



ENTRY INFORMATION FORM
MIDLAND MEN'S 12 Stage Road Relay Championship,
Sutton Park, Sutton Coldfield
Saturday 21 March 2020 – Start 12.00 noon
(8 x 3.16 miles and 4 x 5.38 miles Long legs 1-4)

Licence No:

Clubs are not allowed to enter more than **THREE TIMES** the number entitled to compete. A Club entering one or more teams in a race shall **ONLY** be allowed to select their teams from their clubs entry list. Teams must be declared before the start of the race.

Teams who are subsequently found to have declared non-entered runners will be disqualified.

Entry fee £90 for Each Team

Entries to be done online at:

All entries are to be submitted via the online entry system.

Postal entries only in Exceptional circumstances, contact by emailing: roadandxc@mcaa.org.uk

PLEASE PRINT: Secretary/Team Manager:

Closing Date: Sunday 8th March 2020

CLUB:

Club Colours:

Address:

Tel:

Mobile:

Date:

Email:

Above is the Information required for Contact & information purposes.

MIDLAND ELIGIBILITY – All competitors must have the following qualification

§ By first claim membership of an EA affiliated Club within the Midlands Competition area that has registered with EA for road running and is a member of the EA registration scheme

Qualification is in one of the following Counties:

Avon, Herefordshire, Gloucestershire, Leicestershire, Northamptonshire, Nottinghamshire, Shropshire, Staffordshire, Warwickshire, Worcestershire. *NB: England South West (Cornwall, Devon, Dorset, Somerset, and Wiltshire) & East Midlands (Derbyshire, Lincolnshire) are recognised for qualification purposes **BUT** you can only compete in one Area Championships in a calendar year – January to December.*

Note: UK Athletics Rule 141 age limits apply:

141 S3 (iv) For Junior men and women (age limits) shall be confined to competitors who are 17, 18 or 19 on 31 August prior to the commencement of the competition year, i.e. as at midnight 31st August / 1st September 2019.

141 S3 (v) In road relays Junior Men and Women as appropriate may compete in senior events.

CLOTHING: All team runners must wear the same design of registered Club vest and Colours unless the referee has given permission for a change to be made.

Any advertising or sponsorship on clothing must comply with UK Athletics Rule 143.

FOREIGN ATHLETES: Clubs must have registered them with UKA before they compete in the relays.

IMPORTANT: PLEASE READ BEFORE SUBMITTING NAMES: A MANDATORY requirement is to provide the England Athletics (EA) number for all entries submitted. Without an EA number the entry CANNOT be accepted.

All Athletes MUST be registered with EA at the time of entry to guarantee participation in this event.

For this competition, the information required is name, Date of Birth, EA Number.

NB: The organisers reserve the right to refuse entries and revise dates where necessary.

Details of teams are provided on competitor's entry site.

I hereby agree that all the entrants are eligible to compete according to the laws of UK Athletics. They are also eligible to represent the club under the rules governing team and relay races, and that the declared particulars are complete and correct.

Queries to: MCAA, Alexander Stadium, Walsall Road, Perry Barr, Birmingham, B42 2LR. Email: roadandxc@mcaa.org.uk