



CHELTENHAM AND COUNTY HARRIERS

MIDSUMMER OPEN GRADED MEETINGS

Wednesdays July 2017

All ages from 9 years to Masters
Prince of Wales Stadium, CHELTENHAM, GL50 4RN
(Under UK Athletics rules; permit number 17/414)



TRACK

FIELD

Wed 5th July

6.30 pm 70mH	(U13G)	6:00 pm Club Throw	(disability competitors ONLY)
6.40pm 75m H	(U13B, U15G)	6:30 pm Shot Put	(disability competitors ONLY)
6.50pm Mile	(U/13s and over & wheelchair races)	6.30 pm Long Jump	(U11, U13, U15 Male)
7.20pm 80m H	(U15B, U17G)	6.45 pm Hammer	(U13 upwards, M&W under 35m)
7.30 pm 200m	(All ages & wheelchair races)	6:45 pm High Jump	(U13 upwards, M&W under 1.50m)
8.10 pm 100m H	(JL, SL, U17M)	7:00 pm Javelin	(U13 upwards, over 30m, M&W)
110m H	(JM, SM)	7:30pm Long Jump	(U11, U13, U15 Female)
8.30 pm 100 m	(All ages)	7:45 pm High Jump	(All ages, M&W 1.50m and above)
		8:00 pm Hammer	(All ages, M&W over 35m)
		8:00 pm Javelin	(U13 upwards, under 30m, M&W)
		8.30 pm Long Jump	(U17 & above Male & Female)

Wed 12th July

6:30pm 400m H	(JL, SL, U17M, JM, SM)	6:00pm Javelin	(disability competitors ONLY)
300m H	(U17G, Masters)	6:30pm Discus	(disability competitors ONLY)
6.45 pm 3000m	(U17 and above, M&W)	6.30 pm Long Jump	(U11, U13, U15 Male)
7.20 pm 800m	(All ages, M&W)	6.45 pm Discus	(U13 upwards, over 30m M&W)
7:50 pm 100m	(All ages, M&W)	6.45 pm Javelin	(U13/15/17 M&W)
8:30 pm 300m	(U15 and above)	6:45 pm High Jump	(All ages, M&W 1.50m and above)
8:40 pm 400m	(U17B, JL and above)	7:30pm Long Jump	(U11, U13, U15 Female)
9:00 pm 200m	(All ages, M&W)	7:45 pm Javelin	(U20, Sen, Master M&W)
		7:45pm High Jump	(U13 upwards, M&W under 1.50m)
		8:00 pm Discus	(U13 upwards, under 30m M&W)
		8.30 pm Long Jump	(U17 & above Male & Female)

Entries on the Night: £10 Before the Night: £5

All subsequent events ON THE SAME EVENING for all ages will be an additional £2 per event.

Events will be run in the order given above as close to the times given, depending on entries.

Throws/Jumps: each athlete will have 4 throws on throwing events and 4 jumps on long/ triple jump. Athletes will have 3 trials at all HJ and PV heights. There may be 6 throws/ jumps in field events at the discretion of the officials.

ENTRIES WILL CLOSE 1 HOUR PRIOR TO AN EVENT'S ADVERTISED START TIME

Please note that there is a limit of 10 competitors for disability throws events & that these are Pre-ENTRY only

Please send general/ able-bodied event enquiries to: Elliot Prince
the_next_generation369@hotmail.com (m) 07786 647067

Please send disability event enquiries to: Mrs Picken Nici@pickenonline.co.uk (t) 01242 237133

ONLINE ENTRY IS NOW AVAILABLE AT <http://cheltenhamharriers.co.uk/fixtures/midsummer-open-graded.html>

PRE-ENTRIES WILL CLOSE 1 WEEK PRIOR TO THE EVENT (AT MIDNIGHT ON THE PRECEDING WEDNESDAY)



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Wed 19th July

6:30pm 70m H	(U13G)	6.30 pm Shot Put	(U13/15/17, Male)
6.40 pm 75m H	(U13B, U15G)	6.45 pm Pole Vault	(U15 upwards, M&W below 3.30m)
6.55pm 1500m	(U/13s & over including wheelchairs)	7:30 pm Shot Put	(U13/15/17, Female)
7.25pm 80m H	(U15B, U17G)	7:15 pm Discus	(U13/15/17 M&W)
7.35pm 200 m	(All ages)		
8.10 pm 100m H	(JL, SL, U17M)	8.00 pm Triple Jump	(Under 17 upwards M&W)
110m H	(JM, SM)	8.00 pm Pole Vault	(All ages, M&W above 3.30m)
8.25 pm 600m	(All ages)	8.15 pm Discus	(U20, Sen, Master, M&W)
9.00 pm 100 m	(All ages)	8:30pm Shot Put	(U20, Sen, Master M&W)

Wed 26th July

6:30 pm 400m H	(JL, SL, U17M, JM, SM)	6:30pm Shot Put	(U13/15/17, Female)
300m H	(U17G)	6.45pm Hammer	(U15 upwards, M&W under 35m)
6.50 pm 5000m	(U20 and above, M&W)*	6.45 pm Pole Vault	(U15 upwards, M&W below 3.30m)
7.40 pm 150m	(All ages)	7.30 pm Shot Put	(U13/15/17, Male)
8.10 pm 800 m	(All ages & wheelchair races)	7.45pm Hammer	(U15 upwards, M&W over 35m)
8.40 pm 100m	(wheelchair races ONLY)	8.00 pm Pole Vault	(All ages, M&W above 3.30m)
8.45 pm 300m	(U15)	8.00 pm Triple Jump	(Under 17 upwards M&W)
8:50 pm 400m	(U17B, JL and above & wheelchair races)	8.30 pm Shot Put	(U20, Sen, Master M&W)

*competitors must have an expected time of sub 22 minutes

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