



AAA National Women's 4 Stage Road Relays



at Sutton Park, Birmingham on Saturday 28th October 2000

Stage 1

Pos	Name	Club	Leg Time				
1	D Curley	Wigan Phnx	14:31	33	A O'KearneyMcM	Altrincham B	16:20
2	E Fisher	Shaftesbry A	14:33	34	A Bell	Lincoln W A	16:21
3	A Waterlow	Sale Har A	14:33	35	S Heath	Shaftesbry C	16:26
4	Jane Potter	Charnwood A	14:36	36	S Simmons	Hounslow A	16:28
5	A Gascoigne	Wells City	14:48	37	G Taylor	Morpeth	16:30
6	J Ingman	BarnsleyAC A	14:50	38	R Pleeth	Macclesfld	16:40
7	S Miles	Hillingdon	14:56	39	J Pidgeon	Notts	16:42
8	S Griffiths	Wakefield A	14:57	40	M Matthews	Bedford B	16:47
9	J Colleran	Liv'pl Har A	15:00	41	Alice Butler	Wakefield B	16:56
10	C Martin	Telford	15:08	42	E Crawford	Solihull A	16:58
11	M Dodd	Bingley	15:14	43	C Bentley	RoySutCold A	17:02
12	B Allott	Altrincham A	15:15	44	H Fairbairn	Aldershot A	17:08
13	Debbie Gunning	WoodfordG A	15:16	45	M Penny	Bristol C	17:19
14	L Gallagher	Shaftesbry B	15:22	46	C Wilson	Birchfield B	17:45
15	S Morris	Bedford A	15:24	47	S Seal	Ranelagh	17:48
16	C Johnson	Sale Har B	15:29	48	Y Bullen	LesCroupers	17:51
17	C Thomas	Bristol A	15:31	49	L White	Coventry A	17:51
18	A Shepley	Tipton A	15:32	50	S Donohue	Bath	17:59
19	N Adkins	Birchfield A	15:35	51	E Brown	Nuneaton	18:00
20	G Varley	Liv'pl Har B	15:37	52	M JohnsonMayers	Worcester	18:11
21	J Sheppard	Tipton B	15:46	53	D Priestley	Kendal	18:13
22	C Evans	Sth London	15:49	54	A Rollings	Rugby&DAC A	18:15
23	V McConnell	Bristol B	15:53	55	H Darlington	TraffordAC A	18:42
24	S Hetherington	Broms&Redd A	15:55	56	L Martindale	Aldershot B	18:53
25	S Bouchard	Salford H	15:56	57	A Gilroy	Lincoln W B	19:03
26	C Pauzers	Herne Hill	16:06	58	M Harrison	BarnsleyAC B	19:14
27	G Hill	Charnwood B	16:10	59	S Exon	TraffordAC B	19:29
28	L Webb	Hounslow B	16:15	60	M Kirkham	Coventry B	19:30
29	J Postlethwaite	Harborough A	16:16	61	S Thompson	Northbrook B	19:33
30	L Palmer	Derby L A	16:16	62	V Goode	Harborough B	19:33
31	A Kirtley	HallamHS A	16:19	63	S McNaney	Northbrook A	20:54
32	L Canwell	Leeds City	16:19	64	S Smith	Solihull B	22:23

Stage 2

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Juliet Potter	Charnwood A	14:43	29:19	+ 3	32	J Wilson	HallamHS A	17:05	33:24	- 1
2	J Heath	Sale Har A	14:56	29:29	+ 1	33	U Counsell	Bristol C	16:20	33:39	+ 12
3	C Walsh	Shaftesbry A	15:02	29:35	- 1	34	S Lewis	Broms&Redd A	17:46	33:41	- 10
4	E Ford	Liv'pl Har A	14:56	29:56	+ 5	35	Cath Bacon	Wakefield B	16:50	33:46	+ 6
5	K Charnock	Wigan Phnx	16:00	30:31	- 4	36	K Warhurst	Lincoln W A	17:27	33:48	- 2
6	B Jenkins	Salford H	14:36	30:32	+ 19	37	L Blackman	Solihull A	16:53	33:51	+ 5
7	L Mawer	Bingley	15:28	30:42	+ 4	38	G Phillips	Kendal	15:40	33:53	+ 15
8	L Wright	Leeds City	14:29	30:48	+ 24	39	A Vesey	Altrincham B	17:42	34:02	- 6
9	J Groves	Tipton A	15:31	31:03	+ 9	40	V Carter	RoySutCold A	17:00	34:02	+ 3
10	Jo Fenn	WoodfordG A	15:57	31:13	+ 3	41	K Garrod	Bedford B	17:27	34:14	- 1
11	S Marshall	Wakefield A	16:26	31:23	- 3	42	R Allcock	Herne Hill	18:17	34:23	- 16
12	V Rolfe	Bristol A	15:59	31:30	+ 5	43	P Roberts	Harborough A	18:42	34:58	- 14
13	J Smith	Altrincham A	16:17	31:32	- 1	44	J Dagnan	Coventry A	17:09	35:00	+ 5
14	C Radon	Shaftesbry B	16:16	31:38	0	45	L Morrell	Notts	18:33	35:15	- 6
15	S Evans	Sale Har B	16:10	31:39	+ 1	46	K Burwood	Hounslow B	19:27	35:42	- 18
16	R Barnes	Tipton B	15:54	31:40	+ 5	47	B Morris	Nuneaton	17:54	35:54	+ 4
17	P Gowing	Bristol B	15:48	31:41	+ 6	48	R Wasson	Birchfield B	18:36	36:21	- 2
18	R Everett	Birchfield A	16:07	31:42	+ 1	49	P Ham	LesCroupers	18:42	36:33	- 1
19	W Farrow	Derby L A	15:38	31:54	+ 11	50	C Nicholson	Ranelagh	19:16	37:04	- 3
20	C Hill	BarnsleyAC A	17:11	32:01	- 14	51	C Riley	TraffordAC A	18:25	37:07	+ 4
21	C Tomaney	Charnwood B	15:55	32:05	+ 6	52	F Cupis	Bath	19:27	37:26	- 2
22	L Reynolds	Liv'pl Har B	16:35	32:12	- 2	53	D Craig	Rugby&DAC A	19:40	37:55	+ 1
23	D McCullough	Shaftesbry C	16:00	32:26	+ 12	54	E Brown	Coventry B	18:45	38:15	+ 6
24	J Parkin	Bedford A	17:09	32:33	- 9	55	C Morrell	BarnsleyAC B	19:08	38:22	+ 3
25	C Wallington	Wells City	17:46	32:34	- 20	56	C Flanagan	Worcester	20:13	38:24	- 4
26	P Major	Sth London	16:47	32:36	- 4	57	W Thornton	Aldershot B	19:33	38:26	- 1
27	F Cressy	Hillingdon	17:48	32:44	- 20	58	P Kimpton	Lincoln W B	21:44	40:47	- 1
28	G Greenfield	Aldershot A	15:42	32:50	+ 16	59	S Cushing	Harborough B	21:24	40:57	+ 3
29	P Atkinson	Macclesfld	16:17	32:57	+ 9	60	J Neville	Northbrook A	20:18	41:12	+ 3
30	L Blagden	Telford	18:11	33:19	- 20	61	A Leake	Northbrook B	24:35	44:08	0
31	J Lean	Hounslow A	16:52	33:20	+ 5						

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at Sutton Park, Birmingham on Saturday 28th October 2000



Stage 3

Pos	Name	Club	Leg Time	Cum Time	Gain
1	A Parkinson	Sale Har A	14:07	43:36	+ 1
2	K Ramsey	Charnwood A	15:09	44:28	- 1
3	J Newcombe	Shaftesbry A	14:58	44:33	0
4	J Clague	Liv'pl Har A	16:02	45:58	0
5	S Walker	Tipton A	15:01	46:04	+ 4
6	Penny Thackray	Wakefield A	14:57	46:20	+ 5
7	J Spark	Altrincham A	14:50	46:22	+ 6
8	R Jones	Salford H	15:54	46:26	- 2
9	L Yelling	Bedford A	14:26	46:59	+ 15
10	S Cariss	Bingley	16:36	47:18	- 3
11	D Lee	Bristol A	15:53	47:23	+ 1
12	E Philips	Tipton B	15:44	47:24	+ 4
13	Diana Kennedy	WoodfordG A	16:18	47:31	- 3
14	J Raffell	Wigan Phnx	17:03	47:34	- 9
15	H Yelling	Hounslow A	14:18	47:38	+ 16
16	S Harris	Leeds City	16:50	47:38	- 8
17	K Reeve	Birchfield A	16:07	47:49	+ 1
18	E Murray	Shaftesbry B	16:17	47:55	- 4
19	S Bull	Derby L A	16:05	47:59	0
20	E Lafferty	Sale Har B	16:25	48:04	- 5
21	K Buckley	Bristol B	16:29	48:10	- 4
22	G O'Connor	Sth London	15:48	48:24	+ 4
23	N Messenger	Charnwood B	16:30	48:35	- 2
24	K Armstrong	Shaftesbry C	16:53	49:19	- 1
25	J Wakeman	BarnsleyAC A	17:28	49:29	- 5
26	C Smith	Liv'pl Har B	17:29	49:41	- 4
27	A Hutchinson	Aldershot A	16:56	49:46	+ 1
28	J Kirby	Telford	16:39	49:58	+ 2
29	P Leech	HallamHS A	17:00	50:24	+ 3
30	SA Hales	Macclesfld	17:47	50:44	- 1
31	P RogersDixon	Herne Hill	16:34	50:57	+ 11
32	Y Budd	Hillingdon	18:14	50:58	- 5
33	S Hayward	Coventry A	16:10	51:10	+ 11
34	L Joyce	Solihull A	17:26	51:17	+ 3
35	S Harrod	Bristol C	17:39	51:18	- 2
36	J Livings	Wells City	18:49	51:23	- 11
37	K Harvey	Altrincham B	17:26	51:28	+ 2
38	C Handforth	Kendal	17:46	51:39	0
39	J Brown	Lincoln W A	17:55	51:43	- 3
40	H Singleton	Wakefield B	18:09	51:55	- 5
41	K Haley	Broms&Redd A	18:24	52:05	- 7
42	L Towns	Hounslow B	16:34	52:16	+ 4
43	L O'Connor	RoySutCold A	18:44	52:46	- 3
44	K Brooks	Harborough A	18:55	53:53	- 1
45	L Gabriel	TraffordAC A	17:10	54:17	+ 6
46	C Ramwell	Notts	19:10	54:25	- 1
47	M Averbach	Ranelagh	17:35	54:39	+ 3
48	G Edwards	LesCroupers	18:19	54:52	+ 1
49	J Lea	Nuneaton	19:02	54:56	- 2
50	J Clark	Bedford B	20:50	55:04	- 9
51	L Bennett	Bath	18:15	55:41	+ 1
52	J Lee	BarnsleyAC B	19:26	57:48	+ 3
53	K Truslove	Coventry B	19:34	57:49	+ 1
54	R Rowan	Rugby&DAC A	20:31	58:26	- 1
55	C Pollard	Worcester	20:30	58:54	+ 1
56	C Harrison	Northbrook A	20:35	1:01:47	+ 4
57	H Forrester	Northbrook B	19:38	1:03:46	+ 4
58	T Brown	Harborough B	23:16	1:04:13	+ 1
59	W Dale	Lincoln W B	24:47	1:05:34	- 1

Stage 4

Pos	Name	Club	Leg Time	Cum Time	Gain
1	S Lamb	Sale Har A	14:58	58:34	0
2	T Krzywicki	Charnwood A	14:28	58:56	0
3	L Elliott	Shaftesbry A	14:43	59:16	0
4	L Carney	Liv'pl Har A	14:50	1:00:48	0
5	H Knight	Altrincham A	14:30	1:00:52	+ 2
6	S Wilkinson	Salford H	14:28	1:00:54	+ 2
7	K Scales	Tipton A	15:30	1:01:34	- 2
8	Julie O'Mara	Wakefield A	15:46	1:02:06	- 2
9	L Sollars	Tipton B	15:38	1:03:02	+ 3
10	A Allen	Birchfield A	15:14	1:03:03	+ 7
11	K Reed	Bristol A	15:55	1:03:18	0
12	A Ridley	Shaftesbry B	15:33	1:03:28	+ 6
13	S Bowyer	Sale Har B	15:32	1:03:36	+ 7
14	E Chadwick	Bedford A	16:53	1:03:52	- 5
15	P Fudge	Hounslow A	16:34	1:04:12	0
16	R Whitehead	Bingley	16:56	1:04:14	- 6
17	J Woolley	Bristol B	16:08	1:04:18	+ 4
18	J Manthorpe	Derby L A	16:36	1:04:35	+ 1
19	B Pritchett	WoodfordG A	17:09	1:04:40	- 6
20	S Kerr	Charnwood B	16:13	1:04:48	+ 3
21	J Anker	Shaftesbry C	15:48	1:05:07	+ 3
22	A Roden	Sth London	16:52	1:05:16	0
23	J Harison	Leeds City	17:54	1:05:32	- 7
24	A Forrest	Wigan Phnx	18:13	1:05:47	- 10
25	S Jones	Macclesfld	15:35	1:06:19	+ 5
26	C Diss	Herne Hill	16:06	1:07:03	+ 5
27	L Westlake	BarnsleyAC A	17:59	1:07:28	- 2
28	A Hurford	Bristol C	16:31	1:07:49	+ 7
29	S Davies	Telford	17:52	1:07:50	- 1
30	H Woods	Aldershot A	18:04	1:07:50	- 3
31	E Grant	Hillingdon	16:57	1:07:55	+ 1
32	J Seymour	HallamHS A	17:50	1:08:14	- 3
33	A Routledge	Altrincham B	17:12	1:08:40	+ 4
34	S Dixon	Kendal	17:13	1:08:52	+ 4
35	V Jones	Hounslow B	16:44	1:09:00	+ 7
36	L Ling	Wells City	18:13	1:09:36	0
37	K Scarff	Coventry A	18:52	1:10:02	- 4
38	Sarah Beevers	Wakefield B	18:31	1:10:26	+ 2
39	C Donald	Lincoln W A	18:54	1:10:37	0
40	J Anderson	Broms&Redd A	18:55	1:11:00	+ 1
41	J Moore	RoySutCold A	18:16	1:11:02	+ 2
42	W Edwards	LesCroupers	16:25	1:11:17	+ 6
43	G Taylor	Harborough A	17:42	1:11:35	+ 1
44	L Kipling	Ranelagh	17:16	1:11:55	+ 3
45	C Mills	Solihull A	20:50	1:12:07	- 11
46	Z Marchant	Bath	16:51	1:12:32	+ 5
47	P Herring	Bedford B	18:27	1:13:31	+ 3
48	L Taylor	TraffordAC A	19:18	1:13:35	- 3
49	S Wilson	Nuneaton	19:33	1:14:29	0
50	A Kirkham	Coventry B	19:56	1:17:45	+ 3
51	S Fearn	Rugby&DAC A	19:31	1:17:57	+ 3
52	S Pickering	BarnsleyAC B	20:26	1:18:14	0
53	D O'Shea	Northbrook A	17:18	1:19:05	+ 3
54	A Roebuck	Northbrook B	20:39	1:24:25	+ 3
55	J Hughes	Harborough B	23:50	1:28:03	+ 3

Fastest of all legs — Provisional

1	A Parkinson	Sale Har	A	14:07
2	H Yelling	Hounslow	A	14:18
3	L Yelling	Bedford	A	14:26
4	T Krzywicki	Charnwood	A	14:28
=	S Wilkinson	Salford H		14:28
6	L Wright	Leeds City		14:29
7	H Knight	Altrincham	A	14:30
8	D Curley	Wigan Phnx		14:31
9	A Waterlow	Sale Har	A	14:33
=	E Fisher	Shaftesbry	A	14:33

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Team Results

(nn) is team position after the appropriate stage.

<p>1 Sale Harriers 'A' 58:34</p> <p>1 A Waterlow (3) 14:33 2 J Heath (2) 14:56</p> <p>3 A Parkinson (1) 14:07 4 S Lamb (1) 14:58</p>	<p>16 Bingley Harriers AC 1:04:14</p> <p>1 M Dodd (11)15:14 2 L Mawer (7) 15:28</p> <p>3 S Cariss (10)16:36 4 R Whitehead (16)16:56</p>
<p>2 Charnwood AC 'A' 58:56</p> <p>1 Jane Potter (4) 14:36 2 Juliet Potter (1) 14:43</p> <p>3 K Ramsey (2) 15:09 4 T Krzywicki (2) 14:28</p>	<p>17 Bristol AC 'B' 1:04:18</p> <p>1 V McConnell (23)15:53 2 P Gowing (17)15:48</p> <p>3 K Buckley (21)16:29 4 J Woolley (17)16:08</p>
<p>3 Shaftesbury Barnet Harriers 'A' 59:16</p> <p>1 E Fisher (2) 14:33 2 C Walsh (3) 15:02</p> <p>3 J Newcombe (3) 14:58 4 L Elliott (3) 14:43</p>	<p>18 Derby Ladies AC 'A' 1:04:35</p> <p>1 L Palmer (30)16:16 2 W Farrow (19)15:38</p> <p>3 S Bull (19)16:05 4 J Manthorpe (18)16:36</p>
<p>4 Liverpool Harriers & AC 'A' 1:00:48</p> <p>1 J Colleran (9) 15:00 2 E Ford (4) 14:56</p> <p>3 J Clague (4) 16:02 4 L Carney (4) 14:50</p>	<p>19 Woodford Green & Essex Ladies 'A' 1:04:40</p> <p>1 Debbie Gunning (13) 15:16 2 Jo Fenn</p> <p>(10) 15:57 3 Diana Kennedy (13)16:18</p> <p>4 B Pritchett (19)17:09</p>
<p>5 Altrincham & Dis AC 'A' 1:00:52</p> <p>1 B Allott (12)15:15 2 J Smith (13)16:17</p> <p>3 J Spark (7) 14:50 4 H Knight (5) 14:30</p>	<p>20 Charnwood AC 'B' 1:04:48</p> <p>1 G Hill (27)16:10 2 C Tomaney (21)15:55</p> <p>3 N Messenger (23)16:30 4 S Kerr (20)16:13</p>
<p>6 Salford Harriers 1:00:54</p> <p>1 S Bouchard (25)15:56 2 B Jenkins (6) 14:36</p> <p>3 R Jones (8) 15:54 4 S Wilkinson (6) 14:28</p>	<p>21 Shaftesbury Barnet Harriers 'C' 1:05:07</p> <p>1 S Heath (35)16:26 2 D McCullough (23)16:00</p> <p>3 K Armstrong (24)16:53 4 J Ankier (21)15:48</p>
<p>7 Tipton Harriers 'A' 1:01:34</p> <p>1 A Shepley (18)15:32 2 J Groves (9) 15:31</p> <p>3 S Walker (5) 15:01 4 K Scales (7) 15:30</p>	<p>22 South London Harriers 1:05:16</p> <p>1 C Evans (22)15:49 2 P Major (26)16:47</p> <p>3 G O'Connor (22)15:48 4 A Roden (22)16:52</p>
<p>8 Wakefield District Harriers AC 'A' 1:02:06</p> <p>1 S Griffiths (8) 14:57 2 S Marshall (11)16:26</p> <p>3 Penny Thackray (6) 14:57 4 Julie</p> <p>O'Mara (8) 15:46</p>	<p>23 Leeds City AC 1:05:32</p> <p>1 L Canwell (32)16:19 2 L Wright (8) 14:29</p> <p>3 S Harris (16)16:50 4 J Harison (23)17:54</p>
<p>9 Tipton Harriers 'B' 1:03:02</p> <p>1 J Sheppard (21)15:46 2 R Barnes (16)15:54</p> <p>3 E Philips (12)15:44 4 L Sollars (9) 15:38</p>	<p>24 Wigan Phoenix 1:05:47</p> <p>1 D Curley (1) 14:31 2 K Charnock (5) 16:00</p> <p>3 J Raffell (14)17:03 4 A Forrest (24)18:13</p>
<p>10 Birchfield Harriers 'A' 1:03:03</p> <p>1 N Adkins (19)15:35 2 R Everett (18)16:07</p> <p>3 K Reeve (17)16:07 4 A Allen (10)15:14</p>	<p>25 Macclesfield H AC 1:06:19</p> <p>1 R Pleeth (38)16:40 2 P Atkinson (29)16:17</p> <p>3 SA Hales (30)17:47 4 S Jones (25)15:35</p>
<p>11 Bristol AC 'A' 1:03:18</p> <p>1 C Thomas (17)15:31 2 V Rolfe (12)15:59</p> <p>3 D Lee (11)15:53 4 K Reed (11)15:55</p>	<p>26 Herne Hill Harriers 1:07:03</p> <p>1 C Pauzers (26)16:06 2 R Allcock (42)18:17</p> <p>3 P RogersDixon (31) 16:34 4 C Diss</p> <p>(26) 16:06</p>
<p>12 Shaftesbury Barnet Harriers 'B' 1:03:28</p> <p>1 L Gallagher (14)15:22 2 C Radon (14)16:16</p> <p>3 E Murray (18)16:17 4 A Ridley (12)15:33</p>	<p>27 Barnsley AC 'A' 1:07:28</p> <p>1 J Ingman (6) 14:50 2 C Hill (20)17:11</p> <p>3 J Wakeman (25)17:28 4 L Westlake (27)17:59</p>
<p>13 Sale Harriers 'B' 1:03:36</p> <p>1 C Johnson (16)15:29 2 S Evans (15)16:10</p> <p>3 E Lafferty (20)16:25 4 S Bowyer (13)15:32</p>	<p>28 Bristol AC 'C' 1:07:49</p> <p>1 M Penny (45)17:19 2 U Counsell (33)16:20</p> <p>3 S Harrod (35)17:39 4 A Hurford (28)16:31</p>
<p>14 Bedford & County AC 'A' 1:03:52</p> <p>1 S Morris (15)15:24 2 J Parkin (24)17:09</p> <p>3 LYelling (9) 14:26 4 E Chadwick (14)16:53</p>	<p>29 Telford AC 1:07:50</p> <p>1 C Martin (10)15:08 2 L Blagden (30)18:11</p> <p>3 J Kirby (28)16:39 4 S Davies (29)17:52</p>
<p>15 Borough Of Hounslow AC 'A' 1:04:12</p> <p>1 S Simmons (36)16:28 2 J Lean (31)16:52</p> <p>3 HYelling (15)14:18 4 P Fudge (15)16:34</p>	<p>30 Aldershot Farnham & Dis AC 'A' 1:07:50</p> <p>1 H Fairbairn (44)17:08 2 G Greenfield (28)15:42</p> <p>3 A Hutchinson (27)16:56 4 H Woods (30)18:04</p>



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31 Hillingdon AC	1:07:55	47 Bedford & County AC	'B' 1:13:31
1 S Miles (7) 14:56	2 F Cressy (27)17:48	1 M Matthews (40)16:47	2 K Garrod (41)17:27
3 Y Budd (32)18:14	4 E Grant (31)16:57	3 J Clark (50)20:50	4 P Herring (47)18:27
32 Hallamshire Harriers Sheffield 'A'	1:08:14	48 Trafford AC	'A' 1:13:35
1 A Kirtley (31)16:19	2 J Wilson (32)17:05	1 H Darlington (55)18:42	2 C Riley (51)18:25
3 P Leech (29)17:00	4 J Seymour (32)17:50	3 L Gabriel (45)17:10	4 L Taylor (48)19:18
33 Altrincham & Dis AC	'B' 1:08:40	49 Nuneaton Harriers	1:14:29
1 A O'KearneyMcM (33) 16:20	2 (33) 16:20	1 E Brown (51)18:00	2 B Morris (47)17:54
A Vesey (39)17:42	3 K Harvey (37)17:26	3 J Lea (49)19:02	4 S Wilson (49)19:33
4 A Routledge (33)17:12			
34 Kendal Aac	1:08:52	50 Coventry Godiva H	'B' 1:17:45
1 D Priestley (53)18:13	2 G Phillips (38)15:40	1 M Kirkham (60)19:30	2 E Brown (54)18:45
3 C Handforth (38)17:46	4 S Dixon (34)17:13	3 K Truslove (53)19:34	4 A Kirkham (50)19:56
35 Borough Of Hounslow AC	'B' 1:09:00	51 Rugby & District AC	'A' 1:17:57
1 L Webb (28)16:15	2 K Burwood (46)19:27	1 A Rollings (54)18:15	2 D Craig (53)19:40
3 L Towns (42)16:34	4 V Jones (35)16:44	3 R Rowan (54)20:31	4 S Fearn (51)19:31
36 Wells City Harriers	1:09:36	52 Barnsley AC	'B' 1:18:14
1 A Gascoigne (5) 14:48	2 C Wallington (25)17:46	1 M Harrison (58)19:14	2 C Morrell (55)19:08
3 J Livings (36)18:49	4 L Ling (36)18:13	3 J Lee (52)19:26	4 S Pickering (52)20:26
37 Coventry Godiva H	'A' 1:10:02	53 Northbrook AC	'A' 1:19:05
1 L White (49)17:51	2 J Dagnan (44)17:09	1 S McNaney (63)20:54	2 J Neville (60)20:18
3 S Hayward (33)16:10	4 K Scarff (37)18:52	3 C Harrison (56)20:35	4 D O'Shea (53)17:18
38 Wakefield District Harriers AC	'B' 1:10:26	54 Northbrook AC	'B' 1:24:25
1 Alice Butler (41)16:56	2 Cath Bacon (35)16:50	1 S Thompson (61)19:33	2 A Leake (61)24:35
3 H Singleton (40)18:09	4 Sarah Beevers (38)18:31	3 H Forrester (57)19:38	4 A Roebuck (54)20:39
39 Lincoln Wellington AC	'A' 1:10:37	55 Harborough AC	'B' 1:28:03
1 A Bell (34)16:21	2 K Warhurst (36)17:27	1 V Goode (62)19:33	2 S Cushing (59)21:24
3 J Brown (39)17:55	4 C Donald (39)18:54	3 T Brown (58)23:16	4 J Hughes (55)23:50
40 Bromsgrove & Redditch AC	'A' 1:11:00	Incomplete Teams:	
1 S Hetherington (24)15:55	2 S Lewis (34)17:46	Liverpool Harriers & AC	
3 K Haley (41)18:24	4 J Anderson (40)18:55	'B' 49:41	
41 Royal Sutton Coldfield AC	'A' 1:11:02	1 G Varley (20)15:37	
1 C Bentley (43)17:02	2 V Carter (40)17:00	2 L Reynolds (22)16:35	
3 L O'Connor (43)18:44	4 J Moore (41)18:16	3 C Smith (26)17:29	
42 Les Croupiers RC	1:11:17	Notts AC	
1 Y Bullen (48)17:51	2 P Ham (49)18:42	1 J Pidgeon (39)16:42	
3 G Edwards (48)18:19	4 W Edwards (42)16:25	2 L Morrell (45)18:33	
43 Harborough AC	'A' 1:11:35	3 C Ramwell (46)19:10	
1 J Postlethwaite (29) 16:16	2 P Roberts (43)18:42	Worcester AC	
3 K Brooks (44)18:55	4 G Taylor (43)17:42	1 M JohnsonMayers (52) 18:11	
44 Ranelagh Harriers	1:11:55	Flanaghan (56)20:13	
1 S Seal (47)17:48	2 C Nicholson (50)19:16	3 C Pollard (55)20:30	
3 M Averback (47)17:35	4 L Kipling (44)17:16	Lincoln Wellington AC	
45 Solihull & Small Heath AC	'A' 1:12:07	'B' 1:05:34	
1 E Crawford (42)16:58	2 L Blackman (37)16:53	1 A Gilroy (57)19:03	
3 L Joyce (34)17:26	4 C Mills (45)20:50	2 P Kimpton (58)21:44	
46 City Of Bath AC	1:12:32	3 W Dale (59)24:47	
1 S Donohue (50)17:59	2 F Cupis (52)19:27	Birchfield Harriers	
3 L Bennett (51)18:15	4 Z Marchant (46)16:51	'B' 36:21	
47 Bedford & County AC	'B' 1:13:31	1 C Wilson (46)17:45	
1 M Matthews (40)16:47	2 K Garrod (41)17:27	2 R Wasson (48)18:36	
3 J Clark (50)20:50	4 P Herring (47)18:27	Aldershot Farnham & Dis AC	
48 Trafford AC	'A' 1:13:35	'B' 38:26	
1 H Darlington (55)18:42	2 C Riley (51)18:25	1 L Martindale (56)18:53	
3 L Gabriel (45)17:10	4 L Taylor (48)19:18	2 W Thornton (57)19:33	
49 Nuneaton Harriers	1:14:29	Morpeth H & AC	
1 E Brown (51)18:00	2 B Morris (47)17:54	16:30	
3 J Lea (49)19:02	4 S Wilson (49)19:33	1 G Taylor (37)16:30	
50 Coventry Godiva H	'B' 1:17:45	Trafford AC	
1 M Kirkham (60)19:30	2 E Brown (54)18:45	'B' 19:29	
3 K Truslove (53)19:34	4 A Kirkham (50)19:56	1 S Exon (59)19:29	
51 Rugby & District AC	'A' 1:17:57	Solihull & Small Heath AC	
1 A Rollings (54)18:15	2 D Craig (53)19:40	'B' 22:23	
3 R Rowan (54)20:31	4 S Fearn (51)19:31	1 S Smith (64)22:23	
52 Barnsley AC	'B' 1:18:14		
1 M Harrison (58)19:14	2 C Morrell (55)19:08		
3 J Lee (52)19:26	4 S Pickering (52)20:26		
53 Northbrook AC	'A' 1:19:05		
1 S McNaney (63)20:54	2 J Neville (60)20:18		
3 C Harrison (56)20:35	4 D O'Shea (53)17:18		
54 Northbrook AC	'B' 1:24:25		
1 S Thompson (61)19:33	2 A Leake (61)24:35		
3 H Forrester (57)19:38	4 A Roebuck (54)20:39		
55 Harborough AC	'B' 1:28:03		
1 V Goode (62)19:33	2 S Cushing (59)21:24		
3 T Brown (58)23:16	4 J Hughes (55)23:50		