



**END OF SEASON SPRINTS & ENDURANCE EVENING INCLUDING LONG JUMP
WITH ELECTRONIC TIMING AND VIDEO WALL**

Minimum age 8yrs on day of competition. Ages as at midnight on 31st August 2019 Run under UK Athletics Rules

WEDNESDAY 18TH SEPTEMBER 2019

- U11s Boys and girls 75m, 600m and long jump.
- U13s Boys and girls 100m, 200m, 800m and long jump.
- U15s Boys and girls 100m, 200m, 800m and long jump.
- U17s Men and Women 100m, 200m, 800m, 1500m s/c and long jump
- U20s, Seniors and vets 100m, 200m, 800m, 1500m/2000m s/c and long jump.

Donny Showcase 1 Mile Event for u17s - Vets with trophies for best 3 male and female athletes. (£50 cash to beat course record 4.27mins set 2018)

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Pre-event entries £6 per event, entries on the day £8 strictly up to 6pm only.

On-line entries close midnight Monday 16th September 2019 on Sportsoft results or follow link to www.doncasterathleticclub.com.

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Postal entries to Event Manager, 16 Ash Hill Road, Hatfield, Doncaster, South Yorkshire, DN7 6JG (Closing strictly midnight SATURDAY 14th September 2019).

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**BBQ/HOT FOOD AND DRINKS AVAILABLE ON THE NIGHT.
ALL NUMBERS COLLECTED ON THE NIGHT**

Forename: _____ Surname: _____
 Club Name: _____ Email: _____
 DOB: _____ UKA No: _____
 Age Category: _____ Sex(m/f): _____

Event 1: _____ **Event 2:** _____
Event 3: _____ **Event 4:** _____
 Entry Fee £ _____

I declare that I am an amateur as defined by UK Athletics and agree by these rules. I am medically fit and understand that I enter at my own risk and agree that the organisers shall not be liable for any accidents, injuries, loss or damage that may occur as a result of my participation in the Spring Open Meeting and that if the event is cancelled for any reason I may not be eligible for a refund of my entry fee.

Signed.....Dated.....

