

- Tartan Games – Open Athletics Meeting
- Monday 26<sup>th</sup> August 2019 First event 11.00 am
- Seated events to be done on Sunday 25<sup>th</sup> August from 1.00pm



Event	U11	U13	U15	U17	U20	Senior	Ambulant	Seated
Long Hurdles				YES	YES	YES		
Sprint Hurdles		YES	YES	YES	YES	YES		
Sprint	60m	100m 200m	100m 200m 300m	100m 200m 300m (F) 400m (M)	100m 200m 400m	100m 200m 400m	100m 200m 400m	100m 200m 400m
Middle Distance	400m	Mile	Mile	Mile	Mile	Mile	800m	800m 1500m
Jumps	SLJ	Long Jump High Jump	Long Jump High Jump Pole Vault	Long Jump High Jump Pole Vault	Long Jump High Jump Triple Jump Pole Vault	Long Jump High Jump Triple Jump Pole Vault	Long Jump	
Throws	Howler	Shot Putt Javelin	Shot Putt Javelin	Shot Putt Javelin Discus Hammer	Shot Putt Javelin Discus Hammer	Shot Putt Javelin Discus Hammer	Shot Putt Javelin Discus	Club* Shot Putt* Javelin* Discus*

# Gateshead Harriers Tartan Games, Seated Throws and U11 Athletics Festival

Sunday 25th August for seated throws

Monday 26th August for all other track and field events



Family Picnic



Entry - £5 per event

