Closing Date: 20th January 2020

U15 Boys 60m: 200m: 800m: 60mH: Shot: High Jump: Long Jump, Pole Vault
U15 Girls 60m: 200m: 800m: 60mH: Shot: High Jump: Long Jump

U13 Boys 60m: 200m: 800m: Shot: High Jump: Long Jump
U13 Girls 60m: 200m: 800m: Shot: High Jump: Long Jump
(NB: U15 & U13 athletes may compete in a maximum of 3 events in one day)

ONLINE ENTRIES at [www.race-results.co.uk](http://www.race-results.co.uk) or via the link on the NA website [www.northernathletics.co.uk](http://www.northernathletics.co.uk)

2020 AGE GROUPS

<table>
<thead>
<tr>
<th>Group</th>
<th>Born</th>
<th>To</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 15 Boys &amp; Girls</td>
<td>Born 01.09.2005 to 31.08.2007</td>
<td></td>
</tr>
<tr>
<td>Under 13 Boys &amp; Girls</td>
<td>Born 01.09.2007 to 31.08.2009</td>
<td></td>
</tr>
</tbody>
</table>

REGULATIONS for ENTRY TO TERRITORIAL CHAMPIONSHIPS

1. UKA RULES: All events are subject to the current 'UKA Rules for Competition'.
2. ELIGIBILITY: All events are confined to amateurs who are 1st claim members of a club affiliated to Northern Athletics for 2019/20.
3. NORTHERN ATHLETICS TERRITORY: Consists of the Counties of Cheshire, Cleveland, Cumbria, Derbyshire, Durham, Gtr. Manchester, Humberside, Isle of Man, Lancashire, Lincolnshire, Merseyside, Northumberland, North Yorkshire, South Yorkshire, Tyne & Wear and West Yorkshire.
4. EVENT RESTRICTIONS: The Committee reserves the right to modify the number and timing of events and the heats for track events to take account of the size of entry.
5. CLUB MEMBERSHIP & CLOTHING: After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to the National Governing Body. Athletes who are club members must wear club vests or alternatively a County, Area or National vest. Other athletes must wear a plain vest approved by the Referee. All athletes are reminded that all clothing must be clean and so designed and worn as not to be objectionable, even if wet.
6. EQUIPMENT: The organisers will provide the implements for throwing events. Stadium blocks only may be used. U15 & U13 athletes may compete without the use of blocks if they so wish.
7. ENTRIES: The organisers reserve the right to refuse any entry. A minimum of three entries may be required for an event to be held. All online entries will be acknowledged automatically on receipt of entry and postal entries within ten days of the closing date if an SAE is provided. All information, start lists, timetables etc will be displayed on our website at www.northernathletics.org.uk. Late entries will not be accepted and the organisers cannot be held responsible for items lost or delayed in the post. Athletes (or if under 16, their parent or guardian) should check the details on the entry form before signing it, since errors cannot be corrected after the closing date.
8. STARTING HEIGHTS: NB: Starting Heights will be strictly adhered to
Pole Vault: U15B - 2.00: U15G – 1.70

EA Combined Events Championships – Incorporating Northern & Midland Championships)

Senior/U20 4/5th January 2020 at EIS Sheffield
U17/U15 14/15th March 2020 at EIS Sheffield

For entry prospectus, entry costs, online entry details and other information about Combined Events Championships please go to: [http://www.englandathletics.org/england-athletics/english-national-championships](http://www.englandathletics.org/england-athletics/english-national-championships)
Please enter me for the following events stating personal best performances achieved in 2019

1) ........................................... ................................. 3) ................................................................. .................................
2) ........................................... ................................. 4) ................................................................. .................................

NB: U15/U13 athletes are only permitted to compete in 3 events in one day but may enter more in order to make choices in case of events clashing

Which Age category do you wish to enter? Please tick as appropriate

- Under 15 Boys
- Under 15 Girls
- Under 13 Boys
- Under 13 Girls

Age Groups

- U15 Boys & Girls: Born 1.9.05 to 31.8.07
- U13 Boys & Girls: Born 1.9.07 to 31.8.09

Athletes may compete outside their age group as defined in Rule 107 (UKA Rules for Competition)

Surname:  
First Name:  
EA Reg No.:  
Club:  
Address:  
Postcode:  
Telephone:  
Email:  
D.O.B:  
Age on 31st August 2020:  

**Entry Fees per event** - All age groups £12.00 1st event - £8 per additional event

Championship title holders from 2019 are entitled to free entry to the corresponding event in 2020 subject to the receipt of a completed entry form. Any refunds for free entries will be made on the day of the competition. Defending Champions moving up an age group also qualify for free entry.

Entry Fee enclosed: £...................... Please make cheques payable to Northern Athletics.

I declare that I am eligible to compete under UKA Rules and that I am eligible to compete in a Northern Athletics Championship on the grounds that I am a member of a club affiliated to Northern Athletics. I am aware that drug testing may take place and that Club (or representative) vests must be worn.

By signing this entry form you agree to photographs taken at the event to be published on Social Media. If you have any queries regarding this, please contact info@northernathletics.co.uk

Signed.................................................................If Under 16 to be signed by a Parent or Guardian

**ONLINE ENTRY IS AVAILABLE AT** www.race-results.co.uk – all information will be posted on our website

**Please return completed forms to:** Northern Athletics, 9G Ponderosa Business Park, Smithies Lane, Heckmondwike, WF16 0PR.

Tel: 01924 457922 e-mail: info@northernathletics.co.uk

Postal entries must enclose SAE to ensure confirmation, timetable etc