

# ST ANN'S HOSPICE



*every day makes a difference*

assisted by members of Radcliffe AC  
are proud to present

## The Joan Rhodes and Fred Norris Memorial 5k Trail Race

Under UKA Rules (Permit applied for)

**Sponsored by**

**David Cottrell M.O.T. Service Centre, Radcliffe  
and**

**Bill Lennard Trophies, Eccles**

**Thursday July 21st 2011, 7:15 p.m. start**

From the **Mason's arms, Sion Street, Radcliffe.** (behind ASDA)

St Ann's Hospice are staging this accurately measured 5k in memory of  
Fred Norris and Joan Rhodes, who meant so much to so many.

**Entry Fee:** £4.00 (Club Runners), £6.00 Unattached, £1.00 extra on the night.

**U/18 and O/65:** £2.50 (Club runners), £4.50 Unattached, £1.00 extra on the night.

Cheques payable to Jim Rhodes St Ann's Hospice

Contact: Mark.Emmett, [Markrun1@hotmail.com](mailto:Markrun1@hotmail.com)

**Online entries at [www.race-results.co.uk](http://www.race-results.co.uk)**

Extensive prize list in all categories (one prize per person)

Well marshalled, First Aid available

Collect numbers on the night

Entries accepted on the night

All proceeds to St Ann's Hospice

Name.....Age.....M/F.....

Address.....Tel.....

Club.....UKA Reg.....

I declare that I am medically fit to run and understand that the organisers of the race will not be responsible for personal damage, illness or injury incurred before, during or after the event. I am an amateur as defined by UKA Rules

Signed (by parent or guardian if under 18)

.....

Date.....

Race Number