



North East Throwing Festival 4
Sunday 22nd April 2018 from 11am to 4pm
@ Churchill Playing Fields, Whitley Bay NE26 3NT

Shot Putt - All Age Groups
Javelin - All Age Groups
Discus - All Age Groups

Individual medals for 1st, 2nd and 3rd for all individual age groups.

Plus Top 8 in each event score points towards the Club Shield ran across three meetings; Throws Festival 4 & 5 and the Gateshead Open Medal meeting on the 15th April 2018.

Juniors (U13/15) will have 4 throws. Seniors 6 throws.

Please pre-register by no later than Sunday 15th April so your EA number can be validated via the Power of 10 web site and your number/seeding allocated.

Pay on collection of numbers. £4 per event

Email to: cschrissie@icloud.com or <mailto:alexgiles36@gmail.com>

For full details and further enquiries please see our Facebook page
<https://www.facebook.com/NEThrowingFestival>

Entry list will be published on <https://www.facebook.com/NEThrowingFestival> on Sunday 15th April. No late entries will be accepted.

Event limited to 60 competitors in total.
Supported and Officiated through NECAA

