl P&S B	7:01	21:20	+ 5	45	J Wood	Morpeth B	8:15	23:34	- 7		
12	R McFarlane	Derby&CAC A	7:12	21:29	+ 3	46	B Fallowes	Stockport	7:48	23:34	+ 2		
13	A Bradshaw	Mansfield A	7:29	21:31	- 2	47	C Williams	Southport	7:52	23:37	0		
14	P Lipman	Dacorum&T	7:05	21:38	+ 7	48	P Holmes	Suttn Ashf	8:02	23:56	+ 3		
15	M Addison	Bromsgrove	7:11	21:40	+ 3	49	R Daly	Bingley B	7:41	23:59	+ 5		
16	A Lowe	Doncaster B	7:10	21:42	+ 3	50	J Moulton	Lancaster	8:14	24:02	- 1		
17	T Betts	Leamington	7:10	21:45	+ 7	51	T Brevitt	Doncaster A	8:06	24:12	+ 2		
18	C Friend	Aldershot B	7:10	21:47	+ 8	52	S Day	NeneValley B	8:45	24:15	- 11		
19	R Flannery	Sale Har B	7:14	21:49	+ 4	53	G Gregg	Chesterfld	7:40	24:29	+ 3		
20	P McHugh	Liv'pl Har B	7:00	21:52	+ 10	54	C Leech	Oldham & R	9:11	24:44	- 12		
21	I Kimpton	Lincoln W	7:55	21:56	- 11	55	S Lewis	CityOStoke C	8:06	24:45	0		
22	S Gerrard	Altrincham	7:09	21:58	+ 6								
23	L Danile	NeneValley A	7:32	22:00	- 6								
24	T Anderson	Liv'pl P&S C	7:33	22:06	- 2								
25	J Harrison	Notts A	7:23	22:08	+ 2								
26	C Barrett	Medway	7:13	22:21	+ 8								
27	B Twigger	MiltonKAC	7:25	22:22	+ 5								
28	H Dunbar	Halesowen B	8:16	22:27	- 14								
29	T Howell	Bedford	7:37	22:30	+ 2								
30	J McCrerie	Sunderland	8:00	22:32	- 10								
31	A Holmes	Aldershot C	7:47	22:36	- 2								
32	R Belton	Notts B	7:35	22:40	+ 1								
33	G Stanton	Bury AC	7:21	22:40	+ 4								
34	P Erwood	Aylsbury A	7:05	22:42	+ 9								

  

Fastest runners over stage 3:			
1	A Moran	Trafford A	6:25
2	T Michaelson	Liv'pl Har A	6:37
3	O Holden	Halesowen A	6:39
4	L Bartlett	Bristol A	6:40
5	D Phillips	Liv'pl P&S A	6:53
6	A Friend	Aldershot A	6:58
7	P McHugh	Liv'pl Har B	7:00
8	R Walmsley	Liv'pl P&S B	7:01
9	P Lipman	Dacorum&T	7:05
10	P Erwood	Aylsbury A	7:05

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 15 Boys — Team Results — Final (nn) is team position after the appropriate stage.

<p><b>1 Trafford Athletic Club</b> 'A' <b>20:01</b>            1 S Birzgalis (4) 6:49 2 J Holt (3) 6:47            3 A Moran (1) 6:25</p> <p><b>2 Liverpool Pembroke &amp; Sefton</b> 'A' <b>20:19</b>            1 A Donaldson (8) 6:55 2 M Rimmer (1) 6:31            3 D Phillips (2) 6:53</p> <p><b>3 Liverpool Harriers &amp; AC</b> 'A' <b>20:24</b>            1 S Morland (2) 6:46 2 D Marteau (5) 7:01            3 T Michaelson (3) 6:37</p> <p><b>4 Bristol AC</b> 'A' <b>20:32</b>            1 M Dickinson (16) 7:04 2 D Awde (6) 6:48            3 L Bartlett (4) 6:40</p> <p><b>5 Sale Harriers</b> 'A' <b>20:43</b>            1 S Mills (1) 6:42 2 R Sheeran (2) 6:52            3 J Buckley (5) 7:09</p> <p><b>6 Halesowen AC</b> 'A' <b>20:44</b>            1 R Parry (6) 6:51 2 M Clay (13) 7:14            3 O Holden (6) 6:39</p> <p><b>7 Aldershot Farnham &amp; Dis AC</b> 'A' <b>20:57</b>            1 M Leslie (9) 6:56 2 L Harper (9) 7:03            3 A Friend (7) 6:58</p> <p><b>8 City Of Stoke AC</b> 'A' <b>20:59</b>            1 D Barker (3) 6:47 2 C Shubotham (7) 7:05            3 D Johnson (8) 7:07</p> <p><b>9 Morpeth H &amp; AC</b> 'A' <b>21:06</b>            1 A Hedley (24) 7:15 2 K Wilson (4) 6:32            3 G Driscoll (9) 7:19</p> <p><b>10 City Of Stoke AC</b> 'B' <b>21:13</b>            1 L Collis (12) 6:58 2 W Knott (8) 7:00            3 E Brown (10) 7:15</p> <p><b>11 Liverpool Pembroke &amp; Sefton</b> 'B' <b>21:20</b>            1 R Stocks (19) 7:08 2 M Dolman (16) 7:11            3 R Walmsley (11) 7:01</p> <p><b>12 Derby &amp; County AC</b> 'A' <b>21:29</b>            1 R Keeling (28) 7:18 2 C Peach (15) 6:59            3 R McFarlane (12) 7:12</p> <p><b>13 Mansfield</b> 'A' <b>21:31</b>            1 R Walker (10) 6:57 2 S Lisgo (11) 7:05            3 A Bradshaw (13) 7:29</p> <p><b>14 Dacorum &amp; Tring</b> <b>21:38</b>            1 P Austin (5) 6:51 2 D Quinn (21) 7:42            3 P Lipman (14) 7:05</p> <p><b>15 Bromsgrove &amp; Redditch AC</b> <b>21:40</b>            1 J Fraslina (15) 7:03 2 R White (18) 7:26            3 M Addison (15) 7:11</p> <p><b>16 Doncasteer &amp; Stainforth AC</b> 'B' <b>21:42</b>            1 L Austin (34) 7:27 2 P Deurkin (19) 7:05            3 A Lowe (16) 7:10</p> <p><b>17 Leamington C &amp; AC</b> <b>21:45</b>            1 M Butler (21) 7:09 2 J Ayers (24) 7:26            3 T Betts (17) 7:10</p> <p><b>18 Aldershot Farnham &amp; Dis AC</b> 'B' <b>21:47</b>            1 P Bridgman (25) 7:16 2 T Sommerfelt (26) 7:21            3 C Friend (18) 7:10</p> <p><b>19 Sale Harriers</b> 'B' <b>21:49</b>            1 D Marsh (26) 7:17 2 B Andrews (23) 7:18            3 R Flannery (19) 7:14</p>	<p><b>20 Liverpool Harriers &amp; AC</b> 'B' <b>21:52</b>            1 D Malone (27) 7:18 2 J Mannion (30) 7:34            3 P McHugh (20) 7:00</p> <p><b>21 Lincoln Wellington AC</b> <b>21:56</b>            1 S Dunn (7) 6:54 2 D Burton (10) 7:07            3 I Kimpton (21) 7:55</p> <p><b>22 Altrincham &amp; Dis AC</b> <b>21:58</b>            1 R Grithifs (32) 7:23 2 C Whyte (28) 7:26            3 S Gerrard (22) 7:09</p> <p><b>23 Nene Valley Harriers</b> 'A' <b>22:00</b>            1 A Birch (23) 7:14 2 K Tombleson (17) 7:14            3 L Danile (23) 7:32</p> <p><b>24 Liverpool Pembroke &amp; Sefton</b> 'C' <b>22:06</b>            1 A Harrold (20) 7:09 2 S Blackhurst (22) 7:24            3 T Anderson (24) 7:33</p> <p><b>25 Notts AC</b> 'A' <b>22:08</b>            1 C Lewin (14) 7:01 2 A Bostock (27) 7:44            3 J Harrison (25) 7:23</p> <p><b>26 Medway AC</b> <b>22:21</b>            1 K Harber (17) 7:06 2 S Dixon (34) 8:02            3 C Barret (26) 7:13</p> <p><b>27 Milton Keynes AC</b> <b>22:22</b>            1 G Wilcox (36) 7:28 2 J Tuttle (32) 7:29            3 B Twigger (27) 7:25</p> <p><b>28 Halesowen AC</b> 'B' <b>22:27</b>            1 D Morton (13) 6:59 2 D Mabbett (14) 7:12            3 H Dunbar (28) 8:16</p> <p><b>29 Bedford &amp; County AC</b> <b>22:30</b>            1 J Horsman (22) 7:12 2 B Webster (31) 7:41            3 T Howell (29) 7:37</p> <p><b>30 Sunderland Harriers &amp; AC</b> <b>22:32</b>            1 J Anderson (11) 6:57 2 P Gillespie (20) 7:35            3 J McCrerie (30) 8:00</p> <p><b>31 Aldershot Farnham &amp; Dis AC</b> 'C' <b>22:36</b>            1 A Bates (31) 7:23 2 L Bone (29) 7:26            3 A Holmes (31) 7:47</p> <p><b>32 Notts AC</b> 'B' <b>22:40</b>            1 R Hill (45) 7:41 2 R Warburton (33) 7:24            3 R Belton (32) 7:35</p> <p><b>33 Bury AC</b> <b>22:40</b>            1 L Harreld (35) 7:27 2 L Rothwell (37) 7:52            3 G Stanton (33) 7:21</p> <p><b>34 Vale Of Aylesbury AC</b> 'A' <b>22:42</b>            1 D Barber (54) 7:50 2 M Fallaize (43) 7:47            3 P Erwood (34) 7:05</p> <p><b>35 City Of Norwich AC</b> <b>22:44</b>            1 M Naylor (46) 7:42 2 S Smith (39) 7:43            3 D Mann (35) 7:19</p> <p><b>36 Rotherham AC</b> <b>22:49</b>            1 L Johnson (58) 8:03 2 G Worrall (40) 7:24            3 M Burke (36) 7:22</p> <p><b>37 Grantham AC</b> <b>22:50</b>            1 H Robertson (18) 7:07 2 J Ashton (12) 6:57            3 M Johnson (37) 8:46</p> <p><b>38 Hull Springhead Harriers</b> <b>22:56</b>            1 C Evison (33) 7:25 2 O Williams (46) 8:16            3 M Tanner (38) 7:15</p>
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<b>39 Staffordshire Moorlands AC</b>	<b>23:02</b>
1 R Marriott (48) 7:46 2 M Brindley (44) 7:53	
3 M Paterson (39) 7:23	
<b>40 Mansfield 'B'</b>	<b>23:08</b>
1 R Bough (38) 7:30 2 D Bowker (35) 7:45	
3 M Wooley (40) 7:53	
<b>41 Salford Harriers</b>	<b>23:08</b>
1 D Nolan (51) 7:47 2 P Kennedy (50) 8:04	
3 G Bristow (41) 7:17	
<b>42 Bristol AC 'B'</b>	<b>23:20</b>
1 R Holbrow (50) 7:46 2 J Dicker (36) 7:32	
3 R Crotty (42) 8:02	
<b>43 Newham &amp; Essex Beagles 'A'</b>	<b>23:24</b>
1 R Mead (43) 7:40 2 O Smith (45) 8:00	
3 E Melin (43) 7:44	
<b>44 Bingley Harriers AC 'A'</b>	<b>23:28</b>
1 S Mitchell (56) 7:54 2 B Ambler (52) 8:08	
3 L Johnson (44) 7:26	
<b>45 Morpeth H &amp; AC 'B'</b>	<b>23:34</b>
1 C Aynsley (53) 7:49 2 P Morrison (38) 7:30	
3 J Wood (45) 8:15	
<b>46 Stockport Harriers &amp; AC</b>	<b>23:34</b>
1 S Boothby (41) 7:35 2 M Hallinan (48) 8:11	
3 B Fallows (46) 7:48	
<b>47 Southport Waterloo AC</b>	<b>23:37</b>
1 M Leicester (37) 7:29 2 L Sears (47) 8:16	
3 C Williams (47) 7:52	
<b>48 Sutton In Ashfield Harriers AC</b>	<b>23:56</b>
1 C Mitchell (47) 7:43 2 A Stevens (51) 8:11	
3 P Holmes (48) 8:02	
<b>49 Bingley Harriers AC 'B'</b>	<b>23:59</b>
1 J Wilson (40) 7:33 2 A Bell (54) 8:45	
3 R Daly (49) 7:41	
<b>50 Lancaster &amp; Morecambe AC</b>	<b>24:02</b>
1 D Jones (49) 7:46 2 L Padget (49) 8:02	
3 J Moulton (50) 8:14	
<b>51 Doncasteer &amp; Stainforth AC 'A'</b>	<b>24:12</b>
1 A Henderson (55) 7:52 2 S Beresford (53) 8:14	
3 T Brevitt (51) 8:06	
<b>52 Nene Valley Harriers 'B'</b>	<b>24:15</b>
1 B Stimson (42) 7:37 2 D Toms (41) 7:53	
3 S Day (52) 8:45	
<b>53 Chesterfield &amp; Dist AC</b>	<b>24:29</b>
1 D Scott (59) 8:12 2 A Darnell (56) 8:37	
3 G Gregg (53) 7:40	
<b>54 Oldham &amp; Royton H &amp; AC</b>	<b>24:44</b>
1 R Bevan (44) 7:40 2 A Raftery (42) 7:53	
3 C Leech (54) 9:11	
<b>55 City Of Stoke AC 'C'</b>	<b>24:45</b>
1 J Davis (30) 7:22 2 P Brownsword (55) 9:17	
3 S Lewis (55) 8:06	

### Incomplete Teams:

<b>Trafford Athletic Club 'B'</b>	<b>14:36</b>
1 M Linton (29) 7:19 2 P Tudhope (25) 7:17	
<b>Derby &amp; County AC 'B'</b>	<b>7:32</b>
1 M Hall (39) 7:32	
<b>Oadby &amp; Wigston Legionaires AC</b>	<b>7:48</b>
1 T Whitmore (52) 7:48	
<b>Charnwood AC</b>	<b>8:02</b>
1 E Johnson (57) 8:02	
<b>Holmfirth Harriers AC</b>	<b>8:44</b>
1 N Hill (60) 8:44	

### Fastest of all legs

1 A Moran	Trafford	A	6:25
2 M Rimmer	Liv'pl P&S	A	6:31
3 K Wilson	Morpeth	A	6:32
4 T Michaelson	Liv'pl Har	A	6:37
5 O Holden	Halesowen	A	6:39
6 L Bartlett	Bristol	A	6:40
7 S Mills	Sale Har	A	6:42
8 S Morland	Liv'pl Har	A	6:46
9 J Holt	Trafford	A	6:47
= D Barker	CityOStoke	A	6:47

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 15 Girls Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	K Wootton	Bedford A	7:13	21	L Curley	Mansfield A 8:15
2	R Nathan	Lincoln W A	7:20	22	K Stones	Hull Sprng 8:17
3	R Driver	Aldershot A	7:39	23	S Hanson	Oldham & R 8:19
4	A Simcox	CityOStoke A	7:39	24	L Collett	Rowntree 8:35
5	N Bartholomew	Aldershot B	7:43	25	E Hardbattle	Wakefield B 8:36
6	K Docherty	Milt Keyns A	7:46	26	R Roberts	Derby L 8:39
7	L Hiscocks	Bristol A	7:50	27	N Cooper	Mansfield B 8:43
8	G Steel	Leicester	7:54	28	K Ferguson	Puma TVH 8:44
9	H Mort	Chesterfld	7:56	29	A Pauluk	Kettering 8:49
10	H Hudson	Sale Har A	7:58	30	H Mortimer	Bristol B 8:50
11	N Bamford	Notts A	7:59	31	M Heywood	Newark 8:58
12	H Yates	HolmfirthH	8:02	32	N Halliday	Morpeth 9:01
13	S Wickham	Gateshead	8:02	33	M Lord	Doncaster A 9:07
14	G Connolly	C.Norwich	8:03	34	G Hale	Grantham 9:07
15	A Pyrah	Lancaster A	8:05	35	N Till	Newcastle 9:25
16	A Brookes	Blackburn	8:05	36	E Terry	Southport A 9:33
17	R Gibbens	Milt Keyns B	8:06	37	M Stewart	Notts B 9:33
18	L Hall	Wakefield A	8:07	38	L Connachie	Leamington A 10:08
19	V Finch	Solihull A	8:10	39	A Plunkett	Southport B 10:23
20	K Nowak	Aldershot C	8:11			

## Under 15 Girls Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain			
1	R Gibbs	Bedford A	7:45	14:58	0	26	S Edgar	Lancaster A 9:32 17:37 - 11
2	C Hammond	Aldershot A	7:36	15:15	+ 1	27	H Hudson	Oldham & R 9:34 17:53 - 4
3	E Taylor	Lincoln W A	8:11	15:31	- 1	28	A Guille	Puma TVH 9:23 18:07 0
4	M Jessop	Milt Keyns A	7:48	15:34	+ 2	29	H Clay	Mansfield B 9:29 18:12 - 2
5	P Grant	CityOStoke A	7:58	15:37	- 1	30	K Johnson	Grantham 9:08 18:15 + 4
6	G Furze	Aldershot B	8:00	15:43	- 1	31	N Godfrey	Chesterfld 10:22 18:18 - 22
7	L Ferguson	Bristol A	7:56	15:46	0	32	E Astin	Rowntree 9:48 18:23 - 8
8	R Randle	Leicester	8:03	15:57	0	33	S Revitt	Doncaster A 9:28 18:35 0
9	C Hartin	Mansfield A	8:00	16:15	+ 12	34	N Kaye	Newcastle 9:23 18:48 + 1
10	C Wright	Wakefield A	8:09	16:16	+ 8	35	L Rice	Southport A 9:39 19:12 + 1
11	Z Storr	HolmfirthH	8:15	16:17	+ 1	36	P Thompson	Kettering 10:28 19:17 - 7
12	R Brett	C.Norwich	8:17	16:20	+ 2	37	L Fisher	Notts B 9:52 19:25 0
13	J James	Milt Keyns B	8:16	16:22	+ 4	38	K McGing	Southport B 9:19 19:42 + 1
14	A Connolly	Hull Sprng	8:07	16:24	+ 8	39	Z Blower	Leamington A 10:25 20:33 - 1
15	S Baggett	Aldershot C	8:16	16:27	+ 5			
16	J Coxon	Solihull A	8:23	16:33	+ 3			
17	C Hamilton	Blackburn	8:35	16:40	- 1			
18	A Ashtom	Sale Har A	8:45	16:43	- 8			
19	J Kerry	Wakefield B	8:19	16:55	+ 6			
20	R Forrest	Gateshead	9:00	17:02	- 7			
21	L Corfield	Bristol B	8:21	17:11	+ 9			
22	E Lyons	Notts A	9:14	17:13	- 11			
23	S Oglesby	Newark	8:26	17:24	+ 8			
24	J Dickinson	Derby L	8:48	17:27	+ 2			
25	D Watts	Morpeth	8:33	17:34	+ 7			

### Fastest runners over stage 2:

1	C Hammond	Aldershot A	7:36
2	R Gibbs	Bedford A	7:45
3	M Jessop	Milt Keyns A	7:48
4	L Ferguson	Bristol A	7:56
5	P Grant	CityOStoke A	7:58
6	C Hartin	Mansfield A	8:00
7	G Furze	Aldershot B	8:00
8	R Randle	Leicester	8:03
9	A Connolly	Hull Sprng	8:07
10	C Wright	Wakefield A	8:09

## Under 15 Girls Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	C Moss	Bedford A	7:41	22:39	0	35	L Jackson	Notts B	9:17	28:42	+ 2
2	L Smith	Aldershot A	7:34	22:49	0	36	N Hayes	Southport B	9:21	29:03	+ 2
3	E Hunt	Milt Keyns A	7:27	23:01	+ 1	37	S Beddow	Leamington A	9:16	29:49	+ 2
4	E Hopkins	Leicester	7:27	23:24	+ 4	<b>Fastest runners over stage 3:</b>					
5	M Jones	Aldershot B	7:45	23:28	+ 1	1	E Hunt	Milt Keyns A	7:27		
6	N Johnson	Lincoln W A	8:02	23:33	- 3	2	E Hopkins	Leicester	7:27		
7	S Alcock	CityOStoke A	8:02	23:39	- 2	3	L Smith	Aldershot A	7:34		
8	A Davies	Bristol A	8:03	23:49	- 1	4	J Hill	Sale Har A	7:41		
9	Z Gowland	Wakefield A	7:44	24:00	+ 1	5	C Moss	Bedford A	7:41		
10	L Kemp	HolmfirthH	8:06	24:23	+ 1	6	Z Gowland	Wakefield A	7:44		
11	J Hill	Sale Har A	7:41	24:24	+ 7	7	M Jones	Aldershot B	7:45		
12	M Watson	C.Norwich	8:23	24:43	0	8	N Johnson	Lincoln W A	8:02		
13	E May	Solihull A	8:13	24:46	+ 3	9	S Alcock	CityOStoke A	8:02		
14	R Holt	Blackburn	8:08	24:48	+ 3	10	A Davies	Bristol A	8:03		
15	B Christmas	Hull Sprng	8:31	24:55	- 1	<b>Fastest of all legs</b>					
16	A Ludwig	Mansfield A	8:44	24:59	- 7	1	K Wootton	Bedford	A	7:13	
17	M Hogston	Aldershot C	9:02	25:29	- 2	2	R Nathan	Lincoln W	A	7:20	
18	E Whewell	Gateshead	8:31	25:33	+ 2	3	E Hunt	Milt Keyns	A	7:27	
19	S Richards	Bristol B	8:26	25:37	+ 2	=	E Hopkins	Leicester		7:27	
20	B Williams	Milt Keyns B	9:27	25:49	- 7	5	L Smith	Aldershot	A	7:34	
21	J Faulkner	Wakefield B	9:07	26:02	- 2	6	C Hammond	Aldershot	A	7:36	
22	T Randle	Notts A	8:57	26:10	0	7	R Driver	Aldershot	A	7:39	
23	K Jones	Derby L	9:03	26:30	+ 1	=	A Simcox	CityOStoke	A	7:39	
24	N Marrin	Puma TVH	8:35	26:42	+ 4	9	C Moss	Bedford	A	7:41	
25	M Ablitt	Grantham	8:41	26:56	+ 5	=	J Hill	Sale Har	A	7:41	
26	A Pile	Morpeth	9:34	27:08	- 1						
27	S ScottSpencer	Mansfield B	9:01	27:13	+ 2						
28	E Sagar	Newcastle	8:37	27:25	+ 6						
29	S May	Southport A	8:19	27:31	+ 6						
30	M Hurst	Lancaster A	10:05	27:42	- 4						
31	E Walters	Chesterfld	9:27	27:45	0						
32	S Price	Rowntree	9:27	27:50	0						
33	G Elliott	Kettering	8:55	28:12	+ 3						
34	E SlaterClayton	Doncaster A	9:37	28:12	- 1						

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 15 Girls — Team Results — Final (nn) is team position after the appropriate stage.

<p><b>1 Bedford &amp; County AC 'A' 22:39</b>            1 K Wootton (1) 7:13 2 R Gibbs (1) 7:45            3 C Moss (1) 7:41</p> <p><b>2 Aldershot Farnham &amp; Dis AC 'A' 22:49</b>            1 R Driver (3) 7:39 2 C Hammond (2) 7:36            3 L Smith (2) 7:34</p> <p><b>3 Milton Keynes AC 'A' 23:01</b>            1 K Docherty (6) 7:46 2 M Jessop (4) 7:48            3 E Hunt (3) 7:27</p> <p><b>4 Leicester Coritanian 23:24</b>            1 G Steel (8) 7:54 2 R Randle (8) 8:03            3 E Hopkins (4) 7:27</p> <p><b>5 Aldershot Farnham &amp; Dis AC 'B' 23:28</b>            1 N Bartholomew (5) 7:43 2 G Furze (6) 8:00            3 M Jones (5) 7:45</p> <p><b>6 Lincoln Wellington AC 'A' 23:33</b>            1 R Nathan (2) 7:20 2 E Taylor (3) 8:11            3 N Johnson (6) 8:02</p> <p><b>7 City Of Stoke 'A' 23:39</b>            1 A Simcox (4) 7:39 2 P Grant (5) 7:58            3 S Alcock (7) 8:02</p> <p><b>8 Bristol AC 'A' 23:49</b>            1 L Hiscocks (7) 7:50 2 L Ferguson (7) 7:56            3 A Davies (8) 8:03</p> <p><b>9 Wakefield District Harriers AC 'A' 24:00</b>            1 L Hall (18) 8:07 2 C Wright (10) 8:09            3 Z Gowland (9) 7:44</p> <p><b>10 Holmfirth Harriers AC 24:23</b>            1 H Yates (12) 8:02 2 Z Storr (11) 8:15            3 L Kemp (10) 8:06</p> <p><b>11 Sale Harriers 'A' 24:24</b>            1 H Hudson (10) 7:58 2 A Ashtom (18) 8:45            3 J Hill (11) 7:41</p> <p><b>12 City Of Norwich 24:43</b>            1 G Connolly (14) 8:03 2 R Brett (12) 8:17            3 M Watson (12) 8:23</p> <p><b>13 Solihull &amp; Small Heath AC 'A' 24:46</b>            1 V Finch (19) 8:10 2 J Coxon (16) 8:23            3 E May (13) 8:13</p> <p><b>14 Blackburn Harriers AC 24:48</b>            1 A Brookes (16) 8:05 2 C Hamilton (17) 8:35            3 R Holt (14) 8:08</p> <p><b>15 Hull Springhead Harriers 24:55</b>            1 K Stones (22) 8:17 2 A Connolly (14) 8:07            3 B Christmas (15) 8:31</p> <p><b>16 Mansfield Harriers AC 'A' 24:59</b>            1 L Curley (21) 8:15 2 C Hartin (9) 8:00            3 A Ludwig (16) 8:44</p> <p><b>17 Aldershot Farnham &amp; Dis AC 'C' 25:29</b>            1 K Nowak (20) 8:11 2 S Baggett (15) 8:16            3 M Hogston (17) 9:02</p> <p><b>18 Gateshead H &amp; AC 25:33</b>            1 S Wickham (13) 8:02 2 R Forrest (20) 9:00            3 E Whewell (18) 8:31</p> <p><b>19 Bristol AC 'B' 25:37</b>            1 H Mortimer (30) 8:50 2 L Corfield (21) 8:21            3 S Richards (19) 8:26</p> <p><b>20 Milton Keynes AC 'B' 25:49</b>            1 R Gibbens (17) 8:06 2 J James (13) 8:16            3 B Williams (20) 9:27</p>	<p><b>21 Wakefield District Harriers AC 'B' 26:02</b>            1 E Hardbattle (25) 8:36 2 J Kerry (19) 8:19            3 J Faulkner (21) 9:07</p> <p><b>22 Notts AC 'A' 26:10</b>            1 N Bamford (11) 7:59 2 E Lyons (22) 9:14            3 T Randle (22) 8:57</p> <p><b>23 Derby Ladies AC 26:30</b>            1 R Roberts (26) 8:39 2 J Dickinson (24) 8:48            3 K Jones (23) 9:03</p> <p><b>24 Puma Tvh 26:42</b>            1 K Ferguson (28) 8:44 2 A Guille (28) 9:23            3 N Marrin (24) 8:35</p> <p><b>25 Grantham AC 26:56</b>            1 G Hale (34) 9:07 2 K Johnson (30) 9:08            3 M Ablitt (25) 8:41</p> <p><b>26 Morpeth H &amp; AC 27:08</b>            1 N Halliday (32) 9:01 2 D Watts (25) 8:33            3 A Pile (26) 9:34</p> <p><b>27 Mansfield Harriers AC 'B' 27:13</b>            1 N Cooper (27) 8:43 2 H Clay (29) 9:29            3 S Scott Spencer (27) 9:01</p> <p><b>28 Newcastle (Staffs) AC 27:25</b>            1 N Till (35) 9:25 2 N Kaye (34) 9:23            3 E Sagar (28) 8:37</p> <p><b>29 Southport Waterloo AC 'A' 27:31</b>            1 E Terry (36) 9:33 2 L Rice (35) 9:39            3 S May (29) 8:19</p> <p><b>30 Lancaster &amp; Morecambe AC 'A' 27:42</b>            1 A Pyrah (15) 8:05 2 S Edgar (26) 9:32            3 M Hurst (30) 10:05</p> <p><b>31 Chesterfield &amp; Dist AC 27:45</b>            1 H Mort (9) 7:56 2 N Godfrey (31) 10:22            3 E Walters (31) 9:27</p> <p><b>32 Nestle Rowntree Ac York 27:50</b>            1 L Collett (24) 8:35 2 E Astin (32) 9:48            3 S Price (32) 9:27</p> <p><b>33 Kettering Town Harriers 28:12</b>            1 A Pauluk (29) 8:49 2 P Thompson (36) 10:28            3 G Elliott (33) 8:55</p> <p><b>34 Doncaster &amp; Stainforth AC 'A' 28:12</b>            1 M Lord (33) 9:07 2 S Revitt (33) 9:28            3 E Slater Clayton (34) 9:37</p> <p><b>35 Notts AC 'B' 28:42</b>            1 M Stewart (37) 9:33 2 L Fisher (37) 9:52            3 L Jackson (35) 9:17</p> <p><b>36 Southport Waterloo AC 'B' 29:03</b>            1 A Plunkett (39) 10:23 2 K McGing (38) 9:19            3 N Hayes (36) 9:21</p> <p><b>37 Leamington C &amp; AC 'A' 29:49</b>            1 L Connachie (38) 10:08 2 Z Blower (39) 10:25            3 S Beddow (37) 9:16</p> <p><b>Incomplete Teams:</b></p> <p><b>Newark AC 17:24</b>            1 M Heywood (31) 8:58 2 S Oglesby (23) 8:26</p> <p><b>Oldham &amp; Royton H &amp; AC 17:53</b>            1 S Hanson (23) 8:19 2 H Hudson (27) 9:34</p>
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# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 13 Girls Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	H Jones	Aldershot A	7:46	23	*Not Declared*	Altrincham B	8:45
2	A Roskilly	Milt Keynes B	7:56	24	E Chalklin	Grantham	8:45
3	S North	Kettering A	7:58	25	J Wright	Wakefield	8:46
4	R Simmons	Bedford A	7:59	26	E Gibbs	Bedford B	8:47
5	S Twell	Aldershot B	8:07	27	R Christie	Puma TVH	8:49
6	T Jones	HolmfirthH	8:08	28	N Murphy	Blackley	8:56
7	L Hunt	Milt Keynes A	8:08	29	M Linton	Trafford A	8:57
8	C Tarplee	Solihull	8:12	30	S Marrin	AmberVAC	9:00
9	R Fallows	Stockport	8:14	31	F McLachlan	Milt Keynes C	9:01
10	E Collinge	Mansfield A	8:18	32	A Skaggs	Kettering B	9:02
11	M Ronan	Liv'pl Har A	8:19	33	E Taylor	Bristol B	9:10
12	J Gagg	Hull Sprng	8:21	34	L Newiss	Bingley	9:11
13	K DeLacey	Aldershot C	8:25	35	S Ridge	Newcastle B	9:15
14	S Waldron	Dacorum&T	8:26	36	K Saunders	Bristol A	9:19
15	V Frisby	Derby L A	8:33	37	L Edwards	Rotherham	9:22
16	N Fletcher	Oldham & R	8:33	38	J Bantham	Aylsbury	9:24
17	J Corrie	Liv'pl Har B	8:39	39	R Clements	Blackburn	9:24
18	H McGregor	Lancaster	8:39	40	K Mullins	Leamington	9:43
19	L Garside	Newcastle A	8:40	41	L Wright	Notts	9:49
20	D James	Morpeth	8:40	42	S Cox	Bristol C	9:53
21	A Grey	Newham&EB	8:42	43	B Lyons	Southport B	10:00
22	E Chandley	Southport A	8:43				

## Under 13 Girls Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	I Lee	Aldershot A	7:59	15:45	0	30	V Beckett	Milt Keynes C	9:28	18:29	+ 1
2	C Aberdeen	Aldershot B	7:59	16:06	+ 3	31	R Kiveal	Trafford A	9:42	18:39	- 2
3	K Berryman	Milt Keynes A	8:04	16:12	+ 4	32	V Crook	Bristol A	9:22	18:41	+ 4
4	E Spavins	Bedford A	8:17	16:16	0	33	L Feeney	AmberVAC	9:41	18:41	- 3
5	K Woodhead	HolmfirthH	8:16	16:24	+ 1	34	C Waldron	Bristol B	9:46	18:56	- 1
6	E McLoughlin	Stockport	8:12	16:26	+ 3	35	H Middleton	Rotherham	9:40	19:02	+ 2
7	J Knight	Milt Keynes B	8:30	16:26	- 5	36	V Hubbard	Grantham	10:18	19:03	- 12
8	E Besbitt	Morpeth	7:48	16:28	+ 12	37	E Garnett	Leamington	9:30	19:13	+ 3
9	S Preston	Aldershot C	8:08	16:33	+ 4	38	*Not Declared*	Altrincham B	10:33	19:18	- 15
10	G Curley	Mansfield A	8:17	16:35	0	39	S Mottram	Aylsbury	9:58	19:22	- 1
11	S Gregory	Newcastle A	8:02	16:42	+ 8	40	N Roberts	Southport B	9:23	19:23	+ 3
12	A Pitcher	Solihull	8:31	16:43	- 4	41	R Sheehan	Notts	10:21	20:10	0
13	L Young	Hull Sprng	8:37	16:58	- 1	42	K Davidson	Bristol C	10:26	20:19	0
14	L McMahon	Liv'pl Har A	8:52	17:11	- 3						
15	C Delzant	Puma TVH	8:31	17:20	+ 12						
16	S Cray	Liv'pl Har B	8:43	17:22	+ 1	<b>Fastest runners over stage 2:</b>					
17	C Dore	Bedford B	8:37	17:24	+ 9	1	E Besbitt	Morpeth	7:48		
18	K Fox	Newham&EB	8:46	17:28	+ 3	2	C Aberdeen	Aldershot B	7:59		
19	H Nelson	Southport A	8:54	17:37	+ 3	3	I Lee	Aldershot A	7:59		
20	K Hart	Oldham & R	9:13	17:46	- 4	4	S Gregory	Newcastle A	8:02		
21	R Hall	Kettering A	9:57	17:55	- 18	5	K Berryman	Milt Keynes A	8:04		
22	M Turner	Blackley	9:00	17:56	+ 6	6	S Preston	Aldershot C	8:08		
23	V Walker	Bingley	8:45	17:56	+ 11	7	E McLoughlin	Stockport	8:12		
24	D Molton	Blackburn	8:35	17:59	+ 15	8	K Woodhead	HolmfirthH	8:16		
25	H Padget	Lancaster	9:28	18:07	- 7	9	E Spavins	Bedford A	8:17		
26	M Baginski	Dacorum&T	9:42	18:08	- 12	10	G Curley	Mansfield A	8:17		
27	C Banks	Newcastle B	8:53	18:08	+ 8						
28	K Would	Derby L A	9:41	18:14	- 13						
29	Z Smeatom	Wakefield	9:31	18:17	- 4						



## Under 13 Girls Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	C Browning	Aldershot A	7:20	23:05	0
2	E Pallant	Aldershot B	7:49	23:55	0
3	C Gaspar	Milt Keynes A	7:54	24:06	0
4	N Yates	Mansfield A	7:50	24:25	+ 6
5	S Bloor	Hull Sprng	7:44	24:42	+ 8
6	N Sage	Morpeth	8:15	24:43	+ 2
7	E Wright	Bedford A	8:32	24:48	- 3
8	L Storr	HolmfirthH	8:26	24:50	- 3
9	L Parfitt	Solihull	8:17	25:00	+ 3
10	A Robinson	Milt Keynes B	8:37	25:03	- 3
11	G Sommerfelt	Aldershot C	8:43	25:16	- 2
12	S Riley	Stockport	9:09	25:35	- 6
13	H Beard	Liv'pl Har A	8:25	25:36	+ 1
14	K Bicknell	Newham&EB	8:39	26:07	+ 4
15	E Jackson	Newcastle A	9:37	26:19	- 4
16	L Mayho	Bingley	8:25	26:21	+ 7
17	S Heffron	Oldham & R	8:38	26:24	+ 3
18	H Preston	Puma TVH	9:07	26:27	- 3
19	N Howell	Bedford B	9:15	26:39	- 2
20	L Taylor	Derby L A	8:29	26:43	+ 8
21	R Cave	Kettering A	8:52	26:47	0
22	A Phelps	Southport A	9:11	26:48	- 3
23	S Wright	Dacorum&T	9:02	27:10	+ 3
24	L Fry	Newcastle B	9:12	27:20	+ 3
25	L McArdle	Liv'pl Har B	10:06	27:28	- 9
26	H Briscoe	Wakefield	9:20	27:37	+ 3
27	G Quinn	Blackley	9:49	27:45	- 5
28	C Lake	Blackburn	9:46	27:45	- 4
29	R Beresford	Trafford A	9:17	27:56	+ 2
30	A Grady	Rotherham	8:56	27:58	+ 5
31	C Machin	Grantham	9:04	28:07	+ 5
32	H Corless	Lancaster	10:14	28:21	- 7
33	L Griffin	Milt Keynes C	9:52	28:21	- 3
34	*Not Declared*	Altrincham B	9:06	28:24	+ 4
35	F McDonnell	Bristol A	9:49	28:30	- 3
36	P Waldron	Bristol B	9:39	28:35	- 2
37	C Smith	AmberVAC	10:14	28:55	- 4
38	K Symonds	Aylsbury	9:42	29:04	+ 1
39	C Watson	Notts	9:25	29:35	+ 2
40	R Jones	Southport B	10:18	29:41	0

  

Fastest runners over stage 3:		
1	C Browning	Aldershot A 7:20
2	S Bloor	Hull Sprng 7:44
3	E Pallant	Aldershot B 7:49
4	N Yates	Mansfield A 7:50
5	C Gaspar	Milt Keynes A 7:54
6	N Sage	Morpeth 8:15
7	L Parfitt	Solihull 8:17
8	L Mayho	Bingley 8:25
9	H Beard	Liv'pl Har A 8:25
10	L Storr	HolmfirthH 8:26

## Under 13 Girls — Team Results — Final (Continued)

**40 Southport Waterloo AC 'B' 29:41**  
 1 B Lyons (43)10:00 2 N Roberts (40) 9:23  
 3 R Jones (40)10:18

### Incomplete Teams:

**Leamington C & AC 19:13**  
 1 K Mullins (40) 9:43 2 E Garnett (37) 9:30

**Bristol AC 'C' 20:19**  
 1 S Cox (42) 9:53 2 K Davidson (42)10:26

**Kettering Town Harriers 'B' 9:02**  
 1 A Skaggs (32) 9:02

### Fastest of all legs

1	C Browning	Aldershot	A	7:20
2	S Bloor	Hull Sprng		7:44
3	H Jones	Aldershot	A	7:46
4	E Besbitt	Morpeth		7:48
5	E Pallant	Aldershot	B	7:49
6	N Yates	Mansfield	A	7:50
7	C Gaspar	Milt Keynes	A	7:54
8	A Roskilly	Milt Keynes	B	7:56
9	S North	Kettering	A	7:58
10	C Aberdeen	Aldershot	B	7:59
=	I Lee	Aldershot	A	7:59
=	R Simmons	Bedford	A	7:59

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 13 Girls — Team Results — Final (nn) is team position after the appropriate stage.

<p><b>1 Aldershot Farnham &amp; Dis AC 'A' 23:05</b> 1 H Jones (1) 7:46 2 I Lee (1) 7:59 3 C Browning (1) 7:20</p> <p><b>2 Aldershot Farnham &amp; Dis AC 'B' 23:55</b> 1 S Twell (5) 8:07 2 C Aberdeen (2) 7:59 3 E Pallant (2) 7:49</p> <p><b>3 Milton Keynes AC 'A' 24:06</b> 1 L Hunt (7) 8:08 2 K Berryman (3) 8:04 3 C Gaspar (3) 7:54</p> <p><b>4 Mansfield Harriers AC 'A' 24:25</b> 1 E Collinge (10) 8:18 2 G Curley (10) 8:17 3 N Yates (4) 7:50</p> <p><b>5 Hull Springhead Harriers 24:42</b> 1 J Gagg (12) 8:21 2 L Young (13) 8:37 3 S Bloor (5) 7:44</p> <p><b>6 Morpeth H &amp; AC 24:43</b> 1 D James (20) 8:40 2 E Besbitt (8) 7:48 3 N Sage (6) 8:15</p> <p><b>7 Bedford &amp; County AC 'A' 24:48</b> 1 R Simmons (4) 7:59 2 E Spavins (4) 8:17 3 E Wright (7) 8:32</p> <p><b>8 Holmfirth Harriers AC 24:50</b> 1 T Jones (6) 8:08 2 K Woodhead (5) 8:16 3 L Storr (8) 8:26</p> <p><b>9 Solihull &amp; Small Heath AC 25:00</b> 1 C Tarplee (8) 8:12 2 A Pitcher (12) 8:31 3 L Parfitt (9) 8:17</p> <p><b>10 Milton Keynes AC 'B' 25:03</b> 1 A Roskilly (2) 7:56 2 J Knight (7) 8:30 3 A Robinson (10) 8:37</p> <p><b>11 Aldershot Farnham &amp; Dis AC 'C' 25:16</b> 1 K DeLacey (13) 8:25 2 S Preston (9) 8:08 3 G Sommerfelt (11) 8:43</p> <p><b>12 Stockport Harriers &amp; AC 25:35</b> 1 R Fallows (9) 8:14 2 E McLoughlin (6) 8:12 3 S Riley (12) 9:09</p> <p><b>13 Liverpool Harriers &amp; AC 'A' 25:36</b> 1 M Ronan (11) 8:19 2 L McMahon (14) 8:52 3 H Beard (13) 8:25</p> <p><b>14 Newham &amp; Essex Beagles 26:07</b> 1 A Grey (21) 8:42 2 K Fox (18) 8:46 3 K Bicknell (14) 8:39</p> <p><b>15 Newcastle (Staffs) AC 'A' 26:19</b> 1 L Garside (19) 8:40 2 S Gregory (11) 8:02 3 E Jackson (15) 9:37</p> <p><b>16 Bingley Harriers AC 26:21</b> 1 L Newiss (34) 9:11 2 V Walker (23) 8:45 3 L Mayho (16) 8:25</p> <p><b>17 Oldham &amp; Royton H &amp; AC 26:24</b> 1 N Fletcher (16) 8:33 2 K Hart (20) 9:13 3 S Heffron (17) 8:38</p> <p><b>18 PumaTvh 26:27</b> 1 R Christie (27) 8:49 2 C Delzant (15) 8:31 3 H Preston (18) 9:07</p> <p><b>19 Bedford &amp; County AC 'B' 26:39</b> 1 E Gibbs (26) 8:47 2 C Dore (17) 8:37 3 N Howell (19) 9:15</p> <p><b>20 Derby Ladies AC 'A' 26:43</b> 1 V Frisby (15) 8:33 2 K Would (28) 9:41 3 L Taylor (20) 8:29</p>	<p><b>21 Kettering Town Harriers 'A' 26:47</b> 1 S North (3) 7:58 2 R Hall (21) 9:57 3 R Cave (21) 8:52</p> <p><b>22 Southport Waterloo AC 'A' 26:48</b> 1 E Chandley (22) 8:43 2 H Nelson (19) 8:54 3 A Phelps (22) 9:11</p> <p><b>23 Dacorum &amp; Tring 27:10</b> 1 S Waldron (14) 8:26 2 M Baginski (26) 9:42 3 S Wright (23) 9:02</p> <p><b>24 Newcastle (Staffs) AC 'B' 27:20</b> 1 S Ridge (35) 9:15 2 C Banks (27) 8:53 3 L Fry (24) 9:12</p> <p><b>25 Liverpool Harriers &amp; AC 'B' 27:28</b> 1 J Corrie (17) 8:39 2 S Cray (16) 8:43 3 L McArdle (25) 10:06</p> <p><b>26 Wakefield District Harriers AC 27:37</b> 1 J Wright (25) 8:46 2 Z Smeatom (29) 9:31 3 H Briscoe (26) 9:20</p> <p><b>27 Blackley &amp; North Manchester AC 27:45</b> 1 N Murphy (28) 8:56 2 M Turner (22) 9:00 3 G Quinn (27) 9:49</p> <p><b>28 Blackburn Harriers AC 27:45</b> 1 R Clements (39) 9:24 2 D Molton (24) 8:35 3 C Lake (28) 9:46</p> <p><b>29 Trafford Athletic Club 'A' 27:56</b> 1 M Linton (29) 8:57 2 R Kiveal (31) 9:42 3 R Beresford (29) 9:17</p> <p><b>30 Rotherham AC 27:58</b> 1 L Edwards (37) 9:22 2 H Middleton (35) 9:40 3 A Grady (30) 8:56</p> <p><b>31 Grantham AC 28:07</b> 1 E Chalklin (24) 8:45 2 V Hubbard (36) 10:18 3 C Machin (31) 9:04</p> <p><b>32 Lancaster &amp; Morecambe AC 28:21</b> 1 H McGregor (18) 8:39 2 H Padget (25) 9:28 3 H Corless (32) 10:14</p> <p><b>33 Milton Keynes AC 'C' 28:21</b> 1 F McLachlan (31) 9:01 2 V Beckett (30) 9:28 3 L Griffin (33) 9:52</p> <p><b>34 Altrincham &amp; Dis AC 'B' 28:24</b> 1 Undeclared (23) 8:45 2 Undeclared (38) 10:33 3 Undeclared (34) 9:06</p> <p><b>35 Bristol AC 'A' 28:30</b> 1 K Saunders (36) 9:19 2 V Crook (32) 9:22 3 F McDonnell (35) 9:49</p> <p><b>36 Bristol AC 'B' 28:35</b> 1 E Taylor (33) 9:10 2 C Waldron (34) 9:46 3 P Waldron (36) 9:39</p> <p><b>37 Amber Valley AC 28:55</b> 1 S Marrin (30) 9:00 2 L Feeney (33) 9:41 3 C Smith (37) 10:14</p> <p><b>38 Vale Of Aylesbury AC 29:04</b> 1 J Bantham (38) 9:24 2 S Mottram (39) 9:58 3 K Symonds (38) 9:42</p> <p><b>39 Notts AC 29:35</b> 1 L Wright (41) 9:49 2 R Sheehan (41) 10:21 3 C Watson (39) 9:25</p>
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# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 13 Boys Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	C Brown	Mansfield A	7:08	25	J McCully	Liv'pl Har B	8:10
2	S Aspinall	Sale Har A	7:15	26	A Maskell	Aldershot C	8:11
3	S Blake	Aldershot A	7:25	27	S Soar	Notts A	8:12
4	J Martin	Sunderland	7:29	28	N Ridings	HyndburnAC	8:14
5	J Stone	Lincoln W	7:29	29	B Law	Derby&CAC B	8:17
6	N Smith	Bridlingtn	7:34	30	M Broad	Lancaster	8:19
7	G Smith	Aldershot B	7:35	31	J Cullen	Nuneaton A	8:22
8	C Doherty	Liv'pl Har A	7:40	32	S Crook	NeneValley A	8:22
9	D Wilkie	Liv'pl P&S	7:42	33	J Alcock	Charnwood	8:23
10	S Strong	Morpeth	7:46	34	D Feeney	AmberVAC B	8:24
11	I Buick	AmberVAC A	7:51	35	D AllowayCarr	Puma TVH	8:25
12	M Dack	Norwich	7:52	36	J Watson	Notts B	8:31
13	J Royle	Sale Har B	7:53	37	E Broadbent	Hull Sprng	8:36
14	J Berry	Bury AC	7:53	38	D Heywood	Newark	8:37
15	R Hime	Shaftesbry	7:54	39	J Brunt	StaffsMoor A	8:39
16	B Williams	Windsor A	7:55	40	P Ellis	Chesterfld B	8:53
17	M Lynch	Southport A	7:57	41	K McNab	NeneValley B	8:58
18	A Bottrill	Derby&CAC A	7:59	42	J Mellor	CityOStokC	9:05
19	B1	CityOStoke B	8:00	43	R Mead	Newham&EB	9:17
20	C Fairbanks	CityOStoke A	8:00	44	A Fletcher	Bingley	9:29
21	T Griffiths	Southport B	8:02	45	G Owen	Southport C	9:47
22	R Stoner	Bristol A	8:03	46	J Robson	Derby&CAC C	9:49
23	T Merryweather	Aylsbury A	8:04	47	T Telford	Chesterfld A	10:32
24	J Baker	Bristol B	8:06				

## Under 13 Boys Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	D Roberts	Sale Har A	7:12	14:27	+ 1	31	K Klesniks	Nuneaton A	8:37	16:59	0
2	B Wilson	Aldershot A	7:16	14:41	+ 1	32	L Regan	HyndburnAC	8:49	17:03	- 4
3	S King	Mansfield A	7:56	15:04	- 2	33	M Gapper	Bristol B	9:06	17:12	- 9
4	D Stephenson	Sunderland	7:38	15:07	0	34	R Szarkowski	AmberVAC B	8:53	17:17	0
5	D Smith	Aldershot B	7:36	15:11	+ 2	35	T Hill	Newark	8:40	17:17	+ 3
6	C Hoy	Liv'pl Har A	7:51	15:31	+ 2	36	D Johnson	Notts B	8:48	17:19	0
7	J Carter	Bridlingtn	7:59	15:33	- 1	37	R Kite	Aldershot C	9:12	17:23	- 11
8	C Peters	Bristol A	7:33	15:36	+ 14	38	C Graham	Lancaster	9:10	17:29	- 8
9	N Malkin	Sale Har B	7:48	15:41	+ 4	39	ABerry	NeneValley B	8:37	17:35	+ 2
10	R Bland	Liv'pl P&S	8:02	15:44	- 1	40	B Smith	StaffsMoor A	9:05	17:44	- 1
11	B Henderson	Morpeth	8:01	15:47	- 1	41	T Lilley	Chesterfld B	9:27	18:20	- 1
12	A Iomas	Charnwood	7:27	15:50	+ 21	42	P Picken	Bingley	9:03	18:32	+ 2
13	S Huntingdon	Norwich	8:01	15:53	- 1	43	S Hellmer	Newham&EB	9:26	18:43	0
14	D Clark	AmberVAC A	8:09	16:00	- 3	44	J Taylor	Derby&CAC C	8:55	18:44	+ 2
15	C Davison	Derby&CAC A	8:02	16:01	+ 3	45	MMarçetta	Chesterfld A	8:23	18:55	+ 2
16	D Gallagher	CityOStoke A	8:04	16:04	+ 4	46	J Faraday	CityOStokC	9:56	19:01	- 4
17	N Whyte	Windsor A	8:12	16:07	- 1						
18	D Jones	Southport A	8:11	16:08	- 1						
19	M Ronan	Southport B	8:12	16:14	+ 2						
20	T Herbert	Lincoln W	8:46	16:15	- 15						
21	J Harreld	Bury AC	8:25	16:18	- 7						
22	T Buchan	Aylsbury A	8:21	16:25	+ 1						
23	J Parrott	NeneValley A	8:11	16:33	+ 9						
24	S Defoe	Shaftesbry	8:39	16:33	- 9						
25	J Waldouck	Puma TVH	8:13	16:38	+ 10						
26	A Hudson	Liv'pl Har B	8:29	16:39	- 1						
27	B2	CityOStoke B	8:41	16:41	- 8						
28	J Millett	Notts A	8:36	16:48	- 1						
29	J Cutsforth	Hull Sprng	8:19	16:55	+ 8						
30	D Law	Derby&CAC B	8:41	16:58	- 1						

### Fastest runners over stage 2:

1	D Roberts	Sale Har A	7:12
2	B Wilson	Aldershot A	7:16
3	A Iomas	Charnwood	7:27
4	C Peters	Bristol A	7:33
5	D Smith	Aldershot B	7:36
6	D Stephenson	Sunderland	7:38
7	N Malkin	Sale Har B	7:48
8	C Hoy	Liv'pl Har A	7:51
9	S King	Mansfield A	7:56
10	J Carter	Bridlingtn	7:59

## Under 13 Boys Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	L Cox	Aldershot A	7:00	21:41	+ 1
2	I Deegan	Sale Har A	7:51	22:18	- 1
3	R Pickering	Bridlingtn	6:57	22:30	+ 4
4	A Giordano	Sunderland	7:41	22:48	0
5	C McMillan	Bristol A	7:26	23:02	+ 3
6	R Wooley	Mansfield A	8:03	23:07	- 3
7	S Gill	Aldershot B	8:15	23:26	- 2
8	S Dixon	Norwich	7:45	23:38	+ 5
9	L McCully	Liv'pl Har A	8:18	23:49	- 3
10	S McManus	BuryAC	7:33	23:51	+ 11
11	J Woods	Morpeth	8:06	23:53	0
12	M Rooke	AmberVAC A	7:59	23:59	+ 2
13	R Nicholson	CityOStoke A	8:03	24:07	+ 3
14	B Simons	Liv'pl P&S	8:23	24:07	- 4
15	S Davison	Derby&CAC A	8:12	24:13	0
16	T Mower	Windsor A	8:12	24:19	+ 1
17	J Hughes	Southport A	8:13	24:21	+ 1
18	D Furlong	Southport B	8:08	24:22	+ 1
19	J Neve	Shaftesbry	7:56	24:29	+ 5
20	M Gibbons	Notts A	8:00	24:48	+ 8
21	C Fitzpatrick	HyndburnAC	7:56	24:59	+ 11
22	M Plaskett	Lincoln W	9:06	25:21	- 2
23	C McNab	NeneValley A	8:55	25:28	0
24	G Bridgeman	Bristol B	8:25	25:37	+ 9
25	T Fisher	Hull Sprng	8:44	25:39	+ 4
26	C Mead	Charnwood	9:51	25:41	- 14
27	B Wood	Puma TVH	9:04	25:42	- 2
28	S Morley	Derby&CAC B	8:46	25:44	+ 2
29	S Hill	StaffsMoor A	8:04	25:48	+ 11
30	S George	Aylsbury A	9:27	25:52	- 8
31	B3	CityOStoke B	9:11	25:52	- 4
32	M Russ	Aldershot C	8:44	26:07	+ 5
33	S Hambridge	Nuneaton A	9:16	26:15	- 2
34	M Cronshaw	Lancaster	8:52	26:21	+ 4
35	A Johnson	Notts B	9:08	26:27	+ 1
36	M Hill	Newark	9:38	26:55	- 1
37	N Brook	Bingley	8:25	26:57	+ 5
38	A Hackett	AmberVAC B	9:42	26:59	- 4
39	M Prosser	NeneValley B	9:32	27:07	0
40	C Mitchell	Chesterfld B	9:12	27:32	+ 1
41	D Russell	Chesterfld A	8:52	27:47	+ 4
42	T Shodunke	Newham&EB	10:44	29:27	+ 1

### Fastest runners over stage 3:

1	R Pickering	Bridlingtn	6:57
2	L Cox	Aldershot A	7:00
3	C McMillan	Bristol A	7:26
4	S McManus	BuryAC	7:33
5	A Giordano	Sunderland	7:41
6	S Dixon	Norwich	7:45
7	I Deegan	Sale Har A	7:51
8	C Fitzpatrick	HyndburnAC	7:56
9	J Neve	Shaftesbry	7:56
10	M Rooke	AmberVAC A	7:59

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 13 Boys — Team Results — Final (nn) is team position after the appropriate stage.

<p><b>1 Aldershot Farnham &amp; Dis AC 'A' 21:41</b>            1 S Blake (3) 7:25 2 B Wilson (2) 7:16            3 L Cox (1) 7:00</p> <p><b>2 Sale Harriers 'A' 22:18</b>            1 S Aspinall (2) 7:15 2 D Roberts (1) 7:12            3 I Deegan (2) 7:51</p> <p><b>3 Bridlington Road Runners 22:30</b>            1 N Smith (6) 7:34 2 J Carter (7) 7:59            3 R Pickering (3) 6:57</p> <p><b>4 Sunderland Harriers &amp; AC 22:48</b>            1 J Martin (4) 7:29 2 D Stephenson (4) 7:38            3 A Giordano (4) 7:41</p> <p><b>5 Bristol AC 'A' 23:02</b>            1 R Stoner (22) 8:03 2 C Peters (8) 7:33            3 C McMillan (5) 7:26</p> <p><b>6 Mansfield 'A' 23:07</b>            1 C Brown (1) 7:08 2 S King (3) 7:56            3 R Wooley (6) 8:03</p> <p><b>7 Aldershot Farnham &amp; Dis AC 'B' 23:26</b>            1 G Smith (7) 7:35 2 D Smith (5) 7:36            3 S Gill (7) 8:15</p> <p><b>8 City Of Norwich 23:38</b>            1 M Dack (12) 7:52 2 S Huntingdon (13) 8:01            3 S Dixon (8) 7:45</p> <p><b>9 Liverpool Harriers &amp; AC 'A' 23:49</b>            1 C Doherty (8) 7:40 2 C Hoy (6) 7:51            3 L McCully (9) 8:18</p> <p><b>10 Bury AC 23:51</b>            1 J Berry (14) 7:53 2 J Harreld (21) 8:25            3 S McManus (10) 7:33</p> <p><b>11 Morpeth H &amp; AC 23:53</b>            1 S Strong (10) 7:46 2 B Henderson (11) 8:01            3 J Woods (11) 8:06</p> <p><b>12 Amber Valley AC 'A' 23:59</b>            1 I Buick (11) 7:51 2 D Clark (14) 8:09            3 M Rooke (12) 7:59</p> <p><b>13 City Of Stoke 'A' 24:07</b>            1 C Fairbanks (20) 8:00 2 D Gallagher (16) 8:04            3 R Nicholson (13) 8:03</p> <p><b>14 Liverpool Pembroke &amp; Sefton 24:07</b>            1 D Wilkie (9) 7:42 2 R Bland (10) 8:02            3 B Simons (14) 8:23</p> <p><b>15 Derby &amp; County AC 'A' 24:13</b>            1 A Bottrill (18) 7:59 2 C Davison (15) 8:02            3 S Davison (15) 8:12</p> <p><b>16 Windsor Slough &amp; Eton AC 'A' 24:19</b>            1 B Williams (16) 7:55 2 N Whyte (17) 8:12            3 T Mower (16) 8:12</p> <p><b>17 Southport Waterloo AC 'A' 24:21</b>            1 M Lynch (17) 7:57 2 D Jones (18) 8:11            3 J Hughes (17) 8:13</p> <p><b>18 Southport Waterloo AC 'B' 24:22</b>            1 T Griffiths (21) 8:02 2 M Ronan (19) 8:12            3 D Furlong (18) 8:08</p> <p><b>19 Shaftesbury Barnet Harriers 24:29</b>            1 R Hime (15) 7:54 2 S Defoe (24) 8:39            3 J Neve (19) 7:56</p> <p><b>20 Notts AC 'A' 24:48</b>            1 S Soar (27) 8:12 2 J Millett (28) 8:36            3 M Gibbons (20) 8:00</p>	<p><b>21 Hyndburn AC 24:59</b>            1 N Ridings (28) 8:14 2 L Regan (32) 8:49            3 C Fitzpatrick (21) 7:56</p> <p><b>22 Lincoln Wellington AC 25:21</b>            1 J Stone (5) 7:29 2 T Herbert (20) 8:46            3 M Plaskett (22) 9:06</p> <p><b>23 Nene Valley Harriers 'A' 25:28</b>            1 S Crook (32) 8:22 2 J Parrott (23) 8:11            3 C McNab (23) 8:55</p> <p><b>24 Bristol AC 'B' 25:37</b>            1 J Baker (24) 8:06 2 M Gapper (33) 9:06            3 G Bridgeman (24) 8:25</p> <p><b>25 Hull Springhead Harriers 25:39</b>            1 E Broadbent (37) 8:36 2 J Cutsforth (29) 8:19            3 T Fisher (25) 8:44</p> <p><b>26 Charnwood AC 25:41</b>            1 J Alcock (33) 8:23 2 A Iomas (12) 7:27            3 C Mead (26) 9:51</p> <p><b>27 Puma Tvh 25:42</b>            1 D Alloway Carr (35) 8:25 2 J Waldouck (25) 8:13            3 B Wood (27) 9:04</p> <p><b>28 Derby &amp; County AC 'B' 25:44</b>            1 B Law (29) 8:17 2 D Law (30) 8:41            3 S Morley (28) 8:46</p> <p><b>29 Staffordshire Moorlands AC 'A' 25:48</b>            1 J Brunt (39) 8:39 2 B Smith (40) 9:05            3 S Hill (29) 8:04</p> <p><b>30 Vale Of Aylesbury AC 'A' 25:52</b>            1 T Merryweather (23) 8:04 2 T Buchan (22) 8:21            3 S George (30) 9:27</p> <p><b>31 City Of Stoke 'B' 25:52</b>            1 B1 (19) 8:00 2 B2 (27) 8:41            3 B3 (31) 9:11</p> <p><b>32 Aldershot Farnham &amp; Dis AC 'C' 26:07</b>            1 A Maskell (26) 8:11 2 R Kite (37) 9:12            3 M Russ (32) 8:44</p> <p><b>33 Nuneaton Harriers 'A' 26:15</b>            1 J Cullen (31) 8:22 2 K Klesniks (31) 8:37            3 S Hambridge (33) 9:16</p> <p><b>34 Lancaster &amp; Morecambe AC 26:21</b>            1 M Broad (30) 8:19 2 C Graham (38) 9:10            3 M Cronshaw (34) 8:52</p> <p><b>35 Notts AC 'B' 26:27</b>            1 J Watson (36) 8:31 2 D Johnson (36) 8:48            3 A Johnson (35) 9:08</p> <p><b>36 Newark AC 26:55</b>            1 D Heywood (38) 8:37 2 T Hill (35) 8:40            3 M Hill (36) 9:38</p> <p><b>37 Bingley Harriers AC 26:57</b>            1 A Fletcher (44) 9:29 2 P Picken (42) 9:03            3 N Brook (37) 8:25</p> <p><b>38 Amber Valley AC 'B' 26:59</b>            1 D Feeney (34) 8:24 2 R Szarkowski (34) 8:53            3 A Hackett (38) 9:42</p> <p><b>39 Nene Valley Harriers 'B' 27:07</b>            1 K McNab (41) 8:58 2 A Berry (39) 8:37            3 M Prosser (39) 9:32</p> <p><b>40 Chesterfield &amp; Dist AC 'B' 27:32</b>            1 P Ellis (40) 8:53 2 T Lilley (41) 9:27            3 C Mitchell (40) 9:12</p>
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**41 Chesterfield & Dist AC 'A' 27:47**  
 1 T Telford (47)10:32 2 M Marcetta (45) 8:23  
 3 D Russell (41) 8:52

**42 Newham & Essex Beagles 29:27**  
 1 R Mead (43) 9:17 2 S Hellmer (43) 9:26  
 3 T Shodunke (42)10:44

**Incomplete Teams:**

**Sale Harriers 'B' 15:41**  
 1 J Royle (13) 7:53 2 N Malkin (9) 7:48

**Liverpool Harriers & AC 'B' 16:39**  
 1 J McCully (25) 8:10 2 A Hudson (26) 8:29

**Derby & County AC 'C' 18:44**  
 1 J Robson (46) 9:49 2 J Taylor (44) 8:55

**City Of Stoke 'C' 19:01**  
 1 J Mellor (42) 9:05 2 J Faraday (46) 9:56

**Southport Waterloo AC 'C' 9:47**  
 1 G Owen (45) 9:47

**Fastest of all legs**

1 R Pickering	Bridlington	6:57
2 L Cox	Aldershot A	7:00
3 C Brown	Mansfield A	7:08
4 D Roberts	Sale Har A	7:12
5 S Aspinall	Sale Har A	7:15
6 B Wilson	Aldershot A	7:16
7 S Blake	Aldershot A	7:25
8 C McMillan	Bristol A	7:26
9 A Iomas	Charnwood	7:27
10 J Martin	Sunderland	7:29
= J Stone	Lincoln W	7:29

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 17 Women Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	C Wickham	Gateshead A	9:08	17	T Gill	Aldershot A	10:14
2	S Clark	Sale Har A	9:22	18	N Johnson	Bingley	10:15
3	L Deadman	Havering	9:26	19	J Socas	Newham&EB	10:16
4	H Whitmore	Charnwood	9:29	20	A Collett	NestleRown	10:20
5	D Woods	Liv'pl Har	9:35	21	C Spencer	Hull Sprng A	10:30
6	C Pringle	Morpeth	9:45	22	E Leake	Lancaster A	10:32
7	L Cater	MansfieldH A	9:49	23	A Randle	Notts A	10:33
8	K Walker	Bedford A	9:56	24	S Colley	Wakefield	11:02
9	G Marrs	Medway	10:02	25	L Caple	Derby L	11:05
10	S Pickett	Aldershot B	10:02	26	S Murray	Macclesfld	11:27
11	L Gilbert	C.Norwich	10:03	27	H Whitlam	Hallamsh'r	11:29
12	K Worrall	Bedford B	10:06	28	D Collinge	MansfieldH B	11:32
13	L Chown	Northamptn	10:06	29	H Browne	Dacorum	11:36
14	R Cronshaw	Lancaster B	10:10	30	N Ashurst	Notts B	12:13
15	L Pringle	Sale Har B	10:11	31	D Saxby	Hull Sprng B	13:37
16	A Ferguson	Chelmsford	10:12				

## Under 17 Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	F Fullerton	Havering	8:59	18:25	+ 2	23	K Frisby	Derby L	10:51	21:56	+ 2
2	E Fitton	Sale Har A	9:33	18:55	0	24	H Beattie	Lancaster B	11:47	21:57	- 10
3	L Johnson	Charnwood	9:50	19:19	+ 1	25	B Johnson	MansfieldH A	12:09	21:58	- 18
4	A Booth	Bedford A	9:27	19:23	+ 4	26	L Filby	Macclesfld	11:20	22:47	0
5	K Buchan	Medway	9:23	19:25	+ 4	27	K Harding	Dacorum	11:13	22:49	+ 2
6	A Fox	Morpeth	10:00	19:45	0	28	K Price	MansfieldH B	12:18	23:50	0
7	E Adams	Aldershot A	9:41	19:55	+ 10	29	C Ross	Notts B	12:21	24:34	+ 1
8	H South	C.Norwich	9:57	20:00	+ 3	30	A Young	Hull Sprng B	13:03	26:40	+ 1
9	H Flett	Liv'pl Har	10:33	20:08	- 4						
10	F Burney	Gateshead A	11:09	20:17	- 9						
11	C Faulkner	Northamptn	10:12	20:18	+ 2	<b>Fastest runners over stage 2:</b>					
12	C Taylor	Bedford B	10:29	20:35	0	1	F Fullerton	Havering	8:59		
13	*Not Declared*	Sale Har B	10:26	20:37	+ 2	2	K Buchan	Medway	9:23		
14	K Bartholomew	Aldershot B	10:42	20:44	- 4	3	A Booth	Bedford A	9:27		
15	N Griffith	NestleRown	10:25	20:45	+ 5	4	E Fitton	Sale Har A	9:33		
16	L Geldart	Bingley	10:37	20:52	+ 2	5	E Adams	Aldershot A	9:41		
17	L Fletcher	Chelmsford	10:47	20:59	- 1	6	L Johnson	Charnwood	9:50		
18	R Brown	Newham&EB	10:48	21:04	+ 1	7	H South	C.Norwich	9:57		
19	M Edmonds	Notts A	10:32	21:05	+ 4	8	A Fox	Morpeth	10:00		
20	A Hobam	Wakefield	10:10	21:12	+ 4	9	A Hobam	Wakefield	10:10		
21	S Oliver	Hull Sprng A	10:44	21:14	0	10	C Faulkner	Northamptn	10:12		
22	S Knight	Lancaster A	10:52	21:24	0						

## Under 17 Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	L Evans	Sale Har A	9:58	28:53	+ 1	19	A Copley	Aldershot B	11:09	31:53	- 5
2	J Pereria	Medway	9:33	28:58	+ 3	20	F Grant	Wakefield	11:22	32:34	0
3	L Burgoigne	Bedford A	9:44	29:07	+ 1	21	L Cooper	Lancaster B	11:10	33:07	+ 3
4	F Powell	Havering	11:10	29:35	- 3	22	N Mills	MansfieldH A	11:22	33:20	+ 3
5	R Proctor	C.Norwich	9:37	29:37	+ 3	23	K Kirkham	Macclesfld	10:57	33:44	+ 3
6	N Desai	Morpeth	10:08	29:53	0	24	S Vincent	Notts B	12:06	36:40	+ 5
7	D Reid	Charnwood	10:47	30:06	- 4						
8	E Whittaker	Axon Aldershot A	10:21	30:16	- 1	<b>Fastest runners over stage 3:</b>					
9	S Armstrong	Gateshead A	10:01	30:18	+ 1	1	J Pereria	Medway	9:33		
10	R Ost	Northamptn	10:11	30:29	+ 1	2	R Proctor	C.Norwich	9:37		
11	K Rowlinson	Liv'pl Har	10:33	30:41	- 2	3	L Burgoigne	Bedford A	9:44		
12	R Corkett	Bedford B	10:10	30:45	0	4	K Searle	Hull Sprng A	9:48		
13	G Bendle	Bingley	10:07	30:59	+ 3	5	L Evans	Sale Har A	9:58		
14	K Searle	Hull Sprng A	9:48	31:02	+ 7	6	E Butler	Notts A	10:01		
15	E Butler	Notts A	10:01	31:06	+ 4	7	S Armstrong	Gateshead A	10:01		
16	S Dale	NestleRown	10:37	31:22	- 1	8	G Bendle	Bingley	10:07		
17	L Clifford	Chelmsford	10:52	31:51	0	9	N Desai	Morpeth	10:08		
18	H Booth	Lancaster A	10:29	31:53	+ 4	10	R Corkett	Bedford B	10:10		

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 17 Women — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 Sale Harriers</b>	<b>'A'</b>	<b>28:53</b>	<b>19 Aldershot Farnham &amp; Dis AC</b>	<b>'B'</b>	<b>31:53</b>
1 S Clark (2) 9:22	2 E Fitton (2) 9:33		1 S Pickett (10)10:02	2 K Bartholomew (14)10:42	
3 L Evans (1) 9:58			3 A Copley (19)11:09		
<b>2 Medway AC</b>	<b>28:58</b>	<b>20 Wakefield District Harriers AC</b>	<b>32:34</b>		
1 G Marrs (9) 10:02	2 K Buchan (5) 9:23	1 S Colley (24)11:02	2 A Hobam (20)10:10		
3 J Pereria (2) 9:33		3 F Grant (20)11:22			
<b>3 Bedford &amp; County AC</b>	<b>'A'</b>	<b>29:07</b>	<b>21 Lancaster &amp; Morecambe AC</b>	<b>'B'</b>	<b>33:07</b>
1 K Walker (8) 9:56	2 A Booth (4) 9:27		1 R Cronshaw (14)10:10	2 H Beattie (24)11:47	
3 L Burgoigne (3) 9:44			3 L Cooper (21)11:10		
<b>4 Havering Mayesbrook AC</b>	<b>29:35</b>	<b>22 Mansfield HAC</b>	<b>'A'</b>	<b>33:20</b>	
1 L Deadman (3) 9:26	2 F Fullerton (1) 8:59	1 L Cater (7) 9:49	2 B Johnson (25)12:09		
3 F Powell (4) 11:10		3 N Mills (22)11:22			
<b>5 City Of Norwich</b>	<b>29:37</b>	<b>23 Macclesfield H AC</b>	<b>33:44</b>		
1 L Gilbert (11)10:03	2 H South (8) 9:57	1 S Murray (26)11:27	2 L Filby (26)11:20		
3 R Proctor (5) 9:37		3 K Kirkham (23)10:57			
<b>6 Morpeth H &amp; AC</b>	<b>29:53</b>	<b>24 Notts AC</b>	<b>'B'</b>	<b>36:40</b>	
1 C Pringle (6) 9:45	2 A Fox (6) 10:00	1 N Ashurst (30)12:13	2 C Ross (29)12:21		
3 N Desai (6) 10:08		3 S Vincent (24)12:06			
<b>7 Charnwood AC</b>	<b>30:06</b>	<b>Incomplete Teams:</b>			
1 H Whitmore (4) 9:29	2 L Johnson (3) 9:50	<b>Sale Harriers</b>			
3 D Reid (7) 10:47			<b>'B'</b>	<b>20:37</b>	
<b>8 Aldershot Farnham &amp; Dis AC</b>	<b>'A'</b>	<b>30:16</b>	1 L Pringle (15)10:11	2 Undeclared (13) 10:26	
1 T Gill (17)10:14	2 E Adams (7) 9:41		<b>Newham &amp; Essex Beagles</b>		
3 E Whittaker Axon (8) 10:21				<b>21:04</b>	
<b>9 Gateshead H &amp; AC</b>	<b>'A'</b>	<b>30:18</b>	1 J Socas (19)10:16	2 R Brown (18)10:48	
1 C Wickham (1) 9:08	2 F Burney (10)11:09		<b>Derby Ladies AC</b>		
3 S Armstrong (9) 10:01				<b>21:56</b>	
<b>10 Northampton Phoenix AC</b>	<b>30:29</b>	<b>30:29</b>	1 L Caple (25)11:05	2 K Frisby (23)10:51	
1 L Chown (13)10:06	2 C Faulkner (11)10:12		<b>Dacorum And Tring AC</b>		
3 R Ost (10)10:11				<b>22:49</b>	
<b>11 Liverpool Harriers &amp; AC</b>	<b>30:41</b>	<b>30:41</b>	1 H Browne (29)11:36	2 K Harding (27)11:13	
1 D Woods (5) 9:35	2 H Flett (9) 10:33		<b>Mansfield HAC</b>		
3 K Rowlinson (11)10:33				<b>'B'</b>	
<b>12 Bedford &amp; County AC</b>	<b>'B'</b>	<b>30:45</b>	1 D Collinge (28)11:32	2 K Price (28)12:18	
1 K Worrall (12)10:06	2 C Taylor (12)10:29		<b>Hull Springhead Harriers</b>		
3 R Corkett (12)10:10				<b>'B'</b>	
<b>13 Bingley Harriers AC</b>	<b>30:59</b>	<b>30:59</b>	1 D Saxby (31)13:37	2 A Young (30)13:03	
1 N Johnson (18)10:15	2 L Geldart (16)10:37		<b>Hallamshire H Sheffield</b>		
3 G Bendle (13)10:07				<b>11:29</b>	
<b>14 Hull Springhead Harriers</b>	<b>'A'</b>	<b>31:02</b>	1 H Whitlam (27)11:29		
1 C Spencer (21)10:30	2 S Oliver (21)10:44		<b>Fastest of all legs</b>		
3 K Searle (14) 9:48			1 F Fullerton	Havering	8:59
<b>15 Notts AC</b>	<b>'A'</b>	<b>31:06</b>	2 C Wickham	Gateshead	A 9:08
1 A Randle (23)10:33	2 M Edmonds (19)10:32		3 S Clark	Sale Har	A 9:22
3 E Butler (15)10:01			4 K Buchan	Medway	9:23
<b>16 Nestle Rowntree Ac York</b>	<b>31:22</b>	<b>31:22</b>	5 L Deadman	Havering	9:26
1 A Collett (20)10:20	2 N Griffith (15)10:25		6 A Booth	Bedford	A 9:27
3 S Dale (16)10:37			7 H Whitmore	Charnwood	9:29
<b>17 Chelmsford AC</b>	<b>31:51</b>	<b>31:51</b>	8 E Fitton	Sale Har	A 9:33
1 A Ferguson (16)10:12	2 L Fletcher (17)10:47		= J Pereria	Medway	9:33
3 L Clifford (17)10:52			10 D Woods	Liv'pl Har	9:35
<b>18 Lancaster &amp; Morecambe AC</b>	<b>'A'</b>	<b>31:53</b>			
1 E Leake (22)10:32	2 S Knight (22)10:52				
3 H Booth (18)10:29					



# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Junior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Jane Potter	Charnwood A	8:54	10	L Westley	Ipswich B	10:29
2	L Whittaker	Sale Har	9:21	11	H Singleton	Wakefield	10:32
3	U Counsell	Bristol A	9:21	12	R Harrison	Lincoln W	10:33
4	A Hutchinson	Aldershot A	9:36	13	M Garrod	C.Norwich	10:34
5	N Daniels	CityStoke	9:37	14	N Dover	Hounslow	10:35
6	J Ankier	Shaftesbr A	9:42	15	S Ellison	Morpeth	10:42
7	E McNally	Ipswich A	9:55	16	J Bradford	Lancaster	10:52
8	S Herbert	Bristol B	9:58	17	L Martindale	AldershoC	10:53
9	H Fairbairn	Aldershot B	10:08	18	K Young	Hull Sprn	10:55

## Under 17 Women & Junior Women - Junior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	C Tomaney	Charnwood A	9:35	18:29	0	1	G Greenfield	Aldershot A	9:12
2	G Greenfield	Aldershot A	9:12	18:48	+ 2	2	S Stanmore	Shaftesbr A	9:34
3	E McLelland	Bristol A	9:35	18:56	0	3	E McLelland	Bristol A	9:35
4	E Lafferty	Sale Har	9:36	18:57	- 2	4	C Tomaney	Charnwood A	9:35
5	S Stanmore	Shaftesbr A	9:34	19:16	+ 1	5	E Lafferty	Sale Har	9:36
6	J Mayer	CityStoke	9:53	19:30	- 1	6	S Partridge	Ipswich A	9:52
7	S Partridge	Ipswich A	9:52	19:47	0	7	J Mayer	CityStoke	9:53
8	B Parker	C.Norwich	9:56	20:30	+ 5	8	B Parker	C.Norwich	9:56
9	G Taylor	Morpeth	10:05	20:47	+ 6	9	G Taylor	Morpeth	10:05
10	H Woods	Aldershot B	10:39	20:47	- 1	10	A Elsden	Ipswich B	10:32
11	A Elsden	Ipswich B	10:32	21:01	- 1				
12	N Coleman	Hounslow	10:45	21:20	+ 2				
13	J Goldsack	AldershoC	10:40	21:33	+ 4				
14	L Aaron	Hull Sprn	10:53	21:48	+ 4				
15	C Hurst	Lancaster	11:23	22:15	+ 1				

## Junior Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Juliet Potter	Charnwood A	8:44	27:13	0	1	Juliet Potter	Charnwood A	8:44
2	K Reed	Bristol A	9:04	28:00	+ 1	2	K Reed	Bristol A	9:04
3	S Williams	Sale Har	9:38	28:35	+ 1	3	S Williams	Sale Har	9:38
4	C Adams	Aldershot A	10:00	28:48	- 2	4	V Kenny	Ipswich A	9:41
5	L Cowley	Shaftesbr A	9:57	29:13	0	5	L Webb	Hounslow	9:43
6	V Kenny	Ipswich A	9:41	29:28	+ 1	6	O Walwyn	C.Norwich	9:53
7	C Booker	CityStoke	10:04	29:34	- 1	7	L Cowley	Shaftesbr A	9:57
8	O Walwyn	C.Norwich	9:53	30:23	0	8	C Adams	Aldershot A	10:00
9	J Mooney	Morpeth	10:06	30:53	0	9	R Atkinson	Hull Sprn	10:00
10	L Webb	Hounslow	9:43	31:03	+ 2	10	C Booker	CityStoke	10:04
11	S Whittaker	Aldershot B	11:00	31:47	- 1				
12	R Atkinson	Hull Sprn	10:00	31:48	+ 2				
13	A Butcher	Ipswich B	10:59	32:00	- 2				
14	W Thornton	AldershoC	11:10	32:43	- 1				
15	A McGregor	Lancaster	10:41	32:56	0				

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Junior Women — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 Charnwood Ac</b>	<b>'A'</b>	<b>27:13</b>	<b>12 Hull Springhead Harriers</b>	<b>31:48</b>
1 Jane Potter (1) 8:54	2 C Tomaney (1) 9:35		1 K Young (18)10:55	2 L Aaron (14)10:53
3 Juliet Potter (1) 8:44			3 R Atkinson (12)10:00	
<b>2 Bristol Ac</b>	<b>'A'</b>	<b>28:00</b>	<b>13 Ipswich Harriers</b>	<b>'B'</b> <b>32:00</b>
1 U Counsell (3) 9:21	2 E McLelland (3) 9:35		1 L Westley (10)10:29	2 A Elsdon (11)10:32
3 K Reed (2) 9:04			3 A Butcher (13)10:59	
<b>3 Sale Harriers</b>		<b>28:35</b>	<b>14 Aldershot Farnham &amp; Dis Ac 'C'</b>	<b>32:43</b>
1 L Whittaker (2) 9:21	2 E Lafferty (4) 9:36		1 L Martindale (17)10:53	2 J Goldsack (13)10:40
3 S Williams (3) 9:38			3 W Thornton (14)11:10	
<b>4 Aldershot Farnham &amp; Dis Ac</b>	<b>'A'</b>	<b>28:48</b>	<b>15 Lancaster &amp; Morecambe Ac</b>	<b>32:56</b>
1 A Hutchinson (4) 9:36	2 G Greenfield (2) 9:12		1 J Bradford (16)10:52	2 C Hurst (15)11:23
3 C Adams (4) 10:00			3 A McGregor (15)10:41	
<b>5 Shaftesbury Barnet Harriers</b>	<b>'A'</b>	<b>29:13</b>	<b>Incomplete Teams:</b>	
1 J Ankier (6) 9:42	2 S Stanmore (5) 9:34		<b>Bristol Ac</b>	<b>'B'</b> <b>9:58</b>
3 L Cowley (5) 9:57			1 S Herbert (8) 9:58	
<b>6 Ipswich Harriers</b>	<b>'A'</b>	<b>29:28</b>	<b>Wakefield District Harriers A</b>	<b>10:32</b>
1 E McNally (7) 9:55	2 S Partridge (7) 9:52		1 H Singleton (11)10:32	
3 V Kenny (6) 9:41			<b>Lincoln Wellington Ac</b>	<b>10:33</b>
<b>7 City Of Stoke</b>		<b>29:34</b>	1 R Harrison (12)10:33	
1 N Daniels (5) 9:37	2 J Mayer (6) 9:53			
3 C Booker (7) 10:04			<b>Fastest of all legs</b>	
<b>8 City Of Norwich</b>		<b>30:23</b>	1 Juliet Potter Charnwood A 8:44	
1 M Garrod (13)10:34	2 B Parker (8) 9:56		2 Jane Potter Charnwood A 8:54	
3 O Walwyn (8) 9:53			3 K Reed Bristol A 9:04	
<b>9 Morpeth H &amp; Ac</b>		<b>30:53</b>	4 G Greenfield Aldershot A 9:12	
1 S Ellison (15)10:42	2 G Taylor (9) 10:05		5 U Counsell Bristol A 9:21	
3 J Mooney (9) 10:06			= L Whittaker Sale Har 9:21	
<b>10 Borough Of Hounslow Ac</b>		<b>31:03</b>	7 S Stanmore Shaftesbr A 9:34	
1 N Dover (14)10:35	2 N Coleman (12)10:45		8 E McLelland Bristol A 9:35	
3 L Webb (10) 9:43			= C Tomaney Charnwood A 9:35	
<b>11 Aldershot Farnham &amp; Dis Ac</b>	<b>'B'</b>	<b>31:47</b>	10 E Lafferty Sale Har 9:36	
1 H Fairbairn (9) 10:08	2 H Woods (10)10:39		= A Hutchinson Aldershot A 9:36	
3 S Whittaker Axon (11)11:00				

# English National Cross Country Relay Championships

## at Berry Hill Park, Mansfield on Saturday 11th November 2000

### Junior Men Stage 1 - Provisional Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	L Wolstencroft	Trafford	9:16	18	J Bailey	Sale Har A	9:59
2	J Collins	Shaftesbry A	9:17	19	D Cholerton	Derby&CAC	10:01
3	J Frazer	Loughborou A	9:20	20	M Hood	Sunderland A	10:03
4	E Jackson	Swindon A	9:28	21	J King	Loughborou B	10:05
5	M Bowser	Lincoln W A	9:30	22	D Moss	Northamptn	10:05
6	P Richardson	Charnwood	9:34	23	P Tucker	Blackheath A	10:06
7	B Raeside	Notts	9:39	24	A Dyson	Hallamsh'r A	10:07
8	D Samuels	Morpeth	9:40	25	A Thomas	Invicta	10:08
9	A Ali	Hounslow	9:41	26	N Montague	Swindon B	10:18
10	D Acheson	Aldershot B	9:44	27	T Sugden	Nuneaton A	10:26
11	J Sylvester	Hull Sprig	9:44	28	S Holmes	Blackheath B	10:30
12	I Boneham	Grantham	9:45	29	*Not Declared*	Harrow AC A	10:31
13	Martn Fielding	Westbury	9:47	30	C Taylor	Hallamsh'r B	10:38
14	D McCarthy	Aldershot A	9:47	31	J Hogg	Newark	10:49
15	S Milhall	Spenboro	9:52	32	N Phillips	Shaftesbry B	10:49
16	B Whitworth	C.Norwich	9:54	33	A Lloyd	Halesowen	11:09
17	G Johnson	Lincoln W B	9:56	34	J Hand	Bingley	11:14

### Junior Men Stage 2 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	T Frazer	Loughborou A	9:14	18:34	+ 2	21	C Dungar	C.Norwich	10:43	20:37	- 5
2	R Williams	Shaftesbry A	9:23	18:40	0	22	G Keight	Hallamsh'r B	10:19	20:57	+ 8
3	R Waters	Trafford	9:52	19:08	- 2	23	A Sweet	Nuneaton A	10:32	20:58	+ 4
4	R Maycock	Sale Har A	9:14	19:13	+ 14	24	M Collins	Shaftesbry B	10:50	21:39	+ 8
5	A Maud	Charnwood	9:41	19:15	+ 1	25	A Little	Newark	11:00	21:49	+ 6
6	A Fulford	Swindon A	9:48	19:16	- 2	26	A Turvey	Halesowen	11:08	22:17	+ 7
7	M Thompson	Westbury	9:34	19:21	+ 6	27	D Needham	Bingley	11:19	22:33	+ 7
8	S Overall	Hounslow	9:40	19:21	+ 1	<b>Fastest runners over stage 2:</b>					
9	D Ledgerwood	Aldershot A	9:36	19:23	+ 5	1	R Maycock	Sale Har A	9:14		
10	R Blagrove	Lincoln W A	9:56	19:26	- 5	2	T Frazer	Loughborou A	9:14		
11	C Warburton	Notts	9:59	19:38	- 4	3	R Williams	Shaftesbry A	9:23		
12	S Forester	Morpeth	9:59	19:39	- 4	4	M Thompson	Westbury	9:34		
13	R Bentley	Blackheath A	9:44	19:50	+ 10	5	D Ledgerwood	Aldershot A	9:36		
14	A Senior	Spenboro	9:59	19:51	+ 1	6	S Overall	Hounslow	9:40		
15	R Larkin	Aldershot B	10:12	19:56	- 5	7	A Maud	Charnwood	9:41		
16	J Mayes	Northamptn	10:03	20:08	+ 6	8	R Bentley	Blackheath A	9:44		
17	S Evison	Hallamsh'r A	10:08	20:15	+ 7	9	A Fulford	Swindon A	9:48		
18	J Gaynard	Hull Sprig	10:32	20:16	- 7	10	R Waters	Trafford	9:52		
19	S Turner	Invicta	10:13	20:21	+ 6						
20	P Groark	Sunderland A	10:24	20:27	0						

### Junior Men Stage 3 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	J McAlister	Loughborou A	9:11	27:45	0	20	S Smith	Hallamsh'r B	10:28	31:25	+ 2
2	M Farah	Hounslow	8:58	28:19	+ 6	21	G Barker	Nuneaton A	10:35	31:33	+ 2
3	C Thompson	Aldershot A	8:58	28:21	+ 6	22	K Walden	Shaftesbry B	10:15	31:54	+ 2
4	P Murphy	Shaftesbry A	9:45	28:25	- 2	23	A Mallins	Notts	12:17	31:55	- 12
5	A Sherman	Swindon A	9:10	28:26	+ 1	24	D Turvey	Halesowen	9:46	32:03	+ 2
6	T Doe	Lincoln W A	9:24	28:50	+ 4	25	A Johnson	Bingley	10:59	33:32	+ 2
7	D Ayrton	Blackheath A	9:19	29:09	+ 6	26	R Lloyd	Newark	12:00	33:49	- 1
8	M Lavis	Westbury	9:51	29:12	- 1	<b>Fastest runners over stage 3:</b>					
9	A Toward	Morpeth	9:35	29:14	+ 3	1	C Thompson	Aldershot A	8:58		
10	G Davies	Sale Har A	10:18	29:31	- 6	2	M Farah	Hounslow	8:58		
11	J Scott	Spenboro	10:01	29:52	+ 3	3	A Sherman	Swindon A	9:10		
12	G Massingham	Sunderland A	9:43	30:10	+ 8	4	J McAlister	Loughborou A	9:11		
13	R James	Charnwood	11:03	30:18	- 8	5	D Ayrton	Blackheath A	9:19		
14	P Whitelam	Hallamsh'r A	10:04	30:19	+ 3	6	T Doe	Lincoln W A	9:24		
15	J Mills	Hull Sprig	10:05	30:21	+ 3	7	A Toward	Morpeth	9:35		
16	M Glover	Northamptn	10:18	30:26	0	8	G Massingham	Sunderland A	9:43		
17	J Smith	Aldershot B	10:32	30:28	- 2	9	P Murphy	Shaftesbry A	9:45		
18	J Holmans	Invicta	10:23	30:44	+ 1	10	D Turvey	Halesowen	9:46		
19	J Spencer	C.Norwich	10:29	31:06	+ 2						

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Junior Men — Team Results — Provisional (nn) is team position after the appropriate stage.

<p><b>1 Loughborough Students AC 'A' 27:45</b>            1 J Frazer (3) 9:20 2 T Frazer (1) 9:14            3 J McAlister (1) 9:11</p> <p><b>2 Borough Of Hounslow AC 28:19</b>            1 A Ali (9) 9:41 2 S Overall (8) 9:40            3 M Farah (2) 8:58</p> <p><b>3 Aldershot Farnham &amp; Dis AC 'A' 28:21</b>            1 D McCarthy (14) 9:47 2 D Ledgerwood (9) 9:36            3 C Thompson (3) 8:58</p> <p><b>4 Shaftesbury Barnet Harriers 'A' 28:25</b>            1 J Collins (2) 9:17 2 R Williams (2) 9:23            3 P Murphy (4) 9:45</p> <p><b>5 Swindon AC 'A' 28:26</b>            1 E Jackson (4) 9:28 2 A Fulford (6) 9:48            3 A Sherman (5) 9:10</p> <p><b>6 Lincoln Wellington AC 'A' 28:50</b>            1 M Bowser (5) 9:30 2 R Blagrove (10) 9:56            3 T Doe (6) 9:24</p> <p><b>7 Blackheath Harriers 'A' 29:09</b>            1 P Tucker (23)10:06 2 R Bentley (13) 9:44            3 D Ayrton (7) 9:19</p> <p><b>8 Westbury Harriers 29:12</b>            1 Martn Fielding (13) 9:47 2 M Thompson (7) 9:34            3 M Lavis (8) 9:51</p> <p><b>9 Morpeth H &amp; AC 29:14</b>            1 D Samuels (8) 9:40 2 S Forester (12) 9:59            3 A Toward (9) 9:35</p> <p><b>10 Sale Harriers 'A' 29:31</b>            1 J Bailey (18) 9:59 2 R Maycock (4) 9:14            3 G Davies (10)10:18</p> <p><b>11 Spenborough &amp; District AC 29:52</b>            1 S Millhall (15) 9:52 2 A Senior (14) 9:59            3 J Scott (11)10:01</p> <p><b>12 Sunderland Harriers &amp; AC 'A' 30:10</b>            1 M Hood (20)10:03 2 P Groark (20)10:24            3 G Massingham (12) 9:43</p> <p><b>13 Charnwood AC 30:18</b>            1 P Richardson (6) 9:34 2 A Maud (5) 9:41            3 R James (13)11:03</p> <p><b>14 Hallamshire Harriers Sheffield 'A' 30:19</b>            1 A Dyson (24)10:07 2 S Evison (17)10:08            3 P Whitlam (14)10:04</p> <p><b>15 Hull Springhaed AC 30:21</b>            1 J Sylvester (11) 9:44 2 J Gaynard (18)10:32            3 J Mills (15)10:05</p> <p><b>16 Northampton Phoenix AC 30:26</b>            1 D Moss (22)10:05 2 J Mayes (16)10:03            3 M Glover (16)10:18</p> <p><b>17 Aldershot Farnham &amp; Dis AC 'B' 30:28</b>            1 D Acheson (10) 9:44 2 R Larkin (15)10:12            3 J Smith (17)10:32</p> <p><b>18 Invicta East Kent 30:44</b>            1 A Thomas (25)10:08 2 S Turner (19)10:13            3 J Holmans (18)10:23</p> <p><b>19 City Of Norwich 31:06</b>            1 B Whitworth (16) 9:54 2 C Dungar (21)10:43            3 J Spencer (19)10:29</p>	<p><b>20 Hallamshire Harriers Sheffield 'B' 31:25</b>            1 C Taylor (30)10:38 2 G Keight (22)10:19            3 S Smith (20)10:28</p> <p><b>21 Nuneaton Harriers 'A' 31:33</b>            1 T Sugden (27)10:26 2 A Sweet (23)10:32            3 G Barker (21)10:35</p> <p><b>22 Shaftesbury Barnet Harriers 'B' 31:54</b>            1 N Phillips (32)10:49 2 M Collins (24)10:50            3 K Walden (22)10:15</p> <p><b>23 Notts AC 31:55</b>            1 B Raeside (7) 9:39 2 C Warburton (11) 9:59            3 A Mallins (23)12:17</p> <p><b>24 Halesowen AC 32:03</b>            1 A Lloyd (33)11:09 2 A Turvey (26)11:08            3 D Turvey (24) 9:46</p> <p><b>25 Bingley Harriers AC 33:32</b>            1 J Hand (34)11:14 2 D Needham (27)11:19            3 A Johnson (25)10:59</p> <p><b>26 Newark AC 33:49</b>            1 J Hogg (31)10:49 2 A Little (25)11:00            3 R Lloyd (26)12:00</p> <p><b>Incomplete Teams:</b></p> <p style="padding-left: 20px;"><b>Trafford Athletic Club 19:08</b>            1 L Wolstencroft (1) 9:16 2 R Waters (3) 9:52</p> <p style="padding-left: 20px;"><b>Grantham AC 9:45</b>            1 I Boneham (12) 9:45</p> <p style="padding-left: 20px;"><b>Lincoln Wellington AC 'B' 9:56</b>            1 G Johnson (17) 9:56</p> <p style="padding-left: 20px;"><b>Derby &amp; County AC 10:01</b>            1 D Cholerton (19)10:01</p> <p style="padding-left: 20px;"><b>Loughborough Students AC 'B' 10:05</b>            1 J King (21)10:05</p> <p style="padding-left: 20px;"><b>Swindon AC 'B' 10:18</b>            1 N Montague (26)10:18</p> <p style="padding-left: 20px;"><b>Blackheath Harriers 'B' 10:30</b>            1 S Holmes (28)10:30</p> <p style="padding-left: 20px;"><b>Harrow AC 'A' 10:31</b>            1 Undeclared (29) 10:31</p> <p><b>Fastest of all legs — Provisional</b></p> <table border="0" style="width: 100%; border-collapse: collapse;"> <tbody> <tr> <td>1 C Thompson</td> <td>Aldershot</td> <td>A</td> <td>8:58</td> </tr> <tr> <td>= M Farah</td> <td>Hounslow</td> <td></td> <td>8:58</td> </tr> <tr> <td>3 A Sherman</td> <td>Swindon</td> <td>A</td> <td>9:10</td> </tr> <tr> <td>4 J McAlister</td> <td>Loughborou</td> <td>A</td> <td>9:11</td> </tr> <tr> <td>5 R Maycock</td> <td>Sale Har</td> <td>A</td> <td>9:14</td> </tr> <tr> <td>= T Frazer</td> <td>Loughborou</td> <td>A</td> <td>9:14</td> </tr> <tr> <td>7 L Wolstencroft</td> <td>Trafford</td> <td></td> <td>9:16</td> </tr> <tr> <td>8 J Collins</td> <td>Shaftesbry</td> <td>A</td> <td>9:17</td> </tr> <tr> <td>9 D Ayrton</td> <td>Blackheath</td> <td>A</td> <td>9:19</td> </tr> <tr> <td>10 J Frazer</td> <td>Loughborou</td> <td>A</td> <td>9:20</td> </tr> </tbody> </table>	1 C Thompson	Aldershot	A	8:58	= M Farah	Hounslow		8:58	3 A Sherman	Swindon	A	9:10	4 J McAlister	Loughborou	A	9:11	5 R Maycock	Sale Har	A	9:14	= T Frazer	Loughborou	A	9:14	7 L Wolstencroft	Trafford		9:16	8 J Collins	Shaftesbry	A	9:17	9 D Ayrton	Blackheath	A	9:19	10 J Frazer	Loughborou	A	9:20
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# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 17 Men Stage 1 - Provisional Results

Pos	Name	Club	Leg Time				
1	M Draper	Hounslow	9:26	29	S Hind	Gateshead B	10:18
2	R Carroll	Hull Sprn	9:41	30	J Mielczarek	Halesowen B	10:19
3	A Frazer	Sale Har A	9:43	31	P Hennessey	Liv'pl Ha B	10:19
4	T Bedford	Shaftesbr A	9:46	32	O Teasel	Chesterfl	10:20
5	A Smith	Aldershot A	9:47	33	S Nolan	Liv'pl Ha C	10:23
6	P Miles	Oadby & W A	9:50	34	J Hall	Lincoln W	10:24
7	S Jacobs	Ipswich	9:51	35	K McCulloch	Aldershot C	10:25
8	G Page	Derby&CAC B	9:52	36	T Egerton	Trafford	10:28
9	P Martin	Sunderlnd	9:53	37	I Crighton	Southport A	10:29
10	C Minor	CityStoke A	9:55	38	S Sim	Bristol B	10:34
11	L Cadman	Bedford	9:56	39	R Wilbraham	Mansfield A	10:35
12	C Parr	Gateshead A	9:57	40	P Stollechner	MiltonKAC	10:36
13	L Pickering	Bridlingt	9:59	41	T Glover	Northampt	10:37
14	N Siner	Liv'pl Ha A	10:00	42	A Ebrahimi	CityStoke B	10:43
15	J Nickless	Halesowen A	10:02	43	A McMulin	VauxhallA	10:46
16	M McEvoy	Sale Har B	10:03	44	T Waldron	Dacorum&T	10:50
17	R Weir	Derby&CAC A	10:04	45	I Roberts	BuryAC	10:52
18	G Russ	Aldershot B	10:04	46	K Rowlands	Lancaster	11:00
19	C Watson	Liv'pl PS A	10:06	47	T Wallis	Bristol A	11:02
20	M Dewhirst	Holmfirth B	10:07	48	R Ingham	Oldham B	11:03
21	D Sugden	Holmfirth A	10:08	49	N Geston	StaffsM	11:05
22	G Dobbs	Cleethorp	10:09	50	A Gibson	Oldham A	11:05
23	S Webb	Medway	10:10	51	A Madge	Grantham	11:07
24	M Donoghue	Liv'pl PS B	10:11	52	P Nkrumah	Newham&EB	11:10
25	G Thompson	BorderH	10:13	53	J Harrison	Charnwood	11:28
26	J Pearson	Hallamsh' A	10:13	54	M Centowski	Derby&CAC C	12:37
27	S Quinn	Basingstk	10:14	55	G Hambridge	Leamingtn	13:28
28	M Cherryholme	Spenboro	10:17	56	J Beale	Southport B	13:50

## Under 17 Men Stage 2 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	A VanDenBerg	Aldershot A	9:48	19:35	+ 4	32	K Wrighting	MiltonKAC	10:44	21:20	+ 8
2	S Pickering	Bridlingt	9:45	19:44	+ 11	33	S Wilson	Mansfield A	10:48	21:23	+ 6
3	T Craddock	Hounslow	10:20	19:46	- 2	34	R McCarthy	Aldershot C	10:59	21:24	+ 1
4	R Armstrong	Liv'pl Ha A	9:48	19:48	+ 10	35	K Tomany	BuryAC	10:35	21:27	+ 10
5	R Parker	Sale Har A	10:07	19:50	- 2	36	G Davenport	Bristol A	10:26	21:28	+ 11
6	L Gunn	Derby&CAC A	9:47	19:51	+ 11	37	M Hutchin	Liv'pl Ha C	11:12	21:35	- 4
7	D Udal	Aldershot B	9:50	19:54	+ 11	38	D Bradford	Gateshead B	11:20	21:38	- 9
8	A Hodgkinson	Shaftesbr A	10:10	19:56	- 4	39	C Richards	Bristol B	11:06	21:40	- 1
9	A Stewart	Liv'pl PS A	9:55	20:01	+ 10	40	B Hellmer	Newham&EB	10:41	21:51	+ 12
10	H Turner	Cleethorp	9:54	20:03	+ 12	41	J Gillam	Oldham A	10:48	21:53	+ 9
11	S Ames	Bedford	10:08	20:04	0	42	J Nice	Medway	11:54	22:04	- 19
12	J Ellis	Halesowen A	10:08	20:10	+ 3	43	L Pearson	Hull Sprn	12:25	22:06	- 41
13	M Pierson	Holmfirth A	10:02	20:10	+ 8	44	T Brunt	StaffsM	11:19	22:24	+ 5
14	S Chuah	Derby&CAC B	10:20	20:12	- 6	45	T Yarian	Dacorum&T	11:45	22:35	- 1
15	S Midwood	Oadby & W A	10:26	20:16	- 9	46	D Allan	Southport A	12:16	22:45	- 9
16	C Gant	Holmfirth B	10:10	20:17	+ 4	47	R Telfer	Charnwood	12:21	23:49	+ 6
17	B Spashett	Ipswich	10:27	20:18	- 10	48	A Pilcher	Derby&CAC C	11:27	24:04	+ 6
18	S Ablitt	Grantham	9:16	20:23	+ 33	49	I Hudson	Oldham B	13:33	24:36	- 1
19	T Graham	Basingstk	10:10	20:24	+ 8	50	P Drabcznski	Northampt	20:49	31:26	- 9
20	R Goodwin	Sale Har B	10:25	20:28	- 4						
21	S Cooper	CityStoke A	10:34	20:29	- 11						
22	D Taylor	Liv'pl PS B	10:20	20:31	+ 2						
23	R Edgar	Lancaster	9:33	20:33	+ 23						
24	P Shotton	Gateshead A	10:38	20:35	- 12						
25	L Beaver	VauxhallA	9:52	20:38	+ 18						
26	C Gough	Liv'pl Ha B	10:21	20:40	+ 5						
27	S Joynes	Chesterfl	10:26	20:46	+ 5						
28	C Manby	Spenboro	10:31	20:48	0						
29	B Melrose	Hallamsh' A	10:36	20:49	- 3						
30	D Glynn	BorderH	10:46	20:59	- 5						
31	R Ellis	Lincoln W	10:52	21:16	+ 3						

### Fastest runners over stage 2:

1	S Ablitt	Grantham	9:16
2	R Edgar	Lancaster	9:33
3	S Pickering	Bridlingt	9:45
4	L Gunn	Derby&CAC A	9:47
5	A VanDenBerg	Aldershot A	9:48
6	R Armstrong	Liv'pl Ha A	9:48
7	D Udal	Aldershot B	9:50
8	L Beaver	VauxhallA	9:52
9	H Turner	Cleethorp	9:54
10	A Stewart	Liv'pl PS A	9:55

## Under 17 Men Stage 3 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	P McGlory	Liv'pl Ha A	9:30	29:18	+ 3
2	G Raggett	Aldershot A	9:47	29:22	- 1
3	T Lawrence	Derby&CAC A	9:40	29:31	+ 3
4	D Lewis	Shaftesbr A	9:37	29:33	+ 4
5	H Stewart	Liv'pl PS A	9:49	29:50	+ 4
6	G Broome	Sale Har A	10:07	29:57	- 1
7	D Robinson	Aldershot B	10:05	29:59	0
8	P Wood	Halesowen A	10:03	30:13	+ 4
9	M Buckingham	Holmfirth A	10:15	30:25	+ 4
10	M Armstrong	Derby&CAC B	10:15	30:27	+ 4
11	R Tobin	Basingstk	10:04	30:28	+ 8
12	M Elliott	Gateshead A	10:04	30:39	+ 12
13	G Walters	CityStoke A	10:13	30:42	+ 8
14	J McNally	Ipswich	10:25	30:43	+ 3
15	N Towers	Oadby & W A	10:29	30:45	0
16	J Roberts	Sale Har B	10:26	30:54	+ 4
17	C Tucker	VauxhallA	10:21	30:59	+ 8
18	S Evans	Liv'pl Ha B	10:21	31:01	+ 8
19	I Rawlinson	Lancaster	10:29	31:02	+ 4
20	L Watson	Cleethorp	11:03	31:06	- 10
21	C Taylor	Bridlingt	11:25	31:09	- 19
22	D Bowker	Holmfirth B	10:59	31:16	- 6
23	J Byrne	Spenboro	10:30	31:18	+ 5
24	J Douglas	BorderH	10:20	31:19	+ 6
25	D Kubon	Hallamsh' A	10:54	31:43	+ 4
26	B Pearson	Grantham	11:28	31:51	- 8
27	A Spencer	Liv'pl PS B	11:20	31:51	- 5
28	C Busaileh	BuryAC	10:34	32:01	+ 7
29	A Quinn	MiltonKAC	10:42	32:02	+ 3
30	S Rossillo	Mansfield A	10:46	32:09	+ 3
31	N Jama	Bristol A	10:44	32:12	+ 5
32	O Dacombe	Aldershot C	10:49	32:13	+ 2
33	J Michaelson	Liv'pl Ha C	10:39	32:14	+ 4
34	L Whitehead	Oldham A	10:31	32:24	+ 7
35	M Whiting	Medway	10:32	32:36	+ 7
36	B Rumford	Hull Sprn	10:37	32:43	+ 7
37	P Barber	Lincoln W	11:43	32:59	- 6
38	C Wainwright	Chesterfl	12:15	33:01	- 11
39	R Tate	Bristol B	11:37	33:17	0
40	R Scott	StaffsM	10:55	33:19	+ 4
41	C Servady	Dacorum&T	11:06	33:41	+ 4
42	S Slater	Newham&EB	12:20	34:11	- 2
43	R Skidmore	Charnwood	11:18	35:07	+ 4
44	I Stevens	Derby&CAC C	11:07	35:11	+ 4
45	P Jones	Southport A	12:27	35:12	+ 1

### Fastest runners over stage 3:

1	P McGlory	Liv'pl Ha A	9:30
2	D Lewis	Shaftesbr A	9:37
3	T Lawrence	Derby&CAC A	9:40
4	G Raggett	Aldershot A	9:47
5	H Stewart	Liv'pl PS A	9:49
6	P Wood	Halesowen A	10:03
7	R Tobin	Basingstk	10:04
8	M Elliott	Gateshead A	10:04
9	D Robinson	Aldershot B	10:05
10	G Broome	Sale Har A	10:07

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Under 17 Men — Team Results — Provisional (nn) is team position after the appropriate stage.

<p><b>1 Liverpool Harriers &amp; AC</b> 'A' <b>29:18</b>            1 N Siner (14)10:00 2 R Armstrong (4) 9:48            3 P McGlory (1) 9:30</p> <p><b>2 Aldershot Farnham &amp; Dis AC</b> 'A' <b>29:22</b>            1 A Smith (5) 9:47 2 A VanDenBerg (1) 9:48            3 G Raggett (2) 9:47</p> <p><b>3 Derby &amp; County AC</b> 'A' <b>29:31</b>            1 R Weir (17)10:04 2 L Gunn (6) 9:47            3 T Lawrence (3) 9:40</p> <p><b>4 Shaftesbury Barnet Harriers</b> 'A' <b>29:33</b>            1 T Bedford (4) 9:46 2 A Hodgkinson (8) 10:10            3 D Lewis (4) 9:37</p> <p><b>5 Liverpool Pembroke &amp; Sefton</b> 'A' <b>29:50</b>            1 C Watson (19)10:06 2 A Stewart (9) 9:55            3 H Stewart (5) 9:49</p> <p><b>6 Sale Harriers</b> 'A' <b>29:57</b>            1 A Frazer (3) 9:43 2 R Parker (5) 10:07            3 G Broome (6) 10:07</p> <p><b>7 Aldershot Farnham &amp; Dis AC</b> 'B' <b>29:59</b>            1 G Russ (18)10:04 2 D Udal (7) 9:50            3 D Robinson (7) 10:05</p> <p><b>8 Halesowen AC</b> 'A' <b>30:13</b>            1 J Nickless (15)10:02 2 J Ellis (12)10:08            3 P Wood (8) 10:03</p> <p><b>9 Holmfirth Harriers</b> 'A' <b>30:25</b>            1 D Sugden (21)10:08 2 M Pierson (13)10:02            3 M Buckingham (9) 10:15</p> <p><b>10 Derby &amp; County AC</b> 'B' <b>30:27</b>            1 G Page (8) 9:52 2 S Chuah (14)10:20            3 M Armstrong (10)10:15</p> <p><b>11 Basingstoke Mid Hants</b> <b>30:28</b>            1 S Quinn (27)10:14 2 T Graham (19)10:10            3 R Tobin (11)10:04</p> <p><b>12 Gateshead H &amp; AC</b> 'A' <b>30:39</b>            1 C Parr (12) 9:57 2 P Shotton (24)10:38            3 M Elliott (12)10:04</p> <p><b>13 City Of Stoke</b> 'A' <b>30:42</b>            1 C Minor (10) 9:55 2 S Cooper (21)10:34            3 G Walters (13)10:13</p> <p><b>14 Ipswich Harriers</b> <b>30:43</b>            1 S Jacobs (7) 9:51 2 B Spashett (17)10:27            3 J McNally (14)10:25</p> <p><b>15 Oadby &amp; Wigston Legionaires A</b> 'A' <b>30:45</b>            1 P Miles (6) 9:50 2 S Midwood (15)10:26            3 N Towers (15)10:29</p> <p><b>16 Sale Harriers</b> 'B' <b>30:54</b>            1 M McEvoy (16)10:03 2 R Goodwin (20)10:25            3 J Roberts (16)10:26</p> <p><b>17 Vauxhall AC</b> <b>30:59</b>            1 A McMulk (43)10:46 2 L Beaver (25) 9:52            3 C Tucker (17)10:21</p> <p><b>18 Liverpool Harriers &amp; AC</b> 'B' <b>31:01</b>            1 P Hennessey (31)10:19 2 C Gough (26)10:21            3 S Evans (18)10:21</p> <p><b>19 Lancaster &amp; Morecambe AC</b> <b>31:02</b>            1 K Rowlands (46)11:00 2 R Edgar (23) 9:33            3 I Rawlinson (19)10:29</p>	<p><b>20 Cleethorpes AC</b> <b>31:06</b>            1 G Dobbs (22)10:09 2 H Turner (10) 9:54            3 L Watson (20)11:03</p> <p><b>21 Bridlington Road Runners</b> <b>31:09</b>            1 L Pickering (13) 9:59 2 S Pickering (2) 9:45            3 C Taylor (21)11:25</p> <p><b>22 Holmfirth Harriers</b> 'B' <b>31:16</b>            1 M Dewhirst (20)10:07 2 C Gant (16)10:10            3 D Bowker (22)10:59</p> <p><b>23 Spensborough &amp; District AC</b> <b>31:18</b>            1 M Cherryholme (28)10:17 2 C Manby (28)10:31            3 J Byrne (23)10:30</p> <p><b>24 Border Harriers</b> <b>31:19</b>            1 G Thompson (25)10:13 2 D Glynn (30)10:46            3 J Douglas (24)10:20</p> <p><b>25 Hallamshire H &amp; AC</b> 'A' <b>31:43</b>            1 J Pearson (26)10:13 2 B Melrose (29)10:36            3 D Kubon (25)10:54</p> <p><b>26 Grantham AC</b> <b>31:51</b>            1 A Madge (51)11:07 2 S Ablitt (18) 9:16            3 B Pearson (26)11:28</p> <p><b>27 Liverpool Pembroke &amp; Sefton</b> 'B' <b>31:51</b>            1 M Donoghue (24)10:11 2 D Taylor (22)10:20            3 A Spencer (27)11:20</p> <p><b>28 Bury AC</b> <b>32:01</b>            1 I Roberts (45)10:52 2 K Tomany (35)10:35            3 C Busaileh (28)10:34</p> <p><b>29 Milton Keynes AC</b> <b>32:02</b>            1 P Stollechner (40)10:36 2 K Wrighting (32)10:44            3 A Quinn (29)10:42</p> <p><b>30 Mansfield</b> 'A' <b>32:09</b>            1 R Wilbraham (39)10:35 2 S Wilson (33)10:48            3 S Rossillo (30)10:46</p> <p><b>31 Bristol AC</b> 'A' <b>32:12</b>            1 T Wallis (47)11:02 2 G Davenport (36)10:26            3 N Jama (31)10:44</p> <p><b>32 Aldershot Farnham &amp; Dis AC</b> 'C' <b>32:13</b>            1 K McCulloch (35)10:25 2 R McCarthy (34)10:59            3 O Dacombe (32)10:49</p> <p><b>33 Liverpool Harriers &amp; AC</b> 'C' <b>32:14</b>            1 S Nolan (33)10:23 2 M Hutchin (37)11:12            3 J Michaelson (33)10:39</p> <p><b>34 Oldham &amp; Royton H &amp; AC</b> 'A' <b>32:24</b>            1 A Gibson (50)11:05 2 J Gillam (41)10:48            3 L Whitehead (34)10:31</p> <p><b>35 Medway AC</b> <b>32:36</b>            1 S Webb (23)10:10 2 J Nice (42)11:54            3 M Whiting (35)10:32</p> <p><b>36 Hull Springhead Harriers</b> <b>32:43</b>            1 R Carroll (2) 9:41 2 L Pearson (43)12:25            3 B Rumford (36)10:37</p> <p><b>37 Lincoln Wellington AC</b> <b>32:59</b>            1 J Hall (34)10:24 2 R Ellis (31)10:52            3 P Barber (37)11:43</p> <p><b>38 Chesterfield &amp; Dist AC</b> <b>33:01</b>            1 O Teasel (32)10:20 2 S Joynes (27)10:26            3 C Wainwright (38)12:15</p>
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<b>39 Bristol AC</b>	<b>'B'</b>	<b>33:17</b>	<b>Oldham &amp; Royton H &amp; AC</b>	<b>'B'</b>	<b>24:36</b>
1 S Sim (38)10:34	2 C Richards	(39)11:06	1 R Ingham (48)11:03	2 I Hudson	(49)13:33
3 R Tate (39)11:37					
<b>40 Staffordshire Moorlands AC</b>		<b>33:19</b>	<b>Northampton Phoenix AC</b>		<b>31:26</b>
1 N Geston (49)11:05	2 T Brunt	(44)11:19	1 T Glover (41)10:37	2 P Drabcznski	(50)20:49
3 R Scott (40)10:55					
<b>41 Dacorum &amp; Tring</b>		<b>33:41</b>	<b>Sunderland Harriers &amp; AC</b>		<b>9:53</b>
1 T Waldron (44)10:50	2 T Yarian	(45)11:45	1 P Martin (9) 9:53		
3 C Servady (41)11:06					
<b>42 Newham &amp; Essex Beagles</b>		<b>34:11</b>	<b>Halesowen AC</b>	<b>'B'</b>	<b>10:19</b>
1 P Nkrumah (52)11:10	2 B Hellmer	(40)10:41	1 J Mielczarek (30)10:19		
3 S Slater (42)12:20			<b>Trafford Athletic Club</b>		<b>10:28</b>
<b>43 Charnwood AC</b>		<b>35:07</b>	1 T Egerton (36)10:28		
1 J Harrison (53)11:28	2 R Telfer	(47)12:21	<b>City Of Stoke</b>	<b>'B'</b>	<b>10:43</b>
3 R Skidmore (43)11:18			1 A Ebrahimi (42)10:43		
<b>44 Derby &amp; County AC</b>	<b>'C'</b>	<b>35:11</b>	<b>Leamington C &amp; AC</b>		<b>13:28</b>
1 M Centowski (54)12:37	2 A Pilcher	(48)11:27	1 G Hambridge (55)13:28		
3 I Stevens (44)11:07			<b>Southport Waterloo AC</b>	<b>'B'</b>	<b>13:50</b>
<b>45 Southport Waterloo AC</b>	<b>'A'</b>	<b>35:12</b>	1 J Beale (56)13:50		
1 I Crighton (37)10:29	2 D Allan	(46)12:16			
3 P Jones (45)12:27					
<b>Incomplete Teams:</b>			<b>Fastest of all legs — Provisional</b>		
<b>Borough Of Hounslow AC</b>		<b>19:46</b>	1 S Ablitt Grantham 9:16		
1 M Draper (1) 9:26	2 T Craddock	(3) 10:20	2 M Draper Hounslow 9:26		
<b>Bedford &amp; County AC</b>		<b>20:04</b>	3 P McGlory Liv'pl Ha A 9:30		
1 L Cadman (11) 9:56	2 S Ames	(11)10:08	4 R Edgar Lancaster 9:33		
<b>Gateshead H &amp; AC</b>	<b>'B'</b>	<b>21:38</b>	5 D Lewis Shaftesbr A 9:37		
1 S Hind (29)10:18	2 D Bradford	(38)11:20	6 T Lawrence Derby&CAC A 9:40		
			7 R Carroll Hull Sprn 9:41		
			8 A Frazer Sale Har A 9:43		
			9 S Pickering Bridlingt 9:45		
			10 T Bedford Shaftesbr A 9:46		



# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Senior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	T Krzywicki	Charnwood A	10:07	32	J Harold	Horwich	12:11
2	S Morris	Bedford A	10:31	33	C McCorkell	Loughboro A	12:16
3	S Thomas	Sale Har B	10:38	34	J Wilson	Hallamsh'r B	12:17
4	P Thackray	Wakefield B	10:48	35	C Slimin	Basingstok	12:18
5	J Collerton	Liv'pl Har A	10:49	36	N Bartlett	Cleethorps	12:21
6	K Scales	Tipton A	10:54	37	B Morris	Nuneaton	12:29
7	C Patton	Hallamsh'r A	10:58	38	S Matthias	Suttn Ashf B	12:33
8	L Gallagher	Shaftesbry A	11:01	39	L White	Coventry A	12:35
9	C Johnson	Sale Har A	11:06	40	A Barker	Nth Derby	12:37
10	S Knights	CofNorwich A	11:09	41	S Cariss	Bingley	12:38
11	N Nealon	HuncoteH	11:16	42	D Harris	Tipton B	12:38
12	C Betmead	Nth Fylde A	11:17	43	J Lambourne	Notts B	12:41
13	P Gowing	Bristol A	11:18	44	W Ray	Ilkeston A	12:42
14	M Cooper	Shaftesbry B	11:19	45	Z Kirkham	Coventry B	12:43
15	S Simmons	Hounslow A	11:20	46	J Benham	Milt Keyns A	12:45
16	S Marshall	Wakefield A	11:21	47	H Darlington	Trafford B	12:47
17	S Jones	Macclesfld	11:22	48	Gabriell	Trafford A	12:47
18	J Sullivan	HaveringMA	11:23	49	S Stark	Chelmsford	12:54
19	C Howard	Matlock AC	11:26	50	D Myerscough	DavidLloyd	13:01
20	E O'Dowd	SwindonH A	11:27	51	R Lavender	Barnsley A	13:12
21	L Towns	Hounslow B	11:29	52	G Wainwright	Charnwood C	13:18
22	L Knights	Suttn Ashf A	11:32	53	C Donald	Lincoln W B	13:28
23	V Quincey	Dacorum	11:37	54	M Kirkham	Coventry C	13:33
24	E Middleton	Charnwood B	11:38	55	H FiddamentH	Rugby A	13:34
25	D Kennedy	Puma TVH A	11:41	56	L Parry	Ilkeston B	13:38
26	H Stevens	Lancaster B	11:46	57	A Levitt	Barnsley B	13:44
27	J Pidgeon	Notts A	11:47	58	S Exon	Trafford C	13:46
28	C McCool	Liv'pl Har B	11:49	59	J Bell	MansfieldH	13:49
29	A Bell	Lincoln W A	11:53	60	S Hill	Grantham	13:51
30	E Crawford	Solihull	11:56	61	K Else	Newark	13:58
31	S Harris	Leeds City A	11:59	62	Joanne Perry	Lancaster A	14:02

## Senior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	L Elliott	Shaftesbry A	10:14	21:15	+ 7	31	R Whitehead	Bingley	11:54	24:32	+ 10
2	S Evans	Sale Har B	10:57	21:35	+ 1	32	E Hope	Loughboro A	12:18	24:34	+ 1
3	J O'Mara	Wakefield B	10:54	21:42	+ 1	33	T Cornell	Basingstok	12:17	24:35	+ 2
4	N Thompson	Charnwood A	11:36	21:43	- 3	34	K Warhurst	Lincoln W A	12:48	24:41	- 5
5	K Waugh	Liv'pl Har A	11:01	21:50	0	35	L Lilley	MansfieldH	11:00	24:49	+ 24
6	J Heath	Sale Har A	10:44	21:50	+ 3	36	K McPherson	Trafford B	12:23	25:10	+ 11
7	D Lee	Bristol A	10:39	21:57	+ 6	37	C Wolstenholme	Hallamsh'r B	12:53	25:10	- 3
8	D Sullivan	HaveringMA	10:48	22:11	+ 10	38	A Foster	Horwich	13:05	25:16	- 6
9	A Shepley	Tipton A	11:22	22:16	- 3	39	C Hayes	Chelmsford	12:25	25:19	+ 10
10	D Robinson	Suttn Ashf A	10:47	22:19	+ 12	40	T Wilson	Nth Derby	12:45	25:22	0
11	M Matthews	Bedford A	12:01	22:32	- 9	41	L Parry	Cleethorps	13:05	25:26	- 5
12	D McCullough	Shaftesbry B	11:21	22:40	+ 2	42	R Brindley	Dacorum	13:50	25:27	- 19
13	J Horner	CofNorwich A	11:37	22:46	- 3	43	C Riley	Trafford A	12:41	25:28	+ 5
14	J Lodge	Hounslow A	11:35	22:55	+ 1	44	A Billi9ngs	Suttn Ashf B	12:57	25:30	- 6
15	A Kirtley	Hallamsh'r A	12:03	23:01	- 8	45	C Dyll	Nuneaton	13:17	25:46	- 8
16	C Bacon	Wakefield A	11:41	23:02	0	46	K Scarff	Coventry B	13:34	26:17	- 1
17	S Orridge	Notts A	11:23	23:10	+ 10	47	Z Whitten	Milt Keyns A	13:38	26:23	- 1
18	K Nunn	Puma TVH A	11:30	23:11	+ 7	48	R Piper	Solihull	14:27	26:23	- 18
19	V Jones	Hounslow B	11:44	23:13	+ 2	49	L Westlake	Barnsley A	13:30	26:42	+ 2
20	S Kerr	Charnwood B	11:42	23:20	+ 4	50	H Bates	Ilkeston A	14:04	26:46	- 6
21	A Timney	HuncoteH	12:11	23:27	- 10	51	J Reston	DavidLloyd	14:03	27:04	- 1
22	R Pleeth	Macclesfld	12:17	23:39	- 5	52	A Kirkham	Coventry C	14:19	27:52	+ 2
23	T Erskine	Matlock AC	12:23	23:49	- 4	53	J Brown	Ilkeston B	14:20	27:58	+ 3
24	C DeMaria	Leeds City A	11:56	23:55	+ 7	54	T Kelly	Newark	14:11	28:09	+ 7
25	S Hayward	Coventry A	11:24	23:59	+ 14	55	S Baker	Rugby A	14:36	28:10	0
26	E Horrobin	SwindonH A	12:34	24:01	- 6	56	A Bennett	Barnsley B	14:30	28:14	+ 1
27	A Smith	Nth Fylde A	12:55	24:12	- 15	57	L Gardner	Lancaster A	15:39	29:41	+ 5
28	J Adams	Lancaster B	12:39	24:25	- 2	58	W Dace	Lincoln W B	16:29	29:57	- 5
29	A Hutchinson	Notts B	11:51	24:32	+ 14	59	S Woolard	Grantham	18:27	32:18	+ 1
30	L Smith	Liv'pl Har B	12:43	24:32	- 2						

## Senior Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	E Fisher	Shaftesbry A	10:43	31:58	0
2	S Griffiths	Wakefield B	11:00	32:42	+ 1
3	M Boleman	Sale Har B	11:18	32:53	- 1
4	S Bowyer	Sale Har A	11:12	33:02	+ 2
5	J Clague	Liv'pl Har A	11:14	33:04	0
6	C Naylor	Suttn Ashf A	10:47	33:06	+ 4
7	J Mallon	Tipton A	10:53	33:09	+ 2
8	H Yelling	Hounslow A	10:21	33:16	+ 6
9	G Hill	Charnwood A	11:43	33:26	- 5
10	K Buckley	Bristol A	11:39	33:36	- 3
11	N Barnett	HaveringMA	11:46	33:57	- 3
12	C Hall	CofNorwich A	11:35	34:21	+ 1
13	E Chadwick	Bedford A	11:59	34:31	- 2
14	A Newport	Basingstok	10:16	34:51	+19
15	P Fudge	Hounslow B	11:51	35:04	+ 4
16	L Canwell	Leeds City A	11:10	35:05	+ 8
17	P Leech	Hallamsh'r A	12:10	35:11	- 2
18	B Clayton	Notts A	12:06	35:16	- 1
19	T Wales	SwindonH A	11:15	35:16	+ 7
20	E Chamberlain	HuncoteH	12:47	36:14	+ 1
21	R Heath	Charnwood B	13:07	36:27	- 1
22	SA Hales	Macclesfld	12:59	36:38	0
23	E Brown	Coventry A	12:43	36:42	+ 2
24	P VeazeyFrench	Matlock AC	12:55	36:44	- 1
25	E Brady	Trafford A	11:18	36:46	+18
26	H Jackson	Bingley	12:18	36:50	+ 5
27	C Gregory	Lincoln W A	12:15	36:56	+ 7
28	N Reynolds	Puma TVH A	14:04	37:15	- 10
29	J Hodgkinson	Nth Fylde A	13:10	37:22	- 2
30	V Hulme	Trafford B	12:19	37:29	+ 6
31	C Ramwell	Notts B	13:00	37:32	- 2
32	J Seymour	Hallamsh'r B	12:33	37:43	+ 5
33	A Ward	Nth Derby	12:31	37:53	+ 7
34	M Collinge	MansfieldH	13:18	38:07	+ 1
35	A Harper	Lancaster B	13:51	38:16	- 7
36	N Guffog	Horwich	13:06	38:22	+ 2
37	H Cybyk	Chelmsford	13:14	38:33	+ 2
38	J Robson	Suttn Ashf B	13:24	38:54	+ 6
39	R Freeman	Solihull	12:41	39:04	+ 9
40	W Boughey	Nuneaton	13:29	39:15	+ 5
41	K Truelove	Coventry B	13:11	39:28	+ 5
42	C Edwards	Cleethorps	14:43	40:09	- 1
43	S Shorthouse	Barnsley A	13:37	40:19	+ 6
44	J Turner	Ilkeston A	13:49	40:35	+ 6
45	S Field	Milt Keyns A	14:22	40:45	+ 2
46	C(2) Edwards	DavidLloyd	13:44	40:48	+ 5
47	A Rollings	Rugby A	13:40	41:50	+ 8
48	J Lee	Barnsley B	13:59	42:13	+ 8
49	Jane Perry	Lancaster A	13:58	43:39	+ 8
50	A Vidanapatii	Newark	17:58	46:07	+ 4
51	B Stracey	Lincoln W B	16:13	46:10	+ 7

### Fastest runners over stage 3:

1	A Newport	Basingstok	10:16
2	H Yelling	Hounslow A	10:21
3	E Fisher	Shaftesbry A	10:43
4	C Naylor	Suttn Ashf A	10:47
5	J Mallon	Tipton A	10:53
6	S Griffiths	Wakefield B	11:00
7	L Canwell	Leeds City A	11:10
8	S Bowyer	Sale Har A	11:12
9	J Clague	Liv'pl Har A	11:14
10	T Wales	SwindonH A	11:15

### Fastest runners over stage 2:

1	L Elliott	Shaftesbry A	10:14
2	D Lee	Bristol A	10:39
3	J Heath	Sale Har A	10:44
4	D Robinson	Suttn Ashf A	10:47
5	D Sullivan	HaveringMA	10:48
6	J O'Mara	Wakefield B	10:54
7	S Evans	Sale Har B	10:57
8	L Lilley	MansfieldH	11:00
9	K Waugh	Liv'pl Har A	11:01
10	D McCullough	Shaftesbry B	11:21

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Senior Women — Team Results — Final (nn) is team position after the appropriate stage.

<b>1 Shaftesbury Barnet Harriers</b>	<b>'A'</b>	<b>31:58</b>	<b>20 Huncote Harriers</b>	<b>36:14</b>
1 L Gallagher (8) 11:01	2 L Elliott (1) 10:14		1 N Nealon (11) 11:16	2 A Timney (21) 12:11
3 E Fisher (1) 10:43			3 E Chamberlain (20) 12:47	
<b>2 Wakefield District Harriers AC</b>	<b>'B'</b>	<b>32:42</b>	<b>21 Charnwood AC</b>	<b>'B'</b>
1 P Thackray (4) 10:48	2 J O'Mara (3) 10:54		1 E Middleton (24) 11:38	2 S Kerr (20) 11:42
3 S Griffiths (2) 11:00			3 R Heath (21) 13:07	
<b>3 Sale Harriers</b>	<b>'B'</b>	<b>32:53</b>	<b>22 Macclesfield H AC</b>	<b>36:38</b>
1 S Thomas (3) 10:38	2 S Evans (2) 10:57		1 S Jones (17) 11:22	2 R Pleeth (22) 12:17
3 M Boleman (3) 11:18			3 SA Hales (22) 12:59	
<b>4 Sale Harriers</b>	<b>'A'</b>	<b>33:02</b>	<b>23 Coventry Godiva H</b>	<b>'A'</b>
1 C Johnson (9) 11:06	2 J Heath (6) 10:44		1 L White (39) 12:35	2 S Hayward (25) 11:24
3 S Bowyer (4) 11:12			3 E Brown (23) 12:43	
<b>5 Liverpool Harriers &amp; AC</b>	<b>'A'</b>	<b>33:04</b>	<b>24 Matlock AC</b>	<b>36:44</b>
1 J Collerton (5) 10:49	2 K Waugh (5) 11:01		1 C Howard (19) 11:26	2 T Erskine (23) 12:23
3 J Clague (5) 11:14			3 P Veazey French (24) 12:55	
<b>6 Sutton In Ashfield Harriers AC</b>	<b>'A'</b>	<b>33:06</b>	<b>25 Trafford AC</b>	<b>'A'</b>
1 L Knights (22) 11:32	2 D Robinson (10) 10:47		1 Gabriell (48) 12:47	2 C Riley (43) 12:41
3 C Naylor (6) 10:47			3 E Brady (25) 11:18	
<b>7 Tipton Harriers</b>	<b>'A'</b>	<b>33:09</b>	<b>26 Bingley Harriers AC</b>	<b>36:50</b>
1 K Scales (6) 10:54	2 A Shepley (9) 11:22		1 S Cariss (41) 12:38	2 R Whitehead (31) 11:54
3 J Mallon (7) 10:53			3 H Jackson (26) 12:18	
<b>8 Borough Of Hounslow AC</b>	<b>'A'</b>	<b>33:16</b>	<b>27 Lincoln Wellington AC</b>	<b>'A'</b>
1 S Simmons (15) 11:20	2 J Lodge (14) 11:35		1 A Bell (29) 11:53	2 K Warhurst (34) 12:48
3 H Yelling (8) 10:21			3 C Gregory (27) 12:15	
<b>9 Charnwood AC</b>	<b>'A'</b>	<b>33:26</b>	<b>28 Puma Tvh</b>	<b>'A'</b>
1 T Krzywicki (1) 10:07	2 N Thompson (4) 11:36		1 D Kennedy (25) 11:41	2 K Nunn (18) 11:30
3 G Hill (9) 11:43			3 N Reynolds (28) 14:04	
<b>10 Bristol AC</b>	<b>'A'</b>	<b>33:36</b>	<b>29 North Fylde AC</b>	<b>'A'</b>
1 P Gowing (13) 11:18	2 D Lee (7) 10:39		1 C Betmead (12) 11:17	2 A Smith (27) 12:55
3 K Buckley (10) 11:39			3 J Hodgkinson (29) 13:10	
<b>11 Havering Mayesbrook AC</b>		<b>33:57</b>	<b>30 Trafford AC</b>	<b>'B'</b>
1 J Sullivan (18) 11:23	2 D Sullivan (8) 10:48		1 H Darlington (47) 12:47	2 K McPherson (36) 12:23
3 N Barnett (11) 11:46			3 V Hulme (30) 12:19	
<b>12 City Of Norwich AC</b>	<b>'A'</b>	<b>34:21</b>	<b>31 Notts AC</b>	<b>'B'</b>
1 S Knights (10) 11:09	2 J Horner (13) 11:37		1 J Lambourne (43) 12:41	2 A Hutchinson (29) 11:51
3 C Hall (12) 11:35			3 C Ramwell (31) 13:00	
<b>13 Bedford &amp; County AC</b>	<b>'A'</b>	<b>34:31</b>	<b>32 Hallamshire H Sheffield</b>	<b>'B'</b>
1 S Morris (2) 10:31	2 M Matthews (11) 12:01		1 J Wilson (34) 12:17	2 C Wolstenholme (37) 12:53
3 E Chadwick (13) 11:59			3 J Seymour (32) 12:33	
<b>14 Basingstoke &amp; Hants AC</b>		<b>34:51</b>	<b>33 North Derbyshire Running Club</b>	<b>37:53</b>
1 C Slimin (35) 12:18	2 T Cornell (33) 12:17		1 A Barker (40) 12:37	2 T Wilson (40) 12:45
3 A Newport (14) 10:16			3 A Ward (33) 12:31	
<b>15 Borough Of Hounslow AC</b>	<b>'B'</b>	<b>35:04</b>	<b>34 Mansfield H AC</b>	<b>38:07</b>
1 L Towns (21) 11:29	2 V Jones (19) 11:44		1 J Bell (59) 13:49	2 L Lilley (35) 11:00
3 P Fudge (15) 11:51			3 M Collinge (34) 13:18	
<b>16 Leeds City AC</b>	<b>'A'</b>	<b>35:05</b>	<b>35 Lancaster &amp; Morecambe AC</b>	<b>'B'</b>
1 S Harris (31) 11:59	2 C DeMaria (24) 11:56		1 H Stevens (26) 11:46	2 J Adams (28) 12:39
3 L Canwell (16) 11:10			3 A Harper (35) 13:51	
<b>17 Hallamshire H Sheffield</b>	<b>'A'</b>	<b>35:11</b>	<b>36 Horwich Rmi</b>	<b>38:22</b>
1 C Patton (7) 10:58	2 A Kirtley (15) 12:03		1 J Harold (32) 12:11	2 A Foster (38) 13:05
3 P Leech (17) 12:10			3 N Guffog (36) 13:06	
<b>18 Notts AC</b>	<b>'A'</b>	<b>35:16</b>	<b>37 Chelmsford AC</b>	<b>38:33</b>
1 J Pidgeon (27) 11:47	2 S Orridge (17) 11:23		1 S Stark (49) 12:54	2 C Hayes (39) 12:25
3 B Clayton (18) 12:06			3 H Cybyk (37) 13:14	
<b>19 Swindon Harriers</b>	<b>'A'</b>	<b>35:16</b>	<b>38 Sutton In Ashfield Harriers AC</b>	<b>'B'</b>
1 E O'Dowd (20) 11:27	2 E Horrobin (26) 12:34		1 S Matthias (38) 12:33	2 A Billings (44) 12:57
3 T Wales (19) 11:15			3 J Robson (38) 13:24	

<b>39 Solihull &amp; Small Heath AC</b>		<b>39:04</b>
1 E Crawford (30)11:56	2 R Piper	(48)14:27
3 R Freeman (39)12:41		
<b>40 Nuneaton Harriers</b>		<b>39:15</b>
1 B Morris (37)12:29	2 C Dyall	(45)13:17
3 W Boughey (40)13:29		
<b>41 Coventry GodivaH</b>	<b>'B'</b>	<b>39:28</b>
1 Z Kirkham (45)12:43	2 K Scarff	(46)13:34
3 K Truelove (41)13:11		
<b>42 Cleethorpes And District AC</b>		<b>40:09</b>
1 N Bartlett (36)12:21	2 L Parry	(41)13:05
3 C Edwards (42)14:43		
<b>43 Barnsley AC</b>	<b>'A'</b>	<b>40:19</b>
1 R Lavender (51)13:12	2 L Westlake	(49)13:30
3 S Shorthouse (43)13:37		
<b>44 Ilkeston RC</b>	<b>'A'</b>	<b>40:35</b>
1 W Ray (44)12:42	2 H Bates	(50)14:04
3 J Turner (44)13:49		
<b>45 Milton Keynes AC</b>	<b>'A'</b>	<b>40:45</b>
1 J Benham (46)12:45	2 Z Whitten	(47)13:38
3 S Field (45)14:22		
<b>46 David Lloyd Running</b>		<b>40:48</b>
1 D Myerscough (50)13:01	2 J Reston	(51)14:03
3 C(2) Edwards (46)13:44		
<b>47 Rugby And District AC</b>	<b>'A'</b>	<b>41:50</b>
1 H FiddamentH (55)13:34	2 S Baker	(55)14:36
3 A Rollings (47)13:40		
<b>48 Barnsley AC</b>	<b>'B'</b>	<b>42:13</b>
1 A Levitt (57)13:44	2 A Bennett	(56)14:30
3 J Lee (48)13:59		
<b>49 Lancaster &amp; Morecambe AC</b>	<b>'A'</b>	<b>43:39</b>
1 Joanne Perry (62)14:02	2 L Gardner	(57)15:39
3 Jane Perry (49)13:58		
<b>50 Newark AC</b>		<b>46:07</b>
1 K Else (61)13:58	2 T Kelly	(54)14:11
3 A Vidanapatii (50)17:58		
<b>51 Lincoln Wellington AC</b>	<b>'B'</b>	<b>46:10</b>
1 C Donald (53)13:28	2 W Dace	(58)16:29
3 B Stracey (51)16:13		

### Incomplete Teams:

<b>Shaftesbury Barnet Harriers</b>	<b>'B'</b>	<b>22:40</b>
1 M Cooper (14)11:19	2 D McCullough	(12)11:21
<b>Wakefield District Harriers AC</b>	<b>'A'</b>	<b>23:02</b>
1 S Marshall (16)11:21	2 C Bacon	(16)11:41
<b>Liverpool Harriers &amp; AC</b>	<b>'B'</b>	<b>24:32</b>
1 C McCool (28)11:49	2 L Smith	(30)12:43
<b>Loughborough Students AC</b>	<b>'A'</b>	<b>24:34</b>
1 C McCorkell (33)12:16	2 E Hope	(32)12:18
<b>Dacorum And Tring AC</b>		<b>25:27</b>
1 V Quincey (23)11:37	2 R Brindley	(42)13:50
<b>Coventry GodivaH</b>	<b>'C'</b>	<b>27:52</b>
1 M Kirkham (54)13:33	2 A Kirkham	(52)14:19
<b>Ilkeston RC</b>	<b>'B'</b>	<b>27:58</b>
1 L Parry (56)13:38	2 J Brown	(53)14:20
<b>Grantham AC</b>		<b>32:18</b>
1 S Hill (60)13:51	2 S Woolard	(59)18:27
<b>Tipton Harriers</b>	<b>'B'</b>	<b>12:38</b>
1 D Harris (42)12:38		
<b>Charnwood AC</b>	<b>'C'</b>	<b>13:18</b>
1 G Wainwright (52)13:18		
<b>Trafford AC</b>	<b>'C'</b>	<b>13:46</b>
1 S Exon (58)13:46		

### Fastest of all legs

1 T Krzywicki	Charnwood	A	10:07
2 L Elliott	Shaftesbury	A	10:14
3 A Newport	Basingstok		10:16
4 H Yelling	Hounslow	A	10:21
5 S Morris	Bedford	A	10:31
6 S Thomas	Sale Har	B	10:38
7 D Lee	Bristol	A	10:39
8 E Fisher	Shaftesbury	A	10:43
9 J Heath	Sale Har	A	10:44
10 C Naylor	Suttn Ashf	A	10:47
= D Robinson	Suttn Ashf	A	10:47

# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Senior Men Stage 1 — Final Results

Pos	Name	Club	Leg	Time	Pos	Name	Club	Time	
1	D Mitchinson	Newham&EB	A	15:34	47	S Davis	Mansfield	C 17:50	
2	A Buckley	Gateshead	A	15:35	48	C O'Connell	Morpeth	B 17:50	
3	S Vernon	Stockport		15:56	49	S Holley	Bedford	A 17:52	
4	B Farquharson	Mansfield	A	16:02	50	B Radbourne	Derby&CAC	B 17:53	
5	M Hilton	Leeds City	A	16:03	51	A Evans	CSheffield	B 17:57	
6	T Hart	Windsor	A	16:04	52	M Nolan	Solihull	A 18:02	
7	G Raven	East Chesh		16:05	53	I Jones	Rugby&DAC	A 18:04	
8	J Mooney	Morpeth	A	16:13	54	A Jones	Lancaster	A 18:11	
9	G Amos	C.Norwich	A	16:13	55	S Chapman	Lincoln	W 18:15	
10	O Laws	Telford	A	16:18	56	K Hesketh	Preston	H 18:22	
11	E Crowther	Salford	H A	16:22	57	G Briggs	MasseyFerg		18:24
12	N Stoddart	Hounslow	A	16:23	58	D Battersby	Hallamsh'r	B 18:28	
13	J Bowler	Bromsgrove	A	16:25	59	S Morton	Newark		18:31
14	M Skinner	Blackheath		16:26	60	L Raisbeck	DavidLloyd		18:32
15	J Gilby	Derby&CAC	A	16:29	61	C Riley	Bedford	B 18:38	
16	M ElSadiki	CSheffield	A	16:31	62	S Costall	Harborough	A 18:40	
17	G Comish	Sale Har	A	16:35	63	L Heathcock	Halesowen	A 18:44	
18	N Bangs	Thurrock	H	16:39	64	N Swinscoe	Redhill	RR A 18:46	
19	P Tedd	Bingley	A	16:47	65	R Cressey	Northampton		18:48
20	J Bowskill	Notts	A	16:47	66	A Welsh	Nth Fylde	A 18:50	
21	R Kay	Morpeth	C	16:49	67	S Nicholls	Solihull	B 18:51	
22	M Amos	Nuneaton	A	16:51	68	S Gascoyne	Chesterfld		18:52
23	K Chapman	Salford	H B	16:52	69	N Stringer	Sparkhill		18:54
24	C O'Neill	Oadby & W.	A	16:54	70	M Albrighton	Notts	C 18:55	
25	M Sanford	Chelmsford	A	16:58	71	R Wilson	Derby&CAC	C 18:57	
26	D Teasdale	Hallamsh'r	A	17:01	72	D Waywell	WeshamRR	A 19:10	
27	B Crowther	Altrincham		17:02	73	E Tennant	Redhill	RR B 19:11	
28	D Hibbert	Trafford		17:04	74	N Russell	Retford	AC A 19:22	
29	M Burrett	Leeds City	B	17:05	75	C Laidlaw	LythamSARR		19:40
30	B Mills	Tipton	A	17:06	76	A Short	Grantham	A 19:43	
31	P Douglas	Basingstok		17:08	77	S Bowman	S'land	S 19:45	
32	D Murphy	Newham&EB	B	17:09	78	S Calderbank	Nth Fylde	B 19:56	
33	J Trapmore	Shaftesbury	A	17:10	79	I Lilley	Nth Derby	A 20:12	
34	J SelbySly	Matlock	AC	17:16	80	P Robinson	Ilkeston	RC 20:16	
35	R Leach	Aldershot	A	17:17	81	D Guess	Charnwood	A 20:22	
36	A Jones	Keighley	A	17:17	82	T Foreman	Sutt'n Ashf	A 20:27	
37	J Aspell	Aldershot	B	17:18	83	S Perry	Lancaster	B 20:31	
38	M Johnson	Mansfield	B	17:18	84	R Brown	Harborough	C 20:39	
39	D Dalmedo	Hillingdon		17:19	85	R Starr	Sutt'n Ashf	B 20:50	
40	P Chance	Tipton	B	17:25	86	M Green	Harborough	B 21:13	
41	A Hobdell	Hounslow	B	17:32	87	T Akiens	Rugby&DAC	B 21:16	
42	J Rogers	Sale Har	B	17:35	88	C Reading	Leamington	B 21:35	
43	D Potter	Notts	B	17:37	89	B Hay	Halesowen	B 22:59	
44	S Everington	Westbury		17:38	90	A Elsmere	Bromsgrove	B 23:18	
45	S Kinson	Leamington	A	17:39	91	B Williams	Retford	AC B 23:42	
46	D Everett	Birchfield	A	17:43	92	B Halliday	Grantham	B 23:43	

## Senior Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	M Warmby	Newham&EB A	16:25	31:59	0
2	K Farrow	Derby&CAC A	15:45	32:14	+ 13
3	M Roscoe	Leeds City A	16:18	32:21	+ 2
4	A O'Brien	Morpeth A	16:15	32:28	+ 4
5	A MorganLee	Salford H A	16:09	32:31	+ 6
6	S Haughian	Hounslow A	16:15	32:38	+ 6
7	S ReesJones	CSheffield A	16:12	32:43	+ 9
8	R Lee	Windsor A	16:53	32:57	- 2
9	P Tulba	Basingstok	15:53	33:01	+22
10	A Williams	Sale Har A	16:29	33:04	+ 7
11	S Shepley	Tipton A	16:22	33:28	+ 19
12	R Gould	Trafford	16:25	33:29	+ 16
13	M Palmer	Westbury	15:52	33:30	+ 31
14	R Soos	Mansfield A	17:35	33:37	- 10
15	A Jones	East Chesh	17:33	33:38	- 8
16	T Bailey	Telford A	17:21	33:39	- 6
17	T McDowell	Oadby & W. A	16:46	33:40	+ 7
18	P Rowland	Notts A	16:55	33:42	+ 2
19	S Greem	Bingley A	17:02	33:49	0
20	J Brown	Salford H B	17:02	33:54	+ 3
21	B Stopher	Aldershot A	16:39	33:56	+ 14
22	N Davy	C.Norwich A	17:47	34:00	- 13
23	D Swinburne	Morpeth C	17:26	34:15	- 2
24	A Magnall	Shaftesbry A	17:06	34:16	+ 9
25	A Oldham	Stockport	18:25	34:21	- 22
26	D Norman	Altrincham	17:25	34:27	+ 1
27	C Bannon	Hounslow B	16:56	34:28	+ 14
28	R Batchelor	Aldershot B	17:17	34:35	+ 9
29	B Hyman	Mansfield B	17:19	34:37	+ 9
30	M Arridge	Tipton B	17:13	34:38	+ 10
31	R Burnan	Birchfield A	16:57	34:40	+ 15
32	C Mawthorpe	Hallamsh'r A	17:40	34:41	- 6
33	C Sampson	Morpeth B	16:53	34:43	+ 15
34	W Speak	Notts B	17:08	34:45	+ 9
35	G Chatterton	Chelmsford A	17:47	34:45	- 10
36	S Lees	Solihull A	16:44	34:46	+ 16
37	R Daniels	Blackheath	18:23	34:49	- 23
38	N Peach	Sale Har B	17:15	34:50	+ 4
39	L Helliwell	Keighley A	17:43	35:00	- 3
40	R Morley	Bedford A	17:12	35:04	+ 9
41	C Burrows	Gateshead A	19:33	35:08	- 39
42	T Wilks	Leeds City B	18:08	35:13	- 13
43	K Webster	Matlock AC	18:18	35:34	- 9
44	R Young	Leamington A	18:15	35:54	+ 1
45	J Wheeler	Derby&CAC B	18:09	36:02	+ 5
46	P Hodgkinson	Hillingdon	19:04	36:23	- 7
47	P Westrope	Bedford B	17:52	36:30	+ 14
48	D Clarke	MasseyFerg	18:11	36:35	+ 9
49	N Hazelwood	Halesowen A	17:52	36:36	+ 14
50	S Hallas	Preston H	18:15	36:37	+ 6
51	D Nuttall	CSheffield B	18:43	36:40	0
52	C Shelton	Chesterfld	17:54	36:46	+ 16
53	J Siddons	Lincoln W	18:41	36:56	+ 2
54	S Hunter	Redhill RR A	18:11	36:57	+ 10
55	J Parsons	Newham&EB B	19:51	37:00	- 23
56	S Elsmere	Bromsgrove A	20:37	37:02	- 43
57	P Stafford	Mansfield C	19:14	37:04	- 10
58	T Egan	Northamptn	18:17	37:05	+ 7
59	R Parrington	Lancaster A	19:02	37:13	- 5
60	J Gerces	Rugby&DAC A	19:21	37:25	- 7
61	J Tuck	Derby&CAC C	18:43	37:40	+ 10
62	L Endean	Nth Fylde A	18:52	37:42	+ 4
63	A Raynes	Hallamsh'r B	19:18	37:46	- 5
64	C Hinks	Sparkhill	18:58	37:52	+ 5
65	W Freeman	Harborough A	19:17	37:57	- 3
66	M Salter	Notts C	19:29	38:24	+ 4
67	I Wedge	DavidLloyd	20:03	38:35	- 7
68	P Hardern	Newark	20:28	38:59	- 9
69	J Hardiman	Redhill RR B	19:52	39:03	+ 4
70	G Johnson	Nth Fylde B	19:12	39:08	+ 8
71	A Glasgow	WeshamRR A	20:31	39:41	+ 1
72	S Howes	Solihull B	21:10	40:01	- 5
73	P Street	Nth Derby A	19:53	40:05	+ 6
74	M Nicholson	IlkestonRC	19:59	40:15	+ 6
75	P Dixon	S'land S	20:31	40:16	+ 2
76	J Ellerby	Grantham A	20:53	40:36	0
77	D Flanagan	LythamSARR	21:26	41:06	- 2
78	C Redfearn	Retford AC A	21:58	41:20	- 4
79	P Mensley	Charnwood A	21:04	41:26	+ 2
80	C Webb	Rugby&DAC B	20:13	41:29	+ 7
81	T Harrison	Harborough B	20:47	42:00	+ 5
82	S Davis	Sutt'n Ashf B	22:11	43:01	+ 3
83	J Smith	Sutt'n Ashf A	22:43	43:10	- 1
84	A Low	Halesowen B	20:24	43:23	+ 5
85	R Moore	Bromsgrove B	20:57	44:15	+ 5
86	D Blower	Leamington B	23:42	45:17	+ 2
87	P Huby	Retford AC B	22:11	45:53	+ 4
88	G Churchill	Grantham B	23:58	47:41	+ 4

### Fastest runners over stage 2:

1	K Farrow	Derby&CAC A	15:45
2	M Palmer	Westbury	15:52
3	P Tulba	Basingstok	15:53
4	A MorganLee	Salford H A	16:09
5	S ReesJones	CSheffield A	16:12
6	A O'Brien	Morpeth A	16:15
7	S Haughian	Hounslow A	16:15
8	M Roscoe	Leeds City A	16:18
9	S Shepley	Tipton A	16:22
10	R Gould	Trafford	16:25

## Senior Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	M Simpson	Hounslow A	16:02	48:40	+ 5	57	N Hume	Nth Fylde A	18:51	56:33	+ 5
2	M Jubb	Derby&CAC A	16:38	48:52	0	58	D Gothard	Sparkhill	18:51	56:43	+ 6
3	P Dobson	Leeds City A	16:38	48:59	0	59	S Jennings	Notts C	18:29	56:53	+ 7
4	S Platts	Morpeth A	16:40	49:08	0	60	N Sewell	Rugby&DAC A	20:06	57:31	0
5	G Watson	Newham&EB A	17:17	49:16	- 4	61	S Marsden	Hallamsh'r B	20:14	58:00	+ 2
6	J Jackson	Salford H A	16:53	49:24	- 1	62	N Lloyd	DavidLloyd	19:31	58:06	+ 5
7	R Whittle	Basingstok	16:44	49:45	+ 2	63	A Harries	Derby&CAC C	20:49	58:29	- 2
8	T Hyde	Windsor A	16:54	49:51	0	64	J Burrell	Chelmsford A	24:01	58:46	- 29
9	D Bannister	Shaftesbry A	15:37	49:53	+15	65	K Wilding	WeshamRR A	19:07	58:48	+ 6
10	S North	Sale Har A	17:07	50:11	0	66	R Armstrong	Nth Derby A	19:27	59:32	+ 7
11	G Taylor	Trafford	16:46	50:15	+ 1	67	D Barrie	Solihull B	19:41	59:42	+ 5
12	R Hough	CSheffield A	17:37	50:20	- 5	68	T Hellings	Nth Fylde B	20:35	59:43	+ 2
13	J Taylor	Bingley A	16:39	50:28	+ 6	69	M Derry	Newark	21:20	1:00:19	- 1
14	A Barnes	Aldershot A	16:44	50:40	+ 7	70	T Gibson	LythamSARR	20:52	1:01:58	+ 7
15	G Mallon	Tipton A	17:12	50:40	- 4	71	G Hughes	Harborough B	20:12	1:02:12	+10
16	L Garrett	Mansfield A	17:06	50:43	- 2	72	A Chambers	Rugby&DAC B	20:46	1:02:15	+ 8
17	T Boyce	Oadby & W. A	17:10	50:50	0	73	S Rubery	Redhill RR B	23:17	1:02:20	- 4
18	S O'Connor	Notts A	17:19	51:01	0	74	S Ramsden	S'land S	22:33	1:02:49	+ 1
19	J Kovacs	Salford H B	17:09	51:03	+ 1	75	C McMurray	Retford AC A	21:32	1:02:52	+ 3
20	K Murphy	C.Norwich A	17:08	51:08	+ 2	76	P Whittingham	Sutt'n Ashf B	20:23	1:03:24	+ 6
21	N Andrews	Telford A	18:06	51:45	- 5	77	D Cassap	Charnwood A	23:13	1:04:39	+ 2
22	J Lisiewicz	Morpeth B	17:07	51:50	+11	78	D Bird	Sutt'n Ashf A	21:45	1:04:55	+ 5
23	R Wallis	Westbury	18:25	51:55	- 10	79	W Nock	Halesowen B	22:09	1:05:32	+ 5
24	S Heaton	East Chesh	18:17	51:55	- 9	80	T Woolard	Grantham A	25:00	1:05:36	- 4
25	N Armsworth	Morpeth C	17:42	51:57	- 2	81	M Dove	Retford AC B	21:51	1:07:44	+ 6
26	M Crosby	Altrincham	17:33	52:00	0	82	T Dable	Leamington B	22:28	1:07:45	+ 4
27	N Diver	Mansfield B	17:24	52:01	+ 2						
28	B Wells	Hounslow B	17:34	52:02	- 1						
29	M Wilson	Hallamsh'r A	17:32	52:13	+ 3						
30	S Dodd	Blackheath	17:31	52:20	+ 7						
31	D Kennedy	Aldershot B	17:52	52:27	- 3						
32	A Wray	Bedford A	17:38	52:42	+ 8						
33	T Woodthorpe	Notts B	18:03	52:48	+ 1						
34	T McDonald	Stockport	18:28	52:49	- 9						
35	P Hinch	Birchfield A	18:12	52:52	- 4						
36	P Morby	Solihull A	18:16	53:02	0						
37	J Arnold	Matlock AC	17:54	53:28	+ 6						
38	J Callaghan	Keighley A	18:36	53:36	+ 1						
39	A Jones	Leeds City B	18:26	53:39	+ 3						
40	L Marrow	Gateshead A	19:08	54:16	+ 1						
41	A Smith	Redhill RR A	17:20	54:17	+13						
42	J Muddeman	Leamington A	18:36	54:30	+ 2						
43	T Plant	Derby&CAC B	18:30	54:32	+ 2						
44	J Dineen	Bromsgrove A	17:49	54:51	+12						
45	A Leck	Lancaster A	17:41	54:54	+14						
46	S Bell	Lincoln W	18:00	54:56	+ 7						
47	N Humphries	Northamptn	18:02	55:07	+11						
48	A Nixon	Preston H	18:31	55:08	+ 2						
49	K Izzard	Bedford B	18:49	55:19	- 2						
50	N Holmes	MasseyFerg	18:51	55:26	- 2						
51	K Wilson	Mansfield C	18:27	55:31	+ 6						
52	I Monaghan	Chesterfld	18:57	55:43	0						
53	I Hough	CSheffield B	19:16	55:56	- 2						
54	B Thompson	Halesowen A	19:23	55:59	- 5						
55	J Sheppard	Tipton B	21:37	56:15	- 25						
56	P Swaine	Harborough A	18:23	56:20	+ 9						

### Fastest runners over stage 3:

1	D Bannister	Shaftesbry A	15:37
2	M Simpson	Hounslow A	16:02
3	P Dobson	Leeds City A	16:38
4	M Jubb	Derby&CAC A	16:38
5	J Taylor	Bingley A	16:39
6	S Platts	Morpeth A	16:40
7	R Whittle	Basingstok	16:44
8	A Barnes	Aldershot A	16:44
9	G Taylor	Trafford	16:46
10	J Jackson	Salford H A	16:53

## Senior Men Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	B Whitby	Hounslow A	15:47	1:04:27	0
2	M Hudspith	Morpeth A	15:40	1:04:48	+ 2
3	S Deakin	Leeds City A	16:20	1:05:19	0
4	K Bowditch	Newham&EB A	16:28	1:05:44	+ 1
5	M Cox	Salford H A	16:23	1:05:47	+ 1
6	M Whitehouse	Derby&CAC A	17:41	1:06:33	- 4
7	R Ward	CSheffield A	16:26	1:06:46	+ 5
8	M Croasdale	Bingley A	16:22	1:06:50	+ 5
9	T Antao	Windsor A	17:05	1:06:56	- 1
10	S Fenwick	Tipton A	16:21	1:07:01	+ 5
11	R Archer	Sale Har A	16:59	1:07:10	- 1
12	D Suter	Mansfield A	16:28	1:07:11	+ 4
13	R Faulkner	Oadby & W. A	16:22	1:07:12	+ 4
14	A Drent	Shaftesbury A	17:30	1:07:23	- 5
15	S Green	Trafford	17:12	1:07:27	- 4
16	P Harwood	Aldershot A	17:13	1:07:53	- 2
17	C Davies	Telford A	16:11	1:07:56	+ 4
18	T Feasey	Basingstok	18:19	1:08:04	- 11
19	J Haydon	Notts A	17:41	1:08:42	- 1
20	M Brown	Morpeth B	17:12	1:09:02	+ 2
21	N Leigh	Altrincham	17:07	1:09:07	+ 5
22	I Murray	C.Norwich A	18:31	1:09:39	- 2
23	S Cameron	Hallamsh'r A	18:10	1:10:23	+ 6
24	J Newton	Aldershot B	17:59	1:10:26	+ 7
25	R Smith	Blackheath	18:07	1:10:27	+ 5
26	A Turnbull	Bedford A	17:46	1:10:28	+ 6
27	M Benford	Notts B	17:42	1:10:30	+ 6
28	D Quinlan	Mansfield B	18:36	1:10:37	- 1
29	N Miller	Westbury	19:02	1:10:57	- 6
30	D Millikan	Salford H B	19:58	1:11:01	- 11
31	J Binfield	Solihull A	18:03	1:11:05	+ 5
32	D Yates	Matlock AC	18:00	1:11:28	+ 5
33	S Vinton	Stockport	18:43	1:11:32	+ 1
34	N Lawrence	Birchfield A	19:01	1:11:53	+ 1
35	M Farran	Leeds City B	18:18	1:11:57	+ 4
36	R Driscoll	Morpeth C	20:12	1:12:09	- 11
37	P Newton	Redhill RR A	18:10	1:12:27	+ 4
38	D Houlton	Lincoln W	17:45	1:12:41	+ 8
39	S Smith	Preston H	17:43	1:12:51	+ 9
40	J Knibb	Derby&CAC B	18:22	1:12:54	+ 3
41	B Gardner	Lancaster A	18:10	1:13:04	+ 4
42	S Penney	Chesterfld	17:35	1:13:18	+ 10
43	P Hunt	Bromsgrove A	18:53	1:13:44	+ 1
44	P Muddeman	Leamington A	20:09	1:14:39	- 2
45	C Ireland	CSheffield B	19:01	1:14:57	+ 8
46	J Houghton	Nth Fylde A	18:25	1:14:58	+ 11
47	A Gardner	Gateshead A	20:55	1:15:11	- 7
48	R Payne	Bedford B	19:54	1:15:13	+ 1
49	C Webb	Harborough A	19:01	1:15:21	+ 7
50	J Morley	Mansfield C	19:52	1:15:23	+ 1
51	S Sheard	MasseyFerg	19:59	1:15:25	- 1
52	P Hindle	Keighley A	22:03	1:15:39	- 14
53	S Robertson	Halesowen A	19:43	1:15:42	+ 1
54	M McKay	Northamptn	20:38	1:15:45	- 7
55	P Shipway	Sparkhill	19:14	1:15:57	+ 3
56	A Ottler	Notts C	19:27	1:16:20	+ 3
57	A Rowe	WeshamRR A	17:52	1:16:40	+ 8
58	R Self	Hallamsh'r B	18:47	1:16:47	+ 3
59	J Seamarks	Tipton B	20:58	1:17:13	- 4
60	R Colbourne	Rugby&DAC A	19:46	1:17:17	0
61	L Page	Derby&CAC C	21:40	1:20:09	+ 2
62	S Saunders	Newark	20:17	1:20:36	+ 7
63	M Bravin	Nth Derby A	21:48	1:21:20	+ 3
64	D Dunn	LythamSARR	20:22	1:22:20	+ 6
65	A Fordham	Harborough B	20:30	1:22:42	+ 6
66	A Carruthers	Halesowen B	17:25	1:22:57	+ 13
67	S Baugely	Retford AC A	20:20	1:23:12	+ 8
68	D Wood	Nth Fylde B	23:38	1:23:21	0
69	D Tetley	Redhill RR B	22:33	1:24:53	+ 4
70	B Ablitt	Grantham A	20:08	1:25:44	+ 10
71	D Edmondson	DavidLloyd	28:41	1:26:47	- 9
72	R Martin	Suttn Ashf B	23:33	1:26:57	+ 4
73	J Woodward	S'land S	24:36	1:27:25	+ 1
74	G Baird	Suttn Ashf A	22:54	1:27:49	+ 4
75	A Brown	Retford AC B	22:03	1:29:47	+ 6
76	J Morrison	Charnwood A	26:03	1:30:42	+ 1

### Fastest runners over stage 4:

1	M Hudspith	Morpeth A	15:40
2	B Whitby	Hounslow A	15:47
3	C Davies	Telford A	16:11
4	S Deakin	Leeds City A	16:20
5	S Fenwick	Tipton A	16:21
6	M Croasdale	Bingley A	16:22
7	R Faulkner	Oadby & W. A	16:22
8	M Cox	Salford H A	16:23
9	R Ward	CSheffield A	16:26
10	D Suter	Mansfield A	16:28



# English National Cross Country Relay Championships at Berry Hill Park, Mansfield on Saturday 11th November 2000

## Senior Men — Team Results — Final (nn) is team position after the appropriate stage.

<p><b>1 Borough Of Hounslow AC 'A' 1:04:27</b>            1 N Stoddart (12)16:23 2 S Haughian (6) 16:15            3 M Simpson (1) 16:02 4 B Whitby (1) 15:47</p>	<p><b>16 Aldershot Farnham &amp; Dis AC 'A' 1:07:53</b>            1 R Leach (35)17:17 2 B Stopher (21)16:39            3 A Barnes (14)16:44 4 P Harwood (16)17:13</p>
<p><b>2 Morpeth H &amp; AC 'A' 1:04:48</b>            1 J Mooney (8) 16:13 2 A O'Brien (4) 16:15            3 S Platts (4) 16:40 4 M Hudspith (2) 15:40</p>	<p><b>17 Telford AC 'A' 1:07:56</b>            1 O Laws (10)16:18 2 T Bailey (16)17:21            3 N Andrews (21)18:06 4 C Davies (17)16:11</p>
<p><b>3 Leeds City AC 'A' 1:05:19</b>            1 M Hilton (5) 16:03 2 M Roscoe (3) 16:18            3 P Dobson (3) 16:38 4 S Deakin (3) 16:20</p>	<p><b>18 Basingstoke Mid Hants 1:08:04</b>            1 P Douglas (31)17:08 2 P Tulba (9) 15:53            3 R Whittle (7) 16:44 4 T Feasey (18)18:19</p>
<p><b>4 Newham &amp; Essex Beagles 'A' 1:05:44</b>            1 D Mitchinson (1) 15:34 2 M Warmby (1) 16:25            3 G Watson (5) 17:17 4 K Bowditch (4) 16:28</p>	<p><b>19 Notts AC 'A' 1:08:42</b>            1 J Bowskill (20)16:47 2 P Rowland (18)16:55            3 S O'Connor (18)17:19 4 J Haydon (19)17:41</p>
<p><b>5 Salford Harriers 'A' 1:05:47</b>            1 E Crowther (11)16:22 2 A Morgan Lee (5) 16:09            3 J Jackson (6) 16:53 4 M Cox (5) 16:23</p>	<p><b>20 Morpeth H &amp; AC 'B' 1:09:02</b>            1 C O'Connell (48)17:50 2 C Sampson (33)16:53            3 J Lisiewicz (22)17:07 4 M Brown (20)17:12</p>
<p><b>6 Derby &amp; County AC 'A' 1:06:33</b>            1 J Gilby (15)16:29 2 K Farrow (2) 15:45            3 M Jubb (2) 16:38 4 M Whitehouse (6) 17:41</p>	<p><b>21 Altrincham &amp; Dis AC 1:09:07</b>            1 B Crowther (27)17:02 2 D Norman (26)17:25            3 M Crosby (26)17:33 4 N Leigh (21)17:07</p>
<p><b>7 City Of Sheffield AC 'A' 1:06:46</b>            1 M El Sadiki (16)16:31 2 S Rees Jones (7) 16:12            3 R Hough (12)17:37 4 R Ward (7) 16:26</p>	<p><b>22 City Of Norwich AC 'A' 1:09:39</b>            1 G Amos (9) 16:13 2 N Davy (22)17:47            3 K Murphy (20)17:08 4 I Murray (22)18:31</p>
<p><b>8 Bingley Harriers AC 'A' 1:06:50</b>            1 P Tedd (19)16:47 2 S Greem (19)17:02            3 J Taylor (13)16:39 4 M Croasdale (8) 16:22</p>	<p><b>23 Hallamshire Harriers Sheffield 'A' 1:10:23</b>            1 D Teasdale (26)17:01 2 C Mawthorpe (32)17:40            3 M Wilson (29)17:32 4 S Cameron (23)18:10</p>
<p><b>9 Windsor Slough &amp; Eton AC 'A' 1:06:56</b>            1 T Hart (6) 16:04 2 R Lee (8) 16:53            3 T Hyde (8) 16:54 4 T Antao (9) 17:05</p>	<p><b>24 Aldershot Farnham &amp; Dis AC 'B' 1:10:26</b>            1 J Aspell (37)17:18 2 R Batchelor (28)17:17            3 D Kennedy (31)17:52 4 J Newton (24)17:59</p>
<p><b>10 Tipton Harriers 'A' 1:07:01</b>            1 B Mills (30)17:06 2 S Shepley (11)16:22            3 G Mallon (15)17:12 4 S Fenwick (10)16:21</p>	<p><b>25 Blackheath Harriers 1:10:27</b>            1 M Skinner (14)16:26 2 R Daniels (37)18:23            3 S Dodd (30)17:31 4 R Smith (25)18:07</p>
<p><b>11 Sale Harriers 'A' 1:07:10</b>            1 G Comish (17)16:35 2 A Williams (10)16:29            3 S North (10)17:07 4 R Archer (11)16:59</p>	<p><b>26 Bedford &amp; County AC 'A' 1:10:28</b>            1 S Holley (49)17:52 2 R Morley (40)17:12            3 A Wray (32)17:38 4 A Turnbull (26)17:46</p>
<p><b>12 Mansfield Harriers AC 'A' 1:07:11</b>            1 B Farquharson (4) 16:02 2 R Soos (14) 17:35            3 L Garrett (16)17:06 4 D Suter (12)16:28</p>	<p><b>27 Notts AC 'B' 1:10:30</b>            1 D Potter (43)17:37 2 W Speak (34)17:08            3 T Woodthorpe (33)18:03 4 M Benford (27)17:42</p>
<p><b>13 Oadby &amp; Wigston Legionaires AC 'A' 1:07:12</b>            1 C O'Neill (24)16:54 2 T McDowell (17)16:46            3 T Boyce (17)17:10 4 R Faulkner (13)16:22</p>	<p><b>28 Mansfield Harriers AC 'B' 1:10:37</b>            1 M Johnson (38)17:18 2 B Hyman (29)17:19            3 N Diver (27)17:24 4 D Quinlan (28)18:36</p>
<p><b>14 Shaftesbury Barnet Harriers 'A' 1:07:23</b>            1 J Trapmore (33)17:10 2 A Magnall (24)17:06            3 D Bannister (9) 15:37 4 A Drent (14)17:30</p>	<p><b>29 Westbury Harriers 1:10:57</b>            1 S Everington (44)17:38 2 M Palmer (13)15:52            3 R Wallis (23)18:25 4 N Miller (29)19:02</p>
<p><b>15 Trafford Athletic Club 1:07:27</b>            1 D Hibbert (28)17:04 2 R Gould (12)16:25            3 G Taylor (11)16:46 4 S Green (15)17:12</p>	<p><b>30 Salford Harriers 'B' 1:11:01</b>            1 K Chapman (23)16:52 2 J Brown (20)17:02            3 J Kovacs (19)17:09 4 D Millikan (30)19:58</p>

<b>31 Solihull &amp; Small Heath AC</b>	<b>'A'</b>	<b>1:11:05</b>	<b>47 Gateshead H&amp;AC</b>	<b>'A'</b>	<b>1:15:11</b>
1 M Nolan (52)18:02	2 S Lees (36)16:44		1 A Buckley (2) 15:35	2 C Burrows (41)19:33	
3 P Morby (36)18:16	4 J Binfield (31)18:03		3 L Marrow (40)19:08	4 A Gardner (47)20:55	
<b>32 Matlock AC</b>		<b>1:11:28</b>	<b>48 Bedford &amp; County AC</b>	<b>'B'</b>	<b>1:15:13</b>
1 J Selby Sly (34)17:16	2 K Webster (43)18:18		1 C Riley (61)18:38	2 P Westrope (47)17:52	
3 J Arnold (37)17:54	4 D Yates (32)18:00		3 K Izzard (49)18:49	4 R Payne (48)19:54	
<b>33 Stockport Harriers &amp; AC</b>		<b>1:11:32</b>	<b>49 Harborough AC</b>	<b>'A'</b>	<b>1:15:21</b>
1 S Vernon (3) 15:56	2 A Oldham (25)18:25		1 S Costall (62)18:40	2 W Freeman (65)19:17	
3 T McDonald (34)18:28	4 S Vinton (33)18:43		3 P Swaine (56)18:23	4 C Webb (49)19:01	
<b>34 Birchfield Harriers</b>	<b>'A'</b>	<b>1:11:53</b>	<b>50 Mansfield Harriers AC</b>	<b>'C'</b>	<b>1:15:23</b>
1 D Everett (46)17:43	2 R Burnan (31)16:57		1 S Davis (47)17:50	2 P Stafford (57)19:14	
3 P Hinch (35)18:12	4 N Lawrence (34)19:01		3 K Wilson (51)18:27	4 J Morley (50)19:52	
<b>35 Leeds City AC</b>	<b>'B'</b>	<b>1:11:57</b>	<b>51 Massey Ferguson</b>		<b>1:15:25</b>
1 M Burrett (29)17:05	2 T Wilks (42)18:08		1 G Briggs (57)18:24	2 D Clarke (48)18:11	
3 A Jones (39)18:26	4 M Farran (35)18:18		3 N Holmes (50)18:51	4 S Sheard (51)19:59	
<b>36 Morpeth H&amp;AC</b>	<b>'C'</b>	<b>1:12:09</b>	<b>52 Keighley &amp; Craven AC</b>	<b>'A'</b>	<b>1:15:39</b>
1 R Kay (21)16:49	2 D Swinburne (23)17:26		1 A Jones (36)17:17	2 L Helliwell (39)17:43	
3 N Armsworth (25)17:42	4 R Driscoll (36)20:12		3 J Callaghan (38)18:36	4 P Hindle (52)22:03	
<b>37 Redhill Road Runners</b>	<b>'A'</b>	<b>1:12:27</b>	<b>53 Halesowen AC</b>	<b>'A'</b>	<b>1:15:42</b>
1 N Swinscoe (64)18:46	2 S Hunter (54)18:11		1 L Heathcock (63)18:44	2 N Hazelwood (49)17:52	
3 A Smith (41)17:20	4 P Newton (37)18:10		3 B Thompson (54)19:23	4 S Robertson (53)19:43	
<b>38 Lincoln Wellington AC</b>		<b>1:12:41</b>	<b>54 Northampton Phoenix AC</b>		<b>1:15:45</b>
1 S Chapman (55)18:15	2 J Siddons (53)18:41		1 R Cressey (65)18:48	2 T Egan (58)18:17	
3 S Bell (46)18:00	4 D Houlton (38)17:45		3 N Humphries (47)18:02	4 MMcKay (54)20:38	
<b>39 Preston Harriers</b>		<b>1:12:51</b>	<b>55 Sparkhill Harriers</b>		<b>1:15:57</b>
1 K Hesketh (56)18:22	2 S Hallas (50)18:15		1 N Stringer (69)18:54	2 C Hinks (64)18:58	
3 A Nixon (48)18:31	4 S Smith (39)17:43		3 D Gothard (58)18:51	4 P Shipway (55)19:14	
<b>40 Derby &amp; County AC</b>	<b>'B'</b>	<b>1:12:54</b>	<b>56 Notts AC</b>	<b>'C'</b>	<b>1:16:20</b>
1 B Radbourne (50)17:53	2 J Wheeler (45)18:09		1 M Albrighton (70)18:55	2 M Salter (66)19:29	
3 T Plant (43)18:30	4 J Knibb (40)18:22		3 S Jennings (59)18:29	4 A Ottler (56)19:27	
<b>41 Lancaster &amp; Morecambe AC</b>	<b>'A'</b>	<b>1:13:04</b>	<b>57 Wesham Road Runners</b>	<b>'A'</b>	<b>1:16:40</b>
1 A Jones (54)18:11	2 R Parrington (59)19:02		1 D Waywell (72)19:10	2 A Glasgow (71)20:31	
3 A Leck (45)17:41	4 B Gardner (41)18:10		3 K Wilding (65)19:07	4 A Rowe (57)17:52	
<b>42 Chesterfield &amp; Dist AC</b>		<b>1:13:18</b>	<b>58 Hallamshire Harriers Sheffield</b>	<b>'B'</b>	<b>1:16:47</b>
1 S Gascoyne (68)18:52	2 C Shelton (52)17:54		1 D Battersby (58)18:28	2 A Raynes (63)19:18	
3 I Monaghan (52)18:57	4 S Penney (42)17:35		3 S Marsden (61)20:14	4 R Self (58)18:47	
<b>43 Bromsgrove &amp; Redditch AC</b>	<b>'A'</b>	<b>1:13:44</b>	<b>59 Tipton Harriers</b>	<b>'B'</b>	<b>1:17:13</b>
1 J Bowler (13)16:25	2 S Elsmere (56)20:37		1 P Chance (40)17:25	2 M Arridge (30)17:13	
3 J Dineen (44)17:49	4 P Hunt (43)18:53		3 J Sheppard (55)21:37	4 J Seamarks (59)20:58	
<b>44 Leamington C &amp; AC</b>	<b>'A'</b>	<b>1:14:39</b>	<b>60 Rugby &amp; District AC</b>	<b>'A'</b>	<b>1:17:17</b>
1 S Kinson (45)17:39	2 R Young (44)18:15		1 I Jones (53)18:04	2 J Gercks (60)19:21	
3 J Muddeman (42)18:36	4 P Muddeman (44)20:09		3 N Sewell (60)20:06	4 R Colbourne (60)19:46	
<b>45 City Of Sheffield AC</b>	<b>'B'</b>	<b>1:14:57</b>	<b>61 Derby &amp; County AC</b>	<b>'C'</b>	<b>1:20:09</b>
1 A Evans (51)17:57	2 D Nuttall (51)18:43		1 R Wilson (71)18:57	2 J Tuck (61)18:43	
3 I Hough (53)19:16	4 C Ireland (45)19:01		3 A Harries (63)20:49	4 L Page (61)21:40	
<b>46 North Fylde AC</b>	<b>'A'</b>	<b>1:14:58</b>	<b>62 Newark AC</b>		<b>1:20:36</b>
1 A Welsh (66)18:50	2 L Endean (62)18:52		1 S Morton (59)18:31	2 P Hardern (68)20:28	
3 N Hume (57)18:51	4 J Houghton (46)18:25		3 MDerry (69)21:20	4 S Saunders (62)20:17	

**63 North Derbyshire Running Club 'A' 1:21:20**

1 I Lilley (79)20:12	2 P Street (73)19:53
3 R Armstrong (66)19:27	4 M Bravin (63)21:48

**64 Lytham St Annes Road Runners 1:22:20**

1 C Laidlaw (75)19:40	2 D Flanagan (77)21:26
3 T Gibson (70)20:52	4 D Dunn (64)20:22

**65 Harborough AC 'B' 1:22:42**

1 M Green (86)21:13	2 T Harrison (81)20:47
3 G Hughes (71)20:12	4 A Fordham (65)20:30

**66 Halesowen AC 'B' 1:22:57**

1 B Hay (89)22:59	2 A Low (84)20:24
3 W Nock (79)22:09	4 A Carruthers (66)17:25

**67 Retford AC 'A' 1:23:12**

1 N Russell (74)19:22	2 C Redfearn (78)21:58
3 C McMurray (75)21:32	4 S Baugely (67)20:20

**68 North Fylde AC 'B' 1:23:21**

1 S Calderbank (78)19:56	2 G Johnson (70)19:12
3 T Hellings (68)20:35	4 D Wood (68)23:38

**69 Redhill Road Runners 'B' 1:24:53**

1 E Tennant (73)19:11	2 J Hardiman (69)19:52
3 S Rubery (73)23:17	4 D Tetley (69)22:33

**70 Grantham AC 'A' 1:25:44**

1 A Short (76)19:43	2 J Ellerby (76)20:53
3 T Woolard (80)25:00	4 B Ablitt (70)20:08

**71 David Lloyd Running Club 1:26:47**

1 L Raisbeck (60)18:32	2 I Wedge (67)20:03
3 N Lloyd (62)19:31	4 D Edmondson (71)28:41

**72 Sutton In Ashfield Harriers AC 'B' 1:26:57**

1 R Starr (85)20:50	2 S Davis (82)22:11
3 P Whittingham (76)20:23	4 R Martin (72)23:33

**73 Sunderland Strollers 1:27:25**

1 S Bowman (77)19:45	2 P Dixon (75)20:31
3 S Ramsden (74)22:33	4 J Woodward (73)24:36

**74 Sutton In Ashfield Harriers AC 'A' 1:27:49**

1 T Foreman (82)20:27	2 J Smith (83)22:43
3 D Bird (78)21:45	4 G Baird (74)22:54

**75 Retford AC 'B' 1:29:47**

1 B Williams (91)23:42	2 P Huby (87)22:11
3 M Dove (81)21:51	4 A Brown (75)22:03

**76 Charnwood AC 'A' 1:30:42**

1 D Guess (81)20:22	2 P Mensley (79)21:04
3 D Cassap (77)23:13	4 J Morrison (76)26:03

**Incomplete Teams:****East Cheshire & Tameside AC 51:55**

1 G Raven (7) 16:05	2 A Jones (15)17:33
3 S Heaton (24)18:17	

**Borough Of Hounslow AC 'B' 52:02**

1 A Hobdell (41)17:32	2 C Bannon (27)16:56
3 B Wells (28)17:34	

**Chelmsford AC 'A' 58:46**

1 M Sanford (25)16:58	2 G Chatterton (35)17:47
3 J Burrell (64)24:01	

**Solihull & Small Heath AC 'B' 59:42**

1 S Nicholls (67)18:51	2 S Howes (72)21:10
3 D Barrie (67)19:41	

**Rugby & District AC 'B' 1:02:15**

1 T Akiens (87)21:16	2 C Webb (80)20:13
3 A Chambers (72)20:46	

**Leamington C & AC 'B' 1:07:45**

1 C Reading (88)21:35	2 D Blower (86)23:42
3 T Dable (82)22:28	

**Sale Harriers 'B' 34:50**

1 J Rogers (42)17:35	2 N Peach (38)17:15
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**Hillingdon AC 36:23**

1 D Dalmedo (39)17:19	2 P Hodgkinson (46)19:04
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**Newham & Essex Beagles 'B' 37:00**

1 D Murphy (32)17:09	2 J Parsons (55)19:51
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**Ilkeston Running Club 40:15**

1 P Robinson (80)20:16	2 M Nicholson (74)19:59
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**Bromsgrove & Redditch AC 'B' 44:15**

1 A Elsmere (90)23:18	2 R Moore (85)20:57
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**Grantham AC 'B' 47:41**

1 B Halliday (92)23:43	2 G Churchill (88)23:58
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**Thurrock Harriers 16:39**

1 N Bangs (18)16:39
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**Nuneaton Harriers 'A' 16:51**

1 M Amos (22)16:51
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**Lancaster & Morecambe AC 'B' 20:31**

1 S Perry (83)20:31
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**Harborough AC 'C' 20:39**

1 R Brown (84)20:39
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**Fastest of all legs**

1 D Mitchinson	Newham&EB	A	15:34
2 A Buckley	Gateshead	A	15:35
3 D Bannister	Shaftesbury	A	15:37
4 M Hudspith	Morpeth	A	15:40
5 K Farrow	Derby&CAC	A	15:45
6 B Whitby	Hounslow	A	15:47
7 M Palmer	Westbury		15:52
8 P Tulba	Basingstok		15:53
9 S Vernon	Stockport		15:56
10 M Simpson	Hounslow	A	16:02
= B Farquharson	Mansfield	A	16:02