



Run Jump Throw

Series

SHEFFIELD

Sheffield Hallam University Athletics Track, Stadium Way, S9 3TL

Sunday 18 th Of April 10am -1700pm	Monday 3 rd Of May 10am -1700pm	Wednesday 9 th of June 1800-2100	Wednesday 7 th Of July 1830-2100
Time-Table below provisional subject to change but order will remain the same.	100m, 200m ,300m,400m, 600m 800m, 1500m 3km u17+ LJ, HJ, PV, SP, DT, HT u15+ Sprint/Long Hurdles u15+	100m, 200m ,300m,400m, 600m 800m, 1500m 3km u17+ LJ, HJ, PV, SP, DT, HT u15+ Sprint/Long Hurdles u15+ 4x800m Relays WR.	100m, 200m ,300m,400m, 600m 800m, 1500m 3km u17+ LJ, HJ, PV, SP, DT, JT u15+ Sprint/Long Hurdles u15+

Times	Track	Ages	Field	Field	Field
1015	100m	U11	LJ	PV - 3m	
1030	100m	u13/u15			
1045	600m	u11			
1100	800m	u13/u15	SP	SP	
1130	200m	u11			
1145	200m	u13/u15			
1230	100m	U17+	LJ 5.50+	PV 3m +	DT 30m+
1310	400mh/300mh	U17+			
1315	3km	U17+	LJ 5.50 -	PV 4.5m+	DT 30m +
1330	400/300m	U17+			
1400	2nd 100m	U17+	SP 8.5m +		HT 30m +
1420	800m	U17+			
1500	200m	U17+	SP 8.5m -		HT 30m-
1545	1500m	U17+			

Online entry fee £8 and £4 per additional event
Entry @ <https://www.race-results.co.uk/results/2021/>

Age Groups: as at 31 August 2020/21

Electronic timing, EDM
Sprinting with the wind 100m.

Prize Money for:

Best **Run, Jump and Throw** across the whole series

£75.00 each (£225 to be won!!)

Highest scoring athletes on the **Hungarian scoring tables**

Email: runjumpthrowseriesheffac@gmail.com

