



Present the 2016 MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

Qualifying event for the ERRA 12 Stage Championships
Under UKA Rules: Licence No. 2016-25827

Saturday 2nd April 2016
at Silkworth Sports Complex Sunderland
11.30 am start

For the Blackpool & Fylde Trophy – Holders: Leeds City AC
Stages 1, 3, 5, 7, (4 x Long Legs) are approximately 4 miles
Stages 2, 4, 6, 8, 9, 10, 11 & 12 (8 x Short Legs) are approximately 2.2 miles

Medals will be awarded to the first three clubs to finish
Plus fastest long leg & fastest short leg

CLUB VESTS OF THE SAME COLOUR & DESIGN MUST BE WORN

Entry on line only - <http://www.race-results.co.uk>
Late or incorrectly submitted entries will be rejected

There is no restriction on the number of teams a club may enter.
Clubs may submit a maximum of 24 names per team

Minimum age: 17 years and over at midnight 31st August / 1st September 2015

Closing date for entries – 21st March

Entry Fees - £96 per team - Cheques made payable to Northern Athletics

IMPORTANT NOTES

- Entries from Clubs will only be accepted if the Club is currently affiliated to England Athletics. Team members **MUST** be first claim members of the club AND registered with England Athletics for the current competition year. **EA Registration Numbers MUST be included. Athletes without registration numbers will not be entered.**
- Any Foreign Athletes in the team **MUST** also be currently registered with UKA as Foreign Athletes. All team and athlete affiliation will be verified prior to the event. A club can enter as many foreign athletes as they wish but only 2 may run. This applies to both 'A' & 'B' teams
- Entries must be submitted via the online entry system and fees paid on entry
- Late & incorrectly submitted entries will not be accepted and will be returned
- Acknowledgement of entry will be by return email and final instructions will be emailed prior to the event.
- Clubs that run ineligible or unregistered runners will be disqualified and may have their entry refused for the 2017 event
- The first 25 Team finishers will be eligible to compete in the 2016 ERRA Championships but **no more than TWO Teams from the same Club.**
- Entry forms for ERRA Championships will be e mailed to successful clubs.