

AFD Open Meeting

Wednesday 4th August 2021

Aldershot Military Stadium GU11 2EY

Entries online at race-results.co.uk £5 per event

**Entries close on Friday 30th July, or earlier if events are full. Please enter in good time.
NO LATE ENTRIES.**

Provisional Timetable – subject to slight changes when entries received

Races will be graded - slowest first with approximate times of first races as follows
(startlist and exact timetable will be published once entries close)

Please predict a realistic time - if you do not predict a time you will be put in the slowest race.

18:00 Mile walk (all ages)
18:00 Hammer (U13 and older)
18:20 150m (U11/U13)
18:30 200m (U13 and older)
19:00 Vortex (U11)
18:50 1500m (all ages)
19:45 Javelin (U13 and older)
20:00 3000m (U15 and older)
End – 20:30

Final open meeting:

Wednesday 25th August 100m, 800m, 3000m, Long Jump, Shot Put.