

BORDER HARRIERS OPEN MEDAL MEETING

SHEEPMOUNT STADIUM, CARLISLE

SUNDAY 21 AUGUST 2022 – ENTRIES CLOSE 17 AUGUST

TRACK TIMETABLE

(FIELD TIMETABLE TO FOLLOW LATER BUT NOTE FIELD EVENTS START AT THE EARLIER TIME OF 11AM)

BORDER HARRIERS OPEN MEDAL MEETING TRACK TIMETABLE		
12.30pm	GRADED MILE RACES	SM, SW, U20W, U20M, U17W, U17M, U15B, U15G
1.15pm	150M	U13G, U13B
	200M	SM, SW, U20W, U20M, U17W, U17M, U15G, U15B
2.00pm	110M HURDLES, 100M HURDLES	SM, U20M, SW, U20W
	100M HURDLES, 80M HURDLES	U17M, U17W
	80M HURDLES, 75M HURDLES	U15B, U15G
	75M HURDLES, 70M HURDLES	U13B, U13G
2.30pm	600M	U9G, U9B, U11G, U11B
2.40pm	300M	U15G, U15B, U17W
2.50pm	400M	U17M, U20M, U20W, SM, SW
3.00pm	800M	U13G, U13B, U15G, U15B, U17W, U17M, U20W, U20M SM, SW
3.20pm	100M	SM, SW, U20M, U20W, U17M, U17W, U15B, U15G
	75M	U13G, U13B U11G, U11B
	60M	U9B, U9G
3.50 pm	5000M	SM, SW, U20M, U20W, U17M, U17W
Enquiries to: borderharriers@btinternet.com . Timetable subject to change after close of entries		