

# AFD Open Meetings 2022

Aldershot Military Stadium (use car park 6) GU11 2EY

## Thursday 18<sup>th</sup> August

18:00	1000m Walk	U13 and older age groups
18:15	75m	<b>U11 only</b>
18:20	150m	U13 and older age groups
18:40	400m	U15 and older age groups
18:55	1000m	<b>U11 only</b>
19:00	1500m	U13 and older age groups
20:00	3000m	U15 and older age groups
18:00	Discus	U13 and older age groups
19:00	High Jump	U13 and older age groups

**Under 15s can enter either the 1500m or 3000m but not both**

*Enter Early! Entries close – Sunday 14<sup>th</sup> August – or when capacity reached*

Entry £5 (+ booking fee) per event at [race-results.co.uk](http://race-results.co.uk)

All events are mixed gender and age. Races are seeded on predicted times, slowest first

*Final timetable and start lists will be published by the Tuesday before each meeting*