

# Combined Events Championships & Open

Sunday 30<sup>th</sup> September 2018  
Peterborough Track



## Pentathlon (Championships & Open)

Under 15 Boys 80mH, Shot, LJ, HJ, 800m

Under 15 Girls LJ, 75mH, Shot, HJ, 800m

## Pentathlon (Championships & Open)

Under 17 Men LJ, Jav, 200m, Discus, 1500m

Under 17 Women 80m H, Shot, HJ, LJ, 800m

## Pentathlon (Championships & Open)

Under 20 Men LJ, Jav, 200m, Discus, 1500m

Under 20 Women 100m H, Shot, HJ, LJ, 800m

## Pentathlon (Championships & Open)

Senior Men LJ, Jav, 200m, Discus, 1500m

Senior Women 100m H, Shot, HJ, LJ, 800m

## Quadrathlon (Championships & Open)

Under 13 Boys 75m H, Shot, LJ, 800m

Under 13 Girls 70m H, Shot, LJ, 800m

Eastern Athletic  
Association  
Championships  
Incorporating County  
Championships for

Cambridgeshire  
Norfolk  
Suffolk

**Trophies, Medal and Certificates** will be presented in accordance with the rules laid down by each of the participating associations.

**Entry fees:** Pentathlon £9 Quadrathlon £7. Online Entries can be made using the following link –

<https://www.race-results.co.uk/onlineentries/user/login.php?raceid=3252>

### General Rules:

Club/County/National vest must be worn.

Athletes must register by 9.30am for a 10.30am start.

Registration opens at 9am.

Personal throwing equipment to be handed in for checking by 10am.

Competitors must wear numbers issued and must not fold or deface them.

The Associations reserve the right to refuse entries, vary the programme of events and cancel Championships under extreme circumstances.

England Athletics Registration Fees need to be paid.



**All appropriate sections of the entry form must be completed.  
A valid registration number must be entered for the entry to be accepted.**

# ENTRY FORM

**Entry fees:** Pentathlon £9, Quadrathlon £7

**Entry forms:** With correct entry fee and postage, Postal Entries close Monday 10<sup>th</sup> September 2018 and Online Entries close on Friday 14<sup>th</sup> September 2018.. Postal Entries should be sent to Mr David Lipscomb, 17 Valley Walk, Croxley Green, Nr Rickmansworth, Hertfordshire, WD3 3TA All cheques made payable to 'Eastern Athletic Association'. Enclose S.A.E. or E-Mail address for timetable. If you want acknowledgement of entry please provide E-Mail Address .....

## Entry details:

**Event** (Please tick appropriate box)

Pentathlon     Quadrathlon

**Age Group** (Please tick appropriate box)

Senior Men     U/20 Men     U/17 Men     U/15 Boys     U/13 Boys  
 Senior Women     U/20 Women     U/17 Women     U/15 Girls     U/13 Girls

**Championship Entered** (Please tick appropriate box)

Eastern Athletic Association  
 Cambridgeshire County     Suffolk County     Norfolk County  
 Open

## Personal Details

Name  Date of Birth

Address

Post Code

Tel No:  Email:

Club/School

**Registration Number**  **Qualification claimed** (tick one)  Birth  Residence

**Personal bests 2017/18** please fill in all personal bests applicable to the events entered – they are used for seeding purposes to ensure you are in the correct race/pool for the relevant events.

75m Hurdles  80m Hurdles  100m Hurdles

110m Hurdles  100m  200m

400m  800m  1,500m

Shot Putt  Long Jump (LJ)  High Jump (HJ)

Discus  Javelin  70m Hurdles

## Entry Fees:

Entry Fee(s) enclosed £

## Declaration:

I hereby declare that I am an amateur according to the eligibility rules of UK Athletics and that I will abide by the rules of competition

Signed

Date