

AFD Open Meetings 2022

Aldershot Military Stadium (use car park 6) GU11 2EY

Thursday 7th July

18:00	2000m Walk	U13 and older age groups
18:20	100m	U11 and older age groups
18:45	300m	U15 and older age groups
19:10	800m	U11 and older age groups
20:00	3000m	U15 and older age groups
18:00	Hammer	U13 and older age groups
19:00	Long Jump	U13 and older age groups

Under 15s can enter either the 800m or 3000m but not both

Entries open – Monday 6th June

Entries close – Sunday 3rd July

Thursday 18th August

18:00	1000m Walk	U11 and older age groups
18:15	1000m	U11 only
18:20	150m	U11 and older age groups
18:40	400m	U15 and older age groups
19:00	1500m	U13 and older age groups
20:00	3000m	U15 and older age groups
18:00	Discus	U13 and older age groups
19:00	High Jump	U13 and older age groups

Under 15s can enter either the 800m or 3000m but not both

Entries open – Monday 11th July

Entries close – Sunday 14th August

Entry £5 (+ booking fee) per event at race-results.co.uk

All events are mixed gender and age. Races are seeded on predicted times, slowest first

Entries open 4 weeks before each meeting - and close on the Sunday before – or when capacity is reached.

Final timetable and start lists will be published by the Tuesday before each meeting