



ENTRY FORM
MIDLAND MEN'S 12 Stage Road Relay Championship,
Sutton Park, Sutton Coldfield
Saturday 23 March 2019 – Start 12.00 noon
(8 x 3.16 miles and 4 x 5.38 miles Long legs 1-4)

Licence No: _____

Teams: comprising of a maximum of 36 names per team.

Number of Teams

QR Code

Entry fee **£84.00** per team entered.

Online entry available at:

Email/Postal: Complete form below & return to roadandxc@mcaa.org.uk

Amount payable:

Payment by **Bacs to Lloyds TSB a/c 01685720 Sort Code 30 00 06 (Ref Code 12/6RR19 + Club Name)**

or Cheque payable to "Midland Counties Athletic Association" marked to the *Road Running Championship Secretary, MCAA, Alexander Stadium Walsall Road Perry Barr, Birmingham B42 2LR*, together with a **large, correctly stamped return addressed envelope if NO Email address is supplied.**

PLEASE PRINT: Secretary/Team Manager: **Closing Date: Wednesday 6th March 2019**

CLUB:

Club Colours:

Address:

Tel: **Mobile:** **Date:**

Email:

MIDLAND ELIGIBILITY – All competitors must have the following qualification

§ By first claim membership of an EA affiliated Club within the Midlands Competition area that has registered with EA for road running and is a member of the EA registration scheme

Qualification is in one of the following Counties:

Avon, Herefordshire, Gloucestershire, Leicestershire, Northamptonshire, Nottinghamshire, Shropshire, Staffordshire, Warwickshire, Worcestershire. *NB: England South West (Cornwall, Devon, Dorset, Somerset, and Wiltshire) & East Midlands (Derbyshire, Lincolnshire) are recognised for qualification purposes **BUT** you can only compete in one Area Championships in a calendar year – January to December.*

Note: UK Athletics Rule 141 age limits apply:

141 S3 (iv) For Junior men and women (age limits) shall be confined to competitors who are 17, 18 or 19 on 31 August prior to the commencement of the competition year, i.e. as at midnight 31st August / 1st September 2018.

141 S3 (v) In road relays Junior Men and Women as appropriate may compete in senior events.

CLOTHING: **All** team runners **must** wear the same design of registered Club vest and Colours, unless the referee has given permission for a change to be made.

Any advertising or sponsorship on clothing must comply with UK Athletics Rule 143.

FOREIGN ATHLETES: Clubs must have registered them with UKA before they compete in the relays.

IMPORTANT: PLEASE READ BEFORE SUBMITTING NAMES: A MANDATORY requirement is to provide the England Athletics (EA) number for all entries submitted. Without an EA number the entry CANNOT be accepted. All Athletes MUST be registered with EA at the time of entry to guarantee participation in this event.

For this competition, the information required is name, date of birth, EA number.

NB: The organisers reserve the right to refuse entries and revise dates where necessary.

I hereby agree that all the entrants are eligible to compete according to the laws of UK Athletics. They are also eligible to represent the club under the rules governing team and relay races, and that the declared particulars are complete and correct.

Hon Secretary/Team Manager:

Date:

MIDLAND ROAD RELAY CHAMPIONSHIP ENTRIES – 23 March 2019

Name of Club: Category:

Club Colours (which MUST BE WORN):

Please complete the list below OR attach a Club generated list (e.g. from the EA database or a spreadsheet) of your Entrants in the format below which contains all the entry data requested

OFFICE	Competitors Please enter ALPAHABETICALLY IN BLOCK CAPITALS by Surname		D.O.B.	EA number (mandatory)	Midland Qualification
	Forename	Surname			
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PLEASE USE A COPY OF THIS SHEET TO ENTER ADDITIONAL NAMES

RULE 141 S3 (iv) (v) Junior Men & Women who are aged 17, 18 or 19 on 31 August prior to the commencement of the competition year as defined above may take part in Road Relay competitions and compete in Senior event
No athlete may run more than one leg.