



LITTONDALE '4' Mile Road Race

Saturday 13th August at 1.00 pm

Arncliffe, near Grassington, N. Yorks. BD23 5QE

Under UK Athletics Rules – Licence: TBC. Open to all athletes aged 15 years and over

A four mile road race along the beautiful quiet Yorkshire Dales country lanes.

Prizes for all categories – including prizes for 1st Male & 1st Female local

Entry fees UKA club athletes : Pre-Registered £5.00
 All other athletes : Pre-Registered £7.00

Cheques payable to A. Buckley. Closing date for pre-registration: 10th August 2022

No SAE required - pick up numbers at Race Registration.

Race Registration open on the day from 11.30 am until 12.45 pm

ENTRY FORM: LITTONDALE '4'

Surname: First Name:

Telephone Number:..... Date of Birth:.....

Age on Race Day:..... Male / Female

Club:.....

Category(if applicable) M40 M50 M60 M70 M80 W40 W50 W60 W70 W80 Local

EA Reg. No. (if applicable) :

E-Mail:

I confirm that I am an amateur as defined by UK Athletics, agree to abide by UK Athletics laws, that I compete entirely at my own risk and will not hold the race organisers liable for any injury, loss or illness resulting from my participation in the Littondale '4'.

Signed:

Signature of parent or guardian also required for athletes under 18 years old.