



Founded 1909



Present their annual

Pennington Flash 5 Mile Trail Race

Sunday 27th August 2017

Start 11.00am

5 miles over the country paths & tracks of the
Pennington Flash Country Park
Start and finish at Leigh Harriers & AC
Turner Way, Leigh Sports Village, Leigh WN7 4GX

leighsportsvillage

Chip timing by Hill Runner UK

Part of the Central Lancs Grand Prix Race Series

Entry: £7.50 UKA £9.50 unattached.

Prize list: 1st 5 Men 1st 5 Ladies 1st Teams M&F(3 to count)

1st U20, V40,45,50,55,60,65,70 M

1st U20, V35,40,45,50,55,60,65 F

Race memento for every finisher

If a vet wins one of the first four prizes, then the next vet in same category is promoted.

Break the course record - £100

Current record 25:43 Ben Russell Liv H, 28:55 Lauren Howarth Leigh

Online entries to www.hillrunner.org.uk www.race-results.co.uk

Also 1.5 mile fun run 10.30am Entries on the day only £2



www.leighharriers.org find us on facebook

Pennington Flash 5 Mile Trail Race 27th August 2017

Forename Surname M/F..... Age Cat

Age on race day (minimum age 15) £7.50 attached £9.50 unattached.

Club/UnattachedUKA reg.no

Address

Email Tel:

I am medically fit to take part, and I agree that the organisers/sponsors shall not be responsible for any loss, accident or injury arising from my participation in this event.

Signed Date