

Allendale 8 & Fun run

(held in conjunction with the Allendale Fair)
Bring the whole family for a great day out

Saturday, 30 May 2015

A scenic 7.7mile course through an area of outstanding natural beauty Undulating. Suitable for all runners

Plus a **FREE** junior 1mile fun run at 10.30am

Main Race 11am

Allen Valley Striders



Registration: Allendale Village Hall from 9am
Start and Finish: Allendale Village Market Square
Presentation: Allendale Village Hall

Awards: **GIFT** to all entrants in main race
Open Male, Open Female, Veteran and Team (time based)
(no runner may claim more than one individual prize)
First local man & woman
LUCK DIP prizes

Parking: Ample parking about 1/2 mile from start.
Follow signs to the car park - **Please do NOT travel through the village**

Facilities: Limited changing Secure baggage area provided

Contact: Brendon Jackson (allenvstriders@aol.com)
Or visit www.allenvalleystriders.co.uk
Permit Number Pending (Held under ARC Rules)