



Lancashire Constabulary Athletic Club **BLUES & TWOS 10K** Multi-Terrain Race



Wednesday 25 June 2014
Starts 7:30pm

Start & Finish from **Lancashire Police Headquarters**, Saunders Lane, Hutton, Preston. PR4 5SA.

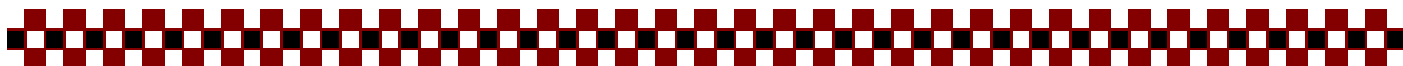
The race course is quite unique. It could be regarded as a **'Running Tour of the Lancashire Constabulary'** as it passes by the main departments of the Constabulary HQ including the Police Mounted and Dog Training Centre's off Lindle Lane.

The one-lap route around Hutton and Howick is flat and mainly tarmac but does include two grassy paths and an unmade road making it an interesting but safe multi-terrain course with only two public road crossing points. Parking, toilets, changing and showers on site.

Commemorative mementoes to all finishers. Prizes: 1st - 3 male, female and teams. 1st Vet each cat. Event incorporates Police Inter-Divisional Annual Championships. Light refreshments for all competitors provided at post-race presentation in the Police HQ Social Club from 8.30pm.

Pre-entry fees for 10k **£8.00** (Attached) **£10.00** (Unattached) **£4** (Lancashire Constabulary AC Member) or **£2.00** extra on the day. Limited to **200**.

You may enter on-line and pay by card at: www.bookitzzone.com or www.runningdiary.co.uk
For further information and updates on the event go to www.policessport.net



ENTRY FORM

Name

Address

Age

D.O.B/...../.....

.....

Male

Female

Post Code Mobile Tel: No B.A.F Club

E-Mail Address -----@-----

Lancashire Constabulary Police Club Entries: Verify stating police number or pension number?

Entries to:- Vol. 20785 Steve Broadbent, Blues & Twos 10K, Lancashire Police HQ, Saunders Lane, Hutton, Preston. PR4 5SA. (Acknowledgment of entry will be done by either email or text message)

Cheques / Postal Orders made payable to: "LCSSC".

Closing Date for Pre-Booked Entries:- 18 June 2014

Please enter me for the above event, I accept & certify that I am medically fit to run & understand that the organizers will in no way be held responsible/liable for any injury or illness, loss or damage of my property during the event. 10k Min age 15 years, entrants under 18 years Parent or Guardian please sign.

Disclaimer Signature

Date