

NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION Track And Field Championships 2014

Gateshead International Stadium (Under UKA Rules)

Saturday 17th May 2014

First Event 10:00am

Senior Men	100m, 400m, 1500m, 110mH, Discus, Shot putt, Triple jump, Pole vault
Senior Women	200m, 800m, 5000m, 100mH, Discus, Javelin, Long jump, Pole vault
Under 20 Men	100m, 400m, 1500m, 110mH, Discus, Shot putt, Triple jump, Pole vault
Under 20 Women	200m, 800m, 5000m, 100mH, Discus, Javelin, Long jump, Pole vault
Under 17 Men	100m, 400m, 1500m, 100mH, Discus, Shot putt, Triple jump, Pole vault
Under 17 Women	200m, 800m, 3000m, 80mH, Discus, Javelin, Long jump, Pole vault
Under 15 Boys	100m, 300m, 1500m, 80mH, Discus, Shot putt, High jump, Triple jump, Pole vault
Under 15 Girls	200m, 800m, 3000m, 75mH, Discus, Javelin, High jump, Pole vault
Under 13 Boys	100m, 1500m, 75mH, High jump
Under 13 Girls	200m, 800m, 70mH, Long jump

Sunday 18th May 2014

First Event 10:00am

Senior Men	200m, 800m, 400mH, 5000M, High jump, Long jump, Javelin, Hammer
Senior Women	100m, 400m, 1500m, 400mH, High jump, Triple jump, Shot putt, Hammer
Under 20 Men	200m, 800m, 5000m, 400mH, High jump, Long jump, Javelin, Hammer
Under 20 Women	100m, 400m, 1500m, 400mH, High jump, Triple jump, Shot putt, Hammer
Under 17 Men	200m, 800m, 3000m, 400mH, High jump, Long jump, Javelin, Hammer
Under 17 Women	100m, 300m, 1500m, 300mH, High jump, Triple jump, Shot putt, Hammer
Under 15 Boys	200m, 800m, 3000m, Long jump, Javelin, Hammer
Under 15 Girls	100m, 300M, 1500m, Long jump, Triple jump, Shot putt, Hammer
Under 13 Boys	200m, 800m, Long jump, Shot putt
Under 13 Girls	100m, 1500m, High jump, Shot putt

Steeplechase Events; 13th May @ Middlesbrough NECAA Championships for U17 & U20 Men

17th June @ Darlington NECAA Championships for U17W/U20W/Senior Women

15th July @ Darlington NECAA Championships for Senior Men

**Further Information From; Graham Hall, 12 High Street West, Redcar, TS10 1SG
01642 490783; grahamhall24@gmail.com**

Under 13 Competition is confined to athletes aged 11 and 12 at midnight on 31/08/2014 – maximum 3 events per day

Under 15 Competition is confined to athletes aged 13 and 14 at midnight on 31/08/2014 – maximum 3 events per day

Under 17 Competition is confined to athletes aged 15 and 16 at midnight on 31/08/2014 – maximum 3 events per day

Under 20 Competition is confined to athletes aged 17 or over at midnight on 31/08/2014 and under 20 at midnight on 31/12/2014

Senior Competition is for athletes aged at least 20 years of age on 31/12/2014

Note: NECAA reserve the right to cancel any event for which insufficient entries are received

Entries are welcome from non NECAA competitors, however, in those events for which heats and finals are held, such competitors may not displace NECAA athletes from any subsequent heat or final.

No personal starting blocks allowed.

Conditions of Entry (please read carefully)

These events are confined to eligible athletes born, or having bona fide residence for nine months prior to the date of the competition, in the counties of Northumberland, Durham, Tyne & Wear or Cleveland. Athletes may compete in the Championships of only one County Association in any one calendar year. Term time only university residence does not qualify.

Entries must be made on the official entry forms, which must be completed in full and returned, together with payment and correct postage to: **Keith Willshire, 56 Newlands Road, Blyth, Northumberland, NE24 2QJ**

Entry Fees: £5 per event. Cheques/postal orders payable to N.E.C.A.A. **Closing date for entries: Saturday 3rd May**

Please provide either a valid email address or a stamped self-addressed envelope to receive order of events.

Or enter online at www.race-results.co.uk

Senior Men 10,000m will be held on Wednesday 23 April 2014 6:20pm at Monkton Stadium

Entries for 10,000m to keithw53@keithw53.plus.com by Thursday 17th April 2014

NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION Track And Field Championships 2014

OFFICIAL ENTRY FORM (please complete in BLOCK CAPITALS)

Name _____

Full postal address _____

Post Code _____ Telephone _____ Email _____

Age Group _____ (state men/women or boys/girls) Date of Birth _____ Current Age _____

Club _____ UKA Registration No. _____

List Events you wish to enter and your personal best performance in each event

Events you wish to enter	your PB in this event	where you achieved this performance	the date of this PB
Event _____	PB _____	at (venue) _____	on (date) _____
Event _____	PB _____	at (venue) _____	on (date) _____
Event _____	PB _____	at (venue) _____	on (date) _____
Event _____	PB _____	at (venue) _____	on (date) _____
Event _____	PB _____	at (venue) _____	on (date) _____

I declare that I have read the conditions of entry and qualify to compete in the NECAA Championships

Athletes may compete in the Championships of only one County Association in any one calendar year.

I enclose _____ entry fee (£5 per event) plus a stamped addressed envelope to receive an order of events.

Signature(s) _____ Date _____

For athletes under the age of 18, the form must be signed by the athlete and a parent/carer.

I do / do not wish to be considered for selection for the CAU U17 Inter County Championships
on 2nd August at Derby (please delete as appropriate)

Please note: in order to be considered for selection for the Inter County competitions, athletes must have entered the
NECAA Track And Field Championships.