



Run

Jump Throw

series EIS SHEFFIELD 2019-2020

Coleridge Road, Sheffield S9 5DA

Wednesday 11th of Dec	Wednesday 22nd Of Jan	Wed 5 th Feb
TRACK 1815: U11/13 60m 1830: U11/13 600m 1845: 60m Seniors 19:15 3km 19:30 300/500/400m u15+ 19:40 800m BMC (paced) Open 800m will follow 2015: 200m 2100: Xmas mile Paced FIELD 1800 PV (Below 3m) 1830 (LJ Below 5m) 1930 Vortex Throw 2000: LJ (+5m) 1900: SP (-10m) 1930 : PV (+3m) 2000: SP +10m	TRACK 1815: U13/U11 60m 1830: Race walks 1km/3km 1850: Sprint Hurdles 1910: 60m 1940 : 300m/400m 2000 : 800m (paced) 2045: 200m 2100: 1500m Paced FIELD 18:30m LJ (Below 5m) 18:30 PV (Below 3M) 1930 Vortex/Howler 1930: LJ (Above 5m) 1930 TJ 1930: SP 1930: PV (+3M)	TRACK 1815: u11/u13 60m 1830: 3000m 1850: 300/400m 1900: 60m 1930: 800m BMC (paced) 800m open 2015: 200m 2045: 1200 paced. FIELD 1800 PV (Below 3m) 1815 HJ (Below 1.40m) 1930 Vortex 2000 : HJ (+1.50M) 1900: SP (-10m) 1930: PV (+3m) 2000: SP + 10m

Provisional Timetables

Online entry fee £6 and £2.50 per additional event Entry @ www.raceresults.co.uk	On the day entry fee: £8 first event and then £4 per additional event.
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Collect numbers on the day.

Age Groups: as at 31 August 2019

Under 15. Under 13 and Under 11 may only compete in

All Electronic timing.

Prize Money for:

Best 3 performances across the whole series.

£75.00 each (£225 to be won!!)

Highest scoring athletes on the **Hungarian scoring tables**

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