

NORTHERN ATHLETICS
Presents the
2018 'START FITNESS' TRACK AND FIELD CHAMPIONSHIPS
Held Under UKA Rules

ONLINE ENTRY FOR ALL EVENTS IS AVAILABLE AT WWW.RACE-RESULTS.CO.UK
(Online entry to Combined Events via www.englandathletics.org)

SENIOR/U20 CHAMPIONSHIP MEETING (inc: Parallel Success IPC endorsed – see separate entry form
SPORT CITY, MANCHESTER – 9/10 JUNE

Saturday 9th June

Senior Men 100m, 400m, 1500m, 5000m, 110m Hurdles, 3000m S'Chase, High Jump, Triple Jump, Shot, Hammer.

Senior Women 100m, 400m, 1500m, 100m Hurdles, High Jump, Triple Jump, Shot, Hammer.

U20 Men 100m, 400m, 1500m, 110m Hurdles, 3000m S'Chase, Pole Vault, Long Jump, Discus, Javelin.

U20 Women 100m, 400m, 1500m, 100m Hurdles, Pole Vault, Long Jump, Discus, Javelin,

Sunday 10th June

Senior Men 200m, 800m, 400m Hurdles, Pole Vault, Javelin, Long Jump, Discus.

Senior Women 200m, 800m, 5000m, 400mHu, 2000m S'Chase, Pole Vault, Javelin, Long Jump, Discus.

U20 Men 200m, 800m, 5000m, 400m Hurdles, High Jump, Triple Jump, Shot, Hammer.

U20 Women 200m, 800m, 400m Hurdles, 2000m S'Chase, High Jump, Triple Jump, Shot, Hammer

Closing Date **21st May**

ENTRY FEES: £12 FIRST EVENT. £8 FOR EACH ADDITIONAL EVENT.

DEFENDING CHAMPIONS: Free entry into corresponding event subject to receipt of entry forms

FREE ENTRY TO ALL SENIOR COUNTY CHAMPIONS (2018) IN CORRESPONDING EVENTS SUBJECT TO RECEIPT OF ENTRY FORMS

U17/U15/U13 CHAMPIONSHIP MEETING,
WAVERTREE ATHLETICS CENTRE, LIVERPOOL – 11/12 AUGUST

Saturday 11th August (Day 1)

U20 Men 3000m (Entry available on the day)

UM17 Men 200m, 800m, 400m Hurdles, 1500m S'Chase, High Jump, Triple Jump, Pole Vault.

U17 Women 100m, 300m, 1500m, 3000m, 300m Hurdles, Long Jump, Triple Jump, Shot, Discus, Hammer

U15 Boys 100m, 200m, 300m, 80m Hurdles, Long Jump, Triple Jump, Shot, Discus, Javelin, Hammer.

U15 Girls 800m, 1500m, High Jump, Javelin.

U13 Boys 100m, 200m, 800m, Shot, Long Jump

Sunday 12th August (Day 2)

U20 Women 3000m (Entry available on the day)

U17 Men 100m, 400m, 1500m, 3000m, 100m Hurdles, Long Jump, Shot, Discus, Javelin, Hammer.

U17 Women 200m, 800m, 80m Hurdles, 1500m S'Chase, Pole Vault, High Jump, Javelin.

U15 Boys 800m, 1500m, 3000m, High Jump, Pole Vault

U15 Girls 100m, 200m, 75m Hurdles, Long Jump, Pole Vault, Shot, Discus, Hammer.

U13 Girls 100m, 200m, 800m, Shot, Long Jump

Closing Date **23rd July**

ENTRY FEES: £12 FIRST EVENT. £8 FOR EACH ADDITIONAL EVENT.

DEFENDING CHAMPIONS: Free entry into corresponding event subject to receipt of entry forms

- **The Northern Athletics Inter County Championship (U17/U15) will be held at Leigh Sports Village on 7th July 2018. Entry by County selection only**

SENIOR/U20 COMBINED EVENTS CHAMPIONSHIPS – BEDFORD 26/27 May
(Incorporating North, Midlands & Wales Championships)
Entry form available from www.englandathletics.org or www.northernathletics.org.uk

Saturday 26th May/Sunday 27th May

Decathlon Senior Men/U20 Men

Heptathlon

Senior Women/U20 Women

Closing Date 7th May

U17/U15 COMBINED EVENTS CHAMPIONSHIPS – MANCHESTER – 4/5 August
(Incorporating North, Midlands & Wales Championships)

Saturday 4th /Sunday 5th August

Decathlon U17 Men

Heptathlon U17 Women

Octathlon U15 Boys

Hexathlon U15 Girls

Closing Date 16th July

All Age Groups - £20.00

REGULATIONS - RE: ENTRY TO TERRITORIAL CHAMPIONSHIPS

1 UK ATHLETICS RULES

All events will be subject to UKA Rules for Competition (1st April 2018 edition)

2 ELIGIBILITY

All events are confined to athletes who were either a) born within the Northern Athletics Area, OR
b) have lived within the Area boundary for nine months prior to the date of competition.
Entrants must not have not competed in any other area championship within the competition year.

3 NORTHERN ATHLETICS TERRITORY

Consists of the Counties of Cheshire, Cleveland, Cumbria, Derbyshire, Durham, Gtr Manchester, Humberside, Isle of Man, Lancashire, Lincolnshire, Merseyside, Northumberland, North Yorkshire, South Yorkshire, Tyne & Wear and West Yorkshire.

4 EVENT RESTRICTIONS

The Committee reserves the right to cancel any event in which the entries are insufficient to justify the holding of a Championship competition. In the case of a very large entry, events of 3000m or more may be split into 'A' & 'B' races. If an event is cancelled and an athlete chooses to move into a higher age group, the athlete will only qualify for an award in the upper age category and any performance will be deemed as appropriate to that age category only.

5 CLUB MEMBERSHIP AND CLOTHING

After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to England Athletics. Athletes who are club members **must** wear club vests or alternatively a County, Territorial or National vest. University vests are also acceptable. Other athletes must wear a plain vest approved by the Referee. All athletes are reminded that all clothing must be clean, and so designed and worn as not to be objectionable, even if wet. Crop tops are acceptable as team colours if they are in the same colours as the club vest and as near in design as possible. A mix of crop tops and vests in the same team is acceptable. Bib numbers must not be cut or folded.

6 EQUIPMENT

The organisers will provide implements for the throwing events. Competitors may use their own implements provided that these are booked in a minimum of one hour prior to the scheduled start of the individual event and approved by the Technical Manager. Competitors must supply their own poles in the Pole Vault. Competitors must use stadium blocks wherever False Start Systems are in use, if not then personal starting blocks may be used if they conform to regulations and are approved by the Starter's Assistant. All age groups except U15/13 will be required to use false start systems.

7 ENTRIES

The organisers reserve the right to refuse any entry. Entries will be confirmed by return email.
IF YOU DO NOT RECEIVE AN E MAIL CONFIRMATION PLEASE TELEPHONE THE NA OFFICE ASAP.
Late entries will not be accepted and the organisers cannot be responsible for non-receipt of emails or wrongly completed entries. Athletes (or if under 16, their parent/guardian) should check the details on the entry form before submission, since errors cannot be corrected after the closing date.

8 STARTING HEIGHTS

Pole Vault: SM-3.50: U20M-3.30: U17M-3.10: U15B-2.55: SW-2.70: U20W-2.45: U17W-2.35: U15G-2.10
High Jump: SM-1.83:U20M-1.83: U17M-1.70: U15B-1.50: SW-1.60: U20W-1.55: U17W-1.50: U15G-1.40
Triple Jump: SM/U20M:11m or 13m boards. All other age groups: 7m/9m/11m/13m boards may be used.
Discretion will be used for borderline standards in any event and for younger age groups (U15, U13)



[Entry for all events is online only at www.race-results.co.uk](http://www.race-results.co.uk)

TRACK & FIELD AGE GROUPS
for competition year ending 30.9.2018

Senior Men & Women	Born 31.12.98 or earlier
Junior Men & Women	Born 1.1.99 to 31.8.01
Under 17 Men & Women	Born 1.9.01 to 31.8.03
Under 15 Boys & Girls	Born 1.9.03 to 31.8.05
Under 13 Boys & Girls	Born 1.9.05 to 31.8.07

Under 20 athletes may compete in Senior events.
 Under 17 Men may compete as Juniors or Seniors except in the 5000m and 10000m.
 Under 17 Women may compete as Junior or Senior except in the 5000m and 10000m.
 Under 15 Boys may compete as Under 17s except in 3000m & S/Chase.
 Under 15 Girls may compete as Under 17s except in 3000m & S/Chase.
 Under 13s may compete as Under 15s. except in Triple Jump, Hammer, 400m & 3000m.

ENTRY FOR ALL EVENTS IS ONLINE AT WWW.RACE-RESULTS.CO.UK

PLEASE NOTE ENTRY STANDARDS WILL NOT BE APPLIED TO 2018 CHAMPIONSHIPS

CHAMPIONSHIP EVENT SUMMARY

** Northern Athletics shown as 'NA' ** **England Athletics shown as 'EA' **

<u>EVENT</u>	<u>DATE</u>	<u>VENUE</u>	<u>CLOSING DATE</u>	<u>FEES</u>
England Athletics Snr/U20 COMBINED EVENTS (inc. Northern CE Champs)	26 th May 27 th May	Bedford	7 th May	£20 Payable to EA
Northern Athletics SENIOR/U20 CHAMPIONSHIPS	9 th June 10 th June	Sport City Manchester	21 st May	£12 first event £8 per additional event Payable to NA
England Athletics U17/U15 COMBINED EVENTS (inc. Northern CE Champs)	4 th August 5 th August	Sport City Manchester	24 th July	£20 Payable to EA
Northern Athletics U17/U15/U13 CHAMPIONSHIPS <i>and</i> U20 3000M (M&W) (entries on the day accepted for U20 3K only)	11 th August 12 th August	Wavertree Athletics Centre	23 rd July	£12 first event £8 per additional event Payable to NA

DRUG TESTING

I hereby i) acknowledge that I am bound by UKA's Anti-Doping rules, ii) agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping rules (which may involve my providing a blood and/or urine sample and iii) confirm that I am either aged 18 years or older or that the person(s) having parental responsibility for me consent to the above testing.

By entering this championship you are confirming your eligibility to compete under UKA Rules and that you are eligible to compete in a Northern Athletics Championship on the grounds of - *Birth / *Residence.

You are also aware that drug testing may take place and that Club (or representative) vests must be worn.
 Please check Championship Condition 2 (page 2) to ensure that you are eligible for this competition

ENTRY FOR NA EVENTS IS ONLINE AT WWW.RACE-RESULTS.CO.UK
COMBINED EVENTS ENTRIES VIA www.englandathletics.org

Entries will be acknowledged by return email – all relevant information eg timetables/ directions etc. will be posted on the NA website at www.northernathletics.org.uk
Senior/U20 Age groups - £12 first event - £8 per additional event.
U17/U15 Age groups - £12 first event - £8 per additional event