



Run Jump Throw

Series **SHEFFIELD** *Hallam University Athletics Track*

Stadium Way, Sheffield, S9 3HL

Wednesday 23rd Of May	Wednesday 20th Of June	Wednesday 4th Of July
TRACK 1815: 800m U11/U13 1830: 3000m 1850 u11/u13 1910: 100m 1930: 800m BMC Open 800m will follow 2015: 200m 2050 1500m BMC open 1500m FIELD PV 1730 -3m/1915 +3m 1815: LJ -4.30m 1830: SP -8m 1900: JT 1930 LJ + 4.30m 1930: SP + 8m 2000: DT	TRACK 1800 Race Walk 1km/3km 1825: 800m u11/u13 1840: Sprint hurdles 1845: 100m u11/u13 1910: 100m 1930: 1500m BMC an open 2010: 400m 2040 800m BMC and open FIELD PV 1730 -3m/ 1915 +3m 1815: HJ -1.40m 1830: JT 1930: HJ 1.40m 1930: JT 2000: DT	TRACK 1830: 3000m 1850: 400m and 400m Hurdles 1900: 100m 1930: 800m BMC Open 800m will follow 2015: 200m 2045 1 Mile BMC FIELD PV 1730-3m 1915 +3m 1815: LJ -4.30m 1830: HT 1830: SP +8m 1930: TJ/LJ +4.30m 1930: DT

All events information will be posted on the following website:

<https://www.raceresults.co.uk/results/2018>

Timetable posted on Sheffield and Dearne AC Facebook/Twitter

Online entry fee £6 and £2.50 per additional event Entry @ raceresults.co.uk	Postal Entry fee £7.00 per entry, £3.00 per additional event. Entries to: Run Jump Throws Series Sheffield, 59 Windle Court, Rotherham, S60 5UX	On the day entry fee: £8.00 per entry, £4.00 per additional event.
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Cheques payable to **City of Sheffield and Dearne AC**. Collect numbers on the day.

Age Groups: Track & Field age groups as at 31 August 2018.

All Electronic timing/EDM

Prize Money

Awards to best Run, Jump and Throw across the whole series **£100.00 each**

Hungarian scoring system plus a free T shirt.

Enquiries Mobile 07703185159

Email: runjumthrowseriesheffac@gmail.com

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Series **SHEFFIELD**

2018

Name _____

DOB _____ Age group and Gender _____

Email _____ Phone _____

No _____

Fee Enclosed _____ EA Registration No. _____

Event(s) Entered and PBs+ 1. _____

2. _____

3. _____

No: _____

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