

Angus Tait Memorial

26th Hexhamshire Hobble

Multi Terrain Race

Allen Valley Striders



Sunday 1 December 2019

Start 11:00am - Anti clockwise route

Category C Medium - 10.5miles(16.8km) 1250ft (379m) ascent

Registration: Allendale Primary School Sports Hall from 9:30am

Start: Shilburn Road Finish: Allendale Primary School field

Conditions can be severe on the fells, particularly this time of year.
The organisers reserve the right to cancel the race in the event of exceptionally inclement weather which could prejudice the safety of the competitors.

Awards: Open Male, Open Female, Veteran Male, Veteran Female
(no runner may claim more than one individual prize)
First local man & woman (i.e. resident in the Allen Valley)
Team (4 for men/3 for women) - based on finish time

Parking: Ample parking at Allendale Primary School and in the Village.
Facilities: Toilets and limited changing facilities

Contact: Brendon Jackson (allenvalleystriders@hotmail.com) or visit www.allenvalleystriders.co.uk

FRA safety conditions will apply. Over 18 only. All competitors must carry whistle, full body waterproof cover and emergency food. MP3 players, ipods and the like are strictly forbidden and will result in immediate removal from the race and disqualification. Kit checks will be carried out. Failure to comply with kit requirements can result in disqualification and a ban from FRA permitted races. Competitors must be prepared to accept these requirements as a condition of race entry. No dogs allowed. <http://fellrunner.org.uk>