



MIDLAND MASTERS AC OPEN RELAYS

Sunday, 13th April 2014 – Start at 11.00 am

Licence No: 2014-Applied for

Open to UKA Registered athletes

Donisthorpe Woodland Park, Church Street, Donisthorpe DE12 7PX

The course is off-road on shale tracks over a 2 x 2.72k lap; each leg = 5.44k.

There are limited changing facilities, refreshments and Carvery Lunches are available plus a Bar. Carvery Lunches at approximately £7.00 should be booked prior to the day, please contact Phil Owen at filowen@fsmail.net with your requirements.

**Race is followed by the Midland Masters AC AGM at approximately 1.00 pm.
All MMAC Members are requested to attend.**

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Teams

Open to all affiliated athletes; teams should be entered by the Club Team Manager/Captain; individuals should enter on the separate online portal.

M35, M45, Four to run;
M55, M65, M75+, Three to run
W35, W45, W55, W65+, Three to run

Prizes A & B Teams and Fastest Leg (two laps per leg)
Extent of prize list is dependent on the number of entries
Special prize for Composite Team on the day

Entry fees: **£16.00 per team** for M35-54 and **£12.00 per team** for all others.

Individual entry (for composite teams) **£4.00 ea.**

Entries at <http://www.race-results.co.uk>

Closing Date for Entries is midnight on Saturday, 5th April 2014

MMAC Annual Open Relays, Donisthorpe Woodland Park, Church Street, Donisthorpe DE12 7PX

