

149	45	Kev Logue		Manchester Harriers & Ac	20:52	229	429	David Vaughan		Unattached	22:53
150	507	Anna Thomas	L	19 Manchester Triathlon Club	20:53	230	302	Ian Wood	V50	8 Dragons Running Club (sale)	22:55
151	494	Andy Williams		Bramhall Runners	20:55	231	4	Colin Davies	V60	6 Altrincham & District AC	22:55
152	205	Martin Stratton		Unattached	20:56	232	343	Fiona Randles	L	41 Warrington Tri	22:56
153	124	Gareth Redston		Trafford Athletic Club	20:57	233	373	Wendy Woodhead	L	42 Manchester Harriers & Ac	22:57
154	118	Liam Wilkinson		Swinton Running Club	20:58	234	87	Hilary West	L55	2 Stockport Harriers & Ac	22:57
155	407	David Turnbull	V55	8 Stockport Harriers & Ac	20:59	235	93	Liz Turton	L55	3 Stockport Harriers & Ac	22:58
156	83	Andrew Mainwaring		Stockport Harriers & Ac	21:00	236	382	Nick Roberts	V45	26 Stockport Harriers & Ac	22:59
157	389	Michael Dolan	V45	15 Unattached	21:01	237	317	Brad Thornton	U20	9 Sale Harriers Manchester	23:00
158	273	Tracey Jones	L	20 Dragons Running Club (sale)	21:03	238	505	Nick Fogarty	V40	26 Unattached	23:00
159	225	David Chrystie-Lowe	V55	9 Stockport Harriers & Ac	21:07	239	470	Sidney Sacks	V70	1 Salford Harriers	23:01
160	166	Paul Muldoon		Winston Runners	21:08	240	20	Darren Whalen		Unattached	23:02
161	335	Stan Curran	V65	3 Salford Harriers	21:09	241	444	Mark Donnelly	V40	27 Unattached	23:03
162	111	Andy Land	V45	16 Swinton Running Club	21:10	242	234	Marc Levy		Unattached	23:05
163	99	Rachael Blight	L	21 Stockport Harriers & Ac	21:12	243	503	Hayley Winder	L	45 Salford Harriers	23:07
164	261	Helen Smith	L40	6 Vale Royal Ac	21:14	244	144	Mark Brett	V45	27 Unattached	23:09
165	353	?Robert Miller	V60	2 Stockport Harriers & Ac	21:16	245	238	Andy Dooley	V55	15 Styal Running Club	23:11
166	417	Emma Finney	L	23 Sale Harriers Manchester	21:18	246	490	Martin Jackson	V45	28 Unattached	23:13
167	439	Luke Parkins	U20	8 Bramhall Runners	21:19	247	11	Michaela Shaw	L	46 Astley & Tyldesley RR	23:15
168	77	Stuart Mairs		Salford Metropolitan Ac	21:20	248	465	Andy Brown	V60	7 Unattached	23:16
169	416	Damian Utton	V45	17 Altrincham & District AC	21:21	249	398	John Malone	V55	16 Winston Runners	23:17
170	391	Giles Bennett	V45	18 Bury Athletic Club	21:22	250	114	David Guy	V50	9 Swinton Running Club	23:19
171	449	Ian Roberts	V40	19 St Helens Sutton	21:24	251	147	Nick Pendleton		Unattached	23:21
172	497	J Battersby	V55	10 Sale Harriers Manchester	21:24	252	237	Catherine Jones	L	47 Sale Harriers Manchester	23:23
173	172	?Nigel Martin		Sale Harriers Manchester	21:25	253	324	Clive Smith	V40	28 Glossopdale Harriers	23:25
174	421	Ewan Holton		Knutsford Tri Club	21:26	254	246	?Lynne Yates	L50	3 Sale Harriers Manchester	23:28
175	453	Mark Catherall	V55	11 Rochdale Harriers & Ac	21:27	255	192	Nichola Bowness	L	49 Unattached	23:31
176	148	Paul Sweeney		Unattached	21:28	256	489	Rick Stringer		Unattached	23:34
177	436	AnnMarie Jones	L55	1 Altrincham & District AC	21:30	257	510	Dominic Thompson		Unattached	23:35
178	312	Paul Johnston		Unattached	21:33	258	47	Martin Joyce	V50	10 Manchester Harriers & Ac	23:36
179	223	Timothy Rainey	V45	19 Sale Harriers Manchester	21:33	259	301	David Wood	V50	11 Manchester Harriers & Ac	23:38
180	319	Louise Gordon	L40	7 South Cheshire Harriers	21:34	260	105	Alan Jenkinson	V65	5 Styal Running Club	23:39
181	370	Phil Barnes	V55	12 Nth East Lincs Council	21:35	261	276	Earle Kenlay	V40	29 Unattached	23:41
182	249	Tony Wardle	V40	20 South Cheshire Harriers	21:36	262	339	Brian Bradshaw		Sale Harriers Manchester	23:42
183	161	Andrew Holland		Warrington Road Runners	21:38	263	484	Philip Westwood	V40	30 Unattached	23:43
184	109	Claire Northcote	L50	1 Styal Running Club	21:40	264	330	Mansel Pope	V60	8 Altrincham & District AC	23:44
185	399	Lauren Jackson	L	27 Unattached	21:42	265	215	Dee Beckett	L	50 Bramhall Runners	23:45
186	341	Chris Scholes		Astley & Tyldesley RR	21:44	266	474	Dennis Moran	V65	6 Salford Harriers	23:47
187	374	Tom Peacock	V40	21 Southport Waterloo Ac	21:47	267	110	Jonathan Clarke	V45	29 Styal Running Club	23:49
188	476	Darren Cooper		Manchester Triathlon Club	21:47	268	53	Ozkan Baba		Unattached	23:51
189	492	Karl Hughes		Unattached	21:48	269	0	???		???	23:53
190	491	William Prout	V55	13 Salford Metropolitan Ac	21:49	270	464	Carla Ousey	L40	11 Sale Harriers Manchester	23:55
191	66	Helen Reagan	L40	8 Sale Harriers Manchester	21:51	271	283	Peter Morgan	V55	17 Northern Veterans Ac	23:58
192	177	Sonya Hynes	L	29 Manchester Harriers & Ac	21:54	272	342	Jill Billington	L	52 Stockport Harriers & Ac	24:00
193	251	Andrew Chaston		Unattached	21:55	273	409	Denise Wakefield	L55	4 Salford Harriers	24:02
194	127	Andy Melvin	V40	22 Unattached	21:56	274	29	Laura Stevenson	L	54 Dragons Running Club (sale)	24:04
195	59	Anne Chinoy	L40	9 Sale Harriers Manchester	21:57	275	473	James Bell	V45	30 Styal Running Club	24:06
196	504	Michael Dunne	V60	3 Sale Harriers Manchester	21:58	276	61	Dave Farmer	V65	7 Sale Harriers Manchester	24:11
197	246	?Lynne Yates	L50	2 Sale Harriers Manchester	22:00	277	219	Peter Doherty	V60	9 Northern Veterans Ac	24:13
198	333	Robert Tipping	V45	20 Vale Royal Ac	22:01	278	26	Jill Hatton	L	55 Dragons Running Club (sale)	24:15
199	140	James Dickie		Unattached	22:02	279	150	Russell Jones		Unattached	24:16
200	279	Claire Macneill	L	32 Unattached	22:03	280	477	Matthew Armitage		Unattached	24:17
201	371	Jonathan Gay		Unattached	22:05	281	405	Alan Jones	V40	31 Deestridders	24:18
202	316	Richard McHugh		Sale Harriers Manchester	22:07	282	355	Helen Fraser	L50	4 Unattached	24:19
203	299	Amanda Trivett	L	33 Stockport Harriers & Ac	22:12	283	101	Sara Taylor	L	57 Stockport Harriers & Ac	24:20
204	233	Frederick Davids	V40	23 Unattached	22:14	284	292	Gery Rogers	V55	18 Styal Running Club	24:21
205	480	Siobhan Lillie	L	34 Dragons Running Club (sale)	22:21	285	440	John Pickup	V50	12 Swinton Running Club	24:23
206	179	Caroline Broderick	L	35 Salford Harriers	22:22	286	86	Helen Todd	L55	5 Stockport Harriers & Ac	24:25
207	145	Mark Loveday	V45	21 Unattached	22:26	287	277	Adrian Leeming	V45	31 Stockport Harriers & Ac	24:26
208	500	Amdrew Bourne		Unattached	22:27	288	17	V Chadwick-Dunbar	L40	12 Bramhall Runners	24:27
209	272	Claire Hebblethwaite	L	36 Hereford Couriers	22:28	289	16	Steve Hughes	V50	13 Bramhall Runners	24:28
210	501	Matthew Page		Unattached	22:29	290	207	Jacob Smiles		Unattached	24:30
211	90	John Hughes	V45	22 Stockport Harriers & Ac	22:30	291	153	Stephen Whittingham	V50	14 Unattached	24:31
212	418	Tom Temple	V60	4 Salford Harriers	22:31	292	478	Chris Gaskell		Unattached	24:32
213	450	Sonya Monaghan	L40	10 St Helens Sutton	22:32	293	82	Amy Barter	L	60 Stockport Harriers & Ac	24:33
214	404	Ian Mackinder		Dragons Running Club (sale)	22:33	294	117	Jean Mellor	V40	32 Swinton Running Club	24:34
215	345	Hannah Brierley	L	38 Manchester Ymca Harriers	22:34	295	130	Chris Mason		Unattached	24:35
216	401	David Turton	V55	14 Stockport Harriers & Ac	22:35	296	448	Hugh McKenna	V60	10 Altrincham & District AC	24:36
217	388	Alan Lamb	V40	24 Unattached	22:36	297	40	Ann McLaughlin	L50	5 Manchester Harriers & Ac	24:37
218	466	Ian Morris	V60	5 Unattached	22:37	298	381	Helen Roberts	L45	3 Stockport Harriers & Ac	24:38
219	508	Deborah Tout	L	39 Manchester Triathlon Club	22:38	299	41	?Caroline Baba	L	63 Manchester Harriers & Ac	24:41
220	119	Paolo Dale	V40	25 Swinton Running Club	22:41	300	426	Dawn Holding	L50	6 Sale Harriers Manchester	24:46
221	129	Ben Kirkman		Unattached	22:42	301	305	Alice Smedley	L	65 Unattached	24:49
222	193	Mathew Bowness		Unattached	22:43	302	402	Dennis Williams	V65	8 Hercules Wimbledon	24:53
223	27	Joanne Healy	L	40 Dragons Running Club (sale)	22:45	303	39	Jenny McClelland	L40	13 Lymm Runners	24:55
224	96	Nick Ham	V45	23 Stockport Harriers & Ac	22:46	304	482	Rebecca Sprit	L	67 Unattached	24:58
225	415	Roland Bowness	V65	4 Salford Harriers	22:48	305	304	Jennifer Yates	L	68 Unattached	25:01
226	285	John Morris		Unattached	22:49	306	455	Alan Halman	V65	9 Styal Running Club	25:04
227	274	Martin Kaine	V45	24 Unattached	22:51	307	294	Martin Smedley	V60	11 Unattached	25:07
228	115	David Batty	V45	25 Swinton Running Club	22:52	308	104	Sue Waring	L45	4 Stockport Harriers & Ac	25:10

309	256	Simon Skentelbery		Dragons Running Club (sale)	25:14	355	38	Michael Gilbert	V65	10	Liverpool Harriers & Ac	28:54
310	326	Kyrinda HurstMoore	L45	5 Middleton Harriers Ac	25:18	356	210	Graham Crawforth	V60	16	Unattached	29:07
311	155	Susannah Williams	L	71 Unattached	25:22	357	315	Lucy LakinHall	L	95	Unattached	29:09
312	454	Aileen Davidson	L	72 Manchester Triathlon Club	25:27	358	314	Matt LakinHall			Unattached	29:09
313	84	Kavangh Dixon	L	73 Stockport Harriers & Ac	25:31	359	171	Terrie Blammon	L40	15	Winston Runners	29:17
314	211	Tom Millington	V40	33 Unattached	25:36	360	318	Louise Prowse	L	97	Unattached	29:21
315	201	Nicola Travis	L	74 Unattached	25:48	361	485	Niki Stockton	L45	7	Swinton Running Club	29:34
316	468	Maria Royal	L55	6 Manchester Harriers & Ac	25:51	362	560	Kathleen Tyms	L	99	Winston Runners	29:42
317	157	Paul Hudson	V60	12 Vale Royal Ac	25:56	363	71	Michael Howe	V75	2	Sale Harriers Manchester	29:47
318	456	Simon Tooth	V40	34 Unattached	25:59	364	137	Glyn Hathaway			Unattached	29:50
319	438	John Leah	V60	13 Bramhall Runners	26:03	365	44	Jean Bayley	L50	10	Manchester Harriers & Ac	30:00
320	9	Mike Brooks	V70	2 Altrincham & District AC	26:07	366	197	Dawn Gallen	L	101	Manchester Harriers & Ac	30:01
321	0	???		???	26:08	367	360	Rachel Wilcock	U20	1	St Helens Sutton	30:05
322	134	Dorothy Muldoon	L45	6 Unattached	26:09	368	55	Brenda Robinson	L65	1	Rochdale Harriers & Ac	30:06
323	379	David Smith	V40	35 Unattached	26:19	369	298	Sharon Toolin	L40	16	Hyde Village Striders	30:07
324	250	Alex Clarke	V55	19 Unattached	26:20	370	151	Sally Stevens	L	105	Unattached	30:09
325	91	Jon-Paul Kearns	V40	36 Stockport Harriers & Ac	26:22	371	385	Jane Ford	L55	10	Unattached	30:11
326	427	Audrey Gresty	L55	7 Sale Harriers Manchester	26:28	372	281	Ruselle Meade	L	107	Unattached	30:24
327	386	Malcolm Smith	V45	32 Unattached	26:34	373	363	Alan McDwyer	V50	16	Unattached	30:39
328	46	Kirsty Lyons	L	78 Manchester Harriers & Ac	26:37	374	509	Katherine Fisher	L40	17	Bramhall Runners	30:54
329	488	Michale Ennis	V40	37 Unattached	26:40	375	506	Carmen Donaghy	L45	8	Winston Runners	31:56
330	18	Joe Park	V75	1 Cheshire Tally Ho. H & H	26:42	376	380	Pam Fox	L	110	Manchester Harriers & Ac	32:09
331	263	Zoe Clarke	L50	7 Unattached	26:46	377	367	Emma White	L	111	Unattached	32:22
332	354	Joanne Keogh	L	80 St Helens Sutton	26:52	378	372	Rob Lyons			Unattached	32:38
333	275	Dawn Kaveney	L	81 Unattached	26:57	379	369	Caroline Owen	L40	18	Unattached	32:38
334	30	Lisa Crompton	L	82 Dragons Running Club (sale)	26:58	380	361	Karen Young	L40	19	St Helens Sutton	32:47
335	209	Peter Murrey	V45	33 Hyde Village Striders Rc	26:59	381	222	Eileen Fenner	V55	21	Sale Harriers Manchester	32:48
336	113	Claire Wolfendale	L	83 Swinton Running Club	27:02	382	131	Claire Whittingham	L	114	Unattached	33:20
337	493	Emily Sandwith	L	84 Unattached	27:03	383	54	Geoff Howarth	V75	3	Northern Veterans Ac	33:35
338	152	Stephanie Bennett	L	85 Unattached	27:11	384	357	Pauline Picton	L55	11	St Helens Sutton	34:02
339	202	Andrea Williams	L40	14 Manchester Harriers & Ac	27:13	385	513	Debbie Gill	L45	9	Unattached	34:07
340	392	Angela Lille	L55	8 Unattached	27:24	386	227	Samantha Croft	L40	20	Unattached	34:07
341	128	Barbara Shuttleworth	L55	9 Unattached	27:31	387	138	Helen Stevens	L	118	Unattached	34:13
342	511	Ryan Hunt	V40	38 Unattached	27:33	388	194	Rebecca Massey	L	119	Unattached	34:47
343	384	Alan Ford	V60	14 Unattached	27:35	389	169	Susan Lynne	L55	12	Winston Runners	34:58
344	393	Jeanette Chesterton	L50	8 Manchester Harriers & Ac	27:37	390	352	?Angus Campbell	V65	11	FRA	35:23
345	176	Sid Bailey	V55	20 Deestridders	27:41	391	52	John Wadsworth	V50	17	Unattached	35:44
346	353	?Robert Miller	V60	15 Stockport Harriers & Ac	27:44	392	289	Shelley Pascoe	L	121	Hyde Village Striders	35:48
347	479	Carolyn Watts	L	90 Unattached	27:55	393	165	Margaret Carleton	L55	13	Winston Runners	35:54
348	498	Kathryn McGrany	L	91 Unattached	27:58	394	451	Laura Anthony	L	123	St Helens Sutton	36:13
349	185	Jill Clark	L50	9 Hyde Village Striders Rc	28:06	395	356	Helen Knight	L40	21	Winston Runners	37:59
350	122	Susan Bean	L60	1 Swinton Running Club	28:17	396	358	Kay Wilcock	L45	10	St Helens Sutton	40:58
351	21	Chris Horricks		Dragons Running Club (sale)	28:34	397	359	Clare Davies	L	126	St Helens Sutton	41:40
352	232	Andrew Wilson	V50	15 Unattached	28:37	398	23	Ivan Macintyre	V55	22	Dragons Running Club (sale)	42:14
353	43	Deborah Beresford	V45	34 Manchester Harriers & Ac	28:42	399	142	John Wolstenholme	V70	3	Unattached	44:14
354	471	Ginny Mitchell	L	94 Dragons Running Club (sale)	28:53	400	452	Wendy Anthony	L50	11	St Helens Sutton	45:12