

NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION Track And Field Championships 2019 Middlesbrough Sports Village

Alan Peacock Way, Middlesbrough TS4 3AE
(Under UKA Rules Permit Number; OUT 19/163)

Saturday 11th May 2019

First Event 10:00am

Senior Men	100m, 400m, 1500m, 110mH, Discus, Shot putt, Triple jump, Pole vault
Senior Women	200m, 800m, 5000m, 100mH, Discus, Javelin, Long jump, Pole vault
Junder 20 Men	100m, 400m, 1500m, 110mH, Discus, Shot putt, Triple jump, Pole vault
Junder 20 Women	200m, 800m, 5000m, 100mH, Discus, Javelin, Long jump, Pole vault
Junder 17 Men	100m, 400m, 1500m, 100mH, Discus, Shot putt, Triple jump, Pole vault
Junder 17 Women	200m, 800m, 3000m, 80mH, Discus, Javelin, Long jump, Pole vault
Junder 15 Boys	100m, 300m, 1500m, 80mH, Discus, Shot putt, High jump, Triple jump, Pole vault
Junder 15 Girls	200m, 800m, 3000m, 75mH, Discus, Javelin, High jump, Pole vault
Junder 13 Boys	100m, 1500m, 75mH, High jump
Junder 13 Girls	200m, 800m, 70mH, Long jump

Seated Club, Seated Javelin, Seated Shot, Seated Discus

Sunday 12th May 2019

First Event 10:00am

Senior Men	200m, 800m, 400mH, 5000m, High jump, Long jump, Javelin, Hammer
Senior Women	100m, 400m, 1500m, 400mH, High jump, Triple jump, Shot putt, Hammer
Junder 20 Men	200m, 800m, 5000m, 400mH, High jump, Long jump, Javelin, Hammer
Junder 20 Women	100m, 400m, 1500m, 400mH, High jump, Triple jump, Shot putt, Hammer
Junder 17 Men	200m, 800m, 3000m, 400mH, High jump, Long jump, Javelin, Hammer
Junder 17 Women	100m, 300m, 1500m, 300mH, High jump, Triple jump, Shot putt, Hammer
Junder 15 Boys	200m, 800m, 3000m, Long jump, Javelin, Hammer
Junder 15 Girls	100m, 300m, 1500m, Long jump, Triple jump, Shot putt, Hammer
Junder 13 Boys	200m, 800m, Long jump, Shot putt
Junder 13 Girls	100m, 1500m, High jump, Shot putt

Pre-Event Events:

16th April @Middlesbrough NECAA Championships for U17 & U20 Men

23rd April @Middlesbrough NECAA Championships for U17W/U20W/Senior Women

14th May @Middlesbrough NECAA Championships for Senior Men

Further Information From keithw53@keithw53.plus.com

Junder 13 Competition is confined to athletes aged 11 and 12 at midnight on 31/08/2019 – maximum 3 events per day

Junder 15 Competition is confined to athletes aged 13 and 14 at midnight on 31/08/2019 – maximum 3 events per day

Junder 17 Competition is confined to athletes aged 15 and 16 at midnight on 31/08/2019 – maximum 3 events per day

Junder 20 Competition is confined to athletes aged 17 or over at midnight on 31/08/2019 and under 20 at midnight on 31/12/2019

Senior Competition is for athletes aged at least 20 years of age on 31/12/2019

Note: NECAA reserve the right to cancel any event for which insufficient entries are received

Entries are welcome from non NECAA competitors, however, in those events for which heats and finals are held, such competitors may not displace NECAA athletes from any subsequent heat or final.

No personal starting blocks allowed.

Conditions of Entry (please read carefully)

This event is confined to athletes who were born or have continuously resided, for at least two years prior to the competition, within the counties of Northumberland, Durham, Cleveland, Tyne & Wear or Teesside **N.B this does not qualify students who have resided during term time alone.**

Enter online at www.race-results.co.uk

Further copies of this entry form can be downloaded from www.necaa.info

Entries can also be made on the official entry forms, which must be completed in full and returned, together with payment and correct postage to: Keith Willshire, 56 Newlands Road, Blyth, Northumberland, NE24 2QJ

Entry Fees: £8 per event. Cheques/postal orders payable to N.E.C.A.A. **Closing date for entries: Saturday 28th April**

Please provide either a valid email address or a stamped self-addressed envelope to receive order of events.

Timetable and entries will be published on WWW.NECAA.INFO w/c Monday 7th May

Entry for spectators will be by purchase of Order of Events (£3 each day)

Senior 10,000m Championships will be held on Wednesday 24th April 2019 6:15pm at Monkton Stadium
(Incorporating the Northern Athletics 10,000 Metres Championship)

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OFFICIAL ENTRY FORM (please complete in BLOCK CAPITALS)

Name _____

Full postal address _____

Post Code _____ Telephone _____ Email _____

Age Group _____ (state men/women or boys/girls) Date of Birth _____ Current Age _____

Club _____ UKA Registration No. _____

List Events you wish to enter and your personal best performance in each event

Events you wish to enter	your PB in this event	where you achieved this performance	the date of this PB
Event _____	PB _____	at (venue) _____	on (date) _____
Event _____	PB _____	at (venue) _____	on (date) _____
Event _____	PB _____	at (venue) _____	on (date) _____
Event _____	PB _____	at (venue) _____	on (date) _____

Any competitor who achieves a place in a Saturday final but does not take part in that final without giving a valid reason to the Chief Track Judge may be debarred from competing in any event on the Sunday. [UKA Rule 115 (3)]
Athletes may compete in the Championships of only one County Association in any one calendar year.

enclose _____ entry fee (£8 per event) plus a stamped addressed envelope to receive an order of events.

declare that I have read the conditions of entry and qualify to compete in the NECAA Championships

Signature(s) _____ Date _____

For athletes under the age of 18, the form must be signed by the athlete and a parent/carer.

I do / do not wish to be considered for selection for the CAU U15/U17 Inter County Championships
on 7th July at Middlesbrough (please delete as appropriate)

I do / do not wish to be considered for selection for the CAU Inter County Championships
on 27th/28th July at Bedford (please delete as appropriate)

Please note: in order to be considered for selection for the Inter County competitions, athletes must have entered the NECAA Track And Field Championships.