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THE HAIGH HALL 4M RACES 2015

(UNDER UK ATHLETICS RULES - PERMIT APPLIED)

MAY IS A CENTRAL LANCS GRAND PRIX RACE

WEDNESDAY 13th MAY, 10th JUNE & 12th AUGUST
AT 7.30PM

REGISTRATION AT: HAIGH HALL, SCHOOL LANE, HAIGH, WN2 1PE (SEE MAP ON REVERSE)

NB - NOT WIGAN RUGBY UNION CLUB

COURSE WITHIN AND AROUND HAIGH HALL PARK – MAP ON REVERSE

RUNNERS OF ALL STANDARDS WELCOME

*****PRIZES!*****

First 5 men

First men's team (4 to count)

1st/2nd male vet over 40/45/50/55/60/65

1st male junior (Under 20)

First 3 ladies

1st ladies' team (3 to count)

1st/2nd lady vet over 35/40/45/50/55/ 60

1st female junior (Under 20)

INCLUDING MINIMUM £50 COURSE RECORD CASH PRIZE (M/F)

Free results on the night

ENTRY FEES (Minimum age 16)

Pre-entries: £5 (£7 unattached) (£1 extra on the night)*

*ICGP rules apply to May race

Postal entries to: Paul Carroll

21 Pilgrims Way, Standish, Wigan, WN6 0AJ

Send 9 x 6 SAE or collect on night

OR PRE-ENTER ALL 3 RACES FOR £12 (£15 unattached)

Cheques payable to: Wigan Phoenix

paul.carroll@wiganphoenix.org.uk

07950 074173

ENTER ONLINE VIA (NB Fees apply)

<https://bookitzone.com>; <http://www.race-results.co.uk/results/2015/>; <http://www.runnersworld.co.uk/events>

Haigh Hall 4 Mile Race: May June Aug (Please circle)

Name _____ M/F _____ D.O.B. _____ Age _____

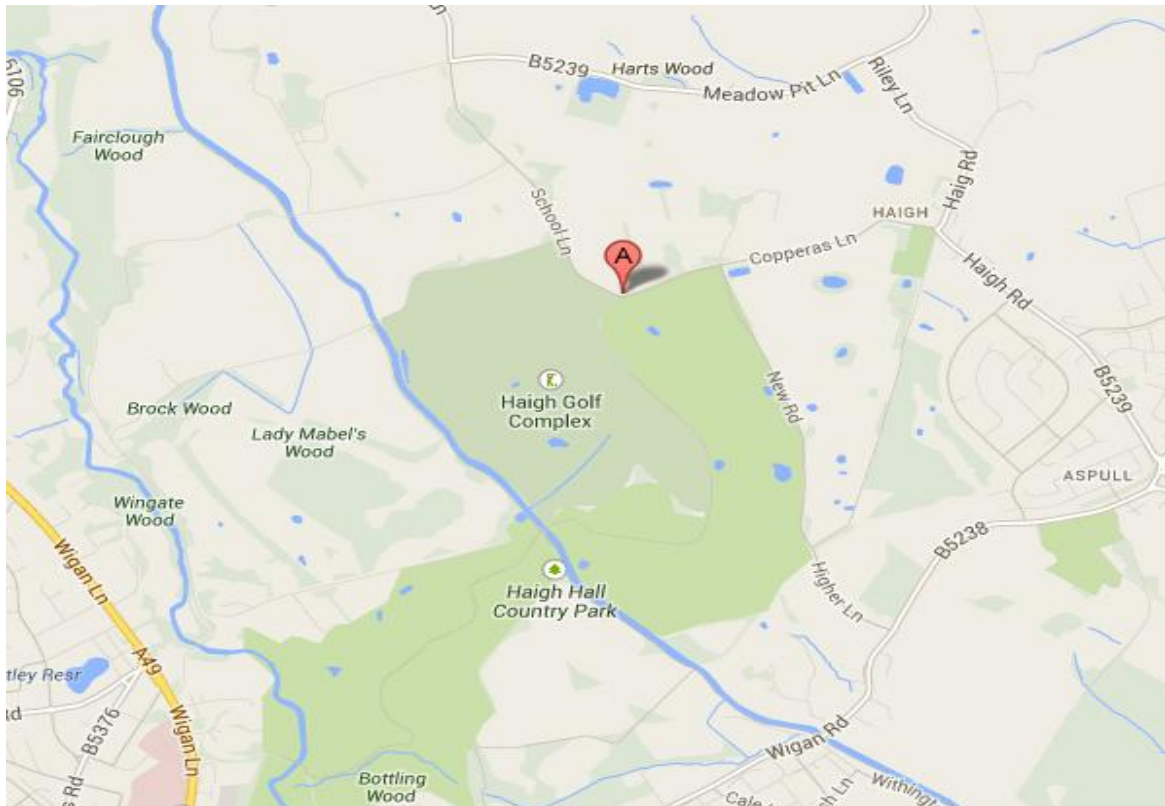
Address _____ Postcode _____

UKA Club _____ UKA Reg No. _____

I am an amateur as defined by UKA laws and rules. I agree to participate entirely at my own risk. I declare that I am medically fit to run & agree to be bound by the UKA rules.

Signed _____

LOCATION MAP



COURSE MAP

