

NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION

Open Indoor Pentathlon2020

(Incorporating NECAA Championships)

Gateshead College Academy for Sport

Sunday 15th March 2020

(Under UKA Rules Permit Number: OUT 20/045)

First Event 10:00am

All age groups compete in 60 metres hurdles, Shot putt, Long jump, High jump and 60 metres sprint.

Event order will vary between age groups.

Under 13 =athletes aged 11 and 12 at midnight on 31/08/2020

Under 15 =athletes aged 13 and 14 at midnight on 31/08/2020

Under 17 =athletes aged 15 and 16 at midnight on 31/08/2020

Under 20 =athletes aged 17 or over at midnight on 31/08/2020 and under 20 at midnight on 31/12/2020

Senior = athletes aged at least 20 years of age on 31/12/2020

Entries must be made either online or on the official entry form. Postal entries should be returned to:

NECAA Entries, 56 Newlands Road, Blyth, Northumberland, NE24 2QJ or enter online at race-results.co.uk.

Any queries, please email keithw53@keithw53.plus.com

Entry Fee £20.00, cheques/postal orders payable to N.E.C.A.A. Closing date for entries: Sunday 1st March 2020

Please Note; Entry Numbers to the Pentathlon will be restricted to the first 100

All communication will, where possible, be via email; please provide an email address for this purpose. If no valid email address is available, please enclose a stamped addressed envelope with your entry.

Further copies of this entry form can be downloaded from www.necaa.info

Conditions of Entry -NECAA Championships: This event is confined to athletes who were born or have continuously resided, for at least nine months prior to the competition, within the counties of Northumberland, Durham, Cleveland, Tyne & Wear or Teesside. N.B this does not qualify students who have resided during term time alone.

Persons not satisfying this criterion may still enter the open competition.

Please note: the open competition includes both North Eastern Counties athletes and those from outside the area.

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OFFICIAL ENTRY FORM (please complete in BLOCK CAPITALS)

Name _____ Club _____

Address _____

Post Code _____

Email _____ Telephone _____

Please circle the relevant age group and sex:

U13 U15 U17 U20 Senior Male Female Date of Birth _____

I declare that I was born in or have resided continuously in the county of* _____ prior to the date of the championships and that I have read and agree to the Conditions of Entry above. I enclose £20.00 entry fee.

Signature(s) _____ Date _____

For athletes under the age of 18, the form must be signed by the athlete and a parent/carer.

* NECAA Championship entries only