

Season 4: Winter 2019/2020

**BLYTH
SPORTSHALL
ATHLETICS
SERIES**

**Saturday 30th November
Saturday 22nd February**

**Bede Academy, Sixth Ave
Blyth NE24 2SY.**

**Registration 9am
Events 9.30 to 12.00**



The Blyth Sportshall Series provides opportunities for young people to participate in athletics in a fun and supportive environment. There is no requirement to be part of an athletics club, and we fully encourage those new to the sport.

School year 3&4—64m sprint, 320m endurance run, vertical jump, standing long jump, chest push (1kg)
School year 5&6—64m sprint, 448m endurance run, vertical jump, standing long jump, chest push (2kg)
School year 7&8—64m sprint, 576m endurance run, vertical jump, standing long jump, chest push (2kg)

All athletes will receive a medal at each meeting. The winning club will also receive a trophy. Athletes that break an all-time record will receive a certificate. Please note that there will be no individual rankings/prizes this year, but full results will be published as always. This is to encourage participation, learning and enjoyment ahead of competition.

There is an entry limit of 80 athletes per meeting. **Entry Fee £5 per meeting**
DOWNLOAD ENTRY FORM AT : www.blythsportshallathletics.weebly.com
OR ENTER ONLINE AT : www.race-results.co.uk OR FIND US ON FACEBOOK