



British Masters Athletic Federation



28<sup>th</sup> National Masters Open Road Relay Championships

Sutton Park, Sutton Coldfield, Birmingham

(Under UKA Rules – Race Licence Number 2015-12541)

**Saturday, 16<sup>th</sup> May 2015**

Entries Close Midnight 22<sup>nd</sup> April 2015

**Absolutely No Late or Telephone Entries Accepted**

**No amendments/additions after the closing date. All problems in previous years were from late entries amendments/additions. This will be strictly adhered to; you have been warned**

Start Time	Championship	No. of Stages	Maximum No. of Names Per Team	Fees
10.30 am	Women W35+	4	1 Team = <b>12</b> ; 2 Teams = <b>24</b> etc.	<b>£32.00</b>
10.30 am	Women W45+	3	1 Team = <b>9</b> ; 2 Teams = <b>18</b> etc.	<b>£24.00</b>
10.30 am	Women W55+	3	1 Team = <b>9</b> ; 2 Teams = <b>18</b> etc.	<b>£24.00</b>
10.30 am	Women W65+	3	1 Team = <b>9</b> ; 2 Teams = <b>18</b> etc.	<b>£24.00</b>
10.30 am	Men M75+	3	1 Team = <b>9</b> ; 2 Teams = <b>18</b> etc.	<b>£24.00</b>
12.15 pm	Men M55+	3	1 Team = <b>9</b> ; 2 Teams = <b>18</b> etc.	<b>£24.00</b>
12.15 pm	Men M65+	3	1 Team = <b>9</b> ; 2 Teams = <b>18</b> etc.	<b>£24.00</b>
2.00 pm	Men M35+	6	1 Team = <b>18</b> ; 2 Teams = <b>36</b> etc.	<b>£48.00</b>
2.00 pm	Men M45+	4	1 Team = <b>12</b> ; 2 Teams = <b>24</b> etc.	<b>£32.00</b>

## Rules

- Entry is open to all 1<sup>st</sup> Claim Registered Master Athletes of Affiliated Clubs only; whether they belong to a masters only club or not
- Athletes in older age groups may compete in a younger age group championship but **MUST** be entered in that championship and may only run once
- No athlete can run in more than one stage
- Registered Club vests **MUST** be worn
- Race numbers for the appropriate stage **MUST** be worn on the front & back and **MUST** be worn as issued and not cut or folded
- Ages are as on the day of the race
- Teams and running order are to be declared no later than 30 minutes before the start of the first stage i.e. either 10.00 am; 11.45am or 1.30pm as appropriate
- Clubs may enter more than one team in each championship. **Only the first finishing team of each club may receive team medals**
- Only online entries will be accepted from <http://www.race-results.co.uk>
- Competitors entering these championships do so on the understanding they abide by the UKA Rules and compete at their own risk and that organisers are in no way responsible for injury; accident; damage or loss incurred

## Travel

Sutton Park is eight miles north of Birmingham. The Post Code for satnav is **B74 2YT**

**Road:** The Park is best approached via the M6 Junction 7 (Junction 6 will involve local congestion) or from the East along the A453

**Rail:** A frequent service operates from Birmingham New Street to Sutton Coldfield.

**Car & Coach Park:** Ample Parking is available within the Park; enter via the **Town Gate**

## Changing

Changing facilities are available for a small charge at WYNDLEY LEISURE CENTRE. A marquee is also available and an area is reserved for Team Tents.

## Registration

Team Managers to collect declaration sheets and race numbers on the day, see Rule 7.

## Race Start

All races start and finish as shown on the Race Route Map by the Registration Desk.

## Awards

PLAQUES go to the winning teams. MEDALS go to the first three teams and the three fastest runners in each championship. **In each championship only the first finishing team of each club may receive team medals.**

## Results

Will be posted subject to scrutiny at: - <http://www.joelee.co.uk/resindex.html> immediately after the event has finished and on <http://www.bmaf.org.uk> and <http://britishmastersaf.wordpress.com>

Result sheets will also be available for purchase on the day of the event