

NORTH of ENGLAND INDOOR CHAMPIONSHIPS 2019

(Promoted by Northern Athletics under UKA Rules)

Sunday 3rd February at EIS, Sheffield

Closing Date: 18th January 2019

U15 Boys 60m: 200m: 800m: 60mH: Shot: High Jump: Long Jump, Pole Vault

U15 Girls 60m: 200m: 800m: 60mH: Shot: High Jump: Long Jump, Pole Vault

U13 Boys 60m: 200m: 800m: Shot: High Jump: Long Jump

U13 Girls 60m: 200m: 800m: Shot: High Jump: Long Jump

(NB:U15 & U13 athletes may compete in a maximum of 3 events in one day)

**ONLINE ENTRIES at www.race-results.co.uk or
via the link on the NA website www.northernathletics.org.uk**

2019 AGE GROUPS

Under 15 Boys & Girls

Born 1.9.04 to 31.8.06

Under 13 Boys & Girls

Born 1.9.06 to 31.8.08

REGULATIONS for ENTRY TO TERRITORIAL CHAMPIONSHIPS

1. UKA RULES : All events are subject to the current 'UKA Rules for Competition'.
2. ELIGIBILITY: All events are confined to amateurs who either (a) were born in the Northern Athletics Territory (inc. Derbyshire & Lincs , OR (b) have lived within the Territorial boundary for at least nine months immediately prior to the date of competition **AND are 1st claim members of a club affiliated to Northern Athletics for 2018/19.**
3. NORTHERN ATHLETICS TERRITORY: Consists of the Counties of Cheshire, Cleveland, Cumbria, Derbyshire, Durham, Gtr. Manchester, Humberside, Isle of Man, Lancashire, Lincolnshire, Merseyside, Northumberland, North Yorkshire, South Yorkshire, Tyne & Wear and West Yorkshire.
4. EVENT RESTRICTIONS: The Committee reserves the right to modify the number and timing of events and the heats for track events to take account of the size of entry.
5. CLUB MEMBERSHIP & CLOTHING: After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to the National Governing Body. Athletes who are club members must wear club vests or alternatively a County, Area or National vest. Other athletes must wear a plain vest approved by the Referee. All athletes are reminded that all clothing must be clean and so designed and worn as not to be objectionable, even if wet.
6. EQUIPMENT: The organisers will provide the implements for throwing events. Stadium blocks only may be used. U15 & U13 athletes may compete without the use of blocks if they so wish.
7. ENTRIES : The organisers reserve the right to refuse any entry. A minimum of three entries may be required for an event to be held. All online entries will be acknowledged automatically on receipt of entry and postal entries within ten days of the closing date if an SAE is provided. All information, start lists, timetables etc will be displayed on our website at www.northernathletics.org.uk. Late entries will not be accepted and the organisers cannot be held responsible for items lost or delayed in the post. Athletes (or if under 16, their parent or guardian) should check the details on the entry form before signing it, since errors cannot be corrected after the closing date.
8. STARTING HEIGHTS: **NB: Starting Heights will be strictly adhered to**
High Jump: U15B - 1.40m: U15G - 1.30m: U13B – 1.25: U13G – 1.20.
Pole Vault: U15B - 2.00: U15G – 1.70

EA Combined Events Championships – Incorporating Northern & Midland Championships)

Senior/U20 5/6th January at EIS Sheffield

U17/U15 9/10th March TBC

For entry prospectus, entry costs, online entry details and other information about Combined Events Championships please go to:

<http://www.englandathletics.org/england-athletics/english-national-championships>



**2019 INDOOR CHAMPIONSHIPS
ENTRY FORM(U15/U13)**

*3rd February 2019 at English Institute of Sport, Sheffield
(Held Under UKA Rules)*

Please enter me for the following events stating personal best performances achieved in 2018

- 1) 3)
2) 4)

NB: U15/U13 athletes are only permitted to compete in 3 events in one day but may enter more in order to make choices in case of events clashing

Which Age category do you wish to enter ? Please tick as appropriate

Under 15 Boys	<input type="checkbox"/>	Under 13 Boys	<input type="checkbox"/>
Under 15 Girls	<input type="checkbox"/>	Under 13 Girls	<input type="checkbox"/>

Age Groups

U15 Boys & Girls	Born 1.9.04 to 31.8.06
U13 Boys & Girls	Born 1.9.06 to 31.8.08

Athletes may compete outside their age group as defined in Rule 107 (UKA Rules for Competition)

Surname:
 First Name: EA Reg. Number
 Club:
 Address:
 Post Code:
 Tel: E Mail.....
 Date of Birth: Age on 31st August 2019 :

Entry Fees per event - - All age groups £12.00 1st event - £8 per additional event
 Championship title holders from 2018 are entitled to free entry to the corresponding event in 2019 subject to the receipt of a completed entry form. Defending Champions moving up an age group also qualify for free entry.

Entry Fee enclosed: £..... Please make cheques payable to Northern Athletics.
 I declare that I am eligible to compete under UKA Rules and that I am eligible to compete in a Northern Athletics Championship on the grounds of - *Birth / *Residence (*delete whichever does not apply) and that I am a member of a club affiliated to Northern Athletics. I am aware that drug testing may take place and that Club (or representative) vests must be worn.

Signed.....If Under 16 to be signed by a Parent or Guardian)

ONLINE ENTRY IS AVAILABLE AT www.race-results.co.uk – all information will be posted on our website
Please return completed forms to: Northern Athletics, 7A Wellington Road East, Dewsbury. WF13 1HF.
 Tel: 01924 457922 e-mail: info@northernathletics.org.uk
Postal entries must enclose SAE to ensure confirmation, timetable etc