



Presents

### The Steel City Cup

CHALLENGE MATCH

BARNSELY AC /CHESTERFIELD & DISTRICT AC/CITY OF SHEFFIELD & DEARNE AC /

DONCASTER AC / HALLAMSHIRE HARRIERS / ROTHERHAM HARRIERS / WOMBWELL SPORTING AC / 2DASH

Mount St Mary's College, College Road, Spinkhill, Sheffield S21 3YH

Sunday 9th Sept 2017

**Events (All Age Groups as at 31<sup>st</sup> August 2018)**

**FIRST EVENT 10.30**

100 Metre	<input type="checkbox"/>	PB _____	Long Jump	<input type="checkbox"/>	PB _____
200 Metre	<input type="checkbox"/>	PB _____	High Jump	<input type="checkbox"/>	PB _____
800 Metre	<input type="checkbox"/>	PB _____	Pole Vault	<input type="checkbox"/>	PB _____
400 Metre	<input type="checkbox"/>	PB _____	Shot	<input type="checkbox"/>	PB _____
1500 Metre	<input type="checkbox"/>	PB _____	Javelin	<input type="checkbox"/>	PB _____
Sprint Hurdles	<input type="checkbox"/>		Discus	<input type="checkbox"/>	PB _____
			Hammer	<input type="checkbox"/>	PB _____



Please tick box for required event(s)

**Under 11 may not do 1500m U13/U15 may not do both 800m AND 1500m. U11/U13 may not do 400m or Hammer**

**Under 15, 13, 11 may only compete in three events, plus a relay**

Senior, Under 20 & Under 17 competitors will be seeded together by ability.

Under 15, Under 13 & Under 11 will be seeded by ability within age group.

All track events are time trials – No heats/Finals. Competitors will be allowed four trials in the Field Events

Timetable, competition rules and event information will be published at [www.sheffieldfestival.org](http://www.sheffieldfestival.org) prior to the event.

**Online Entries can be made at [www.race-results.co.uk](http://www.race-results.co.uk)**

**Entry Fees; £5.00 one event, £6.00 two events, £7.00 three events, £8 four events.**

**Held under UKA rules of competition.**

Postal Entries to: Sheffield Festival of Athletics 54 Stradbroke Drive Sheffield S13 8SD.

For which I enclose the fee of £ \_\_\_\_\_

Name \_\_\_\_\_ e-mail \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age Group \_\_\_\_\_ Telephone \_\_\_\_\_

Club \_\_\_\_\_ EA No. \_\_\_\_\_

Signed \_\_\_\_\_ (Parent or Guardian if Under 16)

Cheques payable to Sheffield Festival of Athletics

Online payments can be made. Contact John Howley on 07846 922437 or email [john@howley.plus.com](mailto:john@howley.plus.com) for details.

Race numbers to be collected on the day. Medals will be awarded to the first three athletes at each age group in each event (not relays). Any number can enter each event, but only the first two from each club will score toward the Steel City Cup. No Finals – all decisions based on times/distances.